When getting information online about COVID-19, or anything, how can you know who or what to trust? Look for a few red flags!

1. **Check the tone:** If an article online uses language that makes you feel angry or scared, it’s probably intended to change what you think or feel rather than give you facts.

2. **Check with others:** Check with other news providers. If you can’t find similar news reported by other media, it may not be true.

3. **Check the author:** Read their bio and see if they’d have any reason to mislead you or play on your emotions.

4. **Check the sources:** Trustworthy articles will tell you where they get information. If their sources seem suspicious, or they don’t share them at all, you may not be able to trust what they’re saying.

Separating facts from fiction online isn’t always easy. But if you know the red flags, you can find the trustworthy information you need!

This information has been transcribed from a video produced by the Washington state Department of Health. Video: youtu.be/UIov_crnFt8. For more information, visit CovidVaccine.WA.org