

Behavioral Health Support Team Training Schedule

OCTOBER 2025						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1 Open Office Hours 10am-11am Click HERE to register!	2	3	4
5	6	7	8	9 Trauma Informed Care 1pm-2:30pm (1.5 CEU's) Click HERE to register!	10	11
12	13	14 Mandated Reporting 1pm-2:00pm (1 CEU) Click HERE to register!	15 Open Office Hours 2pm-3pm Click HERE to register!	16	17	18
19	20	21	22	23 Suicide Prevention and Responding to Concerns (1.5 CEU's) 1pm-2:30pm Click HERE to register!	24	25
26	27	28 Coping With Abuse Training-(2.5 CEU's) 10am-12:30pm Click HERE to register!	29	30	31	1

All trainings are on Zoom. If you have any questions, please email ALTSABHSTTraining@dshs.wa.gov . All scheduled trainings are open to providers and their staff, from different facilities, across the state. As a reminder, not all our trainings are certified for continuing education credits. Those trainings that offer continuing education credits are labeled as such. No certificates will be issued for trainings that do NOT offer continuing education credits.

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Long-Term Care Provider Open Office Hour with the RCS Behavioral Health Support Team -

Do you have questions, ideas, or challenges you'd like to discuss with others in your field? The BHST Open Office Hours are facilitated by Behavioral Health Quality Improvement Consultants (BQICs). In these hour-long sessions, we provide a space to share experiences, explore solutions, and learn from each other in a supportive, collaborative environment. **This opportunity is designed for long-term care providers of these types: AFH, ALF, NH, and CCRSS.** Open Office hours will occur on the first Wednesday of each month from 10am-11am. We will also have an afternoon opportunity on the third Wednesday of each month from 2pm-3pm. Please click the link under the office hour(s) you would like to join! Hope to see you there!

Trauma Informed Care (1.5 CEU's)

- Define Trauma Informed Care
- Recognize the 6 stages of Trauma Integration
- Discuss common symptoms and effects.
- Identify WAC's and regulations
- The importance of Person-Centered Care

Mandated Reporting (1 CEU)

- Understand the reasons why mandated reporting is such a big deal.
- Learn the regulations that cover mandated reporting.
- Increase ability to understand when you must (and don't have to) make a report.

Suicide Prevention and Responding to Concerns (1.5 CEU's)

- Understand the range of suicidality, ranging from vague thoughts to suicide completion.
- Learn how to respond appropriately when you are concerned (or you know) that a client is suicidal.
- Determine how regulations apply when it comes to responding appropriately to this behavior.

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Coping with Abuse (2.5 CEU's)- Limit of 60 participants

- Gain new perspective on what challenging behaviors mean to the resident.
- Understand what boundary setting is and why it's so critical.
- Learn where the line is between boundary setting and abuse.
- Develop strategies for coping with racism, homophobia, etc.
- Learn effective ways to 'get your head in the game' before providing care.
- Improve staff support between one another from 'the top down.'
- Increase your confidence - because you are a skilled caregiver!

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