

qecut: Spokane Tribal Network Food Sovereignty Project, Language, and Tend, Gather, Grow

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SPRING SUMMIT 2023- AL TSA/Tribal Affairs-HCS-AAA's,

March 1, 2023

Virtual Meeting



Agenda

- Penny - Tend, Gather, Grow Plateau Cohort
- Annette - Language, plants, kids, art, and everything “wonder”ful
- Melodi - Social Emotional and Food Sovereignty

Tend, Gather, Grow Plateau Cohort

Spokane Tribe

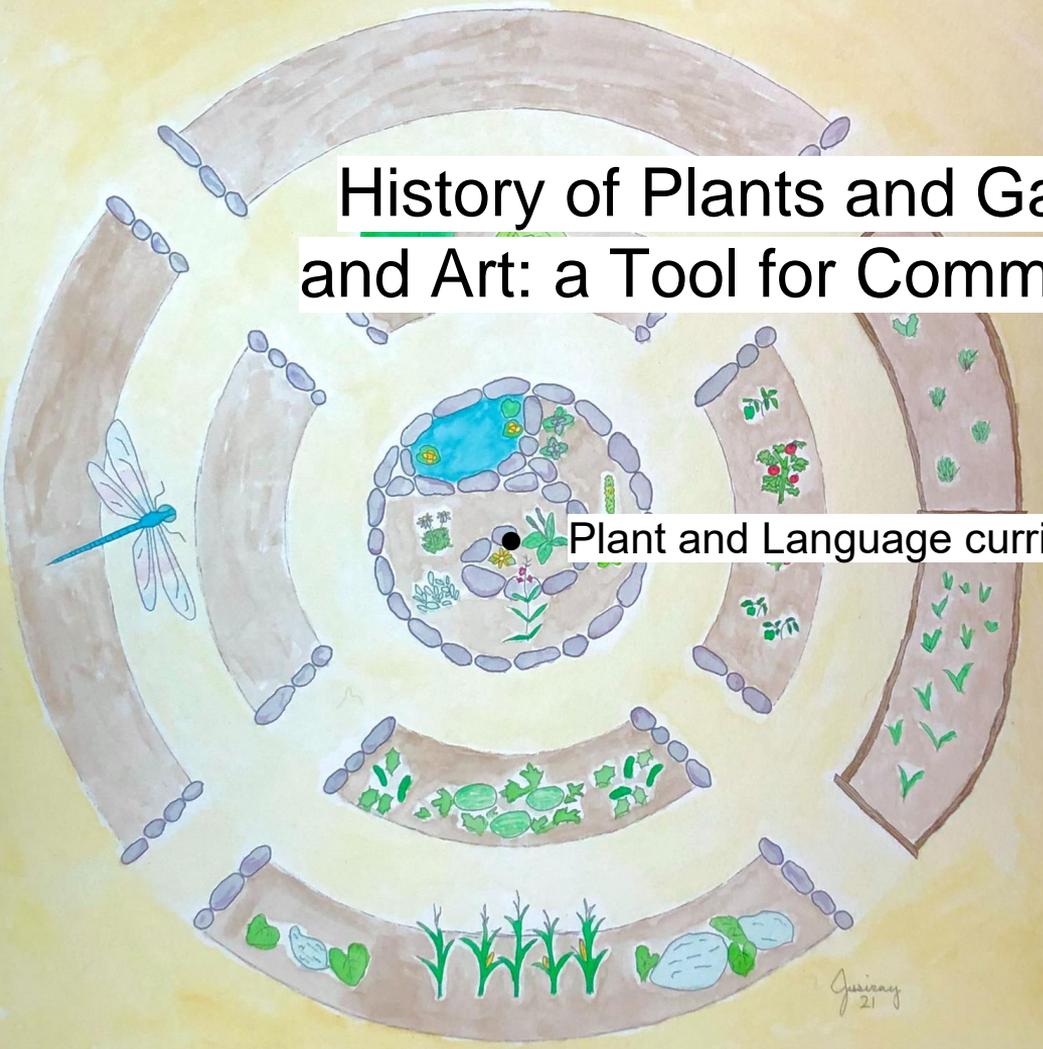
Yakama Nation

Colville Confederated Tribes

Kalispel Tribe

Coeur d'Alene Tribe

History of Plants and Gathering with Kids and Art: a Tool for Community Engagement



● Plant and Language curriculum and plants



Plants as Teachers of Social Emotional Lessons and Engaging 477-TANF Program Partner

Spring Flower Info & Family Activity Packet



Spring Beauty
K'W'N K'W'IN M

*can be peeled & eaten raw
or boiled
but bulbs are never stored*



spring beauty
is often found alongside

máxe?
Glacier Lily
which can be prepared and
eaten the same way

Spring Flower Tic Tac Toe game

- In your family group pick two teams to play.
- Name the teams in the space provided.
- List names of team members.
- Go outside and look for spring flowers.
- Pick a small sample of each kind of flower that you find.
- Come back to the Spring Flower Tic Tac Toe game sheet and play the game.
- Use the squares with pictures provided as free squares, or cover them up with the beautiful flowers that you find.

Yay! You played the game!

- Return to your caseworker one o
 - Take a picture of the Spring or...
 - Tape down the flowers or game sheet





Honoring All Life

- Protocol on the land
 - Attitude of Reverence & Humility
 - Reciprocity
 - 4 Stages of Life Present
- No Till Gardening
- Animal Neighbors
- Invasives

Food Sovereignty Since Time Immemorial

- Ancestral seasonal, regional, and trade relationships for foods and medicines
- Prairie”grassroots” movement out of meaningful community engagement
- Partners:
 - STN and 477 TANF program partnership
 - Spokane Tribal Language, DNR, HHS, and other Departments
 - GRuB Tend, Gather, Grow Plateau Cohort
 - Wellpinit School District

lémłmtš/thank you

Questions/comments

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