



STATE OF WASHINGTON
DEPARTMENT OF SOCIAL AND HEALTH SERVICES
Aging and Long-Term Support Administration
PO Box 45600, Olympia, Washington 98504-5600

March 17, 2020
Amended April 8, 2020

AL TSA: AFH #2020-007
COVID-19 INFORMATION AS OF APRIL 8, 2020

Dear Adult Family Home Provider:

This letter is amended to reflect the governor's latest proclamation 20-32, share guidance from the Washington State Department of Health (DOH) and the Centers for Disease Control and Prevention (CDC) on health care workers returning to work after COVID-19 infection or exposure, and clarify information previously provided about Governor Proclamation 20-10. The information in this letter is current as of April 3, 2020. Some of this is new and supersedes previous guidance given, while other information repeats and reinforces previous guidance.

We understand you have received a lot of information about COVID-19. The links and materials below will help you find critical information quickly.

New Information

Governor Proclamation 20-32

[Proclamation 20-32](#) waives multiple Department of Health (DOH) statutes and rules concerning licensing requirements for many healthcare providers licensed by DOH, including nursing assistants and home care aides. The waiver relieves some healthcare providers of the obligation to complete education requirements prior to obtaining an initial or a renewed license, and extends all health profession license expiration dates to September 30, 2020 for licenses up for renewal between April 1 and September 30, 2020.

Return to Work Criteria for Healthcare Workers with Exposure to or Confirmed COVID-19

we have received a number of questions about caregivers returning to work after a confirmed or suspected infection with COVID-19, or after exposure to someone with a confirmed or suspected diagnosis of COVID-19. DOH and CDC have issued guidance for these scenarios. The guidance from DOH can be found [here](#). The guidance from the CDC can be found [here](#).

Adult family homes may review this guidance to determine how to apply it to their specific situation, and to meet the requirements of WAC 388-76-10260. For questions about a specific scenario, contact your local health jurisdiction.

[Local Health Jurisdiction interactive directory map](#)

Clarification

RCS previously announced that certain training and certification requirements were waived (see Governor's Proclamations 20-05, 20-06, 20-10, and 20-16 below). Governor's [Proclamation 20-10](#) waived and suspended [chapter 388-112A WAC](#).

Previous Information Still in Effect

Infection Control Focused Reviews and Personal Protective Equipment

The COVID-19 Long-Term Care Incident Command has directed Residential Care Services (RCS) to complete focused reviews of all long-term care facility infection control procedures and

assess current Personal Protective Equipment (PPE) supplies. Survey staff will assess facility readiness to prevent the spread of COVID-19. The authority to complete these inspections is [granted in RCW 70.128.070\(2\)\(c\)](#).

The Infection Prevention Tool used by survey staff to assess facilities is linked below and includes the following domains:

- Visitor restrictions
- Education, monitoring, and screening of Healthcare Personnel (HCP)
- Education, monitoring, and screening of residents
- Availability of PPE and other supplies
- Infection prevention practices including hand hygiene, use of PPE and cleaning and disinfection of environmental surfaces and resident care equipment

These strategies are the most current information available from the CDC for preventing COVID-19 and the spread of COVID-19 in long-term care facilities. We encourage you to use this tool to complete a self-assess of your facility at any time.

[Access the Infection Prevention Tool](#)

Governor's Proclamation 20-18

On March 18, 2020, Governor Inslee issued [Proclamation 20-18](#), waiving and suspending the following Adult Family Home requirements:

- Full licensing inspections (RCW 70.128.070(2)(b))
- To ensure volunteers, students, employees, or residents convicted of crimes listed in RCW 43.43.830 or 43.43.842, or found to have abused, neglected, exploited, or abandoned a minor or vulnerable person will not have unsupervised access to any resident (RCW 70.128.130(13))
- To ensure caregivers, entity representatives, and resident managers have a national fingerprint background check (WAC 388-76-10161(2)(b))
- Washington State Patrol fingerprint background checks, Federal Bureau of Investigation fingerprint background checks, and national sex offenders registry background checks (RCW 43.20A.710(2), RCW 43.43.837(1), and 74.39A.056(1)(b)(i))
- To prevent individuals unsupervised access to residents beyond one hundred twenty days of hire when the results of the national fingerprint background check are pending (WAC 388-76-10176 and WAC 388-06-0500 through WAC 388-06-0540)
- To grant residents reasonable access by their representative, an entity or individual that provides health, social, legal, or other services (RCW 70.129.090(2))

Governor's Proclamations 20-05, 20-06, 20-10, and 20-16

On February 29, 2020, Governor Inslee issued [Proclamation 20-05](#), declaring a state of emergency for Washington State due to the COVID-19 outbreak. On March 10, 2020, the governor issued [Proclamation 20-06](#), which amends 20-05 to add significant prohibitions for nursing homes and assisted living facilities to protect residents against COVID-19. On March 13, 2020, the governor issued [Proclamation 20-10](#), which extended those prohibitions to adult family homes.

On March 16, 2020, the governor issued [Proclamation 20-16](#), which amended Proclamation 20-06 to include all long-term care facilities, and prohibits visitation by any person, including friends or family, to enter a facility to visit a resident. The prohibition on visitation does not apply to:

- End of life situations

- Visits by attorneys, administrative law judges, advocates or similar persons who represent a resident
- Vendors or volunteers who supply or work in a facility
- Health care teams such as doctors, behavioral health providers, and home health nurses so that care and service needs of residents are met
- Department of Social and Health Services staff, including staff from the Developmental Disabilities Administration and Aging and Long-Term Support Administration

All visitors who enter a facility, **excluding emergency responders who are screened when they start work and are wearing PPE, and need immediate access to the facility**, must meet the following prohibitions and requirements set out in Proclamation 20-06::

- Persons visiting in end of life situations must be screened and may not be allowed to enter a long-term care facility if they show *symptoms* or *signs* of COVID-19.
- Visitors who meet the prohibition exemptions above must show identification, sign into a visitor's log that includes date, time in and time out, and provide their name and contact information, including phone number and email address if available.
- Operators and staff are prohibited from destroying each day's visitor log for 30 days.
- Staff and volunteers are prohibited from working or volunteering unless screened at the start of every shift and do not show *symptoms* associated with COVID-19.
- Residents under a recommendation or order from the Washington State Department of Health (DOH) or the local health jurisdiction for isolation or quarantine for COVID-19 must be isolated in their rooms. A resident can choose to discharge from the facility at any time.
- Staff and volunteers are prohibited from disclosing protected and confidential information except as provided by law or with the consent of the resident.

Symptoms of COVID-19

- Fever of 100.4 or higher
- Cough
- Difficulty breathing

Transmission Risks

- Contact with a person with a confirmed diagnosis of COVID-19 in the last 14 days
- Contact with a person under investigation for COVID-19

Facilities should be checking with employees regarding any confirmed or suspected outbreaks at any other potential place of employment.

The proclamations also waive and suspend certain training and certification requirements under chapter 388-112A WAC that prevent, hinder, or delay necessary action in coping with the long-term care worker shortage. Training and certification requirements for Adult Family Home providers, applicants, resident managers, entity representatives, long-term care workers, and volunteers are waived and suspended including requirements for completing long-term care worker training within one hundred twenty calendar days of being hired, and long-term care worker minimum qualifications and continuing education requirements.

In addition to the preceding facility activities affected by the Governor's proclamations, Home and Community Services (HCS) is advising that all assessments conducted by HCS assessors in all programs should be done telephonically or by using other technology in place of in-person visits wherever possible.

Inspection, Certification, and Investigation Guidelines

Effective immediately, licensing inspections, certification visits, and complaint investigation activities are limited to the following (in priority order):

- All complaints that constitute imminent danger or immediate threat (cases in which serious physical harm to or death of a resident/client has occurred, or there is a serious threat to the resident/client's life, health or safety) and allegations of abuse and neglect.
- Complaints alleging infection control concerns, including facilities with potential COVID-19 or other respiratory illnesses.
- Any re-visits necessary to resolve current enforcement actions.
- Initial licensing visits.

Residential Care Services (RCS) is committed to the health and safety of all residents and staff. If a surveyor exhibits signs of illness, they will not be deployed to a facility. RCS will assess facility visits on a case-by-case basis following the DOH quarantine guidelines (Infection Prevention, Control & Immunizations) and the availability of Personal Protective Equipment.

Facilities are encouraged to continue to monitor for compliance with standard hand hygiene practices, using alcohol-based hand rub/hand sanitizer (ABHR/ABHS) as the preferred method of hand hygiene in most clinical situations. If hands are visibly soiled, wash with soap and water for at least 20 seconds. Facilities should ensure that hand hygiene supplies are readily available. Continue to ensure supplies for appropriate personal protective equipment use are available, such as gloves, gowns, respirators, and eye protection. RCS recommends notifying the local health jurisdiction if the facility is having difficulty accessing personal protective equipment (PPE).

Links

- [ALTSA Adult Family Homes](#)
- [Provider Letters](#)
- [ALSTA COVID-19 Guidance and Resources](#)
- [Department of Health](#)
 - DOH Hotline: 1-800-525-0127
 - [COVID-19 Outbreak](#)
 - [DOH COVID-19 Infection Prevention and Control webinar \(registration required\)](#)
 - [DOH Recommendations for LTC Facilities during COVID-19 Outbreak](#)
 - [Local Health Jurisdiction interactive directory map](#)
- [CDC COVID-19](#)
- [CDC Personal Protective Equipment](#)

Reporting Suspected or Confirmed Cases of COVID-19

You must report suspected or confirmed cases of COVID-19 to your local health jurisdiction and to the Residential Care Services Complaint Resolution Unit (CRU), in compliance with WAC 388-76-10225.

For information on how and when to report to your local health jurisdiction, please use this link: <https://www.doh.wa.gov/ForPublicHealthandHealthcareProviders/NotifiableConditions>

For more information about how to best protect residents, staff, and yourself, and to get the most current guidance for your facility, please visit the web sites listed above frequently as the situation is changing rapidly.

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If you have any questions about the regulations, please contact Libby Wagner at (253) 234-6061 or Elizabeth.Wagner@dshs.wa.gov.

Sincerely,

A handwritten signature in black ink, appearing to read "Candace Goehring". The signature is written in a cursive style with a large, sweeping flourish at the end.

Candace Goehring, Director
Residential Care Services

DSHS: "Transforming Lives"