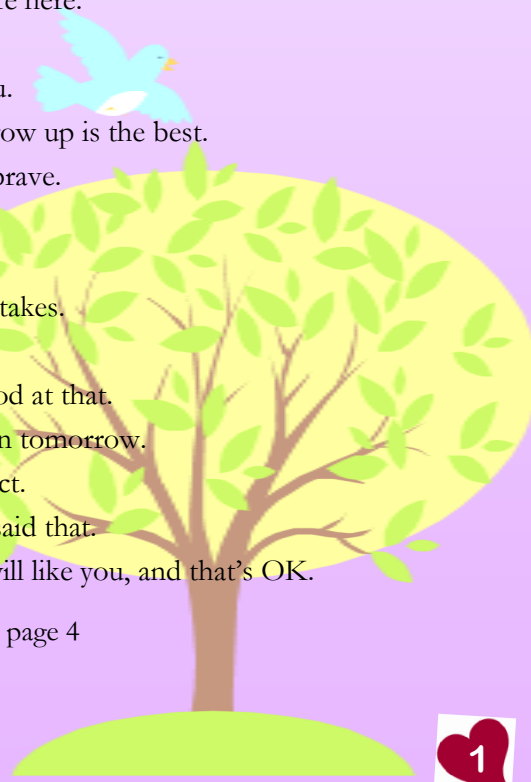




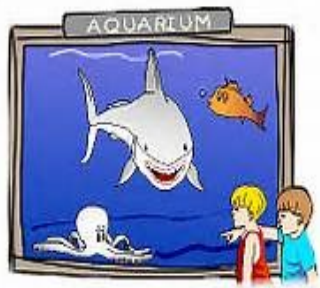
65 Positive Things To Say To Your Child

1. I am grateful for you.
2. You make me proud.
3. Your words are meaningful.
4. You have great ideas.
5. I love being your parent.
6. You don't have to be perfect to be great.
7. Your opinions matter.
8. You are important.
9. You are loved.
10. I believe in you.
11. This family wouldn't be the same without you.
12. You are valuable.
13. You can say no.
14. You can say yes.
15. I know you did your best.
16. You were right.
17. I accept who you are.
18. We can try your way.
19. You are helpful.
20. You are worth it.
21. You make me happy.
22. I love your creativity.
23. Being around you is fun.
24. I can't wait to hear about it.
25. Don't be afraid to be you.
26. You're making a difference.
27. I'm excited to spend time with you.
28. You are interesting.
29. You did so well.
29. I love seeing the world your way.
30. It's good to be curious.
31. I love the way you tell stories.
32. What you did was awesome.
33. I admire you.
34. That's a great question.
35. Your friends are lucky to have you.
36. I trust you.
37. That was a really good choice.
38. Seeing you happy makes me happy.
39. Being your parent is my favorite job.
40. I learn new things from you every day.
41. You make me better.
42. You are a good boy/girl.
43. Thank you for being you.
44. I'm so glad you're here.
45. You look great.
46. I understand you.
47. Watching you grow up is the best.
48. That was really brave.
49. I forgive you.
50. I appreciate you.
51. We all make mistakes.
52. Yes, me too.
53. You are very good at that.
54. You can try again tomorrow.
55. Nobody is perfect.
56. I love how you said that.
57. Not everyone will like you, and that's OK.

Continued on page 4



DID YOU KNOW...?



...the College Bound Scholarship Program

will *guarantee* college tuition to any student on the federal free and reduced lunch program if the child maintains a 2.0 GPA and does not commit a felony during high school.

You must enroll by 8th grade and by 6/30/2017. Log on to hecb.wa.gov/collegebound to apply today!

Did you know any child in your household ages 18 and under can get free breakfasts and lunches over the summer?

Take advantage of this amazing opportunity from the USDA. Anyone in your household under the age of 18 qualifies for free breakfast and lunch at local schools and parks.

Go to

<http://www.fns.usda.gov/summerfoodrocks> for a list of locations and times near you.

Heading to Seattle?

If you are a kinship caregiver, The **Seattle Aquarium** is offering free entrance to enjoy the sights and sounds of marine life. **Free entrance** is given to two adults and up to five children.

For more information you can contact your kinship navigator, Autumn Carlson at

2017 Senior Farmers Market Voucher!

Each qualifying individual over 60 has the opportunity to receive \$40 vouchers. The vouchers may be used at any participating Farmers Markets in Washington to purchase fresh fruit, vegetables and honey.

**Info: Kathy Wright
509-886-0700 ext. 220**

Alliance Caregiver Trainings, for Region 1 May, 2017

- ♦ May 13 INTRODUCTION TO ADOPTION FROM FOSTER CARE 805 S. Mission, Wenatchee, WA Sherry Colomb Alliance Child Welfare Trainer Register today! 9:00 – 11:00 a.m.
- ♦ May 14 HOW YOU CAN BECOME AN EFFECTIVE EDUCATIONAL ADVOCATE FOR YOUR CHILD 900 N. Western Avenue, Wenatchee, WA Educational Advocate Treehouse Register today! 1:30 – 4:00 p.m.
- ♦ May 16 INTRODUCTION TO POSITIVE DISCIPLINE 1661 Fowler St. Richland, WA Ryan Krueger, MA Alliance Child Welfare Trainer Register today! 5:30 – 8:30 p.m.
- ♦ May 16 SUICIDE PREVENTION: SAFETALK 805 South Mission Wenatchee, WA Stephen P. M 6:00 – 8:00 p.m.

To register call **1-866-577-1915** or email help@acwe.on.spiceworks.com

KALEIDOSCOPE Play & Learn Group

Kaleidoscope Play & Learn groups are available to the community, **FREE** of charge. Parents, relatives and/or caregivers can bring children birth to 5 years to do activities that help them through play to be ready for school.

Groups meet on a weekly basis.

- ♦ Thursdays 10-11:30am at Wenatchee Public Library, 310 Douglas Street.
- ♦ Fri. 9-10:30am and again at 11-12:30pm at Hope Childhood Development Center, 516 S. Chelan Ave., Wenatchee.

Info: (314) 882-7495

Make It Happen! 2017

Make It Happen! is a three-day, two-night college campus experience for youth in and alumni of the Washington state foster care system. The free summer program includes college readiness workshops, resource connection events, and opportunities for strengthening supportive networks. As a result of attending MIH, students will feel more equipped to develop and initiate their post-secondary education plans. Make It Happen! 2017 will be on June 27-29, 2017 at the University of Puget Sound. For youth and alumni of the Washington State foster care system and kinship care. **Registration will close on May 19, 2017.**

To Register a Kinship youth contact College Success Foundation at 425-213-5888.

TEAMS Learning Center

TEAMS (317 Frist Street in Wenatchee) is a non-profit, part-time, drop-in, early learning center for children ages birth through five in the in the Wenatchee Valley.

Drop your kiddos off at any class time (9am-noon, 1pm-4pm, & 5pm-8pm) **EVERY WEEKDAY**. \$20/child.

**Info: teamslearningcnet.org
(509) 860-5241**

Calendar of Events

Chelan& Douglas County:

- ♦ **Family Movie Trivia Night EVERY SATURDAY. Time: 5 to 6 p.m. Game time 7-8 p.m.** live family friendly music. Cost: \$5.00/ person (4 years and under are FREE). Location: Lisa Bee's 13023 State Route 2 in East Wenatchee. This one is for the whole family! You compete as a team! Some of the trivia will be questions and some will be in the form of music by Gavin McLaughlin! The winning family will get a \$50 gift card to Lisa Bee's! Live music before and after the game. Indoor and outdoor seating, so dress warm. Info: 509-884-3000.
- ♦ **Wenatchee– Bike Helmet Giveaway Day: 4/30/2017. Time: 11 a.m. - 3 p.m.** Location: Memorial Park, Corner of Chelan Avenue and Orondo Avenue; Wenatchee, WA. Wenatchee Valley Velo Club and Confluence Health will give away 500 bike helmets to kids and youth ages 2 to 17 at the upcoming Apple Blossom Festival during the festival's Pepsi-Cola Youth Day.
- ♦ **Cashmere-Community Dinner's Every Thursday night 2017 Time: 5-7 p.m. Cost: FREE.** Location: 213 South Division Street, Cashmere. The Cashmere United Methodist Church in partnership with area churches offers a Free Community Meal. Info: 509-782-3811.
- ♦ **Leavenworth-Village Art in the Park: May 7th, 2017. Time: 9 a.m. - 6 p.m. Cost: FREE.** Location: Front Street Park, Leavenworth. Outdoor art show sponsored by local non-profit organization dedicated to providing scholarships for art education using a venue that supports amateur and professional artists. (509) 548-5809
- ♦ **River Ramble at Rocky Reach: May 11th&12, 2017. Time: 5 a.m. - 8 p.m. Cost: FREE.** Come join us at Rocky Reach Dam Visitor Center, US 97 Alternate; Wenatchee, WA for a fun, interactive, cultural event! Together we'll learn how wildlife and plants have created traditions that have been passed down from the vibrant peoples who once thrived along our rivers.
- ♦ **Wenatchee-Outdoor Summer Concert Series – Every Friday night. Time: 7 p.m. Cost: FREE.** Location: Downtown in Centennial Park on the KOHO stage in downtown Wenatchee through August. In addition to free, family-friendly, live music each Friday, concessions available and free children's activities at the Parks & Recreation booth.
- ♦ **Chelan-Memorial Day Parade: May 25, 2017. Time: 7-7:30 pm.** Location: Historic Downtown Chelan. Info: 509-682-3503.
- ♦ **Cashmere-Founders' Day: June 23-24, 2017. Time: All-day Cost: FREE.** The City's main street, Cottage Avenue, is the setting for a parade, good food, live entertainment, arts and craft booths, and a grand parade through downtown Cashmere. Children's games in Riverside Park ending the fun with fireworks. For more information contact: 509-782-7404.

Grant County:

- ♦ **Moses Lake-FREE Family Saturday: The First Saturday of Every Month. Time: Noon – 2 p.m.** Location: Moses Lake Museum, 401 South Balsam Street; Moses Lake, WA 98837 (until supplies are exhausted). Info: 509-764-3830.
- ♦ **Moses Lake-36th Annual Spring Festival: May 25-28, 2017. The Kiddie Parade** is Saturday, May 27th, at 6 pm, followed by the Grand Moonlight Parade at 8:15 pm.
- ♦ **Ephrata Sage'n Sun Family Festival: June 8-11th, 2017. Cost: FREE.** Location: Downtown Ephrata. Info: 509-754-4656.

Okanogan County:

- ♦ **Laser Light Show: June 3-July 31, 2017. Time: 10:00 p.m.** Location: Grand Coulee Dam. See the story of the mighty Columbia River unfold as brilliant lasers shine on the face of the Grand Coulee Dam. www.grandcouleedam.org or 509 633-9265.
- ♦ **Okanogan Days: June 3, 2017. Time: Parade starts at 11 a.m. Cost: FREE.** Location: Downtown Okanogan. Fun for entire family. Awards for best marching unit, mayor's choice, best animal entry, hottest ride, and coolest kid entry. Pancake feed on E. Queen Street from 7-10 a.m. Kid's games and activities on Queen Street. Live music. Info: (509) 422-4034.

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58. You did that so well.

59. I'm listening.

60. That's a very fair point.

61. You are beautiful inside and out.

62. I love you.

63. I could never stop loving you.

64. You are enough.

65. You make my heart full.

We hope you enjoy this list as much as we enjoyed sharing it with you. Kids do better when they feel better. The behavior you notice and comment on whether a praise or a nag is the behavior you are more likely to see. Encourage your children and watch them blossom into fine young men and women .

