

November, 2018

LeadingAge Washington's Music and Memory Grant Quarterly Recap!

- August - October 2018 - continued to offer monthly the 2-day 90 min. webinar for certification and online training for staff. Beginning in November, Music and Memory will have online webinar options on their website. Available 24/7
- October 9th quarterly call with states participating in Music and Memory - hosted by Dan C. States share what's working and what's not. Success stories / challenges.
- Continue to supply training/resource manual's to our communities.
 1. Eastside. We will be traveling to Spokane in December for training and plan to include Music and Memory training while we are in the area. (currently working on the details)
 2. Wesley hosted our N. Seattle area. August 21st
 3. We hosted two Zoom training's for those not able to leave their building or just needed to check in. **Objectives:**
 - Each community will receive a **training manual** with all the materials downloaded on it
 - Review the Music and Memory website and Care Community resources
 - How to personalize/modify documents
 - Assist with creating your Care Plans
 - How to "legally" download music and create a music library
 - Keeping your equipment safe and accessible for all staff - 24/7
 - For EVERYONE to walk away "Ready to Go" the next day
- Music and Memory region representative Letitia Rogers checks in monthly to keep us informed on "What's New". Reviewed our training manual and suggested additional documents. Letitia shared the recent volunteer program at Music & Memory that connects individuals to Music & Memory Certified Organizations across the country. Volunteers fundraise, host iPod donation drives and work directly with certified organizations. "Music & Memory provides all volunteers with an orientation webinar offered on the last Monday of every month. Webinar attendees learn about Music & Memory and uncover ways to get involved and make the most impact as a volunteer. If you have volunteers or prospective volunteers who may be interested in helping your Music & Memory program, please invite them to register for an upcoming webinar."
- Email communication with HOSA leadership at OSPI and students from the Puyallup area. <http://www.hosa.org/mission> **HOSA-Future Health Professionals, formerly known as Health Occupations Students of America**, is a national career and technical student organization endorsed by the U.S. Department of Education and the Health Science Technology Education Division of ACTE. Our conversations were in regards to their possible interest in LTC and as volunteers for our Music and Memory program as well as other projects. We are currently working to locate schools near our communities with HOSA programs.

There may be other types of relationships we might create with interested students in LTC.

Recently found out that Texas has a successful HOSA program. Here is a video about HOSA (Health Occupation Students of America) in Texas: <https://vimeo.com/284062929>

Texas HHS MM project: scroll down and click on "Looking for Volunteers to Help with Your Program?"
<https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/nursing-facilities-nf/quality-monitoring-program-qmp/resources/music-memory>

And in Wisconsin: <https://www.dhs.wisconsin.gov/music-memory/student-volunteer-program.htm>. Wisconsin also has the Music & Memory program in many public libraries. Some partner with nearby nursing homes and schools so that kids meet at the library and help create a playlist for a senior.

- LeadingAge WA maintains an email listserv for our Champions to communicate and exchange stories, ideas, and challenges. (a success)
- September/October I sent another note to Music and Memory Champions to ASK the following questions. (we are currently compiling the responses and working on any holes that we have before submitting)

How many Residents are currently using Music and Memory (1-15) _____

Minutes per day _____

Who maintains the program in

Activities _____

Nursing _____

Dining _____

Social Workers _____

other Dept? _____

Do you need assistance in getting your program "Kick Started"?

Yes _____

No, we are good to go! _____

Are you using the **Care Community Resources** located on the Music and Memory website?

Yes _____

No _____ *(instructions were sent when you certified through the online training)*

Tabulating the responses and will reach out to those we have not heard back from!

Submitted by:



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