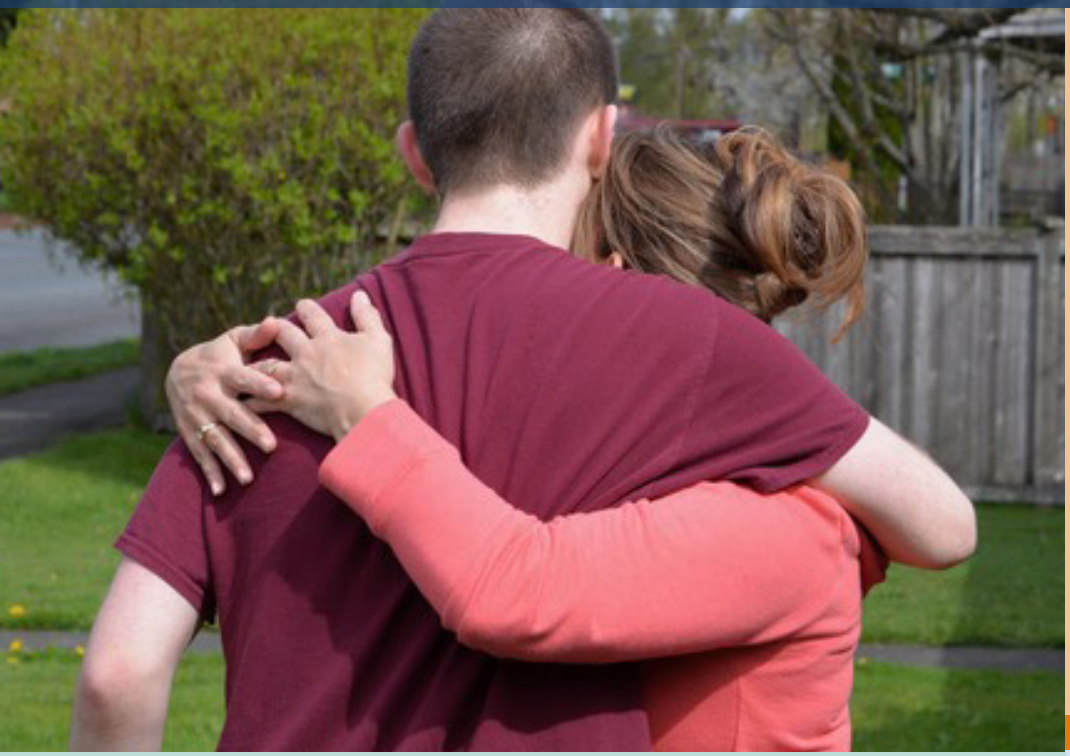
Dual Diagnosis:
Mental Health and Developmental Disabilities



CE Credits: 6 CE credits

Time: 9 a.m. to 4 p.m.

Date: Oct. 28th, 2026

Location: Online via Microsoft Teams

Multiple presenters:
Kenzie Bush, MS,
Christine Gomes, Psy.D. and
Lee Ferguson MSW, LICSW

Description

This course will provide a diagnostic overview of the most common co-occurring mental health diagnosis and provide information about the behavioral implications that accompany these diagnoses. With a better understanding of where behavior comes from and how people process information differently, personalizing actions can be reduced and staff burnout can be mitigated. Participants will learn interventions, approach strategies, and techniques that may assist the people we support in living more fulfilling, independent lives with fewer escalated behaviors.

Training topics include:

- Identify common diagnoses.
- Understand how diagnoses affect the whole person.
- Understand how diagnoses influence behavior.
- Consider common staff reactions.
- Evidence-based interventions and supports.
- Know what data to collect and when.
- And much more.

Registration

Class size is limited to 30 participants.
Please email Erica Hernandez at erica.hernandez@dshs.wa.gov.

Participant registration email must include:

1. Training session name and training dates.
2. Participants' names and email addresses.
3. Participants' position titles and agency affiliations.

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WASHINGTON STATE
Department of Social and Health Services

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