

Towards A Comprehensive, Coordinated Approach: An Overview of Systems that Impact People with Alzheimer's Disease or Related Dementia

Alzheimer's Disease Working Group Meeting
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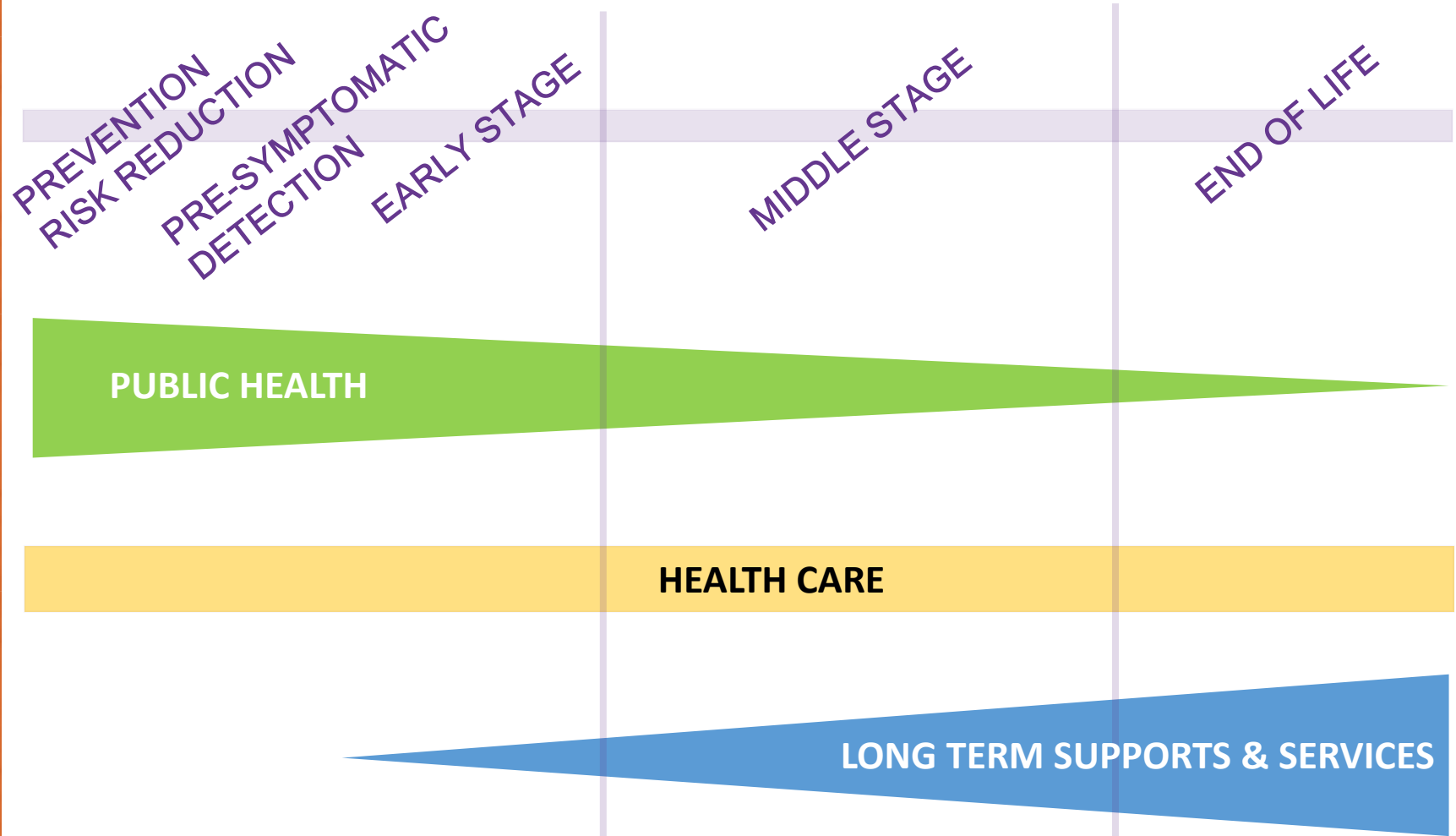
Objectives of This Presentation

Brief overviews of Washington State's Public Health, Health Care Authority, and Long Term Supports and Services Systems, identifying:

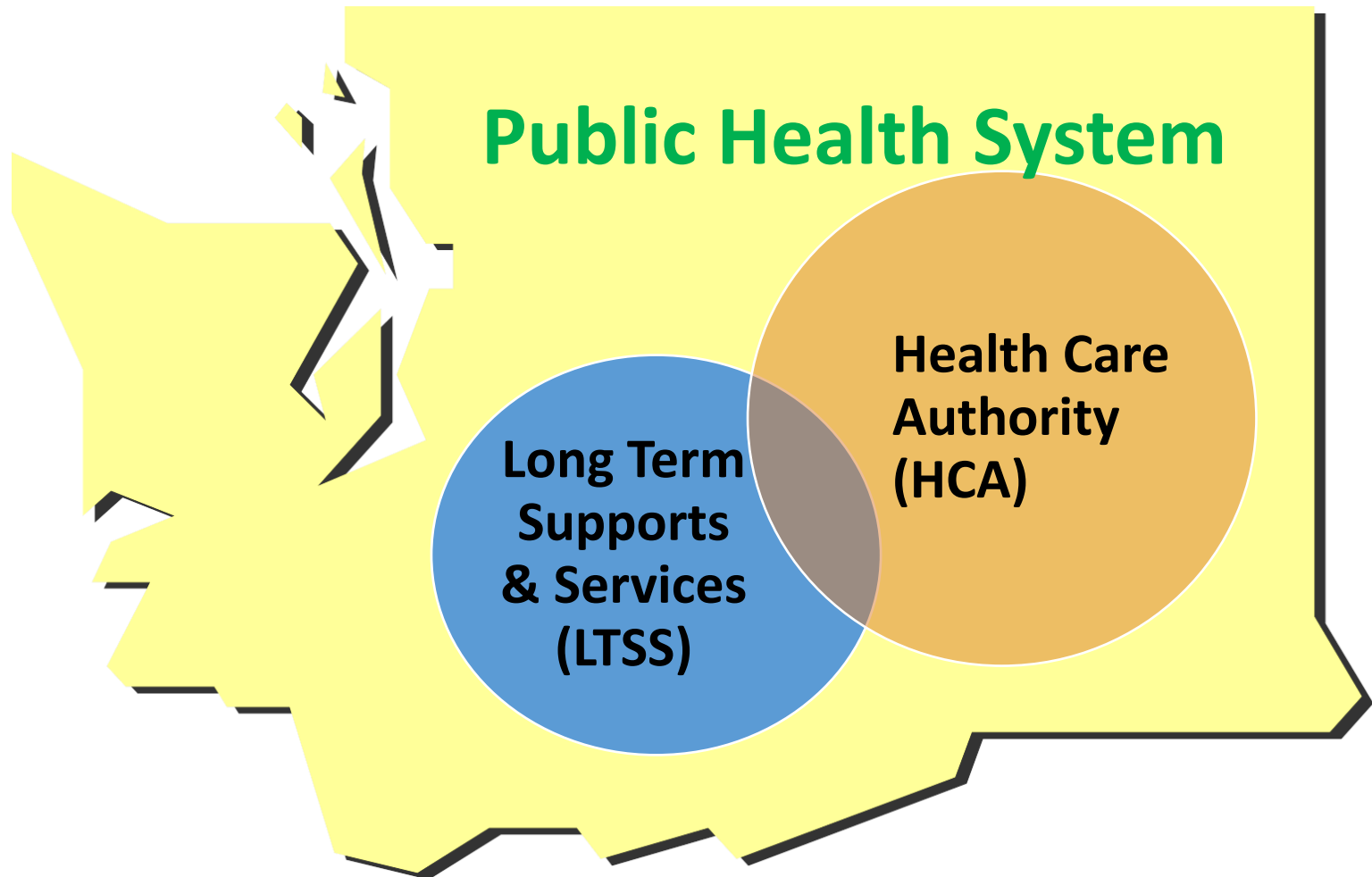
1. How each system works to touch the lives of people who are at risk of or who have Alzheimer's disease/dementia, and their family caregivers
2. Each system's role in impacting health, well-being and/or care of the target population
3. Challenges, and opportunities for improved impact and coordination



Consider a Comprehensive Approach to Alzheimer's: It's a life course disease



Touching lives of people at risk of or with possible or diagnosed Alzheimer's/Dementia

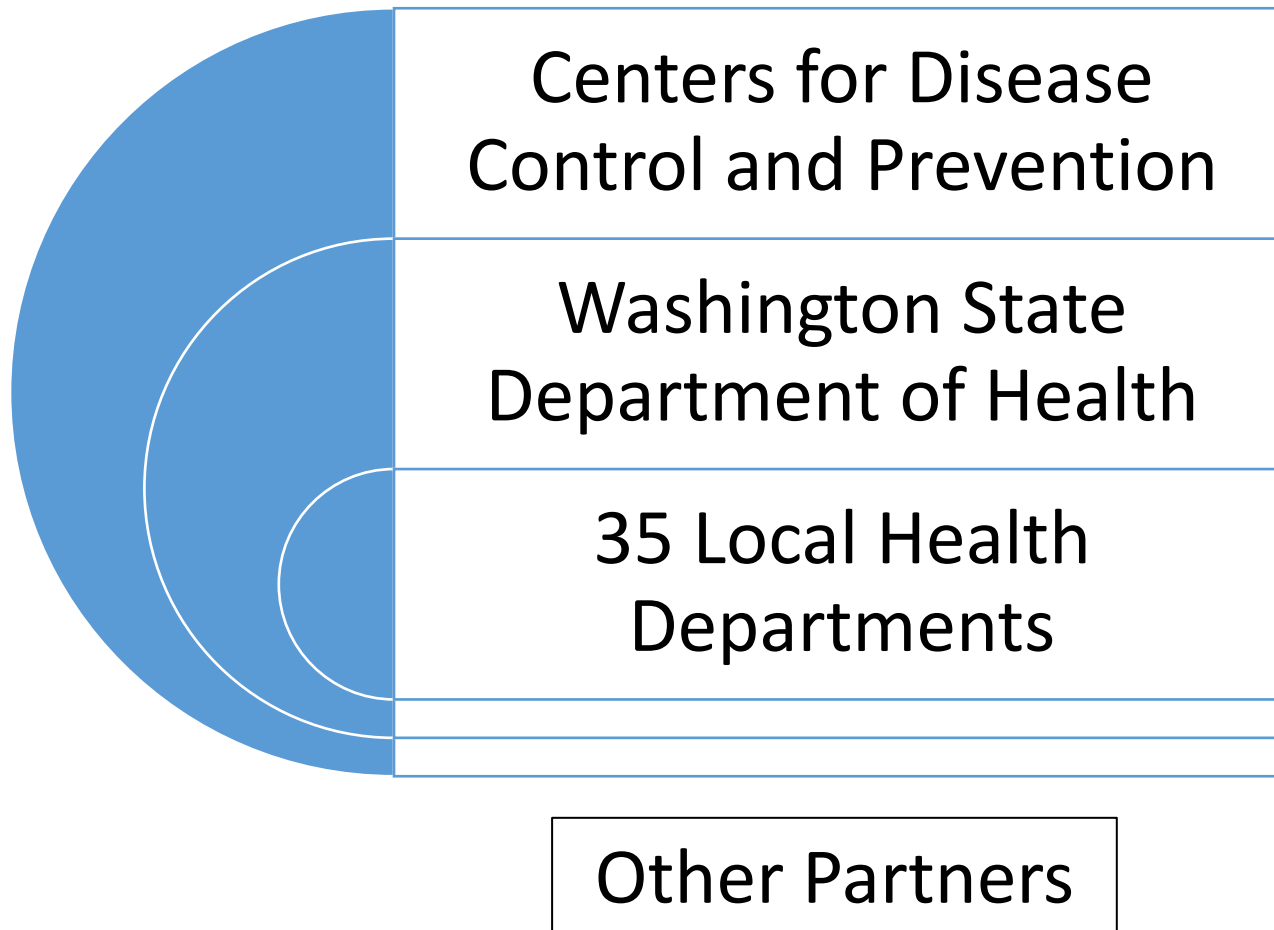




Public Health System Overview



Public Health System Overview



Washington State Department of Health

Strategic Plan Overview

VISION

People in Washington enjoy longer and healthier lives because they live in healthy families and communities.

STRATEGY

Through collaborations and partnerships, we will leverage the knowledge, relationships and resources necessary to influence the conditions that promote good health and safety for everyone.

MISSION

The Department of Health works with others to protect and improve the health of all people in Washington State.

WHAT WE DO FOR WASHINGTON STATE

Protect from communicable disease and other health threats

- Ensure effective communicable disease prevention, surveillance and response systems
- Prepare for, respond to and recover from public health threats
- Ensure the safety of our environment as it impacts human health
- Become leaders in addressing public health impacts of climate change

Prevent illness and injury and promote ongoing wellness

- Give all babies a planned, healthy start in life
- Increase immunization rates for all age groups
- Support healthy weight in children and adults
- Promote tobacco-free living
- Prevent or reduce the impact of adverse childhood experiences on children and families
- Protect people from violence, injuries and illness in their homes, neighborhoods and communities
- Raise awareness and implement strategies to promote mental health

Improve access to quality, affordable, integrated healthcare

- Increase access to affordable healthcare
- Ensure safe, quality healthcare
- Incorporate public health and prevention practices in the reforming healthcare system

HOW WE DO OUR WORK

Integrate continuous quality improvement and performance management systems across the agency to best serve our customers

- Improve customer satisfaction and use of customer feedback
- Ensure performance management systems are used throughout the agency to measure progress toward agency and program goals
- Use Lean and other quality improvement principles to build a culture of continuous quality improvement

Ensure core business services are efficient, innovative and transparent

- Develop and initiate appropriate policies and legislation to support our goals and objectives
- Work toward optimal public health funding and assess return on investment
- Make financial and business processes transparent; always seek customer engagement and input, and respond to customers' business needs and feedback
- Develop and implement an agency-wide, comprehensive communication and marketing plan for internal staff, external partners and groups across the lifespan
- Enhance our technological capabilities to meet current and future business needs

Improve organizational health and expand workforce development

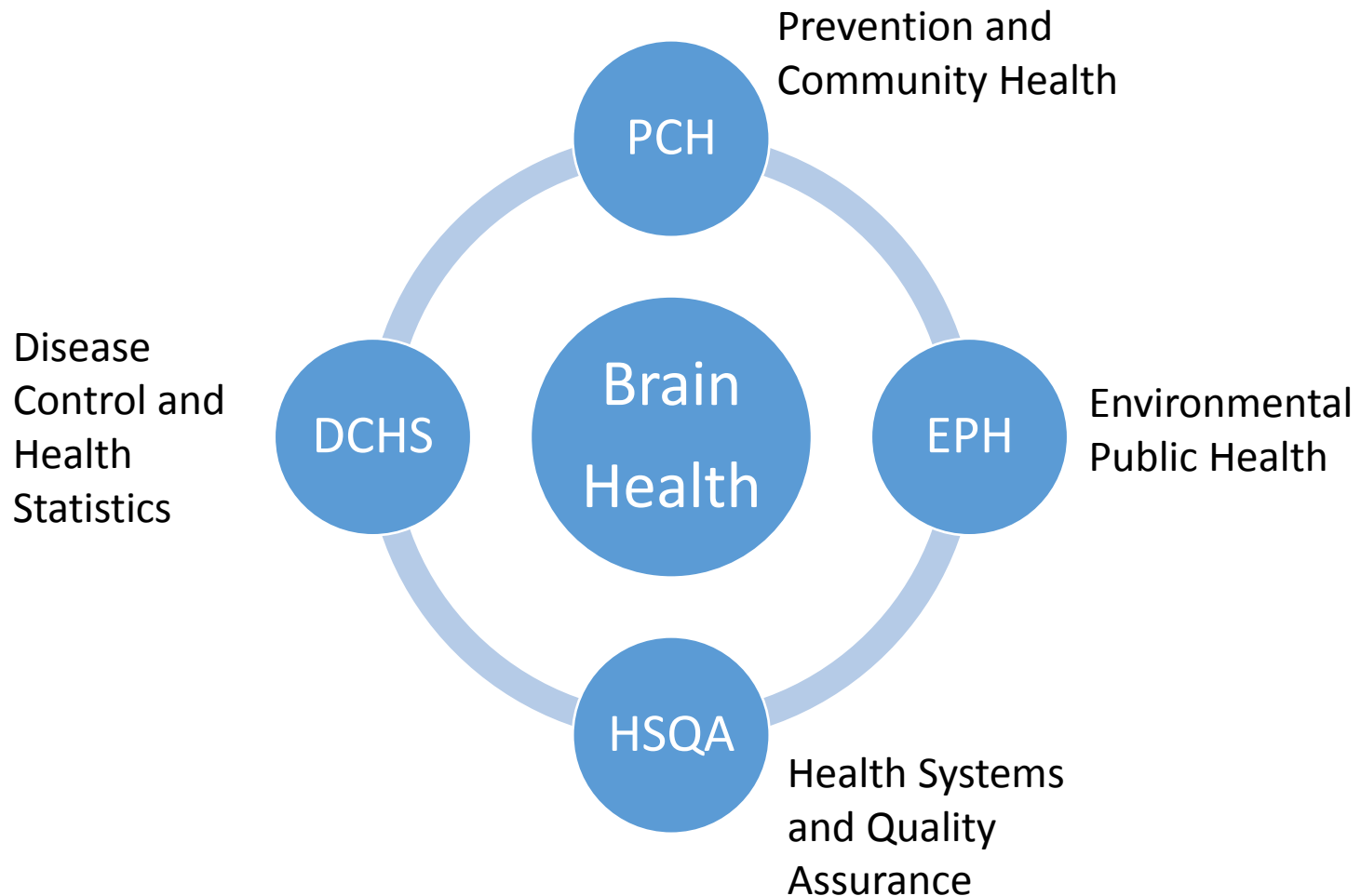
- Improve the skills and capabilities of our workforce to advance agency priorities
- Develop and implement an agency succession plan
- Improve the organizational health of the agency
- Integrate workplace health and wellness into agency activities and policies
- Ensure a robust and collaborative partnership with academia

FOUNDATIONS

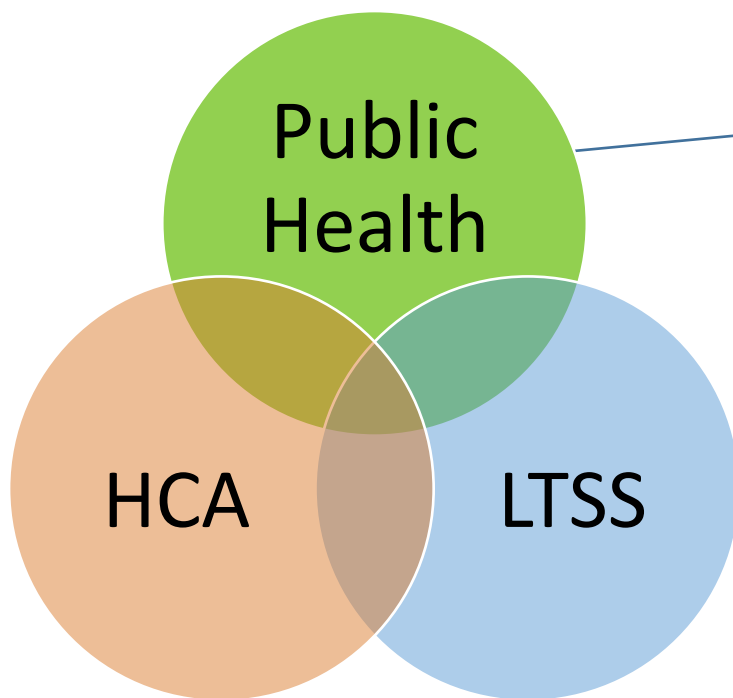
MODELS: Socio-Ecological • Determinants of Health • Life Course • Place Matters

GUIDING PRINCIPLES: Evidence-Based Public Health Practice • Partnership • Transparency • Health Equity • Seven Generations

Brain Health & Department of Health



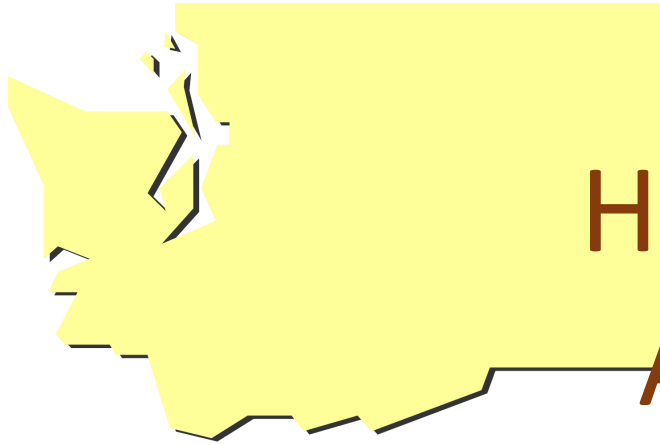
Public Health – Intersects with Alzheimer’s Disease or related dementia



HOW PH INTERSECTS W/ DEMENTIA

- Identify trends in AD and high risk populations
 - Death records; CHARS data
 - BRFSS Cognitive Impairment and Caregiver modules
- Educate community health workers, home health workers, and first responders
- Promote cognitive brain health—reduce risks for AD*
- Promote early detection/diagnosis*
- Promote safety and protections; decrease injuries in those with AD*

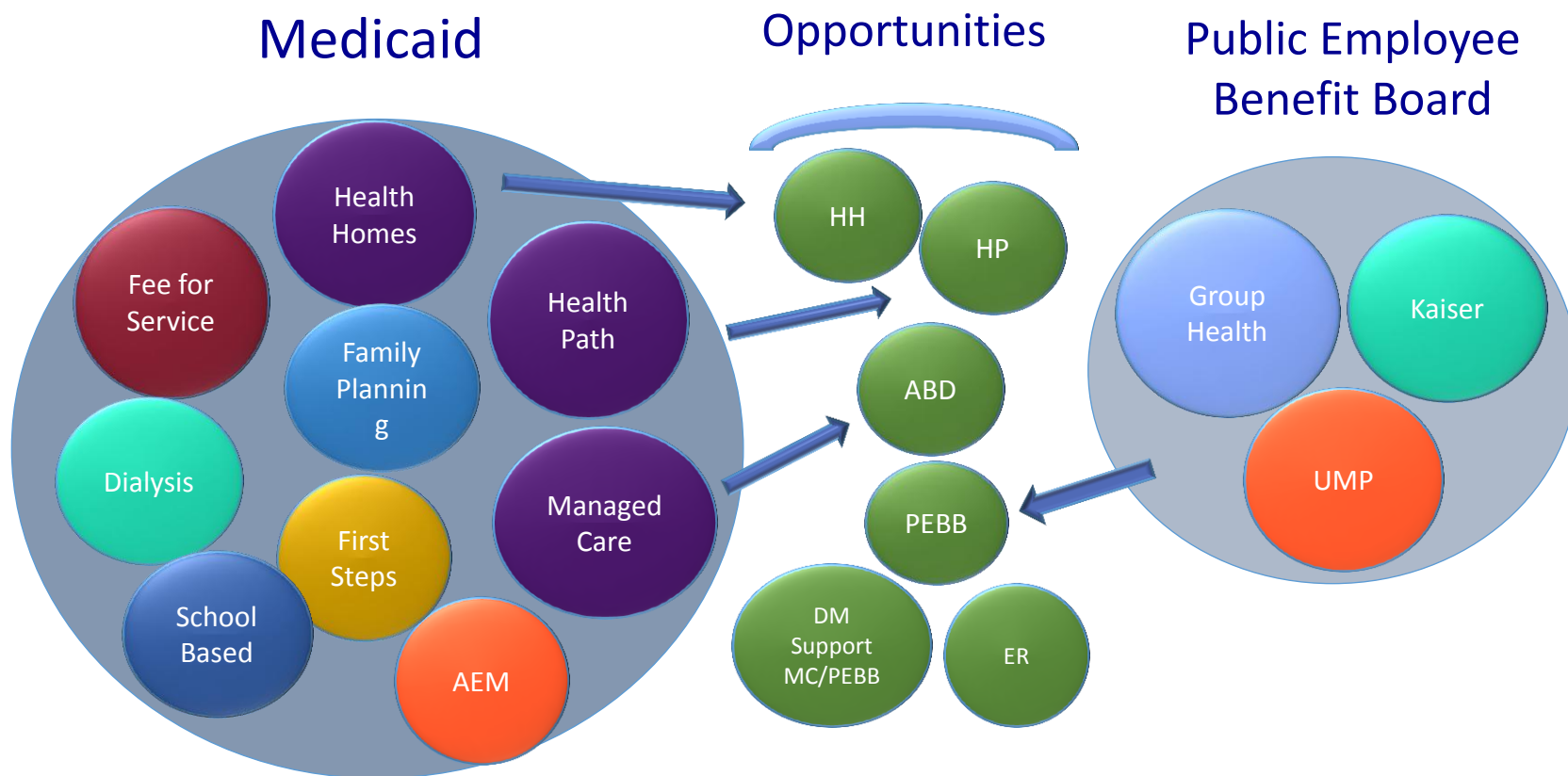




Health Care Authority (HCA) Overview



Health Care Authority



Health Care Authority

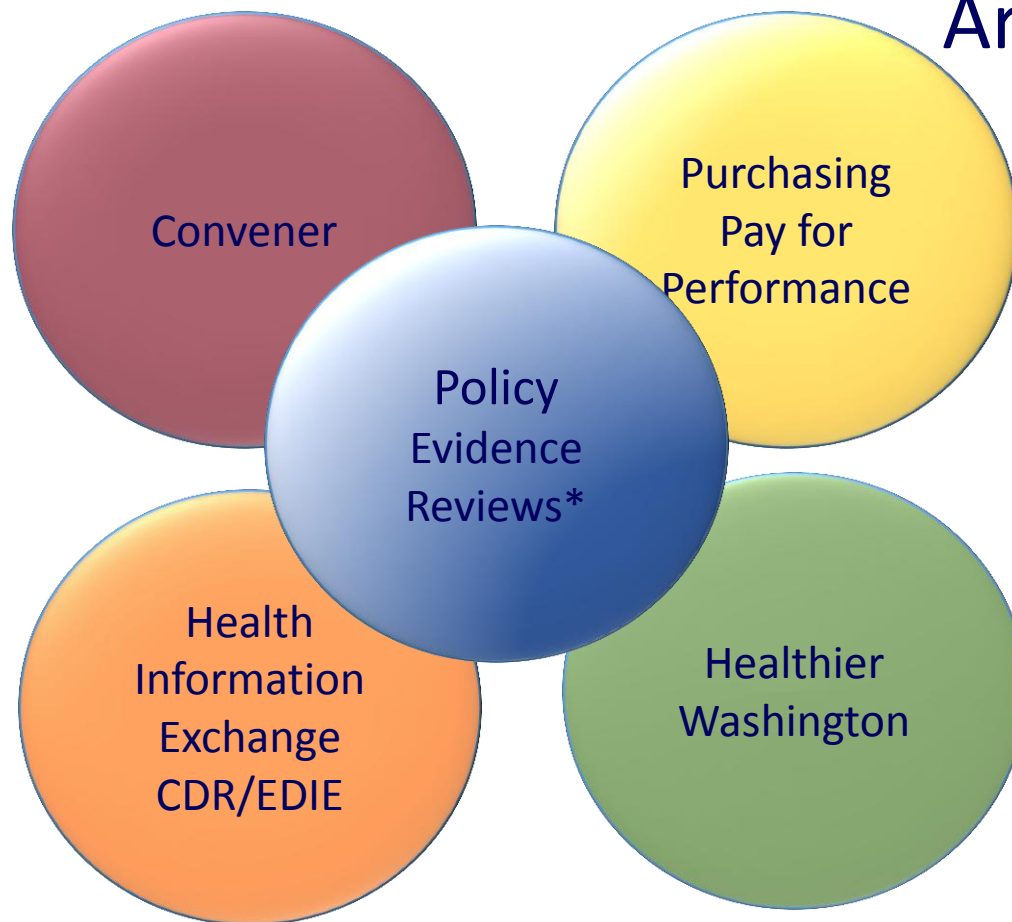
Why These Programs?

- Focused on chronic conditions focusing on dually diagnosed persons
- Care Coordination
- Case Management
- Transition Planning
- Family Support
- Referral to Community Services
- Targeted Educational or Disease Management Services



Health Care Authority

Areas of Influence



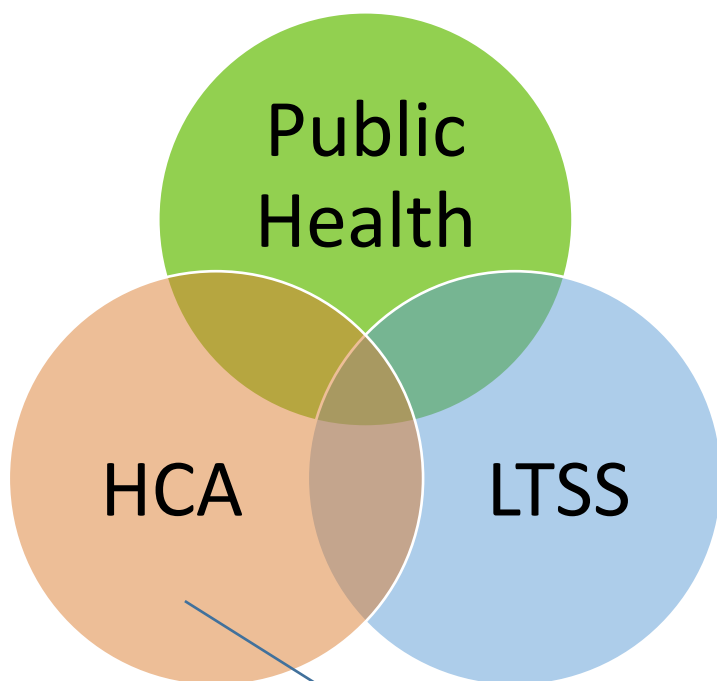
Health Care Authority

Collaborations

- Other State Agencies
- Washington State Hospital Association
- Washington State Medical Society
- Insurance Plans
- Specialty Societies
- BREE Collaborative
- Washington Health Alliance



Health Care Authority - Intersects with Alzheimer's Disease or related dementia



HOW HCA INTERSECTS W/ DEMENTIA

- Purchasers of care for patients
- Develops coverage policies
- Value Based Purchasing
- Health Path/Health Homes*
- Performance based measures*
- Data Integration*
- Coordinated services and supports/health & LTC*
- Dual Eligibles*
- Care transitions*



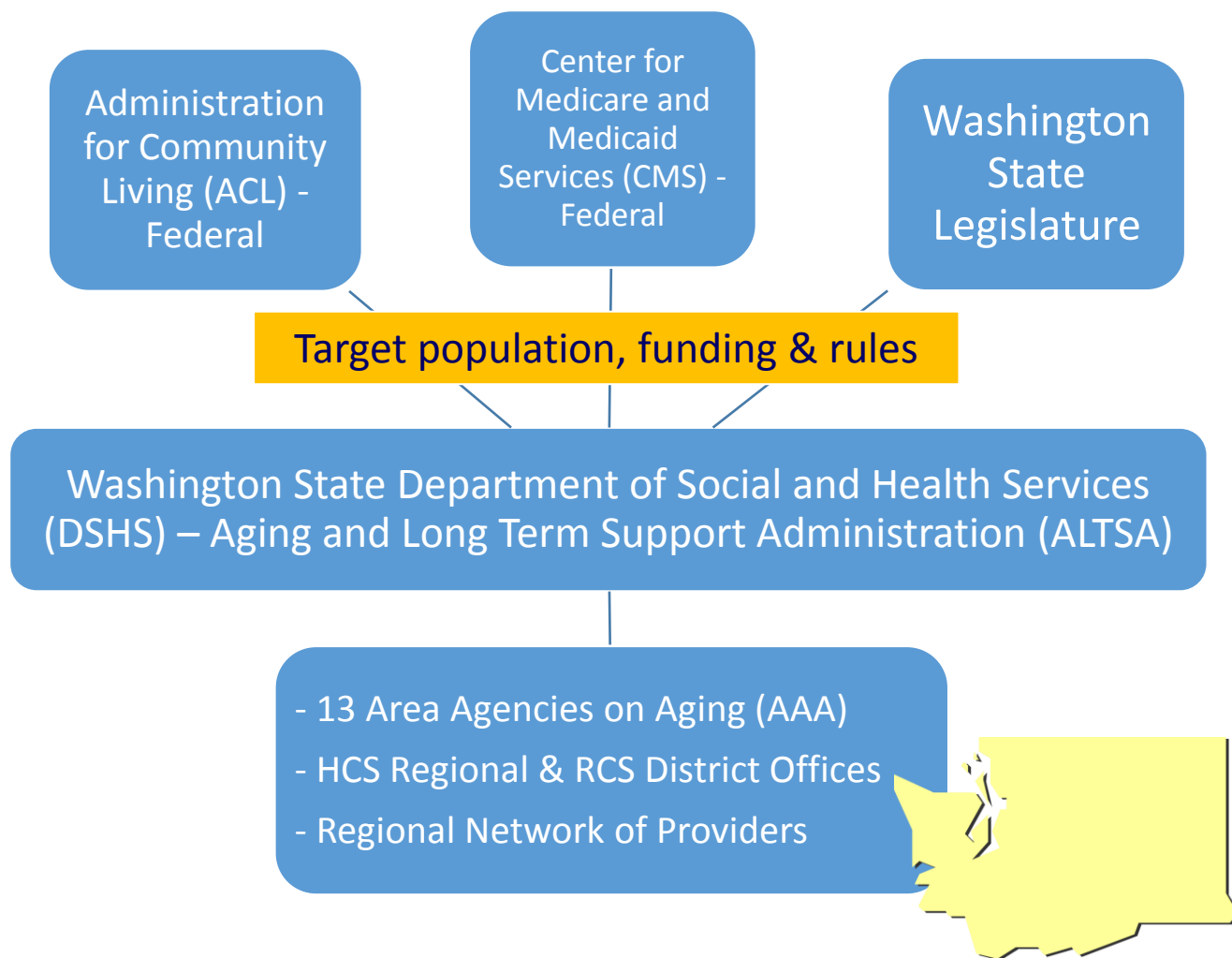


Long Term Care Long Term Supports & Services System (LTSS) Overview



DSHS – Long Term Care

Long Term Supports and Services (LTSS)



Aging and Long Term Support Administration (ALTSA)

Our role is to promote plan, develop and provide long-term care services responsive to the needs of elderly persons and those with disabilities, and their families.

We design systems that:

- Maximize health and independence
- Promote dignity and quality of live
- Provide options in receiving care
- Ensure quality care through oversight and enforcement
- Are moving towards measurable performance outcomes



Area Agencies on Aging (AAAs)

Established by the federal Older Americans Act (OAA) to help older adults (60+) stay in their homes.

Thirteen (13) AAAs in Washington coordinate or provide:

- **Information & Assistance/Community Living Connections (ADRCs) - help older adults plan and find care and services, and provide support to family or friends caring for adults**
- **Services through the Family Caregiver Support Program, Senior Citizens Act (SCSA), and Older Americans Act**
- **Ongoing case management for clients 18+ receiving Medicaid funded in-home personal care**



Aging & Long Term Support Administration (AL TSA)

Three (3) regional offices of Home and Community Services (HCS):

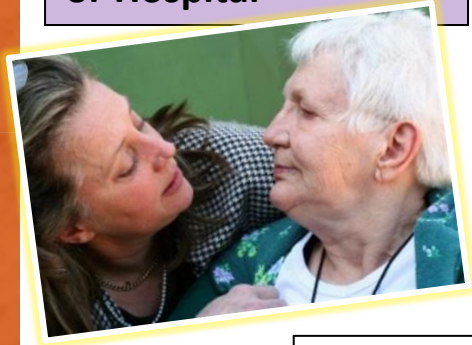
- **Provide financial and functional assessment to determine and eligibility for long term supports & services through Medicaid**
- **Coordinate with contracted provider network for LTSS**
- **Protect vulnerable adults**

Three (3) district offices of Residential Care Services (RCS):

- **Provide licensing and oversight of**
 - **Adult family homes**
 - **Assisted living facilities**
 - **Nursing facilities**
 - **Intermediate care facilities for individuals with intellectual disabilities, and**
 - **Certified residential programs.**



Consumer at Home
or Hospital



Information & Assistance
OR Community Living
Connection

Medicaid

Non-Medicaid

Home & Community
Services (DSHS)

- Financial Eligibility/Medicaid
- Comprehensive Assessment
- Service Authorization

IN HOME CARE

RESIDENTIAL CARE OPTIONS

- Adult family homes
- Assisted Living Facilities
- Skilled nursing facilities

Area Agency on Aging

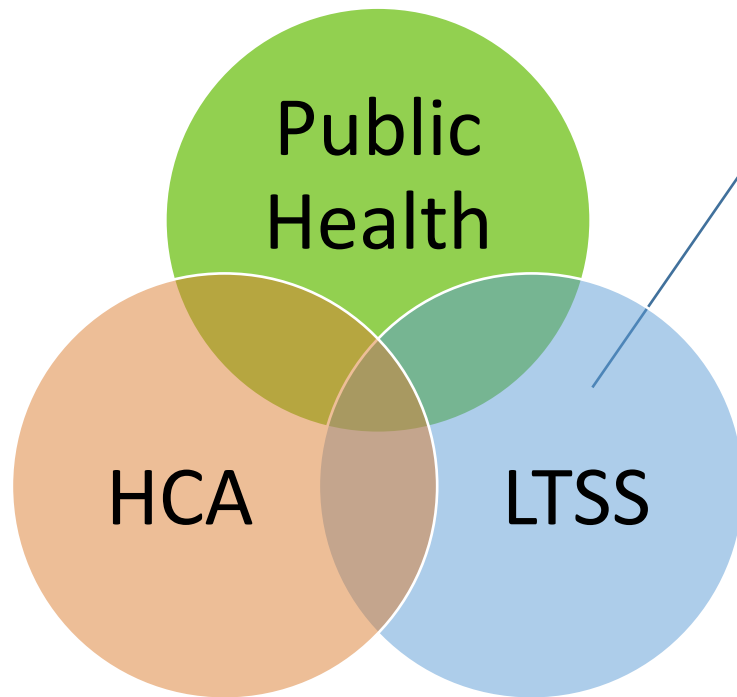
- Family Caregiver Support Program*
- Nutrition/meals
- Health promotion
- Transportation
- Adult day services
- Personal care
- Legal assistance
- Case management

Public-Private Network of
Services in Community

- Alzheimer's organizations
- Benefits advice (SHIBA)
- LTC Ombudsman
- Chore/yard care services
- Geriatric case managers
- Home care agencies
- Support groups
- Veterans Affairs
- Health systems



LTSS - Intersects with Alzheimer's Disease or related dementia



HOW LTSS INTERSECTS W/ DEMENTIA

- Information & Assistance
- Protect vulnerable adults
- Quality care measures for LTSS
- Dementia training for LTSS workers
- Home and community based services
- Identify/promote effective LTSS – early to end stage
- Health promotion – healthy brain*
- Family Caregiver Support*
- Promote advanced care planning*
- Supported decision making *
- Coordinated services and supports*
- Coordinated health & LTC*
- Care transitions*



Challenges & Opportunities

Considering people with possible or diagnosed Alzheimer's disease over the life course.....

- 1. What are the greatest challenges in your respective systems (now or in the future)?**
- 2. What are opportunities for improved impact?**
- 3. What are opportunities for improved coordination between systems?**



The Way Forward...

Ideas for Improving Our Systems?

