**Adult Family Home (AFH) Information Sheet**

Resident Quality of Life

**Review** [**Chapter 388-76 WAC**](https://app.leg.wa.gov/wac/default.aspx?cite=388-76&full=true) **for current licensing requirements**

**How do I promote resident quality of life?**

See [WAC 388-76-10620](https://app.leg.wa.gov/wac/default.aspx?cite=388-76&full=true#388-76-10620)

* By maintaining or enhancing each resident’s dignity and respect; and
* By fully recognizing the resident’s individuality.

**What is my responsibility as an adult family home provider to ensure the residents’ quality of life?**

See [WAC 388-76-10620](https://app.leg.wa.gov/wac/default.aspx?cite=388-76&full=true#388-76-10620)

* You must support and promote each resident’s right to:
	+ Choose activities based on the resident’s preferences;
	+ Choose the resident’s daily schedule, such as bathing, sleeping and eating;
	+ Choose health care consistent with the resident’s interests, assessments, and negotiated care plan;
	+ Visit with members of the community, family, and friends both inside and outside the home;
	+ Choose the resident’s clothing, hair style, and other individual preferences;
	+ Be informed in advance about recommended care and services and any changes in care and services;
	+ Participate in the resident’s care planning and treatment, as well as, any changes to such;
	+ Direct the resident’s own care plan and changes to it; and
	+ Refuse any service.

**What are the other resident rights for quality of life?**

* Additional rights are listed in [WAC 388-76-10620](WAC%20388-76-10620) through 388-76-10645.

*(Updated October, 2021)*