

# Washington State Combined Application Program

## WASHCAP



### ***Do I have to get my food assistance through WASHCAP?***

No, you can choose the regular food assistance program if you:

- Pay more than \$35 a month in out-of-pocket medical expenses; or
- Pay higher than average for rent, mortgage and property taxes.

- For more information call 1-877-380-5784.

### ***What are your rights and responsibilities?***

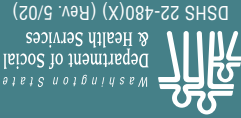
- You have the right to ask for a hearing if you don't agree with a decision we make about your food assistance. Call 1-877-380-5784 if you want a hearing.
- You are required to report all changes in your situation to your Social Security Administration (SSA) worker. SSA tells us about your changes.

Department of Social and Health Services

WASHCAP  
PO Box 45446

Olympia, WA 98504-5446

For more information, call toll free 1-877-380-5784 or TTY/TDD 1-877-890-2632



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## ***What is WASHCAP food assistance?***

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- WASHCAP is a program that lets you get Food Assistance when you get SSI.
- You can get your benefits through a program called WASHCAP (Washington State Combined Application Program) without any paperwork or meetings



## ***What are the benefits of WASHCAP?***

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- Your interview for SSI benefits is your interview for food assistance.
- You never have to go to a DSHS (Department of Social & Health Services) office.
- We won't ask you to fill out a lot of forms.
- We won't ask you for copies of your personal records.
- You don't have to send any reports to us. Just tell Social Security Administration (SSA) about changes in your situation and they will tell us.
- Your food benefits go into a special account and we send you a card to use when you buy groceries. A QUEST card works just like a bankcard or debit card.



## ***How can I get on WASHCAP food assistance?***

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You will get WASHCAP if you want food assistance and you:

- Get SSI;
- Are at least 18 years old;
- Are not working; and
- Live alone or buy and fix your food apart from the other people who live with you.

