Behavioral Health Support Team

Training Schedule

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| --- | --- | --- | --- | --- |
|  |  | MAY 2025  |  |  |
| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  |
| 27   | 28   | 29   | 30   | 1 Crisis Response & Deescalation training (No CEU’s) 10am-11:30am [Click HERE to register!](https://dshs-telehealth.zoom.us/webinar/register/WN_8H8rkClUR-GeNUwXoT9mag)  | 2   | 3   |
| 4   | 5   | 6   | 7   | 8   | 9   | 10   |
| 11   | 12   | 13   | 14   | 15 Coping With Abuse 10am-12:30pm (2.5 CEU’s) [Click HERE to register!](https://dshs-telehealth.zoom.us/meeting/register/Q-skhed0SaipNLl4Uwgn6g)  | 16   | 17   |
| 18   | 19   | 20 Trauma Informed Care 1pm-2:30pm (1.5 CEU’s) [Click HERE to Register!](https://dshs-telehealth.zoom.us/webinar/register/WN_Z5B5ishJQ4yA3umP9EW4Eg)  | 21   | 22   | 23   | 24   |
| 25   | 26 [Memorial Day](https://www.calendarlabs.com/holidays/us/memorial-day.php)  | 27   | 28   | 29   | 30   | 31   |

All trainings are on Zoom. If you have any questions, please email ALTSABHSTTraining@dshs.wa.gov . All scheduled trainings are open to providers and their staff, from different facilities, across the state. As a reminder, not all our trainings are certified for continuing education credits. Those trainings that offer continuing education credits are labeled as such. No certificates will be issued for trainings that do NOT offer continuing education credits.

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Crisis Response & De-escalation training (No CEU’s)

* Learn about de-escalation.
* Identify verbal de-escalation techniques.
* Discuss how to maintain safety.
* Recognize when there is a potential crisis.
* Define validation.
* Highlight potential situations and what to do.

Coping with Abuse (2.5 CEU’s)

* Gain new perspective on what challenging behaviors mean to the resident.
* Understand what boundary setting is and why it’s so critical.
* Learn where the line is between boundary setting and abuse.
* Develop strategies for coping with racism, homophobia, etc.
* Learn effective ways to ‘get your head in the game’ before providing care.
* Improve staff support between one another from ‘the top down.’
* Increase your confidence - because you are a skilled caregiver!

Coping with Abuse has a limit of 60 participants.

Trauma Informed Care (1.5 CEU’s)

* Define Trauma Informed Care
* Recognize the 6 stages of Trauma Integration
* Discuss common symptoms and effects.
* Identify WAC’s and regulations.
* The importance of Person-Centered Care

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