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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| ◄ February | | **March 2023** | | | | |  | | April ► |
| **Sun** |  | **Mon** | **Tue** | **Wed** | **Thu** |  | **Fri** |  | **Sat** |
|  |  |  |  | **1** | **2**  **Crisis Response &**  **De-escalation training**  **1pm-3pm** | **3** |  | **4** |  |
| **5** | **6** |  | **7**  **Suicide Prevention and Responding to Concerns**  **12:30pm-2:30pm (1.5 CEU’s)** | **8** | **9**  **Person-Centered**  **Care for Behavioral**  **Management and**  **Best Practices**  **1pm-2pm** | **10** |  | **11** |  |
| **12** | **13** |  | **14** | **15** | **16**  **How Resident Placements Fail:**  **Lessons Learned &**  **Ways to do it better!**  **1pm-3pm** | **17** |  | **18** |  |
| **19** | **20** |  | **21**  **Documentation**  **Basics 1pm-3pm**  **(2 CEU’s)** | **22** | **23**  **Trauma Informed**  **Care 1pm-2:30pm**  **(1.5 CEU’s)** | **24** |  | **25** |  |
| **26** | **27** |  | **28** | **29** | **30** | **31** |  |  |  |

**Crisis Response & De-escalation training**

* Learn about de-escalation
* Identify verbal de-escalation techniques
* Discuss how to maintain safety
* Recognize when there is a potential crisis
* Define validation
* Highlight potential situations and what to do

**Suicide Prevention and Responding to Concerns (1.5 CEU’s)**

* Understand the range of suicidality, ranging from vague thoughts to suicide completion.
* Learn how to respond appropriately when you are concerned (or you know) that a client is suicidal.
* Determinehow regulations apply when it comes to responding appropriately to this behavior.

**Person-Centered Care for Behavioral Management and Best Practices**

* Identify key principles in the Person-Centered Approach
* Learn 3 Core principles for caregivers
* Discuss how Trauma Informed Care is important in Person-Centered Care
* Identify ways to deal with maladaptive behaviors

**How Resident Placements Fail: Lessons Learned & Ways to do it Better!**

* Learn why thoughtful admissions are the foundation to successful placement.
* Hear common provider mistakes that contribute to failed placement & learn how to avoid repeating them.
* Increase ability to write & implement quality, person centered care plans for challenging residents.
* Learn strategies to manage staff burnout & increase staff expertise.
* Recognize the importance of Care Teams & learn how to best utilize them.
* Discover how the regulations apply to these concepts.

**Documentation Basics (2 CEU’s)**

* Explain why documentation is important
* Develop strategies to address the “downside” of documentation
* Describe how documentation can help with regulatory compliance
* Compare and contrast high quality documentation versus low quality documentation
* Develop efficient documentation skills
* Discover the value of using documentation to track behaviors

**Trauma Informed Care (1.5 CEU’s)**

* Define Trauma Informed Care
* Recognize the 6 stages of Trauma Integration
* Discuss common symptoms and effects
* Identify WAC’s and regulations
* The importance of Person-Centered Care

