



STATE OF WASHINGTON  
DEPARTMENT OF SOCIAL AND HEALTH SERVICES  
*Aging and Long-Term Support Administration*  
*PO Box 45600, Olympia, WA 98504-5600*

July 6, 2016

**AL TSA: ALF #2016-009**  
**BEHAVIORAL HEALTH INFORMATION & RESOURCES**

Dear Assisted Living Facility Administrator:

Are you concerned about a client/resident, family or friend who may need help for a mental illness, substance use disorder and/or problem gambling?

If you are not sure how to help or what resources are available, the Washington Recovery Help Line can listen and support you, and help you find the behavioral health services available in your area.

The Washington Recovery Help Line provides 24-Hour help for Mental Health, Substance Use Disorders and Problem Gambling at 1-866-789-1511 (TTY 1-206-461-3219), or go to [www.waRecoveryHelpline.org](http://www.waRecoveryHelpline.org). You will be referred to the Behavioral Health Organization (BHO) in your area that will connect you with a provider.

Crisis services are always available to everyone within the BHO's region regardless of insurance coverage.

For any additional questions please contact, the Division of Behavioral Health and Recovery at (800) 446-0259.

Sincerely,

Candace Goehring, Director  
Residential Care Services

*"Transforming Lives"*