**Adult Family Home (AFH) Information Sheet**

Resident Care and Services

**Review** [**Chapter 388-76 WAC**](https://app.leg.wa.gov/wac/default.aspx?cite=388-76&full=true) **for current licensing requirements**

**What type of resident may I admit to my adult family home?**

See [WAC 388-76-10390](https://app.leg.wa.gov/wac/default.aspx?cite=388-76&full=true#388-76-10390).

* Persons whose needs and preferences you can safely and appropriately meet with your staff and through reasonable accommodation;
* Persons whose needs do not endanger or prevent you from meeting the needs of other residents;
* Persons for whom you have all required training; and
* Persons whom you can safely evacuate from the home during an emergency.

**What care and services must each resident receive?**

See [WAC 388-76-10400](https://app.leg.wa.gov/wac/default.aspx?cite=388-76&full=true#388-76-10400), [388-76-10401](https://app.leg.wa.gov/wac/default.aspx?cite=388-76&full=true#388-76-10401), and [388-76-10405](https://app.leg.wa.gov/wac/default.aspx?cite=388-76&full=true#388-76-10405).

* Care and services identified in the negotiated care plan;
* Care and services to help the resident reach the highest level of physical, mental, and psychosocial well-being; and
* Services by appropriate professionals based on the resident’s assessment and negotiated care plan, including nurse delegation if needed.

**How must care and services be provided?**

See [WAC 388-76-10400](https://app.leg.wa.gov/wac/default.aspx?cite=388-76&full=true#388-76-10400).

* In a manner and environment that maintains or improves each resident’s quality of life;
* Actively supports the quality of life and safety of each resident; and
* Reasonably accommodates each resident’s individual needs and preferences such as different sleeping schedules, unless the accommodation endangers the health or safety of the individual or another resident.

**Can I admit a resident who needs nursing care even though I am not a nurse?**

See [388-76-10405](https://app.leg.wa.gov/wac/default.aspx?cite=388-76&full=true#388-76-10405).

* If the adult family home identifies that a resident has a need for nursing care and the home is not able to provide the care as stated in [chapter 18.79 RCW](https://app.leg.wa.gov/RCW/default.aspx?cite=18.79&full=true), the home must:
  + Contract with a nurse currently licensed in the state of Washington to provide nursing care and service; or
  + Hire a nurse to provide nurse delegation.

**For further information about these requirements:**

See WAC [388-76-10390](https://app.leg.wa.gov/wac/default.aspx?cite=388-76&full=true#388-76-10390) through 388-76-10405.

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