

Chapter 388-112 WAC (Repeal) / Chapter 388-112A WAC (Replacement)

RESIDENTIAL LONG-TERM CARE SERVICES TRAINING

Just the highlights...

DEFINITIONS, PURPOSE, AND APPLICABILITY	388-112A-0010 to 0120
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- Reordered rules for clarity;
- Added the following definitions:
 - medication assistance added to the definition of activities of daily living,
 - capable caregiver training curriculum (this is the new DSHS curriculum in dementia and mental health that meets the statutory requirement in specialty training),
 - core basic training,
 - seventy-hour long-term care worker basic training, and
 - date of hire.
- Definition of long-term care (LTC) worker is now verbatim from statute;
- Added training and certification requirements for caregivers, administrators and their designees in enhanced services facilities (ESF);
- Added a summary by facility type of the training and certification requirements (in the summary grids);
- The ESF grid reflects requirement in chapter 388-107 WAC that specialty training is completed at time of hire and the additional in-service education requirements;
- Added new WAC 388-112A-0110: one time resetting of date of hire allowed related to the seventy-hour long-term care worker basic training and certification requirements;
- Added new WAC 388-112A-0115: how date of hire is determined related to the seventy-hour long-term care worker basic training and certification requirements.

SECTION II—ORIENTATION AND SAFETY TRAINING	388-112A-0200 to 0240
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Highlights:

- Clarified facility orientation from orientation required of new LTC workers.

SECTION III—BASIC TRAINING	388-112A-0300 to 0370
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Highlights:

- Added requirement that online curriculum must adhere to DSHS [online standards](#);
- Provided information and guidelines on hybrid delivery mode, including a requirement for at least 12 hours of in-person skills training;
- Core competencies and learning objectives renumbered (to highlight that basic training meets food safety and HIV/AIDS training requirements);
- Added new learning objective on identifying possible hearing loss;
- On-the-job (OTJ) training updated to allow supervisor to train.

SECTION IV—SPECIALTY TRAINING	388-112A-0400 to 0495
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Highlights:

- Replaced the former competencies and learning objectives for the dementia and mental health specialty training curriculum with new rules (thereby ending the ability to use former DSHS specialty training curriculum), and set an end date (June 30, 2018) for using any alternative curriculum;
- Under the new chapter, caregivers and managers have same dementia and mental health specialty curriculum. Clarified that managers and caregivers satisfy their training requirement by completing either the former curriculum or new curriculum;

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- Made specialty training deadline consistent at 120 days (as opposed to 90 days for credentialed or exempt caregivers, and 120 days for new caregivers);
- Indirect supervision requirements clarified to allow caregivers that are credentialed, exempt, and those caregivers in ALFs to have indirect supervision until they complete specialty training. New caregivers in AFH continue to need direct supervision during this period.

SECTION V—NURSE DELEGATION CORE TRAINING **388-112A-0500 to 0590**

Highlights:

- Added the HCA credential to the title of the Nurse Delegated (ND) core training;
- ND core and ND diabetes may now be taken to satisfy the population specific training hours in the seventy-hour long-term care worker basic training, except for those caregivers in ESF settings.

SECTION VI—CONTINUING EDUCATION **388-112A-0600 to 0620**

Highlights:

- Clarified that five credits annually may be repeated in specific topics;
- Allowed Department of Health approved bridge training hours to apply to 12 hours of continuing education (CE);
- The half-hour food safety training requirement clarified to not include those workers that have their food handler's permit.

SECTION VII—CPR AND FIRST-AID TRAINING **388-112A-0700 to 0720**

Highlights:

- No changes from former chapter rules.

SECTION VIII—RESIDENTIAL CARE ADMINISTRATOR TRAINING **388-112A-0800 to 0840**

Highlights:

- Adult family home (AFH) administrator training curriculum competencies updated;
- Rules now acknowledges Assisted Living Facility (ALF) and ESF administrator training requirement.

SECTION IX—COMPETENCY TESTING **388-112A-0900 to 0950**

Highlights:

- No changes from former chapter rules.

SECTION X—CURRICULUM APPROVAL **388-112A-1000 to 1020**

Highlights:

- Facility training program instructors for Orientation & Safety training (ORSA) will be approved at time of facility licensing (this process is yet to be finalized).

SECTION XI—HOME-BASED TRAINING **388-112A-1100 to 1110**

Highlights:

- No changes from former chapter rules.

XII—INSTRUCTOR APPROVAL **388-112A-1200 to 1297**

Highlights:

- Updated the teaching experience requirement to teach Core Basic (CB), Nurse Delegation, and Population Specific could be satisfied by one of the following:

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- 100 hours of teaching basic training topics as CE, or
- 40 hours teaching basic training while being mentored.
- New *facility* instructors may meet the teaching experience requirement by attesting to having 40 hours of informal teaching experience. New facility instructors must also attest to the adult learning principles they intend to use when training, and how they will gauge their improvement (DSHS is implementing a form update);
- Added rule on DSHS adult education class that may be taught by community instructors, and the instructor qualifications required to teach this curriculum (DSHS is implementing a form update);
- Updated the community instructor qualifications to teach the specialty training:
 - Now the 200 hours of teaching experience may be on any LTC subject (under former rules this requirement was limited to teaching topics in that specialty subject);
 - New allowance to allow an instructor's five-years work experience to substitute for either a credential (RN, BA, or mental health credential), or the one year education requirement in specialty subject.
- Updated the facility instructor qualifications to teach the specialty training:
 - Instructors must attest that they meet the core basic instructor requirements,
 - And they must provide a specialty, and an adult education certificate of completion (DSHS is implementing a form update).
- Clarified that all instructors must complete an adult education class to be eligible to teach core basic, population specific, specialty, and the adult education class.

SECTION XIII—PHYSICAL RESOURCES AND STANDARD

388-112A-1300 to 1310

Highlights:

- No changes from former chapter rules.