Traumatic Brain Injury Strategic Partnership Advisory Council of Washington

COMMUNITY REPORT

JULY 2025 - JUNE 2026

Every path after traumatic brain injury (TBI) is different. This report highlights how people in Washington find support, connection and community while navigating TBI.

2-1-1 Get Connected. Get Help.℠

FIND SUPPORT: No one should have to navigate brain injury alone
A call for help can be the first step toward stability, care and support.

In FY26, 5,364 people with TBI contacted WA 211 and were connected to 27,268 services through 6,282 agencies across Washington.

The most common requests for help include:

- **10,518** housing and shelter
- **2,836** food
- **2,766** government and legal
- **1,836** health care
- **1,396** utility
- **1,094** transportation

Need assistance after a TBI? Call 2-1-1

*Since 2022, WA 211 has connected **32,329 people** with TBI or caregivers to **153,486 services.***

Scan or visit bit.ly/TBISupportGroups to access virtual TBI support groups

CONNECT WITH PEOPLE WHO UNDERSTAND

Peer support connects people with others who understand. In FY26, Washington increased the number of TBI Certified Peer Specialist facilitators from 6 to 10, expanding access to virtual support groups.

- **181 virtual support group meetings** (up from 84 in FY25)
- **1,554 support group registrations** (up from 709 in FY25)
- **769 support group attendees** (up from 321 in FY25)

Virtual support groups are currently available for people living with TBI, veterans, family members and friends, LGBTQIA+ community members, caregivers, and providers.

In-person support reached **682 participants** across **59 support group sessions** and **16 community activities.** In-person support groups, community activities and peer-to-peer mentoring opportunities will be expanded in FY27.

"Finding others who have the same struggles that I do. . .the shared experience, connection and understanding between members." *- Virtual support group participant*

BUILDING A COMMUNITY THAT RESPONDS: Learning & Partnerships

People with TBI rely on many systems. Stronger support begins when those systems learn and respond together.

Safe Kids Washington reached **13,511 online users** with **64,751 page views** in FY26. In partnership with the Washington State Department of Health, Safe Kids held **150 community events**, reaching **30,000 people**.

"The information helped me take my son to the doctor right away after a concussion instead of waiting." *— Safe Kids Washington participant*

PROVIDER LEARNING

The **University of Washington TBI-Behavioral Health ECHO** connected providers and specialists for virtual learning.

In FY26, **593 attendees** joined **21 accredited sessions** for **31.5 CME hours,** covering grief, health equity and literacy, anxiety, substance use, return to work, suicide-risk management and more.

Three **Building Capacity in Brain Injury workshops** drew **791 registrations** and **389 attendees;** 100% of respondents said they would recommend the workshops to a colleague.

Scan or visit https://bit.ly/4zQHu28 to explore provider training.

LEARNING IN THE SCHOOLS & SERVICES

10,176 **website users**

RETURN TO SCHOOL
Tools for educators, families, and providers.
- 4,882 engaged sessions
- 8 new resources

826 **front-line staff enrolled**

TBI SKILL BUILDER
Training for staff supporting people with brain injury.
- 237 completed the 14-module course

194 **educators completed the course**

IN THE CLASSROOM AFTER CONCUSSION
Practical strategies to support students after concussion.

WHAT'S AHEAD: More ways to connect

FY26 laid the groundwork for expanded community-based supports, including in-person support groups, community-integration activities, peer mentoring, and navigation.

Scan or visit **wa.tbisos.org** to learn more about expanded TBI support.

Heading Forward shares community resources, events and opportunities. In FY26, **36 bulletins** reached an average of **52,575 subscribers.**

Scan or visit https://bit.ly/4wX21zr to subscribe.