

°µh™wgKM & VbyxgyJnegJÆwnRKhzbewqaSµlzb WA Senior Farmers Market Nutrition Program

***sJÆ: _____ *vznekl(edJwn/vzn/pl): _____**

tlÆyUÆ: _____ H™wgETv #: _____

emJwg: _____ sibo°d: _____ °av†l: _____

otrASzb: _____

Senior Farmers Market Nutrition Program (SFMNP)
ewqaHmakRm™SqdeIAÿzkSqdvH™EkÆ°qnvavuoStlÆmlraY
Rd™†Cd™vYcudepXaHmaYKwgkanSqÆgeSlmSuKafabElASafabkanbMrlofkK
wgeKqaecXaVH™dIK{n.mznYzgwU™msUkan
ehzdSvnt™wgTiÆnwlk°Jkznodykanef[mkanVs™†AladKwg°qnehzdSvnElAh™a
nKaY†amK™agTAnqn.

efJÆwcamlegJÆwnRKRd™hzb SFMNP,
tÆan†™wgSwd°Æwgnµtuk@yÆagKwgSiÆg†BlqgRpn[:

tÆan†™wgmlwaYu 60 pIHIEkÆkvÆa(HIJ 55+
pIT™aHakvÆatÆanepzn°qnvAemrikzndxgedlm/walaSkadxgedlm)

raYRd™KwgtÆan†™wg†CkvÆa 185%

KwglAdzb°vamtukYakKwgrzdTABankag.wznn[HmaY°vamvÆa:

- \$25,142 †BpIHJ \$2,096 raYRd™pAcµedJwnSµlzb 1 °qn
- \$33,874 †BpIHJ \$2,823 raYRd™pAcµedJwnSµlzb 2 °qn
- Sµlzb°wb°qvVHYÆ, bvk \$728 Sµlzb°qnef[me†ImE†ÆIA°qn

tÆan†™wgpepznfqlemJwgwaSzYyUÆKwgrzdVmsig†zn

odYkanesznsJÆVSÆFwmVbn[,tÆanyxgyJnvÆatÆanSwd°Æwgnµkqdkµnqdeg
JÆwnRKRd™hzb tuk@yÆag K™agetign[ElAhzbhU™
vÆatÆanRd™TJkewqaraYrAwWdkÆWvkzbSidtiElA°vamhzbÿidswbKwg
SFMNP VH™.

* _____ *

kAruna†wb°µTam Swg °µTamyUÆK™agluÆmn[:

1. tÆanTJvÆa†qvtÆanewgepzn°qnhISEpnik/la†lonbB? EmÆn
bBEmÆn
2. *kArunaHmaYVSÆtuk@yÆagtlÆkÆWvK™wgnµ:
°qnwAemrikznwindWnHIJ°qnwalaSkadxgedlm °qneweszW
 °qnEwFrlkznwAemrikzn °qnïlvKav
°qnhavaYdxgedlmHIJ°qnekaApasiFikwJÆn@

odYwlg†amkqdHmaYKwgrzdTAbankagElAnAoYbaYKwg U.S. Department of Agriculture,
SATabznEHÆgn[Rd™TJkHvg
H™amcakkanEbÆgEYksqnsxnvznnAodYwlg†amf{nTanKwgiïlvfn,SISzn,es{wsaddxgedlm,ef
d,waYu,°vameSzWwqg°AHIJkanEk™E°™n
HIJkanl™agE°™nSµlzbkickzmSidtifqlemJwgVniÆanmatlÆTJkdµenInkanHIJTJkwwkegintjnV
H™odY USDA. kArunaebiÆgd™an Hlzg KwgVbyxgyJnefJÆwraYrAwWdef[me†lm.

kanbBEbÆgEYksqnsxnvznnA

wiSrAfacakkanEbÆgEYksqnsxnvznnA

SATabznEHÆgn[Rd™TJkHvgH™amcakkanEbÆgEYksqnsxnvznnAodYwlg†amf{nTanKwgiïlvfn
n,SISzn,lzdti,SaSana,SISzn,es{wsad
dxgedlm,waYu,SafabnzkrqbekqÆaHIJSAfabtAHan,°vamswbVctagefd,°vameSzWwqg°A,HIJ
kanVs™HmanµtagHIJSzdbMrikantlÆ
TJkfjkfqnma(SzdbMrikanepznSzdtlÆTJkfjkfqnmaVSÆbuk°qnefJÆwcAehzdVwKHIJpA†ibzd
Hn™atlÆSµlzbïqnpAoYdKwgbuk°qntlÆmi°vam eSzWwqg°A). (RCW 49.60.030)

°µE™gkanKwggkanbBEbÆgEYksqnsxnvznnAKwg USDA

odYkanSwd°ÆwgnµkqdHmaYSidtifqlemJwgKwgrzdTAbankagElAkqdrAbWbElAnAoYbaYkÆ
WvkzbSidtifqlemJwgKwg U.S. Department of Agriculture (USDA), USDA,
wqgkan,H™wgkan,ElAfanzkganKwgeKqaecXa,ElASATabzntlÆeKXahÆvm
nµHIJkanbMriHano°gkan USDA
Rd™TJkHvgH™amcakkanEbÆgEYksqnsxnvznnAodYwlg†amiïlvfn,SISzn,es{wsaddxgedlm,
efd,waYu,°vameSzWwqg°A,HIJkanEk™E°™n
HIJkanl™agE°™nSµlzbkickzmSidtifqlemJwgVniÆanmayUÆVno°gkanHIJkickzmEnv
VdEnvnjÆgtlÆTJkdµenInkanHIJTJkwwkegintjnVH™odY USDA.
buk°qntlÆmi°vameSzWwqg°AiU™tlÆ†™wgkanHqntagwJÆnKwggkan†id†BSJÆSanSµlzbraY
rAwWdKwgo°gkan(†qvYÆag†qvHnzgSJSµlzb°qn
†abwd,†qvHnzgSJVHYÆ,etzbwzdSWg,faSawAemrikznVb™,wJÆn@),°vncA†id†BHaH™wgk
an(rzdHIJt™wgTiÆn)bÆwntlÆeKqaecXaRd™h™wgKM
ewqakansÆvYeHIJw.buk°qniU™tlÆHUHnvk,Yak†BkanFzgSWgHIJmi°vameSzWwqg°Anµka

npakevXacA†id†BHa USDA Rd™odYİÆan Federal Relay Service Rd™tİÆlk (800) 877-8339.
nwkcaknxnwlk,raYrAwWdkÆWvkzbo°gkanwadcAmIRv™VH™epznfaSa
wJÆnnwkcakfaSawzgid.

efJÆwcAYJÆn°µh™wgtukerJÆwgkanEbÆgEYksqnsxnvznnA,KWnpAkwbVbFwm [USDA
Program Discrimination Complaint Form](#), (AD-3027) TJKfqbeHzntagwwnlaYn`Rd™tİÆ:
<https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint>, ElAyUÆ†amH™wgkan
USDA tuk@bÆwn,HlJKWnHnzgSJSqÆgeTig USDA ElAbwkyUÆVnHnzgSJraY
rAwWdtuk@yÆagtlÆTJkh™wgKMewqayUÆVnVbFwm.efJÆwcAKMewqaokplKwgVbFwm
h™wgtuk,otHa (866) 632-9992. YJÆnVbFwmHlJHnzgSjtlÆTJkKWnpAkwbEl™vRpHa USDA
odYtag:

- (1) SqÆgRpSAnl: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

HmaYeHd: yÆaSUÆSqÆgVb°µh™wg SFMNP RpHatİÆyUÆbÆwnn[

- (2) elkEFks: (202) 690-7442; HlJ
- (3) wİEml: program.intake@usda.gov.

SATabznEHÆgn[epznİU™VH™owkadetqÆatWmkzn.