Able Bodied Adults Without Dependents (adka Waaweyn ee Aan Naafada Ahayn Cidna ku Tiirsaneyn, ABAWD) Warbixinta Hawlaha

MAGACA MACMIILKA	LAMBARKA MACMIILKA

Fadlan dhammeystir foomkan si aad nooga caawisid inaan dib u fiirino xaalada ABAWD. Hawlaha shaqada iyo tababarku waxay kaa caawinayaan inaad ku haboonaatid kabka cuntada adoo helaya khibrad ama waxbarasho, ama raadinaya shaqaaleysiin.

Tilmaamaha:

1. Sii foomkani wakaaladaha aad la shaqeynaysid si ay u dhammeystiraan.
2. Foomkani waa inaad saxeexdaan adiga iyo wakaalada aad la shaqeynaysaa.
3. Usii foomkani si bile ah 10ka bisha ku xigta.
4. Ugusoo celi foomka la dhammeystiray DSHS adoo:
   - Faakis ugu diraya: 1-888-338-7410, ama
   - U qaadaya Community Services Office (Xafiiskaaga Adeegyada Bulshada, CSO) maxaliga ah, ama
   - Booosto ugudir: DSHS CSD Xarunta Adeega Macmiilka
     PO Box 11699
     Tacoma WA 98411-6699

Waxyaabaha Muhiimka ah ee La Ogaanayo:

- Waa inaad dhammeystirtaa 80 saac bishiiba hawlaha shaqada ama tababarka la ansixiyey, ama
- Haddii aad ka qeybgalaysid Caydha Shaqo La'aanta, warqadaada gudbintu waa inay leedahay tirada saacadaha aad dhammeystiraysid.
- Todobaadku wuxuu ka bilowdaa Axada wuxuuna ku dhammaadaa Sabtida ku xigta. Wadarta saacadaha bilaha ee laga bilaabo bisha koobaad ilaa maalita u danbeysa ee bisha. Fiiri tusaalayaasha bogga u danbeeyay

Haddii aanad dhammeystiri karin saacadaha loo baahan yahay (shaqada oo lagu daray hawlaha kale ee la xidhiidha shaqada), fadlan nala wadaag sababta(sababaha).

☐ Maan awoodin inaan dhammeystiro dhammaan saacadaha bishan waayo (fadlan sharax):

Fadlan ka fiiri bogga xiga warbixinta bisha.

Barcode label

01205

BISHA

MAGACA MACMIILKA

LAMBARKA MACMIILKA

Gali tirada saacadaha lala dhammeystiray adeeg-bixiyaha la ansixiyey ee todobaadkan.	Todobaadada bisha					Wadarta saacadaha
	Todobaa dka 1	Todobaa dka 2	Todobaa dka 3	Todobaa dka 4	Todobaa dka 5	
Shaqo Raadinta la Kormeeray						
Tababarka Shaqo Raadinta						
Hawlaha Waxbarasho waxa ku jira: • Waxbarashada Asaasiga ah ee Shahaadada Waxbarashada Guud English Language Acquisition (Barashada Luuqada Ingiriisida, ELA)						
Tababarka Farsamada Gacanta waxa ku jira: Barnaamijka Shaqada Qaxoontiga						
Tababarka Xirfadaha Nolosha ee la Kormeeray						
Shaqo Haysashada						
Shaqo Bilaa Mushahar ah						
Caydha Shaqo La'aanta						
Wadarta saacadaha						

Adeeg-bixiyaha Koobaad:
Waxaan cadeynayaa in macmiilka kor lagu xusay dhammeystiray saacadaha lagu sheegay mudada sare lagu sharxay.

MAGACA GOOBTA HAWSHA

HAWSHA

SAXEEXA

Adeeg-bixiye Kale
Waxaan cadeynayaa in macmiilka kor lagu xusay dhammeystiray saacadaha lagu sheegay mudada sare lagu sharxay.

MAGACA GOOBTA HAWSHA

HAWSHA

SAXEEXA

☐ **Waan shaqeynayaa hadda; shaqadani waxa loo wariyey DSHS oo ma jiraan wax isbadel saacadahayga ah.** (Haddii aad haysatid shaqo aan horey loogu sheegin DSHS, fadlan bixi cadeynta oo ay ku jiraan: magaca iyo taleefan lambarka shaqaaleysiiyaha; xadiga mushaharka; taariikhda bilowga; saacadaha la shaqeeyey todobaadkiiba; goorta mushahar bixintu dhammanayso; taariikhaha mushahar bixinta; iyo haddii guno ama mushqaayad la bixiyo, xadiga la filaayo.)

☐ **Waxaan hadda ku jiraa barnaamijka la ansixiyey ee WIOA oo ma jiraan wax isbadel ah oo ku imanaya saacadahayga.**

Waxaan cadeynayaa in macluumaadkani aan ku bixinaayo dhammaan boggaga foomkani uu yahay run oo dhammeystiran yahay.

SAXEEXA MACMIILKA

TAARIKHDA SAXEEXA

Barcode label

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ABAWD Sharaxaadaha iyo Tusaaleyaasha Warbixinta Hawsha

Sharaxaada hoose waxay ka caawinaysaa aqoonsiga hawlaha lagu tiriyo dhanka kaqeybgalka. Hawsha waxa lagu tirin karaa kaliya haddii barnaamijka la ansixiyey kormeero. Waxbadan ka ogow barnaamijyadan adoo booqanaya: https://www.dshs.wa.gov/ABAWDprograms.

Shaqo Raadinta Lakormeeray - waxay kaa caawinaysaa inaad heshid shaqaaleysiin. Hawlaha waxa ku jira:

- La xidhiidhida shaqaaleysiiyayaasha
- Tixida shaqo raadinta
- Helitaanka kaadhadhka aqoonsiyada, liisamada xirfada ama shahaadooyinka

Tababarka Shaqo Raadinta –wuxuu kaa caawinayaa inaad raadisid oo aad heshid shaqaaleysiin. Adeegyada waxa ku jira:

- Qorida codsiyada shaqo, xirfadaha wareysi shaqo, diyaarinta codsiga mastarka ah
- Tilmaamta iyo caawimada la xidhiidha shaqo raadinta
- Tababarada goobta shaqo iyo qorsheynta xirfada

Waxbarashada Asaasiga ah –waxay kaa caawinaysaa inaad kordhisid shaqaaleysiintaada. Hawlaha waxa ku jira:

- Xirfadaha koomiyuutarka ee asaasiga ah, akhriska iyo caawimada xisaabta
- Aqoonta u Dhiganta Dugsiga Sare (horey loo yaqiin GED)
- Basic Education for Adults (Waxbarashada Asaasiga ah ee Dadka Waaweyn, BEA)
- English Language Acquisition (Barashada Luuqada Ingiriisida, ELA)

Xirfadaha Nolosha – waxay kordhinayaan awooda aad ku gaadhaysid dalabka iyo caqabadaha shaqo iyo nolosha maalinlaha ah. Goobaha Ilaha Shaqo qaar iyo bixiyayaasha Shaqaaleysiinta Cuntada Asaasiga ah & Tababarka ayaa bixiyan adeegyadan.

Waxbarashada Farsamada Gacanta – waxay bixisaa barnaamijyo u baahan tababar takhasus ah sida laxaamada ama shaqooyinka koomiyuutarka. Barnaamijyadan waxa ka dhasha aqoon la aqoonsan yahay. Hawshu waa inay noqotaa:

- Aqoonaysan
- Uu aqoonsan yahay dhinac saddexaad oo madaxbanaan
- Uu aqbalayo shaqaaleysiiye maxali ah

Adeegyada Haysashada Shaqo –waxay ka caawiyaan oo ka taageeraan dadka waaweyn ee shaqeeya barnaamijka Cuntada Asaasiga ah & Tababarka si loo gaadho waxqabad shaqo oo fiican loona kordhiyo dakhliga. Hawlaha waxa ku jiri kara:

- Latalinta ama tababarida
- Maamulida kiiska
- Kaalmada kharashka la xidhiidha shaqo haysashada

Caydha Shaqo La'aanta - waa hawl mutadawacnimo ABAWDs si loo kordhiyo shaqaaleysiinta guud iyadoo la horumarinaayo xirfadaha shaqada iyo kalsoonida. Kaqeybgalayaashu waa inay ku tabarucaan tiro saacado ah bishii goobaha Caydha Shaqo La'aanta. DSHS waxay u gudbin doontaa ABAWDs goobaha Workfare.

Shaqo Bilaa Mushahar ah – waa fursad ABAWD si loo gaadho shuruuda kaqeybgalka iyadoo lagu tabarucayo haayad Gobolka, maxaliya, diimeed, ama bulsho oo aan faa'ido doon ahayn. Shaqada bilaa mushahar ka ah waxay sidoo kale uga dhici kartaa qaabab kale bulshada.

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Tusaaleyayaasha sida loo dhammeystiraayo foomka DSHS 01-205

Tusaalaha Koobaad: Hal hawl oo leh hal adeeg-bixiye.

Haddii Juun 1 tahay Sabti, todobaadka 1 wuxuu yeelanayaa hal maalin. Afarta (4) todobaad ee xiga waxay yeelanayaan todobo (7) maalmood. Maalinta u danbeysay, Juun 30, waxay noqonaysaa Axad. Todobaadka u danbeeya wuxuu yeelanayaa hal maalin.

Gali tirada saacadaha lala dhammeystiray adeeg-bixiyaha la ansixiyey ee todobaadkan.	Todobaadada bisha					Wadarta saacadaha
	Todobaa dka 1	Todobaa dka 2	Todobaa dka 3	Todobaa dka 4	Todobaa dka 5	
Job Search (Shaqo Raadinta, JS) Lakormeeray						
Job Search Training (Tababarka Shaqo Raadinta, JT)						
Hawlaha Waxbarasho waxa ku jira: • General Education Degree (Shahaadada Waxbarashada Guud, GED) • Waxbarashada Asaasiga ah • English as a Second Language (Ingiiriisida Luuqad Labaad Ahaan, ESL)	**2**	**13**	**33**	**20**	**15**	**85**

Tusaalaha Labaad: Dhowr shaqo oo leh labo adeeg-bixiye.

Gali tirada saacadaha lala dhammeystiray adeeg-bixiyaha la ansixiyey ee todobaadkan.	Todobaadada bisha					Wadarta saacadaha
	Todobaa dka 1	Todobaa dka 2	Todobaa dka 3	Todobaa dka 4	Todobaa dka 5	
Job Search (Shaqo Raadinta, JS) Lakormeeray			**5**	**5**		**10**
Job Search Training (Tababarka Shaqo Raadinta, JT)	**5**	**5**				**10**
Hawlaha Waxbarasho waxa ku jira: • General Education Degree (Shahaadada Waxbarashada Guud, GED) • Waxbarashada Asaasiga ah • English as a Second Language (Ingiiriisida Luuqad Labaad Ahaan, ESL)	**15**	**15**	**15**	**15**		**60**
Wadarta saacadaha	**20**	**20**	**20**	**20**		**80**

Adeeg-bixiyaha Koobaad:

Waxaan cadeynayaa in macmiilka kor lagu xusay dhammeystiray saacadaha lagu sheegay mudada sare lagu sharxay.

MAGACA GOOBTA HAWSHA
Isha Shaqada

HAWSHA
JS / JT

SAXEEXA
John Doe, BFET adeeg-bixiye

Adeeg-bixiye Kale

Waxaan cadeynayaa in macmiilka kor lagu xusay dhammeystiray saacadaha lagu sheegay mudada sare lagu sharxay.

MAGACA GOOBTA HAWSHA
Green River Community College (Koolejka Bulshada Wabiga Cagaaran)

HAWSHA
Waxbarashada Asaasiga ah

SAXEEXA
Jane Doe, BFET Adeeg-bixiye

Barcode label

01205

Able Bodied Adults Without Dependents (ABAWD) Activity Report

CLIENT'S NAME	CLIENT NUMBER

Please complete this form to help us review your ABAWD status. Work and training activities help you stay eligible for food benefits while gaining experience or education or seeking employment.

Instructions:

1. Provide this form to the agencies you're working with for them to complete.
2. This form must be signed by you and the agencies you're working with.
3. Provide this form monthly by the 10th of the following month.
4. Return the completed form to DSHS by:
   - Faxing to: 1-888-338-7410, or
   - Taking it to your local Community Services Office (CSO), or
   - Mailing to: DSHS CSD Customer Service Center
     PO Box 11699
     Tacoma WA 98411-6699

Important Things to Know:

- You must complete 80 hours per month of approved work or training activities, or
- If participating in Workfare, your referral letter has the number of hours you must complete.
- Weeks start on Sunday and end the following Saturday. Total monthly hours start from the first of the month to the last day of the month. See last page for examples.

If you couldn't finish all the required hours (working plus other work related activities), please share the reason(s) why.

☐ I wasn't able to complete all of the hours for this month because (please explain):

Please see the next page for the month report.

Barcode label

01205

MONTH

CLIENT'S NAME

CLIENT NUMBER

Enter number of hours completed with approved providers for each week.	Weeks in a month					Total hours
	Week 1	Week 2	Week 3	Week 4	Week 5	
Supervised Job Search						
Job Search Training						
Education Activities to include: • General Education Degree Basic Education • English Language Acquisition (ELA)						
Vocational Training to include: Refugee Work Program						
Supervised Life Skills Training						
Job Retention						
Unpaid Work						
Workfare						
Total hours						

First Provider:

I certify the above-named client did complete the hours indicated for the period described above.

ACTIVITY SITE NAME

ACTIVITIES

SIGNATURE

Additional Provider:

I certify the above-named client did complete the hours indicated for the period described above.

ACTIVITY SITE NAME

ACTIVITIES

SIGNATURE

☐ **I'm currently working; this job has been reported to DSHS and there are no changes in my hours.**

(If you have a job that wasn't previously reported to DSHS, provide proof to include: name and telephone number of your employer; rate of pay; start date; hours worked weekly; when pay periods end; pay dates; and if tips or commissions are paid, the amounts expected.)

☐ **I'm currently in a WIOA approved program and there are no changes in my hours.**

I declare that the information I'm providing on all pages of this form is true and complete.

CLIENT'S SIGNATURE

DATE OF SIGNATURE

Barcode label

01205

ABAWD Activity Report Descriptions and Examples

The descriptions below help identify activities that count toward your participation. Activities only count if an approved program supervises them. Find out more about these programs by visiting: https://www.dshs.wa.gov/ABAWDprograms.

Supervised Job Search - assists you with finding employment. Activities include:

- Contacting potential employers
- Searching job listings
- Obtaining IDs, professional licenses or certifications

Job Search Training –helps you seek and obtain employment. Services include:

- Resume writing, interview skills, preparing a master application
- Instruction and support related to seeking employment
- Workplace workshops and career planning

Basic Education –helps you to increase your employability. Activities include:

- Basic computer skills, reading or math assistance
- High School Equivalency (formerly GED)
- Basic Education for Adults (BEA)
- English Language Acquisition (ELA)

Life Skills – increases your ability to meet the demands and challenges of working and everyday life. Some WorkSource locations and Basic Food Employment and Training providers offer these services.

Vocational Education – provides programs requiring specialized training such as welding or computer programming. These programs result in recognized credentials. The activity must be:

- Credentialed
- Recognized by an independent third party
- Accepted by local industry employers

Job Retention Services –assists and supports employed adults through the Basic Food Employment and Training program to achieve better job performance and increase earnings. Activities may include:

- Counseling or coaching
- Case management
- Assistance with expenses related to keeping a job

Workfare - is a volunteer activity for ABAWDs to increase overall employability by developing basic job skills and confidence. Participants must volunteer a certain number of hours monthly at Workfare sites. DSHS will refer ABAWDs to Workfare sites.

Unpaid Work – is an opportunity for an ABAWD to meet participation requirements by volunteering with a State, local, religious, or community non-profit organization. Unpaid work can also occur in other formats within the community.

Barcode label

01205

Examples of how to complete form DSHS 01-205

Example One: One activity with one provider.

If June 1 is on Saturday, week 1 will have one day. The next four (4) weeks will all have seven (7) days. The final day, June 30, will be on a Sunday. The final week will have one day.

Enter number of hours completed with approved providers for each week.	Weeks in the month					Total hours
	Week 1	Week 2	Week 3	Week 4	Week 5	
Supervised Job Search (JS)						
Job Search Training (JT)						
Education Activities to include: • General Education Degree (GED) • Basic Education • English as a Second Language (ESL)	2	13	33	20	15	85

Example Two: Multiple activities with two providers.

Enter number of hours completed with approved providers for each week.	Weeks in the month					Total hours
	Week 1	Week 2	Week 3	Week 4	Week 5	
Supervised Job Search (JS)			5	5		10
Job Search Training (JT)	5	5				10
Education Activities to include: • General Education Degree (GED) • Basic Education • English as a Second Language (ESL)	15	15	15	15		60
Total hours	20	20	20	20		80

First Provider:

I certify the above-named client did complete the hours indicated for the period described above.

ACTIVITY SITE NAME
WorkSource Auburn

ACTIVITIES
JS / JT

SIGNATURE
John Doe, BFET provider

Additional Provider:

I certify the above-named client did complete the hours indicated for the period described above.

ACTIVITY SITE NAME
Green River Community College

ACTIVITIES
Basic Education

SIGNATURE
Jane Doe, BFET Provider

Barcode label