Aged, Blind or Disabled (ABD)

SFY

2025

Provides cash assistance and a referral to the Housing and Essential Needs (HEN) program for low-income adults who are age 65 or older, blind, or determined likely to meet federal Supplemental Security Income (SSI) disability criteria.

ESA Briefing Book

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Aged, Blind, or Disabled (ABD) Cash Assistance Program Overview

ABD is a state-funded program for low-income adults who have no dependents and are age 65 or older, blind, or determined likely to meet SSI disability criteria based on an impairment(s) expected to last at least 12 consecutive months. The ABD program provides cash assistance and a referral to the Housing and Essential Needs (HEN) program. The Department of Commerce administers the HEN program and determines eligibility for housing assistance and essential needs items through its network of local providers.

Additional information, including the eligibility criteria, funding sources, and services/benefits provided, is available in the **Program Descriptions** section of the Briefing Book.

Highlights

The average number of ABD program clients per month in Washington state was **34,761 in SFY 2025,** up from **30,870 in SFY 2024**. The average monthly cash assistance grant per client was **$417**. The average monthly ABD clients in **SFY 2025** included:

- Presumptive SSI – 26,781 persons
- Aged – 6,799 persons
- Disabled – 1,183 persons
- Blind – 0 persons

TECHNICAL NOTES

DATA SOURCES: Data for this chapter was based on the ESA ACES database as of August 2025.

DATA NOTES:

- Percentages may not add up to expected totals due to rounding.
- The monthly counts of cases and clients for the ABD program are nearly identical. Therefore, only client counts are reported.
- All 10-year client trend reports reflect the monthly average for each state fiscal year (SFY).

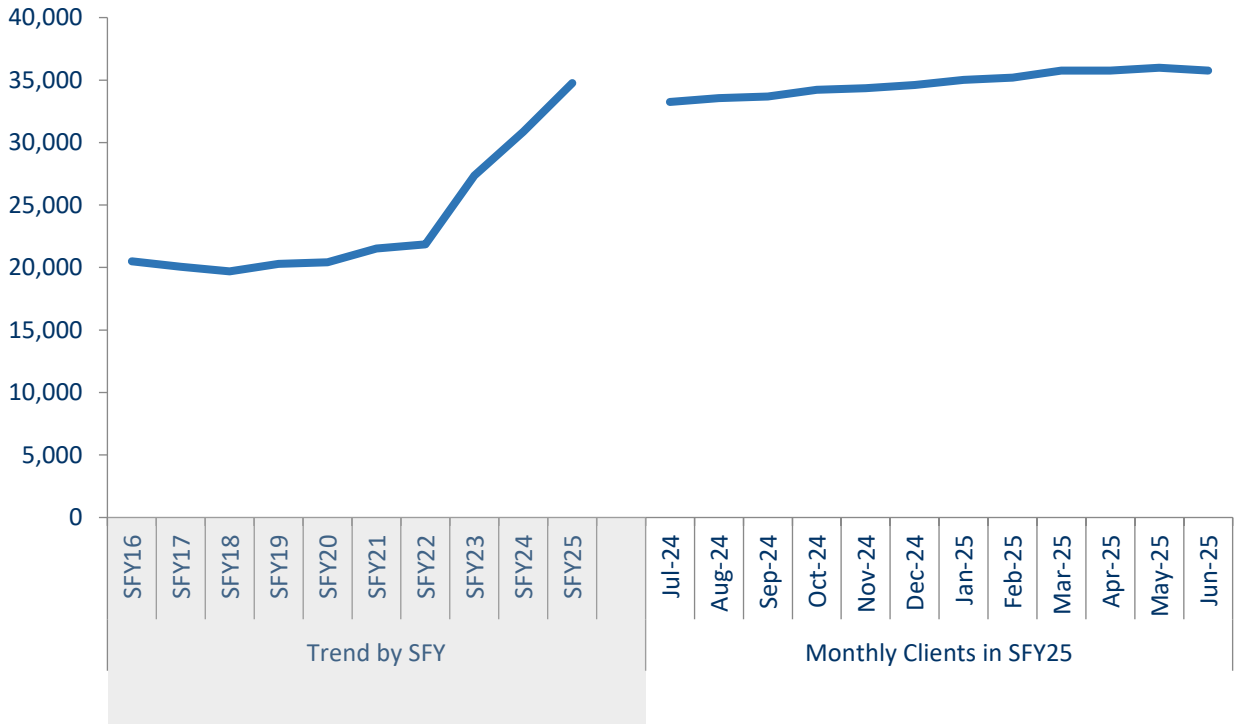
Selected ABD Program Overview, SFY 2024 and SFY 2025

	SFY 2024 (July 2023 - June 2024)	SFY 2025 (July 2024 - June 2025)	Change
Average Number of Persons Per Month (Range)	30,870 (28,696 - 32,794)	34,761 (33,256 - 35,986)	*12.6% (Increase)* ↑
State Population[1] Age 18 and Over	6,341,261	6,422,811	*1.3% (Increase)* ↑
Average Monthly Recipients as a Percent of State's Population 18 and Over	0.5%	0.5%	*No Change* =
Average Monthly Payment Per Case (Range)[2]	$398.64 ($381.60 - $416.00)	$416.70 ($414.91 - $418.78)	*4.5% (Increase)* ↑

[1]Source: Office of Financial Management (OFM) population estimates

[2] Payments not adjusted for refunds. Effective January 1, 2024, all cash assistance programs received an 8% payment standard increase. There was an increase in the average monthly payment per case between SFY 2024 and SFY 2025 because the previous payment standard was in place for July 2023 – December 2023. While this 8% increase only partially applied to SFY 2024, it is fully in effect for SFY 2025.

ABD Clients, SFY 2016 – 2025



SFY	Monthly Average Clients	SFY	Monthly Average Clients
SFY16	20,499	**SFY21**	21,522
SFY17	20,064	**SFY22**	21,847
SFY18	19,694	**SFY23**	27,365
SFY19	20,281	**SFY24**	30,870
SFY20	20,429	**SFY25**	34,761

ABD Clients, SFY 2016 – 2025 (continued)

SFY 2025	Clients	Total Grant Expenditures	Average Payment Per Client
July	33,256	$13,798,155	$414.91
August	33,547	$13,980,891	$416.76
September	33,689	$14,005,696	$415.73
October	34,221	$14,207,055	$415.16
November	34,338	$14,340,429	$417.63
December	34,604	$14,482,119	$418.51
January	35,006	$14,554,784	$415.78
February	35,207	$14,673,454	$416.78
March	35,767	$14,915,738	$417.03
April	35,746	$14,873,592	$416.09
May	35,986	$15,007,882	$417.05
June	35,767	$14,978,423	$418.78
Mo. Avg.	**34,761**	**$14,484,852**	**$416.70**
Annual Unduplicated	**53,288**	**$173,818,219**	**$3,261.86**

ABD Clients by Program Type, SFY 2025

SFY 2025	ABD Combined Caseload	Aged	Blind	Disabled	Presumptive SSI
July	33,256	6,695	0	1,164	25,397
August	33,547	6,689	0	1,168	25,692
September	33,689	6,745	0	1,129	25,817
October	34,221	6,857	0	1,138	26,230
November	34,338	6,846	0	1,138	26,355
December	34,604	6,870	0	1,148	26,587
January	35,006	6,853	0	1,168	26,986
February	35,207	6,837	0	1,180	27,191
March	35,767	6,828	0	1,224	27,719
April	35,746	6,797	0	1,234	27,720
May	35,986	6,791	0	1,257	27,942
June	35,767	6,781	1	1,252	27,734
Mo. Avg.	**34,761**	**6,799**	**0**	**1,183**	**26,781**

ABD Clients Exiting to Other Programs, SFY 2025

SFY 2025	Total ABD Clients[3]	During Subsequent Month							
		Clients Remaining on ABD		Clients Moving from ABD to HEN Referral Program		Clients Moving From ABD to SSI/SSDI		Clients Exiting ABD[4]	
		# of Clients	Percent	# of Clients	Percent	# of Clients	Percent	# of Clients	Percent
July	33,256	31,390	94.4%	123	0.4%	559	1.7%	1,184	3.6%
August	33,547	31,585	94.2%	108	0.3%	601	1.8%	1,253	3.7%
September	33,689	31,960	94.9%	98	0.3%	541	1.6%	1,090	3.2%
October	34,221	32,199	94.1%	131	0.4%	626	1.8%	1,265	3.7%
November	34,338	32,494	94.6%	108	0.3%	638	1.9%	1,098	3.2%
December	34,604	32,826	94.9%	91	0.3%	632	1.8%	1,055	3.0%
January	35,006	33,218	94.9%	138	0.4%	484	1.4%	1,166	3.3%
February	35,207	33,590	95.4%	68	0.2%	607	1.7%	942	2.7%
March	35,767	33,476	93.6%	152	0.4%	684	1.9%	1,455	4.1%
April	35,746	33,717	94.3%	106	0.3%	626	1.8%	1,297	3.6%
May	35,986	33,862	94.1%	133	0.4%	590	1.6%	1,401	3.9%
June	35,767	33,948	94.9%	110	0.3%	554	1.5%	1,155	3.2%
Mo. Avg.	**34,761**	**32,855**	**94.5%**	**114**	**0.3%**	**595**	**1.7%**	**1,197**	**3.4%**

[3] These are clients who received ABD services during the reporting month. Additional columns in the table represent programs the client enrolled/participated in during the subsequent month.

[4] These are clients who were not enrolled in ABD, HEN Referral, or SSI/SSDI in the following month.

ABD Clients by DSHS Region and CSO of Issuance and Residence, June 2025 Snapshot

The following pages detail the ABD clients, June 2025 snapshot, by both the CSO of Issuance and CSO of Residence.

- CSO of Issuance: Based on the location from which benefits were issued. While most benefits are issued through ESA's Community Service Offices (CSO), benefits may be issued by Customer Service Contact Centers (CSCC), Home and Community Living Administration (HCLA) Home and Community Services Division (HCS) or Development Disabilities Community Services Division (DDCS) Offices, or Port Gamble S'Klallam Tribe (PGST).

- CSO of Residence: Based on the CSO coverage area in which a client lives.

Overview	Office of Issuance		Office of Residence	
	# of Clients	% of State Total	# of Clients	% of State Total
Region 1 CSOs	7,215	20.2%	7,544	21.1%
Region 2 CSOs	16,930	47.3%	17,886	50.0%
Region 3 CSOs	9,990	27.9%	10,331	28.9%
CSCCs	10	<0.1%	N/A	
HCLA/HCS	1,606	4.5%		
HCLA/DDCS	15	<0.1%		
Tribal Locations	1	<0.1%		
Not Reported / Unidentifiable	0	0.0%	6	<0.1%
State Total	**35,767**	**100.0%**	**35,767**	**100.0%**

Clients by DSHS Region and CSO of Issuance and Residence, June 2025 Snapshot (continued)

Region 1 CSO	CSO of Issuance # of Clients	CSO of Issuance % of State Total	CSO of Residence # of Clients	CSO of Residence % of State Total
CLARKSTON	105	0.3%	108	0.3%
COLFAX	87	0.2%	95	0.3%
COLVILLE	157	0.4%	163	0.5%
ELLENSBURG	169	0.5%	172	0.5%
GOLDENDALE	86	0.2%	66	0.2%
KENNEWICK	1,092	3.1%	1,159	3.2%
MOSES LAKE	547	1.5%	570	1.6%
NEWPORT	69	0.2%	70	0.2%
OKANOGAN	196	0.5%	195	0.5%
REPUBLIC	31	0.1%	31	0.1%
SPOKANE MAPLE	1,456	4.1%	1,625	4.5%
SPOKANE TRENT	1,541	4.3%	1,523	4.3%
SUNNYSIDE	162	0.5%	176	0.5%
TOPPENISH	136	0.4%	145	0.4%
WALLA WALLA	138	0.4%	147	0.4%
WENATCHEE	312	0.9%	325	0.9%
WHITE SALMON	0	0.0%	21	0.1%
YAKIMA	931	2.6%	953	2.7%
Region 1 Total	**7,215**	**20.2%**	**7,544**	**21.1%**

Clients by DSHS Region and CSO of Issuance and Residence, June 2025 Snapshot (continued)

Region 2 CSO	CSO of Issuance		CSO of Residence	
	# of Clients	% of State Total	# of Clients	% of State Total
ALDERWOOD	1,144	3.2%	1,205	3.4%
AUBURN	762	2.1%	835	2.3%
BELLINGHAM	941	2.6%	961	2.7%
BELLTOWN	1,859	5.2%	1,913	5.3%
CAPITOL HILL	958	2.7%	998	2.8%
EVERETT	1,470	4.1%	1,532	4.3%
FEDERAL WAY	669	1.9%	710	2.0%
KING EASTSIDE	1,342	3.8%	1,494	4.2%
KING NORTH	1,669	4.7%	1,732	4.8%
KING SOUTH	897	2.5%	993	2.8%
MOUNT VERNON	568	1.6%	555	1.6%
OAK HARBOR	179	0.5%	209	0.6%
RAINIER	806	2.3%	852	2.4%
RENTON	885	2.5%	970	2.7%
SKYKOMISH VALLEY	362	1.0%	381	1.1%
SMOKEY POINT	1,157	3.2%	1,213	3.4%
WHITE CENTER	1,262	3.5%	1,333	3.7%
Region 2 Total	**16,930**	**47.3%**	**17,886**	**50.0%**

Clients by DSHS Region and CSO of Issuance and Residence, June 2025 Snapshot (continued)

Region 3 CSO	CSO of Issuance		CSO of Residence	
	# of Clients	% of State Total	# of Clients	% of State Total
ABERDEEN	879	2.5%	880	2.5%
BREMERTON	888	2.5%	888	2.5%
CHEHALIS	530	1.5%	532	1.5%
COLUMBIA RIVER	1,268	3.5%	1,335	3.7%
FORKS	28	0.1%	28	0.1%
KELSO	747	2.1%	755	2.1%
LAKEWOOD	1,076	3.0%	1,174	3.3%
LONG BEACH	67	0.2%	66	0.2%
OLYMPIA	1,136	3.2%	1,206	3.4%
PIERCE EAST	737	2.1%	776	2.2%
PIERCE NORTH	845	2.4%	852	2.4%
PIERCE SOUTH	858	2.4%	898	2.5%
PORT ANGELES	351	1.0%	352	1.0%
PORT TOWNSEND	141	0.4%	142	0.4%
SHELTON	341	1.0%	351	1.0%
SOUTH BEND	76	0.2%	76	0.2%
STEVENSON	22	0.1%	20	0.1%
Region 3 Total	**9,990**	**27.9%**	**10,331**	**28.9%**

ABD Caseload by Customer Service Contact Centers (CSCC) and Other Locations, June 2025 Snapshot

Customer Service Contact Centers (CSCC)	Office of Issuance	
	Clients	% of State Total
CSCC Central Sound	0	0.0%
CSCC Northeast	0	0.0%
CSCC Northwest	1	<0.1%
CSCC South Sound	2	<0.1%
CSCC Southeast	1	<0.1%
CSCC Southwest	0	0.0%
CSCC Virtual Case Management Center	1	<0.1%
CSCC WASHCAP	5	<0.1%
CSCC and WASHCAP Total	**10**	<0.1%

HCLA DDCS Locations	Office of Issuance	
	Clients	% of State Total
HCLA DDCS Locations Total	**15**	**<0.1%**

Tribal Locations	Office of Issuance	
	Clients	% of State Total
PORT GAMBLE S'KLALLAM TRIBE (PGST)	**1**	**<0.1%**

ABD Clients by Home and Community Living Administration (HCLA) Home and Community Services (HCS) Offices, June 2025 Snapshot

HCLA HCS Offices – Region 1	HCLA of Issuance # of Clients	HCLA of Issuance % of State Total
CLARKSTON HCLA	3	<0.1%
COLVILLE HCLA	1	<0.1%
ELLENSBURG HCLA	3	<0.1%
MEDICAL LAKE HCLA	138	0.4%
MOSES LAKE HCLA	22	0.1%
OMAK HCLA	1	<0.1%
SPOKANE HCLA	68	0.2%
TOPPENISH HCLA	38	0.1%
TRI-CITIES HCLA	55	0.2%
UNION GAP HCLA	3	<0.1%
WALLA WALLA HCLA	0	0.0%
WENATCHEE HCLA	2	<0.1%
Region 1 Total	**334**	**0.9%**

HCLA HCS Offices – Region 2	HCLA of Issuance # of Clients	HCLA of Issuance % of State Total
Region 2 Total	**914**	**2.6%**

HCLA HCS Offices – Region 3	HCLA of Issuance # of Clients	HCLA of Issuance % of State Total
Region 3 Total	**358**	**1.0%**

ABD Clients by County of Residence, June 2025 Snapshot

County	# of Clients	% of Total	County	# of Clients	% of Total
Adams	70	0.2%	**Lewis**	532	1.5%
Asotin	101	0.3%	**Lincoln**	26	0.1%
Benton	819	2.3%	**Mason**	351	1.0%
Chelan	252	0.7%	**Okanogan**	195	0.5%
Clallam	380	1.1%	**Pacific**	143	0.4%
Clark	1,334	3.7%	**Pend Oreille**	71	0.2%
Columbia	9	<0.1%	**Pierce**	3,686	10.3%
Cowlitz	741	2.1%	**San Juan**	22	0.1%
Douglas	74	0.2%	**Skagit**	533	1.5%
Ferry	30	0.1%	**Skamania**	21	0.1%
Franklin	342	1.0%	**Snohomish**	4,332	12.1%
Garfield	7	<0.1%	**Spokane**	3,116	8.7%
Grant	503	1.4%	**Stevens**	164	0.5%
Grays Harbor	882	2.5%	**Thurston**	1,209	3.4%
Island	209	0.6%	**Wahkiakum**	15	<0.1%
Jefferson	142	0.4%	**Walla Walla**	139	0.4%
King	11,837	33.1%	**Whatcom**	962	2.7%
Kitsap	887	2.5%	**Whitman**	95	0.3%
Kittitas	172	0.5%	**Yakima**	1,275	3.6%
Klickitat	87	0.2%	**Not Reported/ Unidentifiable**	2	<0.1%

	# of Clients	% of Total
State Total	**35,767**	**100.0%**

ABD Client Demographics, June 2025 Snapshot

Characteristic	All Clients # of Clients	% of Total Clients
Total Clients	**35,767**	**100.0%**

Gender	All Clients	
Female	16,651	46.6%
Male	19,115	53.4%
Unknown	1	<0.1%

Ethnicity and Race	All Clients	
Hispanic or Latino	**4,639**	**13.0%**
Not Hispanic or Latino[5]	**31,128**	**87.0%**
White	19,127	53.5%
Black/African American	4,297	12.0%
Asian/Pacific Islander	4,317	12.1%
American Indian/Alaska Native	1,330	3.7%
Two or More Races	784	2.2%
Race Not Reported	1,273	3.6%

Marital Status	All Clients	
Separated	2,534	7.1%
Married	3,933	11.0%
Never Married	17,863	49.9%
Divorced	7,962	22.3%
Widowed	3,397	9.5%
Not Reported/Unidentifiable	78	0.2%

Citizenship Status	All Clients	
U.S. Citizen	28,456	79.6%
Resident Noncitizen	7,215	20.2%
U.S. National[6]	96	0.3%
Not Reported/Unidentifiable	0	0.0%

Veteran Status	All Adults	
Veteran	968	2.7%

[5] Includes clients not reporting whether or not they are of Hispanic or Latino origin.

[6] U.S. National: A national of the United States or a person who, though not a citizen of the United States, owes permanent allegiance to the United States (e.g., persons born in American Samoa or Swains Island).

ABD Client Demographics, June 2025 Snapshot (continued)

Characteristic	All Clients # of Clients	All Clients % of Total Clients
Homeless Status	**All Clients**	
Homeless[7]	10,541	29.5%
Equal Access	**All Clients**	
Equal Access Help Needed	23,146	64.7%
Primary Disability	**All Clients**	
Mental	20,563	57.5%
Physical	8,413	23.5%
Aged[8]	6,781	19.0%
Other[9]	10	<0.1%
Education Status	**All Clients**	
Less than a High School Diploma	7,999	22.4%
High School Graduate or GED	16,079	45.0%
Some College or College Degree	10,670	29.8%
Not Reported/Unidentifiable	1,019	2.8%
Age	**All Clients**	
Under 18 Years Old	N/A	N/A
18 - 24 Years Old	1,710	4.8%
25 - 34 Years Old	5,234	14.6%
35 - 44 Years Old	7,891	22.1%
45 - 54 Years Old	8,214	23.0%
55 - 64 Years Old	5,936	16.6%
65+ Years Old	6,782	19.0%
Average Age of Clients	49.3 Years	

[7] Homeless is defined (based on the self-reported living arrangement code in ACES) as: homeless without housing, homeless with housing (staying temporarily with family or friends—commonly referred to as "couch surfing"), emergency shelter, or domestic violence shelter.
[8] Clients with a program type code of 'A' regardless of the presence of a disability type code.
[9] These are the clients who had a disability determination made by DSHS Division of Disability Determination Services (DDDS).

ABD Client Demographics, June 2025 Snapshot (continued)

Average Length of Stay[10]	All Clients
Average Length of Stay Since November 2011	27.4 Months
Average Length of Stay on ABD-Presumptive SSI Since November 2011	23.8 Months
Average Length of Stay on ABD-Aged Since November 2011	39.8 Months
Average Length of Stay on ABD-Blind/ Disabled/ Institutionalized Since November 2011 (Average Number of Months on ABD)	17.8 Months

[10] Length of Stay is based on cumulative months since November 2011 when the ABD program started.