## Behavioral Health Support Team Training Schedule

JULY 2025						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2 AFH OPEN OFFICE HOURS 2pm-3pm AFH Register HERE!	3	4	5
6	7	8 Boundaries- Resident's w/sexualized behavior and Dementia 1pm-2pm (1CEU) <u>Click HERE to</u> <u>registerl</u>	<b>9</b> ALF OPEN OFFICE HOURS 2pm-3pm <u>ALF Register HERE!</u>	10 Mandated Reporting 1pm-2:00pm (1CEU) <u>Click HERE to</u> <u>register!</u>	11	12
13	14	15 Coping With Abuse Training-(2.5 CEU's) 10am-12:30pm <u>Click HERE to</u> register!	16 Nursing Home OPEN OFFICE HOURS 2pm-3pm <u>NH Register HERE!</u>	17	18	19
20	21	22	23 CCRSS OPEN OFFICE HOURS 2pm-3pm <u>CCRSS Register</u> HERE!	<b>24</b> Grief and Loss 1pm-2pm (1 CEU) Click HERE to register!	25	26
27	28	29	30	31	1	2

All trainings are on Zoom. If you have any questions, please email <u>ALTSABHSTTraining@dshs.wa.gov</u>. All scheduled trainings are open to providers and their staff, from different facilities, across the state. As a reminder, not all our trainings are certified for continuing education credits. Those trainings that offer continuing education credits are labeled as such. No certificates will be issued for trainings that do NOT offer continuing education credits.

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## **OPEN OFFICE HOURS**

Facilitated by Behavioral Health Quality Improvement Consultants (BQICs), these hour-long sessions are a space to share experiences, explore solutions, and learn from each other in a supportive, collaborative environment. Each session is held over Zoom and tailored to your facility type - whether you're AFH, ALF, NH, or CCRSS. This is an opportunity for facilities to attend an on-line, informal meeting to ask questions and cover staff selected topics. All topics will be chosen based on survey responses from LTC providers who have participated in open-office hours surveys.

1<sup>st</sup> Wednesday of the month: Adult Family Homes (AFH)

- 2<sup>nd</sup> Wednesday of the month: Assisted Living (ALF)
- 3<sup>rd</sup> Wednesday of the month: Nursing Homes (NH)
- 4<sup>th</sup> Wednesday of the month: Certified Community Residential Services & Supports (CCRSS)

# **Questions?**

 Email: <u>RCSBHST@dshs.wa.gov</u>

 Website: <u>Behavioral Health Support for Providers | DSHS</u>

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#### Professional Boundaries- Resident's with Sexualized Behavior and Dementia (1 CEU)

- Discuss inappropriate sexualized behavior related to dementia.
- Discuss WACs in relation to Dementia care and Care planning.
- Go over behavioral approaches to manage, track and identify behavior.
- Identify ways to set personal boundaries.
- Recognize ways to have a team approach when dealing with difficult behaviors.

### Mandated Reporting (1 CEU)

- Understand the reasons why mandated reporting is such a big deal.
- Learn the regulations that cover mandated reporting.
- Increase ability to understand when you must (and don't have to) make a report.

### Coping with Abuse (2.5 CEU's)- Limit of 60 participants

- Gain new perspective on what challenging behaviors mean to the resident.
- Understand what boundary setting is and why it's so critical.
- Learn where the line is between boundary setting and abuse.
- Develop strategies for coping with racism, homophobia, etc.
- Learn effective ways to 'get your head in the game' before providing care.
- Improve staff support between one another from 'the top down.'
- Increase your confidence because you are a skilled caregiver!

### Grief and Loss (1 CEU)

- Learn about grief.
- Identify the stages of grief.
- Name each letter in the STOP acronym.
- Gain knowledge on how a support group can help.

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