Q3 and Q4 HCS Training Flyer SFY 2027

DSHS
WASHINGTON STATE
Department of Social and Health Services

HCS Training Opportunities

Home and Community Services (HCS) offers training in mental health, behavior support, crisis intervention, and professional self-care. To register, use the links listed under each training.

To receive CE credit and a certificate, **Washington State employees** who register with their state email will receive their certificate through the **Washington State Learning Center (LMS)**. **Community providers and other eligible participants** will receive their CE certificate directly by email at the address used to register after completion is verified.

Regarding training, please note the following:

- To receive free CE credit, participants must attend and participate for the full training and complete the feedback survey at the end of the training.
- To participate in our virtual training courses, you will need to join by desktop/laptop computer, using Microsoft Teams.
- To request **ASL and/or CART interpreters**, email bstref@dshs.wa.gov **60 days** before the scheduled training.

HCS Trauma-Informed Care: Trauma Theory and Orientation – Part One (1 CEU)

Introduces trauma types, co-occurring disorders, and the effects of trauma exposure. Part One establishes the core concepts and theoretical foundation of trauma-informed care.

Date/Time: **01/06/27 at 10:00-11:00 AM**

Registration Link: **Click Here**

Date/Time: **03/10/27 at 10:00-11:00 AM**

Registration Link: **Click Here**

Q3 and Q4 HCS Training Flyer SFY 2027

HCS Trauma-Informed Care: Application and Practice – Part Two (1.5 CEUs)

Builds on Part One with practical trauma-informed skills, strategies, and application. Completion of Part One is highly recommended before attending.

Date/Time: 01/13/27 at 10:00-11:30 AM

Registration Link: Click Here

Date/Time: 03/17/27 at 10:00-11:30 AM

Registration Link: Click Here

HCS Mental Health Disorders: Foundations of Signs, Symptoms, and Interventions (1.5 CEUs)

Introduces anxiety and mood disorders, including depression and bipolar disorder, and their effects on behavior, communication, and daily functioning. Participants learn stigma-reducing language and practical, person-centered interventions.

Date/Time: 01/20/27 at 9:00-10:30 AM

Registration Link: Click Here

Date/Time: 03/24/27 at 9:00-10:30 AM

Registration Link: Click Here

Q3 and Q4 HCS Training Flyer SFY 2027

HCS Dementia-Specific Behavioral Interventions (1 CEU)

Explores person-centered, non-pharmacological, and least-restrictive responses to dementia-related distress, including identifying triggers, adapting communication, supporting ADLs, and documenting effective approaches.

Date/Time: **02/03/27 at 9:00-10:00 AM**

Registration Link: **Click Here**

HCS Cultural Competency and Diversity in Residential Care (1 CEU)

Builds cultural humility, bias awareness, and communication skills for respectful, inclusive care. Participants learn to use language-access resources and apply cultural awareness to planning, documentation, and daily interactions.

Date/Time: **02/10/27 at 10:00-11:00 AM**

Registration Link: **Click Here**

HCS Suicidal and Non-Suicidal Self-Injury (1.5 CEUs)

Reviews terminology and contextual factors related to suicidal ideation and self-injury. Participants learn to recognize warning signs and support prevention and safer long-term care environments.

Date/Time: **02/17/27 at 9:00-10:30 AM**

Registration Link: **Click Here**

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HCS Managing Burnout: Professional Stress and Its Implications (1 CEU)

Examines professional burnout and the effects of workplace stress on individuals and organizations. Participants learn to recognize warning signs and apply practical strategies that reduce burnout.

Date/Time: **02/24/27 at 10:00-11:00 AM**

Registration Link: Click Here

HCS Building Your Toolbox: Who, What, Why (1.5 CEUs)

Helps participants identify mental health, medical, social service, and community supports, along with practical skills and guiding values for holistic care. Participants receive an electronic toolbox for continued use.

Date/Time: **03/03/27 at 10:00-11:30 AM**

Registration Link: Click Here

HCS Behavior Modification: Behavior Supports for Providers (1.5 CEUs)

Introduces behavior modification for people living with severe mental illness, including observing and assessing behavior, identifying person-centered supports, and improving documentation and tracking.

Date/Time: **01/27/27 at 10:00-11:30 AM**

Registration Link: Click Here

Date/Time: **03/31/27 at 10:00-11:30 AM**

Registration Link: Click Here

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HCS Understanding and Responding to Mental Health Crises (2.5 CEUs)

Provides foundational strategies for responding to mental health crises, including de-escalation, situational awareness, evidence-based responses to emotional and behavioral escalation, and crisis planning.

Date/Time: **04/07/27 at 9:00-11:30 AM**

Registration Link: **Click Here**

Date/Time: **06/02/27 at 9:00-11:30 AM**

Registration Link: **Click Here**

HCS Motivational Interviewing and Crisis Response: A Trauma-Informed Approach (1 CEU)

Introduces motivational interviewing in crisis situations through a trauma-informed approach, with emphasis on engagement, stabilization, and support for people experiencing challenging behaviors.

Date/Time: **04/14/27 at 10:00-11:00 AM**

Registration Link: **Click Here**

Date/Time: **06/09/27 at 10:00-11:00 AM**

Registration Link: **Click Here**

Q3 and Q4 HCS Training Flyer SFY 2027

HCS Cultivating Behavioral Interventions for Mental Health Disorders (1.5 CEUs)

Introduces behavioral assessment and the development of person-centered interventions for people living with severe mental illness, including documentation, case studies, and practical application.

Date/Time: **04/28/27 at 10:00-11:30 AM**

Registration Link: **Click Here**

HCS Emotionally Intelligent Care: Enhancing Resilience with Trauma-Informed Practices (2.5 CEUs)

Explores trauma-informed care, emotional intelligence, and resilience in caregiving settings. Participants practice strategies for managing stress, navigating interactions, and responding to trauma-related behaviors.

Date/Time: **04/21/27 at 9:00-11:30 AM**

Registration Link: **Click Here**

Date/Time: **06/23/27 at 9:00-11:30 AM**

Registration Link: **Click Here**

Q3 and Q4 HCS Training Flyer SFY 2027

HCS Mental Health Disorders: Complex Diagnoses and Advanced Intervention Strategies (2 CEUs)

Introduces schizophrenia and psychotic disorders, personality disorders, and neurocognitive disorders in long-term care. Participants explore impacts on behavior and functioning, stigma reduction, and person-centered interventions.

Date/Time: **05/05/27 at 9:00-11:00 AM**

Registration Link: **Click Here**

HCS Substance Use and Co-Occurring Disorders (1 CEU)

Provides an overview of substance use and substance use disorders, including key terms, observable signs, stigma-free language, harm reduction basics, and clear behavior-support pathways.

Date/Time: **05/12/27 at 10:00-11:00 AM**

Registration Link: **Click Here**

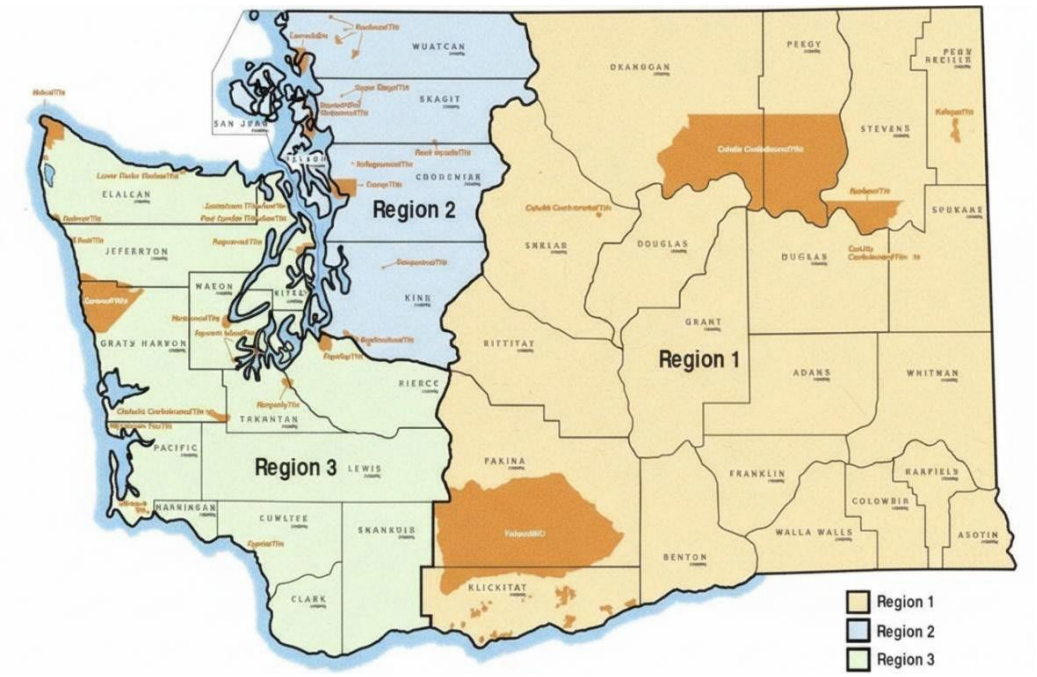
HCS Social Connections: Mental Health Conditions in Residential Facilities (1.75 CEUs)

Explores how anxiety and depression can contribute to social isolation in residential settings. Participants learn practical supports related to behavior, medical considerations, and person-centered care planning.

Date/Time: **05/19/27 at 10:00-11:45 AM**

Registration Link: **Click Here**

Behavior Support Trainers



REGION 1 - *Behavior Support Trainer*
Contact: Nicholas "Nick" Mehrnoosh
Email: nicholas.mehrnoosh@dshs.wa.gov
Phone: 509-992-5040

REGION 2 - *Behavior Support Trainer*
Contact: Tam Butler
Email: tamara.butler@dshs.wa.gov
Phone: 206-919-0600

REGION 3 - *Behavior Support Trainer*
Contact: Jennifer Coggins
Email: jennifer.coggins@dshs.wa.gov
Phone: 360-706-3222

Behavior Supports and Consultations

Behavior Support Consultation

Offered to providers with RSW contracted clients who are exhibiting challenging behaviors that are difficult to manage or have given 30-day notice to an RSW contracted client.

- Support to review Negotiated Service Plan/Negotiated Care Plan/Person Centered Service Plan.
- Review of Behavior Support Plan/Crisis Plan.
- Practical approaches to reach stabilization.
- Training provided to residential providers and staff.
- Identify additional resources and assist with coordination of services.

State Hospital and Acute Care Transition Support

Emphasizes increased behavioral support for clients transitioning from a State hospital/Acute Care hospital to a HCS residential setting and may include any of the following depending on the identified support needed:

- Pre-transition consultation with the client, residential provider, hospital discharge social worker, and HCS Assessor/Case Manager.
- Review of Behavior Support Plans.
- Post-transition support to promote stabilization and provider support.
- Education and resources to help reduce re-admission to a State Hospital or acute care setting.

See our website for upcoming training opportunities: Click Here