

## Behavioral Health Support Team Training Schedule

AUGUST 2025						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6 AFH OPEN OFFICE HOURS 2pm-3pm <a href="#">AFH Register HERE!</a>	7	8	9
10	11	12	13 ALF OPEN OFFICE HOURS 2pm-3pm <a href="#">ALF Register HERE!</a>	14 Coping With Abuse Training- (2.5 CEU's) 10am-12:30pm <a href="#">Click HERE to Register!</a>	15	16
17	18	19	20 Nursing Home OPEN OFFICE HOURS 2pm-3pm <a href="#">NH Register HERE!</a>	21 Trauma Informed Care 1pm-2:30pm (1.5 CEU's) <a href="#">Click HERE to Register!</a>	22	23
24	25	26	27 CCRSS OPEN OFFICE HOURS 2pm-3pm <a href="#">CCRSS Register HERE!</a>	28 Documentation Basics 1pm-3pm (2 CEU's) <a href="#">Click HERE to Register!</a>	29	30

All trainings are on Zoom. If you have any questions, please email [ALTSABHSTTraining@dshs.wa.gov](mailto:ALTSABHSTTraining@dshs.wa.gov) . All scheduled trainings are open to providers and their staff, from different facilities, across the state. As a reminder, not all our trainings are certified for continuing education credits. Those trainings that offer continuing education credits are labeled as such. No certificates will be issued for trainings that do NOT offer continuing education credits.

## **Behavioral Health Support Team Training Schedule**

### **OPEN OFFICE HOURS**

Facilitated by Behavioral Health Quality Improvement Consultants (BQICs), these hour-long sessions are a space to share experiences, explore solutions, and learn from each other in a supportive, collaborative environment. Each session is held over Zoom and tailored to your facility type - whether you're AFH, ALF, NH, or CCRSS. This is an opportunity for facilities to attend an on-line, informal meeting to ask questions and cover staff selected topics. All topics will be chosen based on survey responses from LTC providers who have participated in open-office hours surveys.

**1<sup>st</sup> Wednesday of the month:** Adult Family Homes (AFH)

**2<sup>nd</sup> Wednesday of the month:** Assisted Living (ALF)

**3<sup>rd</sup> Wednesday of the month:** Nursing Homes (NH)

**4<sup>th</sup> Wednesday of the month:** Certified Community Residential  
Services & Supports (CCRSS)

### **Questions?**

**Email:** [RCSBHST@dshs.wa.gov](mailto:RCSBHST@dshs.wa.gov)

**Website:** [Behavioral Health Support for Providers | DSHS](#)

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## **Coping with Abuse (2.5 CEU's) \*Limit of 60 participants\***

- Gain new perspective on what challenging behaviors mean to the resident.
- Understand what boundary setting is and why it's so critical.
- Learn where the line is between boundary setting and abuse.
- Develop strategies for coping with racism, homophobia, etc.
- Learn effective ways to 'get your head in the game' before providing care.
- Improve staff support between one another from 'the top down.'
- Increase your confidence - because you are a skilled caregiver!

## **Trauma Informed Care (1.5 CEU's)**

- Define Trauma Informed Care
- Recognize the 6 stages of Trauma Integration
- Discuss common symptoms and effects.
- Identify WAC's and regulations.
- The importance of Person-Centered Care

## **Documentation Basics (2 CEU's)**

- Explain why documentation is important.
- Develop strategies to address the "downside" of documentation.
- Describe how documentation can help with regulatory compliance.
- Compare and contrast high quality documentation versus low quality documentation.
- Develop efficient documentation skills.
- Discover the value of using documentation to track behaviors.

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