Moto Oyo Akomi Mokolo, Akoki Kosala Mosala mpe Azali na Bato te Oyo Azali na Mokumba ya Kobatela (ABAWD)
Able-Bodied Adult Without Dependents (ABAWD)

Masengami Mpo na Kozwa Basic Food: Makambo Osengeli Koyeba Mpo na Kokoba Kozwa Lisalisi na Yo

Basic Food Eligibility Requirements: What You Need to Know to Keep Your Benefits

Soki ozali kosala mosala te, ntango oyo okoki kozwa lisalisi na yo ezali na ndelo

Mpo na Basic Food, totalelaka yo lokola Able-Bodied Adult Without Dependents (Moto Oyo Akomi Mokolo, Akoki Kosala Mosala mpe Azali na Bato te Oyo Azali na Mokumba ya Kobatela, ABAWD) mpo ozali na mbula 18–64, okoki kosala mosala, mpe na ndako na yo ezali na bana te oyo bazali na nse ya mbula 14. Soki ozali kokokisa te masɛngami ya misala oyo esengeli kosala, okoki kozwa lisalisi ya Basic Food kaka sanza misato na eleko mokomoko ya sanza 36.

Ndenge ya kokoba kozwa lisalisi na yo ya Basic Food

Osengeli kosala moko to mingi kati na misala oyo elandi mpo na kokoba kozwa lisalisi na yo koleka sanza misato:

- Sala mosala ata ngonga 20 na poso to ngonga 80 na sanza na mwayene. Okoki kozala na mosala epai ya mopesi-mosala to kosala mosala na yo moko. Ekoki mpe kozala ngonga ya mosala oyo endimisami sanza na sanza, ezala mosala oyo bafutaka yo na biloko to na misala na esika ya mbongo, to mosala ya bolingo malamu na ebongiseli oyo elukaka litomba te, ezala ya etuka, ya esika ofandi, ya lingomba ya losambo to ya lisanga ya bato.
- Sangana na programe ya mosala to ya koyekola mosala oyo endimami na etuka to na esika ofandi, lokola:
  - Basic Food Employment and Training (Mosala mpe Mateya ya Mosala ya Basic Food, BFET). Mpo na koyeba makambo mosusu kende na www.dshs.wa.gov/bfet;
  - Baprograme oyo ezali na kati ya Workforce Innovation and Opportunity Act (Mobeko mpo na Bokeli ya Mayele ya Sika mpe Mabaku na Makambo ya Mosala, WIOA). Mpo na koyeba makambo mosusu kende na https://www.dshs.wa.gov/esa/community-services-offices/wioa; to
  - AmeriCorps https://servewashington.wa.gov/americorps/.
- Sala mosala ya bolingo malamu na nzela ya programe Workfare sanza nyonso. Motango ya ngonga ya Workfare oyo osengeli kosala mpo na kokokisa masengami ya kosangana etaleli motuya ya lisalisi oyo bato ya ndako na yo bazwaka, oyo bakaboli na lifuti ya nse oyo epesami nzela na esika ofandi https://www.lni.wa.gov/workers-rights/wages/minimum-wage/.

Makambo oyo epekisaka yo kosangana

Benga to komela biso soki okoki te kosangana ata ngonga 80 na sanza mpo:

- Ozali na bokono ya nzoto to ya makanisi oyo ezangisaka yo makoki.
- Ozwaka lisalisi na Labor & Industries (Mosala & Baizini, L&I), na Veterans Administration Disability (Lisungi mpo na Bokono to Kozoka ya Basoda ya Kala), to na asiransi ya kompanyi ya privé oyo efutaka soki ozangi makoki ya kosala mosala.
- Obatelaka moto oyo akoki komibatela te mpo na mbula na ye to mpo azali na bokono oyo ezangisaka ye makoki.
- Osanganaka na programe ya lisalisi ya monganga to ya bozongisi na bomoi ya malamu mpo na boombo ya biloko lokola masanga to bangi.
- Osengaki to ozwaka lisalisi ya bozangi mosala.
- Okomisami na kelasi mpo na kolanda ata ndambo ya ngonga ya boyekoli ya ntango mobimba.
- Ozali na zemi.

Makambo oyo osengeli koyebisa biso na mokolo ya 10 ya sanza oyo elandi to liboso na yango

Osengeli koyebisa biso soki:

- Okoki te kokokisa motango ya ngonga oyo esengeli kosangana na sanza moko mpo na makambo oyo ekanamaki te.
- Ngonga ya mosala na yo ekiti na nse ya ngonga 20 na poso.
- Mbongo oyo bato ya ndako na yo bazwaka eleki ndelo oyo ezali na WAC 388-478-0060.
- Yo to moto moko ya ndako na yo alongi mbongo mingi na lotri to na masano ya mbongo na lisano moko, mpe motuya yango ekokani na ndelo oyo ezali na WAC 388-470-0005(8) to eleki yango.

Okoki kozwa makambo mosusu oyo etali masɛngami ya ABAWD na www.dshs.wa.gov/abawd.

Benga biso na 1-877-501-2233 soki ozali na mituna, ozali na mposa ya lisalisi mpo na kokota na programe ya koyekola mosala, to osengeli koyebisa mbongwana.

Okoki kokende na www.washingtonconnection.org mpo na kosenga lisalisi, kotinda mokanda ya kotalela lisusu makoki na yo ya kozwa lisalisi, to koyebisa mbongwana.