Washington State Department of Social & Health Services
Transforming lives

LONG-TERM SERVICES & SUPPORTS

Available in Your Home

As a Washington State resident, you may qualify for Long-Term Services and Supports (LTSS) in your own home if you meet functional and financial eligibility requirements.

PERSONAL CARE
Caregiving provided to support you in daily living activities, like medication management, bathing, and getting to doctor appointments.

PERSONAL EMERGENCY RESPONSE UNIT
This portable device can signal for immediate help while spending time alone in your home.

SUPPORTIVE HOUSING
Supports to help you live independently in the community including finding, applying for, and moving into housing, as well as continued guidance for community independence.

ASSISTIVE TECHNOLOGY
Items that can help you with everyday activities. Examples: door openers, tablets for virtual appointments, or magnifiers.

ENVIRONMENTAL MODIFICATIONS
Changes to the home to allow for safer, more independent living. Examples: ramps or door hinge extenders.

SKILLS ACQUISITION TRAINING
A caregiver helps you learn skills to be healthier and more independent. This may be for diet, medication management, or life changes.

SUPPORTED EMPLOYMENT
Supports to help you seek, maintain, and complete work as independently as possible, including benefits planning to understand your options.

HOME-DELIVERED MEALS
A nutritious meal delivered to your door either in-person or by mail. Options can include dietary restrictions or preferences to meet your needs.

NURSE DELEGATION
A registered nurse that can come in your home to train and delegate a caregiver for specific medical needs.

ADULT DAY CARE
A place people can go during the week for a few hours to do therapeutic activities and receive supports such as a meal, socializing, & health monitoring.

ADULT DAY HEALTH
A structured, rehabilitative program available to people for 4+ hours per day.

CAREGIVER MANAGEMENT TRAINING
Courses for you to learn how to manage caregivers, including hiring, interviewing, scheduling, and dismissing them to maintain your care at home.

TRANSITION OR SUSTAINABILITY SERVICES
Services to help you maintain your current home or move you between homes. These may include furniture, deposits, and arranging housing needs.

CLIENT SUPPORT TRAINING
Professional services to teach ways to relate to people around you and access necessary community services.

TRANSPORTATION
Driving to get to therapeutic goals and sustainability services. Caregivers have different miles to provide you transportation to appointments.

SPECIALIZED MEDICAL EQUIPMENT
Equipment that is not medical in nature may be covered by a waiver and supplied to you. Examples: transfer bench or wipes.

ARE YOU INTERESTED IN RECEIVING LONG-TERM SERVICES & SUPPORTS SUCH AS THESE?

The above programs require an individual to be functionally and financially eligible. APPLY online, by mail, or in person.

Under 65 years of age and not on Medicare?

Visit: www.wahealthplanfinder.org
Click: "Apply Now"

65+ years of age or on Medicare?

Visit: www.washingtonconnection.org
Click: "Apply Now"

Select the option for Long-Term Supports to begin the eligibility process with Home and Community Services (HCS).

If you need assistance, call, write, or visit your local HCS or Area Agency on Aging (AAA) office.

- Visit www.dshs.wa.gov/ALTSA/resources to view HCS and AAA locations and contact information.