Waiver Eligibility

Recipients must meet all of the following criteria:

- Be an eligible DDA client per RCW 71A.10.020(5).
- Have a disability according to criteria established in the Social Security Act.
- Apply for long-term care services/Medicaid and have verified income that does not exceed 300% of the SSI federal benefit standard.
  - If a child, parent's income and resources are not considered.
  - If an adult living with a spouse, the spouse's income and resources are not considered.
- Have resources less than $2,000 or be in the Apple Health for Workers with Disabilities (HWD) program.
- The person-centered service plan (PCSP) shows how health, safety, and habilitation needs can be met in the community with a monthly waiver service and/or monthly monitoring.
- Agree to accept home and community-based services rather than an ICF/IID.
- For CIIBS only, recipients must also:
  - Be age 8 through 17 for initial enrollment (served through age 20);
  - Be initially assessed at high or severe risk of out-of-home placement due to challenging behaviors; and
  - Live with family who agree to participate in the CIIBS program.
- For IFS only, recipients must also:
  - Live in the family home.
- For Community Protection only, recipients must also:
  - Be age 18 or older; and
  - Meet eligibility criteria in WAC 388-831-0030

Access to a Waiver

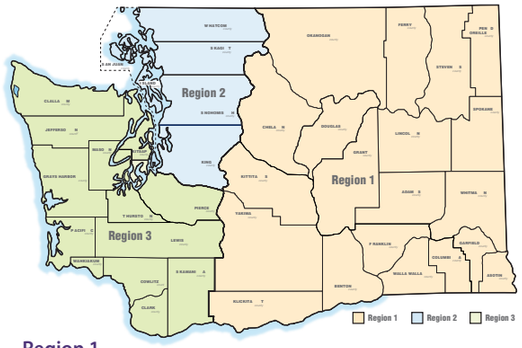
A request for enrollment, or to switch to an alternate waiver can be done at any time. Ask a case resource manager (CRM). If a CRM is not available, leave a message on the local No-Paid Service line listed under Regional Offices or submit the request on-line at www.dshs.wa.gov/dda/service-and-information-request.

Meeting service criteria for the waiver does not guarantee access to waiver services. Each waiver is limited on the number of people who can be served. DDA has the authority to limit enrollment in the waivers based on the availability of funding for new waiver participants.

Administrative Hearing Rights

Everyone has the right to an administrative hearing with any of the following decisions regardless of program or service:

- DDA eligibility is denied, terminated or DDA has unreasonably delayed acting on an application; or
- Type or amount of service authorized to receive; or
- Denial, reduction, or termination of services; or
- Denial of choice of service provider; or
- If moved to a different residential setting, not of one's choice; or
- DDA refusal to abide by request not to send notices to any other person; or
- Disenrollment from a waiver program; or
- Denial of request to receive ICF/IID services instead of waiver services; or
- DDA decides the services available on your current waiver can meet your health and welfare needs and a person disagrees; or
- A person is assessed to not need ICF/IID level of care; or
- One has been assessed to not meet CIIBS eligibility.



Region 1
Counties: Chelan, Douglas, Ferry, Grant, Lincoln, Okanogan, Pend Orielle, Spokane, Stevens
Toll Free: 1-800-319-7116
Email: R1ServiceRequestA@dshs.wa.gov

Region 1
Counties: Adams, Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Klickitat, Walla Walla, Whitman, Yakima
Toll Free: 1-866-715-3646
Email: R1ServiceRequestB@dshs.wa.gov

Region 2
Counties: Island, San Juan, Skagit, Snohomish, Whatcom
Toll Free: 1-800-567-5582
Email: R2ServiceRequestA@dshs.wa.gov

Region 2
County: King
Toll Free: 1-800-974-4428
Email: R2ServiceRequestB@dshs.wa.gov

Region 3
Counties: Kitsap, Pierce
Toll Free: 1-800-735-6740
Email: R3ServiceRequestA@dshs.wa.gov

Region 3
Counties: Clallam, Clark, Cowlitz, Grays Harbor, Jefferson, Lewis, Mason, Pacific, Skamania, Thurston, Wahkiakum
Toll Free: 1-888-707-1202
Email: R3ServiceRequestB@dshs.wa.gov

Persons with hearing loss or with speech disability can call the Washington Telecommunication Relay Service by dialing 7-1-1 or 1-800-833-6388 (TTY)

For more information, visit the DDA website at:

www.dshs.wa.gov/dda

Washington State Department of Social & Health Services
Transforming lives

DSHS 22-605 (Rev. 11/19)

Home and Community Based Waiver Services

From the Developmental Disabilities Administration

Washington State Department of Social & Health Services
Transforming lives

Waiver Overview

Department of Social and Health Services' Developmental Disabilities Administration (DDA) has five Home and Community-Based Service (HCBS) Medicaid Waiver programs. Each waiver offers specific services to meet health and safety needs in the community. Each waiver offers a variety of services when they are not available through any other resources (private insurance, Medicaid, school, etc.)

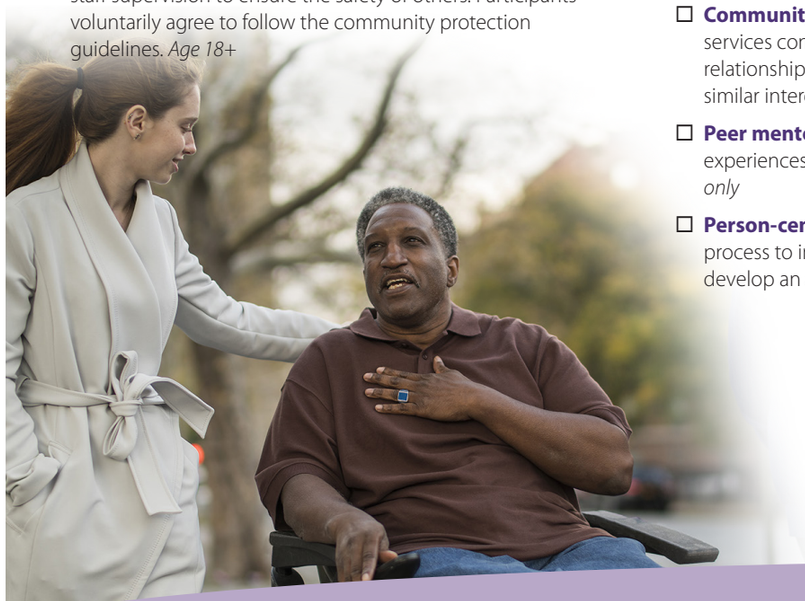
Individual and family services (IFS) supports individuals who require waiver services to remain in the family home. *Age Birth+*

Basic Plus supports individuals who require waiver services to meet their assessed health and safety needs in the community. Services are provided in their own home, family home, an adult family home or adult residential center. *Age Birth+*

Core waiver offers residential options to individuals at immediate risk of institutional placement or who have an identified health and welfare need for services that cannot be meet by the Basic Plus waiver. *Age Birth+*

Children's intensive in-home behavioral support (CIIBS) supports youth at risk of out-of-home placement due to challenging behaviors. The CIIBS model involves planning and family-centered positive behavior support. *Age 8-20*

Community protection (CP) waiver offers therapeutic, residential supports for individuals requiring 24-hour, on-site staff supervision to ensure the safety of others. Participants voluntarily agree to follow the community protection guidelines. *Age 18+*



Waiver Services

Use this brochure to plan for annual assessments. A case resource manager (CRM) will explain services and document services selected in the person-centered service plan (PCSP). Some services require review and approval before you can receive them. Ask a CRM about what information is needed for prior approval. **Services in four categories with waiver and age limits include:**

- Community services – promote client participation and integration in the community
- Professional services – support services provided by contracted professionals
- Caregiving services – supports for participants and caregivers
- Goods and services – equipment, supplies and specialized services for participants

Community Services

- ☐ **Community engagement** – services to increase connections and engagement in formal and informal community supports. *IFS only*
- ☐ **Community guide** – short-term services designed to develop creative, flexible, and supportive community resources. *Basic Plus, Core waivers only*
- ☐ **Community inclusion** – individualized support services connect people in the local community to build relationships and friendships with others who share similar interests. *Basic Plus, Core waivers only*
- ☐ **Peer mentoring** – peer mentors use personal experiences to provide support and guidance. *IFS waiver only*
- ☐ **Person-centered plan facilitation** – a life-planning process to increase personal self-determination and develop an action plan. *IFS waiver only*
- ☐ **Residential habilitation** – assistance to learn, improve, or retain the social and adaptive skills necessary for living in the community. *Core, CP waivers only*
- ☐ **Supported employment** – Intensive, ongoing individual and group support to obtain and sustain employment. *Basic Plus, Core, CP waivers only. 21+*
- ☐ **Transportation** – Reimbursement to a provider for non-medical transportation required to access waiver services specified in a PCSP.

Professional Services

- ☐ **Behavioral health stabilization services** – services to assist and support during a behavioral health crisis. Includes positive behavior support and consultation, specialized psychiatric services and crisis diversion bed services.
- ☐ **Behavioral health stabilization services – crisis diversion bed services** – Temporary residential and behavioral services for persons at risk of serious decline in mental functioning and at risk of psychiatric hospitalization.
- ☐ **Positive behavior support and consultation** – supports that assess and address behavioral health needs. These include direct interventions to promote behaviors that improve quality of life and inclusion in the community.
- ☐ **Risk assessment** – evaluations of violent, stalking, sexually violent, or predatory behavior to determine the need for psychological, medical or therapeutic services.
- ☐ **Specialized psychiatric services**- psychiatric services specific to the needs of individuals with a developmental disability. *21+*
- ☐ **Staff/family consultation and training** – professional training and consultation to your family and direct service providers to better meet your needs.

  Counseling available on IFS, Basic Plus, CIIBS only.
- ☐ **Supported parenting** – services include teaching, parent coaching, and other supportive strategies. *IFS only*
- ☐ **Therapies** – occupational, physical and speech, language and hearing services beyond those provided to you by Medicaid (Apple Health). *IFS, Basic Plus, Core, CP only. 21+*

Caregiving Services

- ☐ **Respite** – short-term relief to individuals who live with and care for persons with disabilities. *IFS, Basic Plus, Core, CIIBS only*
- ☐ **Skilled nursing** – chronic, long-term, nursing services to address needs not met through Medicaid (Apple Care). *IFS, Basic Plus, Core, CP only. 21+*

Goods and services

- ☐ **Assistive technology** – Products and training used to improve or maintain functional abilities. *IFS, CIIBS only*
- ☐ **Bed bug extermination** – Treatment for bed bugs in the home. *Basic Plus, Core, CP only*
- ☐ **Emergency assistance** – a temporary increase to the yearly dollar limit when additional services are required. *Basic Plus only*
- ☐ **Environmental adaptations** – physical modification to a home necessary for one to continue living in the community.
- ☐ **Specialized clothing** – Non-restrictive clothing adapted to the needs of a disability. *IFS, CIIBS only*
- ☐ **Specialized medical equipment and supplies** – medically-necessary equipment and supplies not available under Medicaid (Apple Care).
- ☐ **Therapeutic equipment and supplies** – Equipment and supplies needed to implement a therapeutic or positive behavioral support plan. *CIIBS only*
- ☐ **Vehicle modifications** – adaptations to a vehicle that accommodates your needs and supports community integration. *IFS, CIIBS only*
- ☐ **Wellness education** – monthly individualized printed educational letter designed to assist in managing health-related issues and achieving wellness goals. *IFS, Basic Plus, Core only*