#### **Dementia Action Collaborative -**

- Recommendations in Motion 2016 to Review
- In April 2016, the Dementia Action Collaborative selected short-term recommendations from within the state plan to begin working on in subcommittees.
- In this packet are the Implementation Plans developed by subcommittee/project teams to reflect work underway and planned.

YOUR task is to select 2 of these plans to review prior to the Sept 7<sup>th</sup> meeting. Please select 2 to review that are:

- NOT from within your subcommittee
- Of most interest/import to you

#### OUR collective task at the Sept 7th DAC meeting is to:

- Get informed about the work in process AND
- Offer input/suggestions to help each team proceed most effectively – in reviewing the plans, consider if you have any questions or constructive feedback.

#### Implementation Plans for the following recommendations included

- **1.A.1.** Establish a workgroup to develop a single web-based "point of access" portal linking to an array of credible and validated information, resources and supports.
- **1.F.1.** Inform & educate the public about healthy aging, including links between brain health and nutrition, exercise, stress management and oral health/periodontal disease.
- **2.C.1.** Review emerging models/movements of livable, age-friendly and dementia-friendly communities, and determine elements most critical to developing dementia-friendly communities in WA State.

- **3.B.1.** Compile and make accessible educational materials about ways to improve safety for people with dementia. Information may address falls prevention, wandering, disaster preparedness, and home safety assessments.
- **4.A.1.** Create a Washington State-specific "Road Map" for family caregivers providing information about what to expect over time to help plan for the future.
- **4.C.2.** Expand and promote implementation of early stage memory loss groups for people with cognitive impairment/dementia and their care partners.
- **4.F.1 & 4.G.1.** Identify and engage leaders and organizations of diverse populations to explore needs for education and support; AND (4.G.1) Engage tribal representatives to explore the needs of tribal families caring for people with dementia to develop culturally relevant supports and services.
- **5.A.1.** Convene an expert panel to identify and endorse a set of evidence-based standards for diagnosis, treatment, supportive care and advance planning for people with dementia.
- **5.B.2.** Identify and recommend several validated, brief cognitive screening tools.
- **5.E.1.** Promote understanding and effective use of Medicare Annual Wellness Visit
- **6.A.2.** Identify and promote existing models of care coordination services for individuals living in the community and their family caregivers, such as Health Homes, geriatric care managers, and Alzheimer's Association Care Navigators.

# Dementia Action Collaborative -

- Necommendations in Mption 2010 to Review
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- short Lear necommendation from within the state plan to begin working on in subcommittees
- In this parket are the Implementation Plans developed into when mitted and engine teams in edited and enderway and plans?

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Implementation Plans for the following recommendations included

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- .B.L. Compile and make access the consistent marenals about ways in improve safety as percently operation.

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  - Create a Warfungton State-sportle, "Koad Map," for family
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    from to help plan for the lates o
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     services for induced to be a produced to their community and their

     family amorphese, such as Mexico House, greatercoses

     family and Alamaianet's association Large Notices.

DAC Subcommittee: Public Awareness & Community Readiness

**Subcommittee Chair: Cheryl Townsend Winter** 

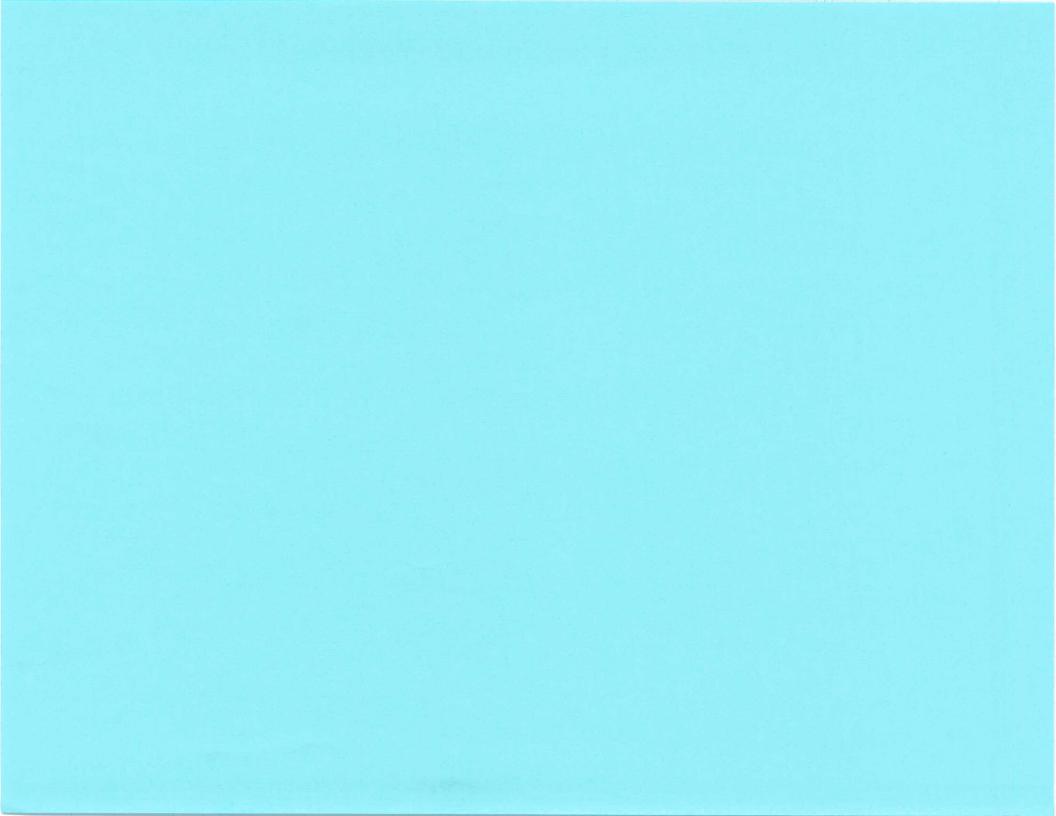
Recommendation #: 1.A.1. Establish a work group to develop, launch, and oversee a single web-based" point of access" portal/website linking to a comprehensive statewide array of credible and validated information, resources and supports.

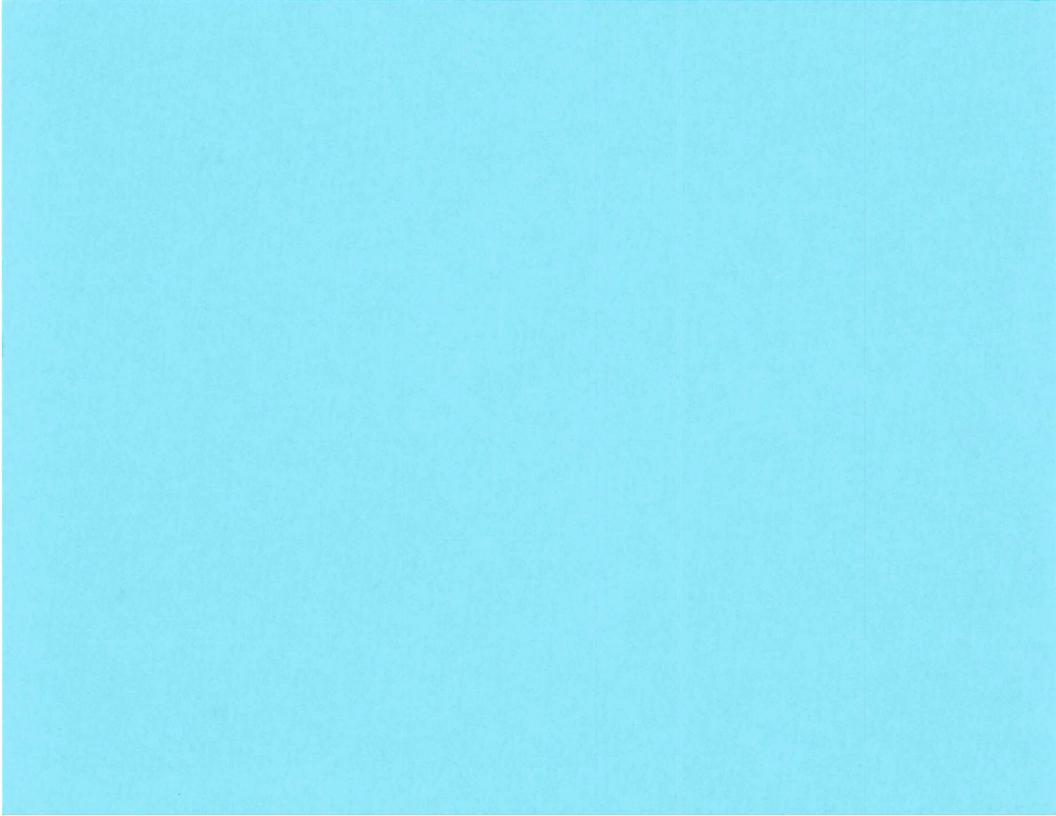
Project Team & Leader*	Key Partners	Anticipated "product" or "deliverable"	Any related Projects/efforts	High Level Action Plan/Steps (Initial)	Next Level Steps for each action at left & Who will do	Time frames, dates for: Start, Milestones & Completion
Luisa* Joel* Arlene Debbie Cheryl	Alz Assn. Alz. Society DOH DSHS CLC's/ADRC's	Report summarizing what's needed & possible ways forward; with	Minnesota Website  Oregon Website/Jennifer	Determine what is needed in a website that isn't already available;	All review MN, OR, WI sites for audiences, site usability, site readability, content, other relevant information.      Chard & Leal consult with Lynn & LT.	June 15
Cheryi	CLC S/ADRC S	recommendation for action.	Meade	evaluate why what's out there isn't good enough – and what is needed to	2. Cheryl, & Joel consult with Lynne & IT about what changes can be made to CLC site.	June 26
	8		CLC Website	improve the situation.	3. Create website audience list.	August 17
	у х	What is purpose/what would be			Determine best path forward –     existing or new website	August 17
	, 8	different?	g ^		e degra de tudo la podro e e degra de tudo de podro e e degra de tudo de podro e	
	a	Develop Launch Website Plan		,	the property of the property of the party of	
	s s	Wedsheer lan	8		an graden pedit	400 30 V
			8	) in (i) iii	CHE TO THE PROPERTY OF THE	2
				Create a vision and content list for the website; and determine	Review the former Alzheimer's State     Plan Working Group public survey     results and synthesize content	August 30
				vendor (developer if needed) for website.	recommendations for the revised CLC Website	
		x x x x x x x x x x x x x x x x x x x		The state of the s	Develop website statement of purpose/justification.	Sept 30

			Fig.	01.8 - KUS 25, 2016	3. With the intent of using the CLC website and "piggyback" options such as Alzheimer's org website etc, finalize desired website content list.	Oct 15
	*	*	8 8 8 98	Create development plan for website	Compare what is desired and what is already available on the CLC site.  Determine what we want to do to enhance the CLC website based on needs/desires identified.	Oct 15
		* *			<ol><li>Discuss potential enhancements with CLC vendor to assess what's possible in short term.</li></ol>	Nov 15
	*	marches Develop beneath Welson, han			3. If needed (as backup plan),  A. Develop list of potential website developers including the DSHS webmaster. Consider possible pro bono work from Seattle Tech Group. Contact and interview	Nov 30
		for action and them a selfent in	CICANOPARA	- and what is assisted to be appeared on a dustre	potential website developers to determine their willingness and capabilities.  B. Select and recruit website developers	Sugar 12
	DQH DSHG	positive active	Dreggest St. district in register	are and arminable of	4. Develop website enhancement plan – for moving forward (what/when)	Oct 31
	ALL SOCIETY	Repril.	Patrones of a	Determine whats, presided witch is account	<ol> <li>Consider website analytics to inform potential website address and marketing direction, e.g. determine</li> </ol>	Oct 31
broject Troop is Lender	PER BARRIOR	The description of the section of th	Any rotated	Might lave: Action - Paristicates during	<ul> <li>URL name, any initial content edits/additions</li> <li>6. Develop a sustainability plan for website to include: establishing a workgroup to oversee content on the single "point of access" website/website linking to info, resources &amp; supports.</li> </ul>	Nov 30

	1	*	i ,	Plan marketing and launch awareness plan for website	Identify potential members and/or partners to assist in developing a website marketing plan.	Dec 15
					2. Determine URL name	Dec 15
			×		3. Draft a plan for marketing	Dec 30
		20			4. Get review of subcommittee for URL	Jan 30
		a	, 45		name and marketing plan	×
		v s		=	5. Begin marketing website	Mar 30
8		, so "		= =		

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	mit demanded a listing				
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		×.			
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DAC Subcommittee: Public Awareness & Community Readiness

Members: Basia, Mariam, Karen, Cynthia, Marci

#### Recommendation #: 1.F.1. Inform and Educate the Public (focus of our efforts is on the public not professionals)

The two activities that we will be working on are listed below and are from the *Healthy Brain Initiative*: The Public Health Road Map for State and National Partnerships, 2013-2018 (please note they have different target audiences):

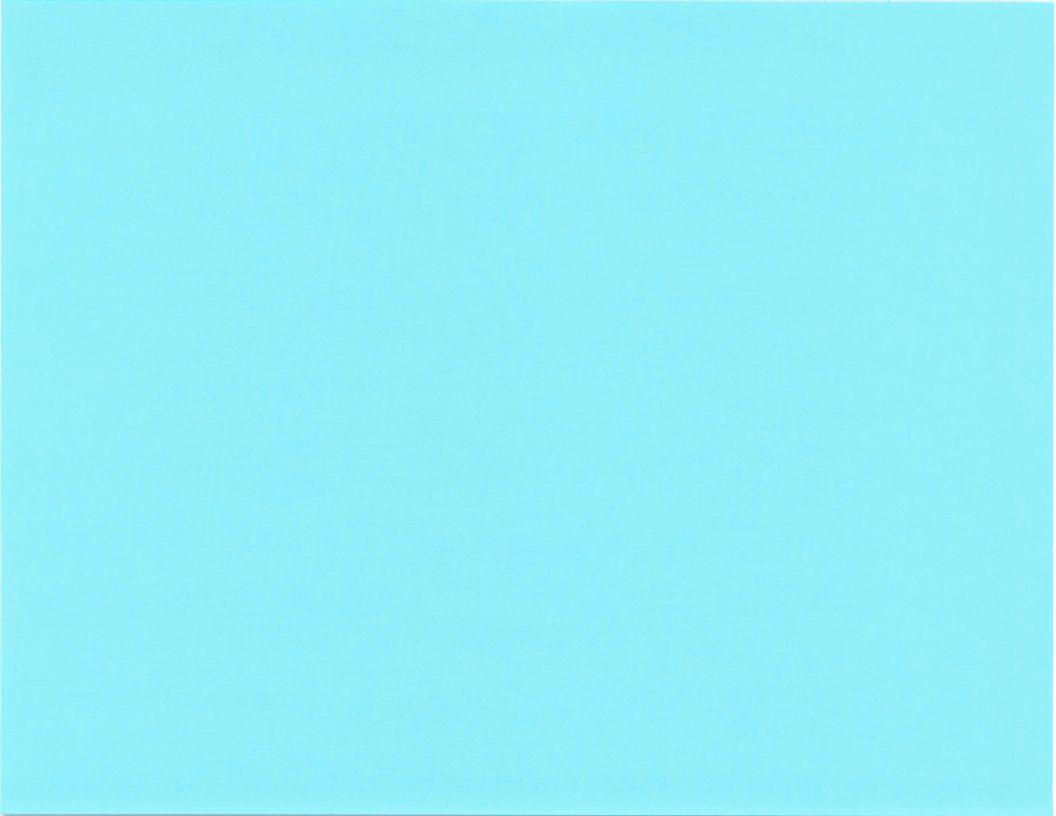
• Coordinate national & state efforts to disseminate evidence-based messages about risk reduction for preserving cognitive health. African American women are the target audience.

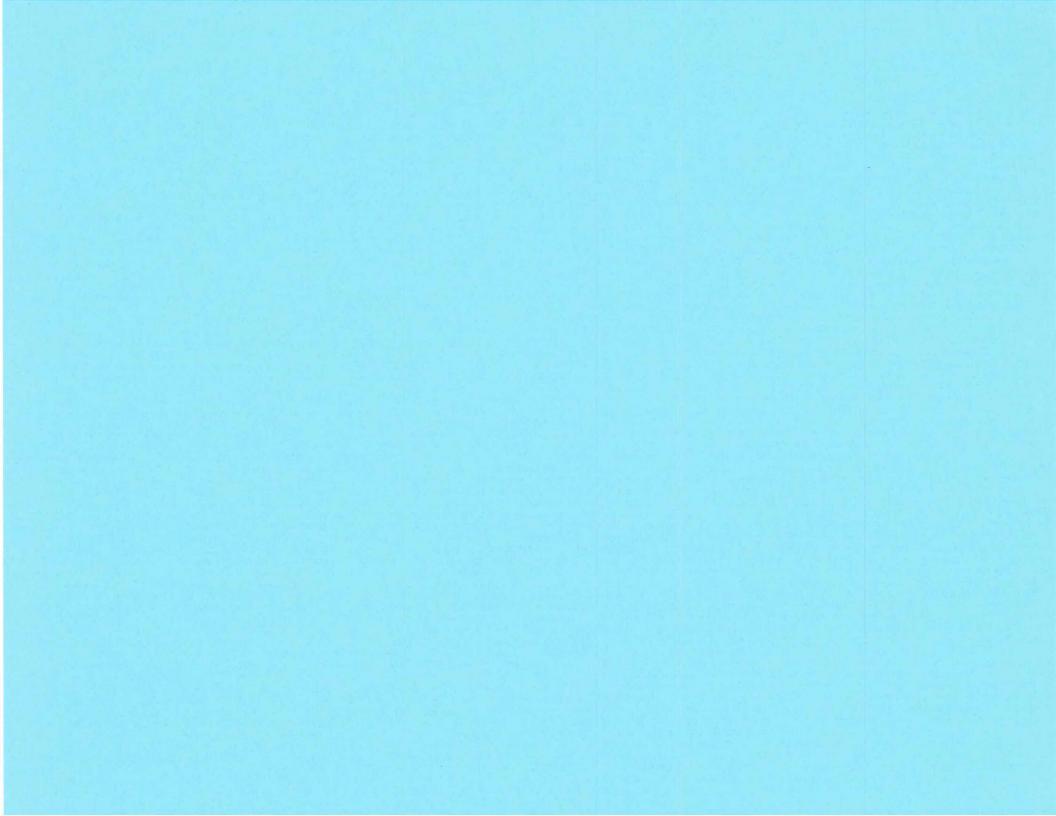
Subcommittee Chair: Marci Getz

• Identifying and promoting culturally-appropriate strategies designed to increase public awareness about dementia, including Alzheimer's disease, to reduce conflicting messages, decrease stigma, and promote early diagnosis. Adults, ages 18 or older, who identify as Chinese or Japanese and have an aging parent, step-parent or parent-in-law, who is 65 or older, are the target audience.

Project Team & Leader*	Key Partners	Anticipated "product" or "deliverable"	Any related Projects/efforts	High Level Action Plan/Steps (Initial)		Next Level Steps for each action at left & Who will do	Time frames, dates for: Start, Milestones & Completion
	WA State	1. Dissemination	Funded by	1.	Identify target audience-this	DOH will work with the DAC	This activity
Marci Getz	Department of	of evidence-	Alzheimer's		will be done using data	Subcommittee members, UW	will be
with team	Health (DOH),	based	Association and		identifying disease burden-	HBRN, and the Alzheimer's	completed by
	University of	messages	the Association of		done	Association-WA State Chapter	8/15/17
	Washington	2. Adding links	State and	2.	Conduct literature review to	* * *	
	Health Brain	to the DOH	Territorial Health	×	determine which messages are		
	Research	website that	Officials		supported by research-in	li i	
	Network (UW	include local,		=	progress	E .	,
	HBRN),	state, and		3.	Identify messages to use-from	4	
	Alzheimer's	national			existing messages created by	7	-
	Association-	dementia			the Alzheimer's Association-	man or management of the second	. *
	WA State	resources			TBD	more in a survival .	0
	Chapter		W	4.	Conduct key informant		
					interviews-TBD	the second of the second of the	
	¥.	x %:		5.	Test messages	V comments and the second	
				6.	Research the best channels to		
		-	n n		disseminate the messages to	The state of the s	ä
	. 3	2 -	II to		the target audience-TBD	**************************************	
8		5		7.	Disseminate messages-TBD	approximate and a contract of the second	2
7 Hell	UW HBRN,	1. Evidence-	Collaborating	1.	Secure UW Institutional Review	UW-Basia to work with UW in	August 2016:
Basia Belza	National Asian	based	with other		Board approval-done	securing IRB approval -done	run focus
with team	Pacific Center	messages	member centers	2.	Develop partnership with ethnic	The second secon	groups
	on Aging	2. Action Brief	of the Healthy		community agencies-done	DOH-Cynthia to assist with	-
	(NAPCA),	-	Brain Research	3.	Recruit participants for focus	participant recruitment from the	Complete data
	DOH		Network at:		groups and run focus groups-	Chinese communities in Federal	analysis and
		3	118		done	Way -done	

× .			University of	4. Analyze data		action brief by
			Illinois at Chicago,		DOH-Cynthia and Sally redesign	12/30/16
		9. (8)	University of	to the settlings of the terms	recruitment flier-done	
			Pennsylvania,			
	1		University of	All the second s	DOH-Cynthia and Vonda update	
			Houston,, and	The state of the s	the University of Pennsylvania	2-72116-2-76-41
	The state of the s		Oregon Health &		messages (for the focus groups)	I part of the of the
		F Karley Jane	Science	Committee and the same	with photos from the AAPI	
	Market Land		University		community	
		FIRM A	A THE TANK		E TO PARTIE DE LA CONTRACTION	ETI-TO-
	THE HOLE			A STATE OF THE PROPERTY OF THE PARTY OF THE	Delta Dental WA-Karen will share	manua park
			5-1	A THE PARTY OF SOME TWO	the information learned from the	
				Sir In and Innihiter This	focus groups with care givers and	
				all condition by a district and	home health staffs. She will do this	
				A STATE OF THE PARTY OF THE PARTY	via a new module titled Improving	
				A Tay Advantage of	Oral Health for Clients with	
	4	*		EURINE CAST CITY	Dementia. The module will be	
	E 20 P		8	A Laborato suscential states	piloted on 11/7/16.	
	The state of					





DAC Subcommittee: Public Awareness & Community Readiness

**Subcommittee Chair: Cheryl Townsend Winter** 

Recommendation #: 2.C.1. Review emerging models/movements of livable, age-friendly (AF) and dementia-friendly (DF) communities, and determine elements most critical to developing dementia-friendly communities in Washington State.

Project Team Leader* & Note Taker	Key Partners	Anticipated "product"	Related Projects/Efforts	High Level Action Plan/Steps (Initial)	Next Level Steps (for each action at left) & Who Will Do?	Time frames, dates for: Start, Milestones & Completion (V)
Marigrace* Hilarie Cathy Carla Marty	AAA's , AARP, Alzheimer's Association, Alzheimer's Society, Association of WA Cities & Counties, Hearing Loss Assoc, Leading Age, Momentia Seattle, NW Geriatric Education Center, Service Professionals, UW Memory & Brain Wellness Ctr, UW School of Nursing (Barb	<ol> <li>Fact sheet of 8 – 10 "Critical Elements" for WA State Dementia Friendly (DF) communities initiative, that:         <ul> <li>Complements current Age Friendly (AF) &amp; DF work in WA</li> <li>Makes use of existing resources and toolkits from other regions as possible</li> </ul> </li> <li>Recommendation for how to integrate DF principles into WA State AF initiatives</li> <li>Inventory of DF activities/programs offered in WA (potential to work with 'early stage programs' project team)</li> <li>Initial inquiry to persons involved in promoting DF</li> </ol>	Local:  AARP Project — Livable Communities  Momentia Seattle National/Global:  Dementia Friendly America (DFA)  Act on Alzheimer's, Minnesota  Healthy Brain Initiative, Wisconsin  Dementia Friends  DF Communities initiatives in UK,	Review elements of global, national state and local AF initiatives	<ol> <li>Distribute info on key elements of AF initiatives based on World Health Org – Cathy</li> <li>Review comparison of AF &amp; DF from DFA. Write brief summary - Carla</li> <li>Contact Seattle-based AF (Livable Communities) group; determine their goals, timeline, how they are integrating DF (if at all) – Cathy</li> <li>Contact Puyallup AF group, see #4 above -Cathy/Mari</li> <li>Discover if/how AARP nationwide is integrating DF into the AF/Livable Communities initiative—</li> </ol>	June 15 (V)  July 15 (V)  Aug 17 (V)  Oct 15
, L	Cochrane), and others.	<ul> <li>activities/programs around WA regarding statewide networking.</li> <li>5. Plan for how to work with the libraries in 2017, or one other</li> </ul>	Australia, Canada, etc	<u>De</u> la triples. En la compassa, Sparing augus aj l	Cathy & Amanda	

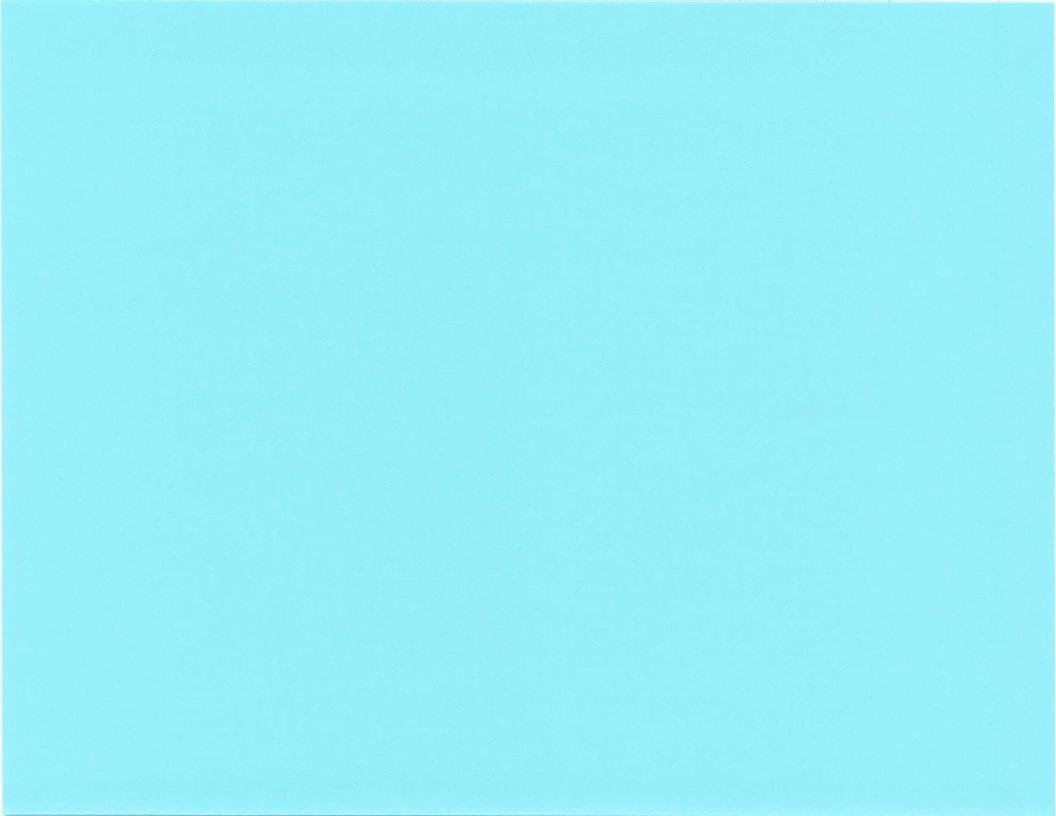
,		statewide system (museums, parks, senior centers, etc).				
	Center Sérvice  Frofession de  Broth Welmess  Cu. LIN School  Cachenia (Sasta  Cachenia) and	parks, senior centers, etc).	Miscos n framenta framenta so to faminantias societivos in un fusinta societivos in un	Review elements of global, national, state and local DF initiatives	<ol> <li>Review resources from original PA&amp;E subcommittee – Cheryl</li> <li>Research Wisconsin initiative and DFA – Marty</li> <li>Draft summary of global initiatives' key elements-Cheryl</li> <li>Connect with Associations of Cities &amp; Counties to see if there is any DF work being done in the state – Cheryl</li> </ol>	June 15 (V)  June 15 (V)  June 15 (V)  July 15 (V)
	Constress Humog tons Asson, badding Age, Momentie Seattle, 19M Generalian	Mykes use of availog resource.  and bookes from other resons as one lists  Recommendation or books  left as a Discource lists  state Affortables.	in thorse, and a second of the control of the contr		<ol> <li>Review ADWG survey for elements relating to DF communities –Marty</li> <li>Connect with Momentia Seattle partners; list current DF programs and potential synergies – Mari</li> <li>Investigate DF concepts in</li> </ol>	July 15 (V ) July 15 (V )
BOLA BOLA LEPIA BOLECUSA BOLECUSA	A substance of a control of the cont	1. Updathor of 2-10 stokest.  Leave to the Walesco  Sentence Forms (SF)  Sommer of Expension for the Complete State of SF and the SF	Lough * Lough 8 * Communities * More and	Bex less a ultimated by the anti-scal state and secal side in the anti-scal side in the influence of the inf	libraries, museums, parks DF – Hilarie 8. Maintain google chart of WA DF & AF initiatives: goals, timeline, potential synergies	Aug 15 (and ongoing) (V)
				(1)(((1))		compared

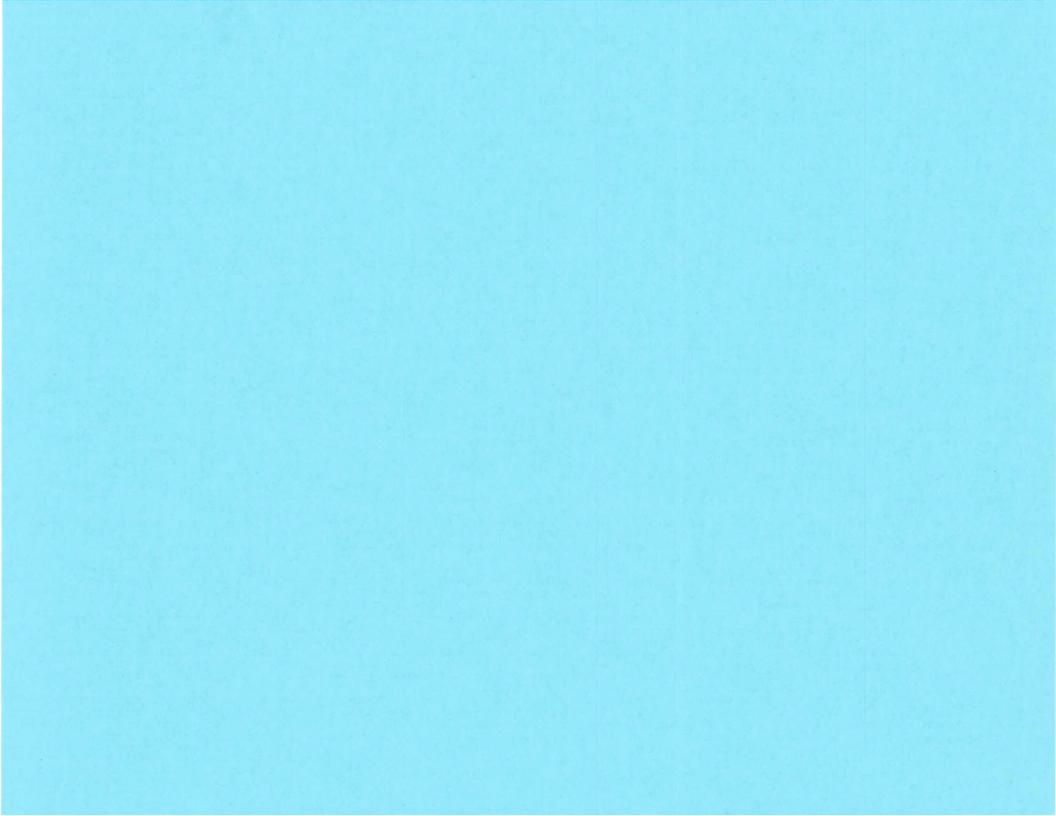
		Provide a situation and the province of the situation and the situ	Define target audience for the DF "Critical Elements" fact sheet	<ol> <li>Make list of potential audience(s) based on need/resulting impact of their involvement and/or their interest and/or readinessALL</li> <li>Prioritize top 1 – 2 audiences – ALL</li> </ol>	July mtg (V) Sept 7
* :	24		 Create fact sheet of DF "Critical Elements" for	Review draft 'key     elements' list based on     other initiatives and     provide edits – ALL	June 15 (V )
			WA	2. Discuss: -Which 'critical elements' may be unique to WA? Which are universal? -What approaches or tools can be borrowed from elsewhere?	Sep 30
	ar			-How can we make the best use of potential synergies based on our charts of what is already going on in WA? - ALL  3. Add edits; 2 <sup>nd</sup> review. —	
			a. are Secur-	Mari and ALL 4. Get feedback from subcommittee, DAC, persons with dementia and care partners— ALL 5. Complete final draft	Oct 19 Nov 10
			Develop strategy for AF/DF overlap in WA	Determine whether a system-wide "addition" of DF can be made through AARP in WA – Cathy(?)	Oct 19

		3 4 - August 26, 101		<ol> <li>Modify "critical elements" sheet for AF, by separating the components into AF domains</li> <li>Complete recommendation for how to integrate DF concepts into AF initiatives in WA</li> </ol>	Nov 15 Dec 15
			Create WA inventory of DF programs/ activities	<ol> <li>Send list of Seattle DF programs to state partners for additions—Hilarie</li> <li>Contact LTSS subcommittee re: early stage programs and overlap with DF — Hilarie</li> <li>Update inventory &amp; complete — Hilarie, Mari, LTSS(?)</li> </ol>	Aug 15 (V)  Aug 15 (V)  Dec 15
*			Make initial inquiry to persons interested in promoting DF programs	1. Contact everyone from DF programs list to assess interest in networking/resource sharing opportunities in 2017.	Dec 15
			Develop plan for work with libraries or other statewide system in 2017	<ol> <li>Note publications, conferences and other public awareness options within statewide systems –Hilarie</li> <li>Complete plan for how to</li> </ol>	Aug 15 (V)
	 		1.4106.000	engage with libraries or other statewide system in 2017	Dec 15

### For future reference:

- Unveil "products" of DAC at Governor Conference on Dementia in a couple of years.
- Develop awards for efforts towards dementia-friendly.





### **Dementia Action Collaborative – Subcommittee Implementation Plans**

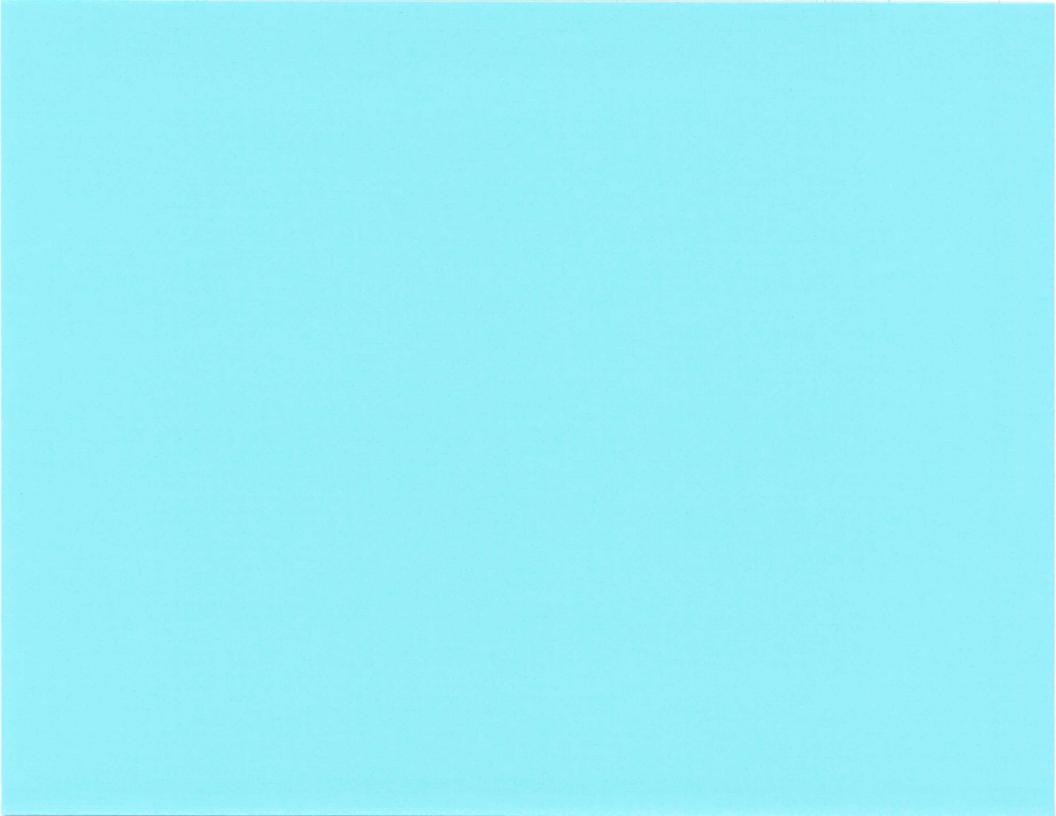
DAC Subcommittee: Public Awareness-Community Readiness

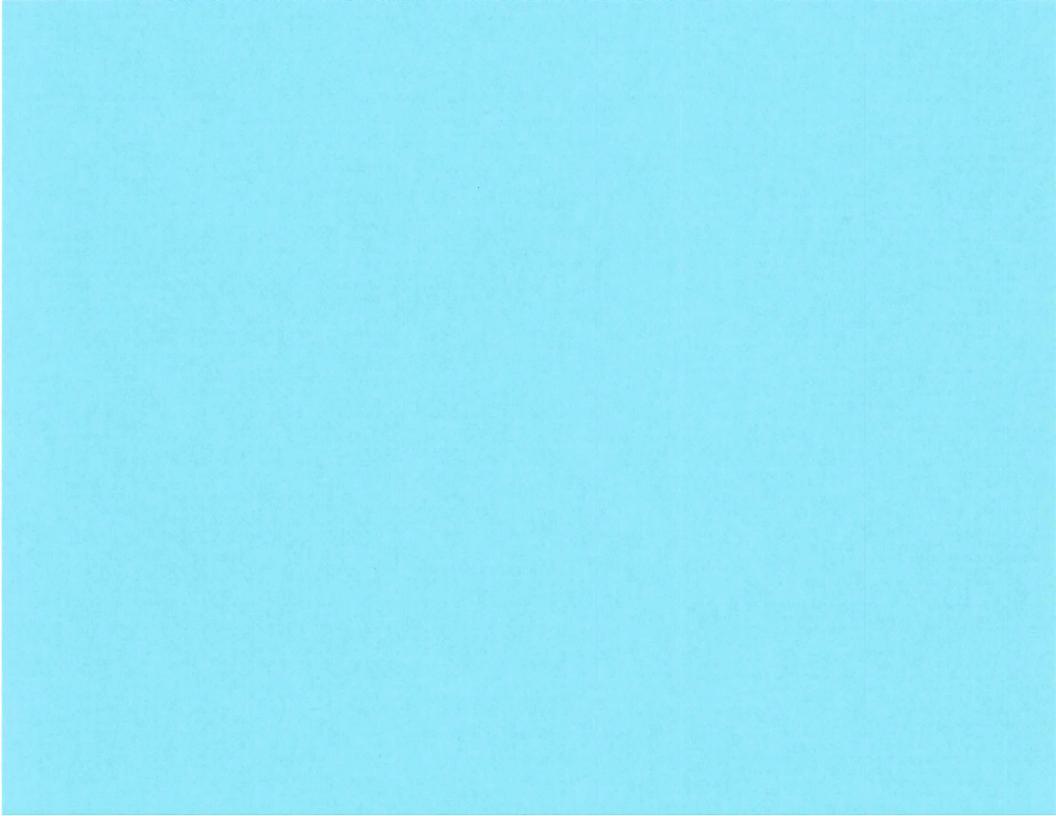
**Subcommittee Chair: Cheryl Townsend Winter** 

**Recommendation #: 3B1** – Compile and make accessible educational materials about ways to improve safety for people with dementia. Information may address falls prevention, wandering, disaster preparedness, and home safety assessments.

Project Team & Leader*	Key Partners	Anticipated "product" or "deliverable"	Any related Projects/efforts	High Level Action Plan/Steps (Initial)	Next Level Steps for each action at left & Who will do	Time frames, dates for: Start, Milestones & Completion
*Lynne/Bob Dave, Cheryl, Christine	DAC members	Safety Toolkit  – available online (as downloadable PDFs?), and possibly in a print version (TBD)	Alzheimer's Association web materials  NIH materials  Dementia Capable Systems webinar materials	Investigate what is currently available re safety for dementia – (e.g., falls, wandering, disaster preparedness, in home safety assessments)	<ol> <li>Search for useful resources re prevention of falls w/dementia - LK</li> <li>Search for resources re wandering safety - LK</li> <li>Search resources for disaster preparedness, specifically related to dementia - BW</li> <li>Search resources re in-home safety assessments – LK</li> <li>Compile lists/inventory of the above.</li> <li>Circulate/discuss what's found to PA-CR subcommittee for review/comment</li> </ol>	June 15
				Narrow/prioritize most relevant, useful resources/tools re each above topic.	<ol> <li>Project team to review/discuss identified materials, considering the following:         <ul> <li>a) Credibility</li> <li>b) Current-ness</li> <li>c) Ease of use</li> <li>d) Free use</li> </ul> </li> <li>Determine most useful materials for inclusion in potential 'tool-kit'</li> </ol>	July 30

		U U U	512 - Argunt 20, 2019	<ul><li>3. Request permissions to use if needed.</li><li>4. Create inventory of these items.</li></ul>	
			Determine how best to compile information for usability	<ol> <li>Determine how this information could be compiled into an online toolkit. Find examples?</li> <li>Determine if it is a good idea to have/make this information available as a</li> </ol>	Aug 30 Sept 30
		*	Narrowyprinistive most release; uselutremunes, mus re usca nease sopia	print version 'tool-kit'.  3. If so, in what format – handouts, brochure, booklet? And, what would costs be?  4. If moving forward, who could cover those costs?	100 313
			Create messaging for awareness of these materials.	1. Determine target audience(s) for dissemination 2. Determine likely "disseminators" for this/these populations, including DAC partnership 3. Develop messages for dissemination 4. Consider if there's a way to	Sept 30
Control of the many of the man	250 16 1 15 1 15 1 15 1 15 1 15 1 15 1 15		Disseminate	track interest/uptake  1. Develop communication plan for toolkit  2. Use full DAC partnership  3. Others beyond DAC partnership	Nov 30





# **Dementia Action Collaborative – Subcommittee Implementation Plans**

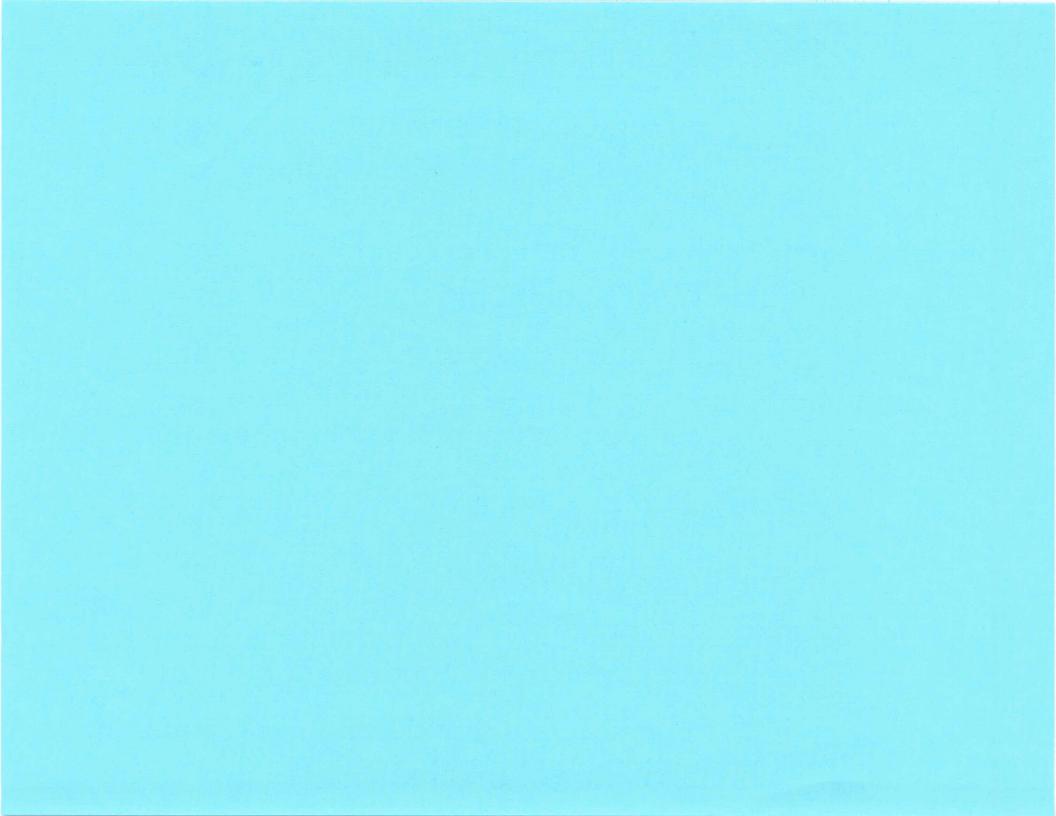
**DAC Subcommittee: Long Term Care and Services** 

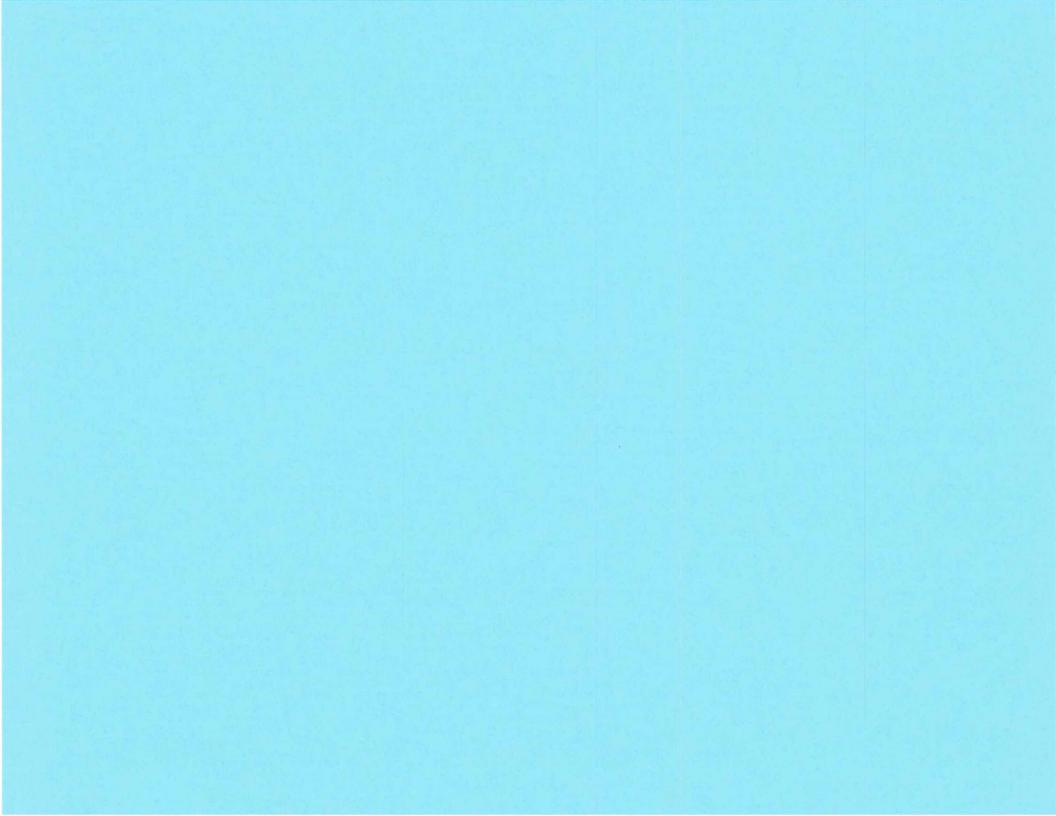
Subcommittee Chair: Bob LeRoy

Recommendation #: Goal 4.A.1 Create a Washington State-specific "Road Map" for family caregivers providing information about what to expect over time to help plan for the future.

Project Team & Leader*	Key Partners	Anticipated "product" or "deliverable"	Any related Projects/efforts	High Level Action Plan/Steps (Initial)	Next Level Steps for each action at left & Who will do	Time frames, dates for: Start, Milestones & Completion
Jerry Reilly ALSTA fa	Road map for family caregivers.	Family Caregiver Handbook - ALTSA  Dementia Friendly America  CMS – Long Term Care	Clarify more precisely what we mean by a "road map" for family caregivers.	1. Identify vision:     Initial vision is that the "Road Map" will offer a structure of stages (early, mid, late) - what to expect at each, details of what to "do", including what resources are available to help, and how to access them.  2. Get LTSS subcommittee feedback on vision	June 30 July 30	
				Inventory what is currently available that is similar to, or has elements of, a "road map" for family caregivers dealing with dementia.	<ol> <li>Seek examples from other states (MN, WISC, CA) (Jerry)</li> <li>Google &amp; Amazon search (Cindy)</li> <li>Alz. Assoc. &amp; sites such as WebMD And Mayo clinic (Todd)</li> <li>Other countries plans – the UK and Australia (All)</li> <li>Family Caregiver Handbook (LK)</li> <li>Dementia Friendly America (LK)</li> <li>CMS - Long Term Care Tribal</li> </ol>	June 30

	×		[4 <sup>27</sup> ]	Determine what general guidelines should frame this work to focus on family caregivers in WA State.	<ol> <li>Determine what specific content will be included.</li> <li>Draft to be guided by following principles/ideas:         <ul> <li>Include how to keep living and engaged in</li> </ul> </li> </ol>	June 30
	T.		5		community.  b. Convey a sense of hope and empowerment throughout the document.  c. Should be simple/easyto-use; not overwhelming with "too much" at once.	
				tower-tory what is community available that it straigh on or has girened is of a "road may for ramily caregivers dealing worth demonstration."	<ol> <li>Identify useful resources at every stage of the disease; be WA state specific as needed.</li> <li>Invite input and feedback of subcommittee</li> <li>Invite input and feedback from DAC members</li> </ol>	July 30 Sept 15
See spon Seric Desison Cindy Ballana va Lauri St. Class Stesse Thuringes Lynne Aurier	2V42	TATESTALLE	Norwalia Pilendiy America Cals — Long Term Cara	Determine all format/s or modalities.	<ol> <li>Initial content draft to be developed for a written format – likely a booklet (5-10 pgs).</li> <li>Once content/format developed, determine costs.</li> <li>Consider what it would take, what would be needed/different for web/online version.</li> </ol>	August 15  November 30  January 30
Project Feam &	Partners Alt Assoc	Antiquested and antiquested and antiquest or a section and an application and ap	Any resolved Projects/efforts	Develop a plan to disseminate widely.	<ol> <li>Written/booklet version:         Use DAC to identify multiple venues for disseminating.</li> <li>Develop communications plan to support dissemination of written version.</li> </ol>	November 30 January 30





# **Dementia Action Collaborative – Subcommittee Implementation Plans**

DAC Subcommittee: Early Stage Memory Loss Groups

Subcommittee Chair: Bob LeRoy

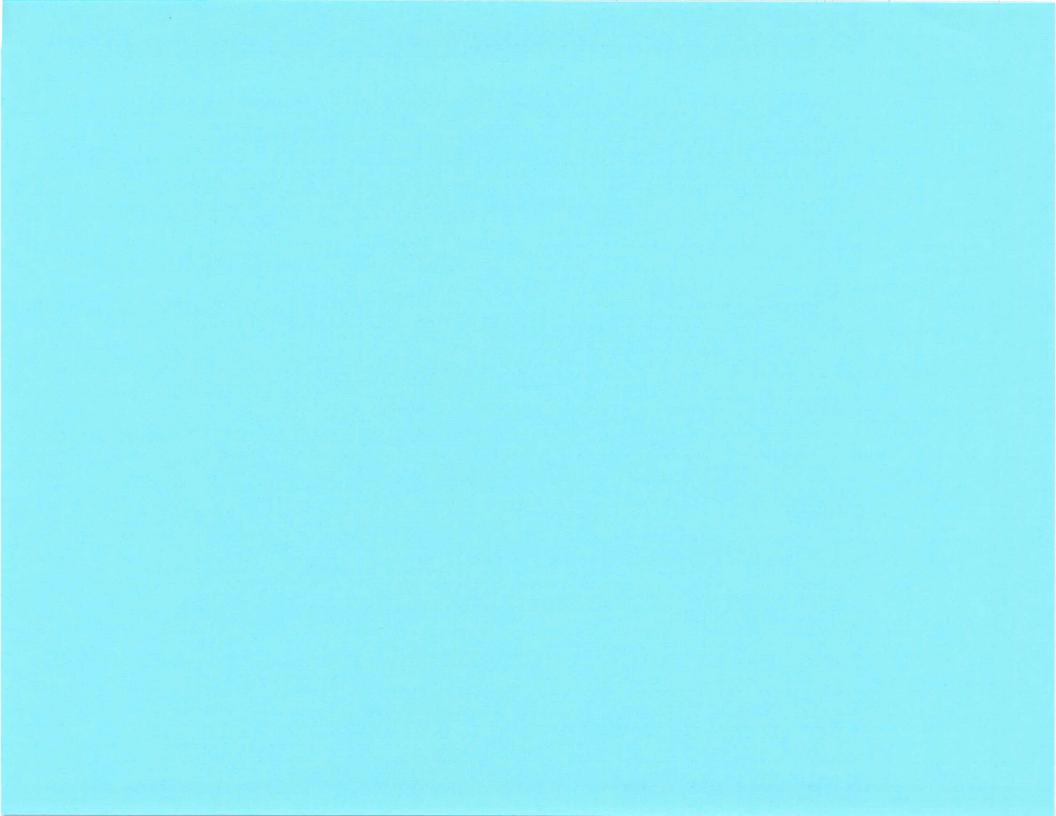
Recommendation #: Goal 4.C.2 Expand and promote implementation of early stage memory loss groups for people with cognitive impairment/dementia and their care partners.

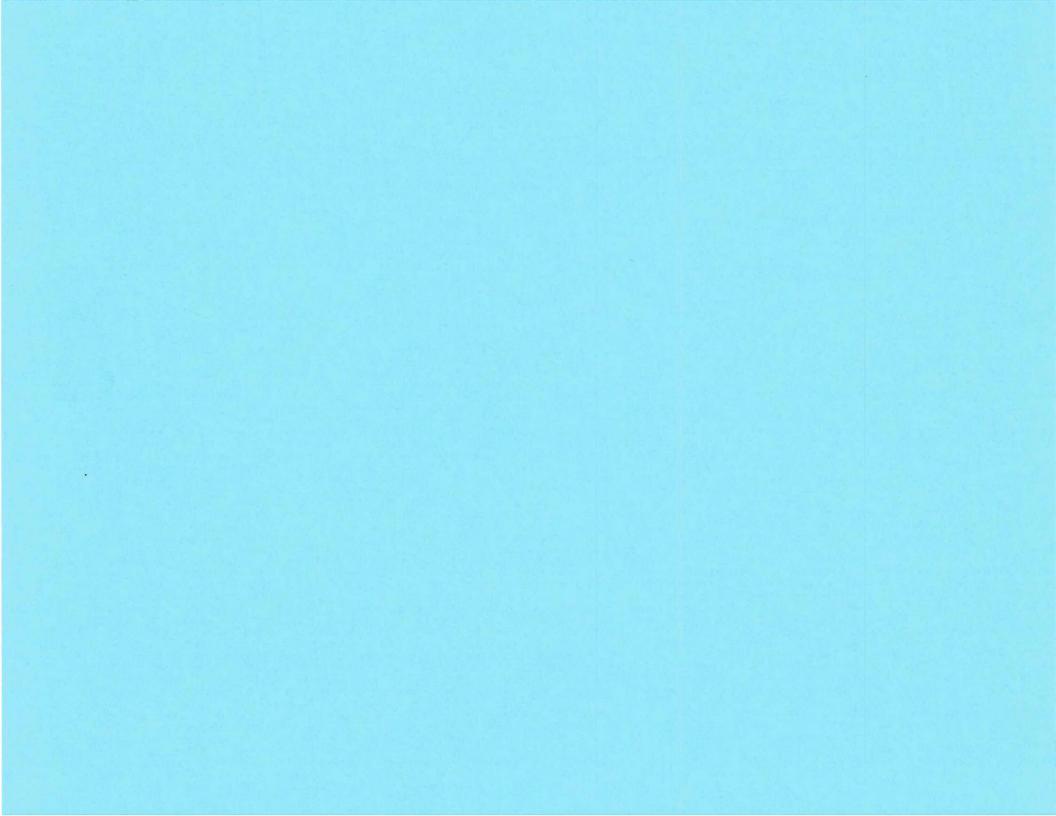
Project Team & Leader*	Key Partners	Anticipated "product" or "deliverable "	Any related Projects/efforts	High Level Action Plan/Steps (Initial)	Next Level Steps for each action at left & Who will do	Time frames, dates for: Start, Milestones & Completion
Cara Lauer* Patricia Hunter Bob LeRoy	Alz. Assoc. NCOA UW Irene Stewart Kavan Peterson	List of noteworthy local, state, and national efforts,	Dementia Friendly America Momentia movement	Gathering information through data review and snowball sample of	Assess data from previous ESML study (P) and interview key partners (C, P, B)	1. Complete Sep 2016
	& Changing Aging	including both	Changing Aging	informants	2. Add ESML questions to scheduled Alz. Assoc. Town Hall meetings (B)	2. Complete Nov 2016
	Full Life Care Seattle Parks & Recreation	evidence- informed and	*		3. Analyze Town Hall data (B, C)	3. Complete Dec 2016
	Lynne Korte AAA Directors Targets of	emerging models			<ol> <li>Develop catalogue with 2 categories: (P)</li> <li>a. Evidence-informed</li> </ol>	4. Complete Dec 2016
ot .	opportunity:based outside Seattle	e e	* *		b. Emerging service models (weighting rural & diverse)	
	serving diverse groups				5. Develop guidance for communities interested in developing ESML programs with 3 focus areas (C, B)	5. Complete Dec 2016
	ř		GO.		<ul><li>a. Support</li><li>b. Advocacy</li><li>c. Dementia-friendly groups</li></ul>	

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for amount of the St. December 2015 of the proper instance and early the memory loss grades for properties.

	All manufactures and authorised.  The property of the property		Transferont Name Transcen Secretary	
liec 2016 Complete	Contract Town Half and (6, 12)  Consequently seems (2),  Local and Contract (2),  Local and Seems (2),  Contract (2),  Contrac			
	Parelle college of a company ESCT.  Leader of the college of the c			





# **Dementia Action Collaborative (DAC)**

Long Term Supports and Services (LTSS) Subcommittee Implementation Plan for:

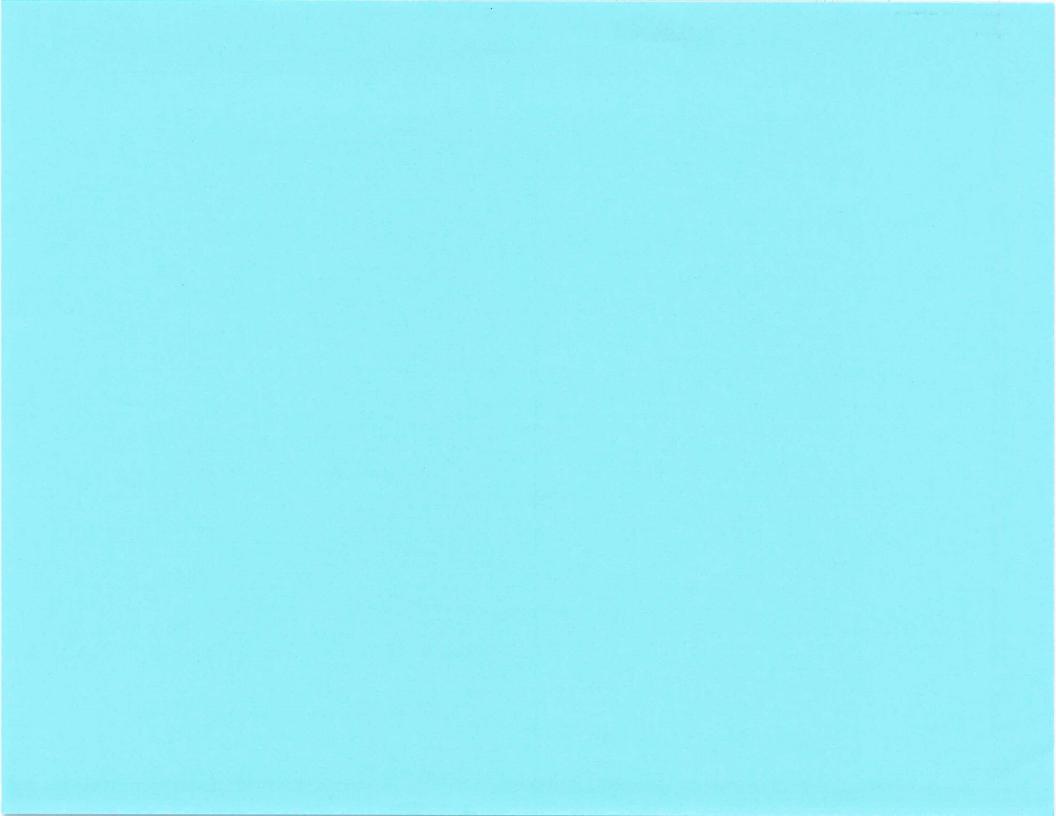
Chair: Bob LeRoy

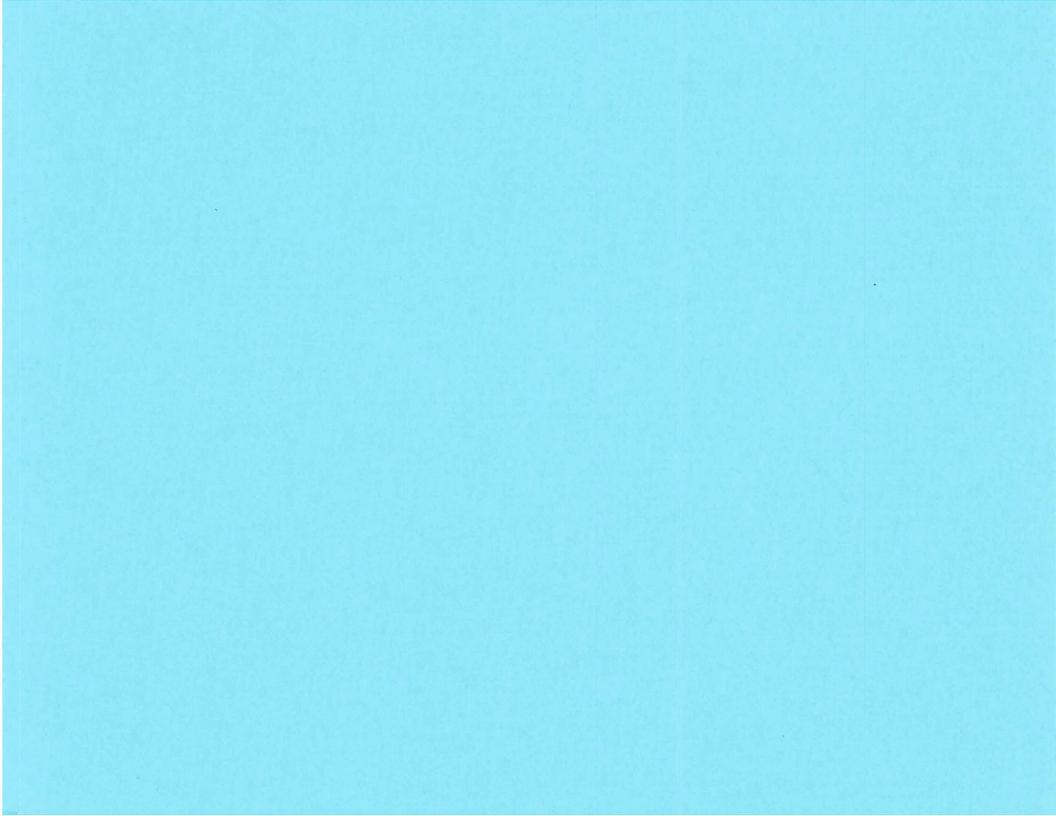
**Recommendation #: 4.F.1:** Identify and engage leaders and organizations of diverse populations to explore needs for education and support. **Recommendation #: 4.G.1**: Engage tribal representatives to explore the needs of tribal families caring for people with dementia to develop culturally relevant support and services.

Project Team & Leader*	Key Partners	Anticipated "product" or "deliverable"	Any related Project s/effor ts	High Level Action Plan/Steps (Initial)	Next Level Steps for each action at left & Who will do	Time frames, dates for: Start, Milestones & Completion
Karen Winston Christine Kubiak Shelly Zylstra Marietta Bobba Yolanda Lovato Emma Medicine White Crow *Aziz Aladin	1. Native American Tribes. 2. Leaders of various ethnic groups to include groups with Limited English Proficiency (LEP) 3. Faith-based organizations 4. LGBTQ groups 5. People with dev. dis. (DD)	1. Report on key informant feedback from diverse groups by synthesizing responses to outreach questions. 2. List of contacts for future use	N/A	Identify diverse population groups to gain input on culturally relevant support and service needs.	1. Define methods to contact groups. 2. Determine depth of outreach to groups (level of subgroups, number of groups, etc.) 3. Develop and maintain a list of contact of groups for future use	The initial diverse population group the project team plans to target are the Native American tribes. The project team plans on contacting tribes' program staff to conduct outreach in Fall/Winter of 2016 to be followed by:  1. African-American organizations 2. Latino American organizations The time frames for targeting African-American organizations and other organizations are yet

# Updated August 22, 2016

				Identify potential key informants - leaders and organizations of older aging adults for each specific targeted group	1. Identify potential informants known by the project team 2. Ask LTSS subcommittee for suggestions 3. Reach out to full DAC team for suggestions.	TBD  TO DE POST TUTBER  TO DE PO
	A title of gradies	Tatara una		Develop materials and process for key informant interviews	Develop culturally relevant questions for outreach interviews with introduction of the topic	TBD
Chart of Table  The Na Table  Media Table  Media Table  Media Table  Media Table  Tabl	Entation American States A American Visition of the ground for retime an opened to the fettines are a series area.	All Sa A Lugium	601	Make contacts with key informants of the targeted group	Assign targeted group to project team member for conducting outreach     Schedule meetings to conduct outreach     Conduct interviews. Take complete notes	TBD
Artali ca Apani Si	L'Aussile L.	(Files )	Property of the Control of the Contr	Compile responses from outreach interviews	Decide what methodology to use to synthesize responses from outreach interviews      Identify needs/gaps	TBD





# Dementia Action Collaborative - Subcommittee Implementation Plans - KR 8/1/16\_ AA 8/24

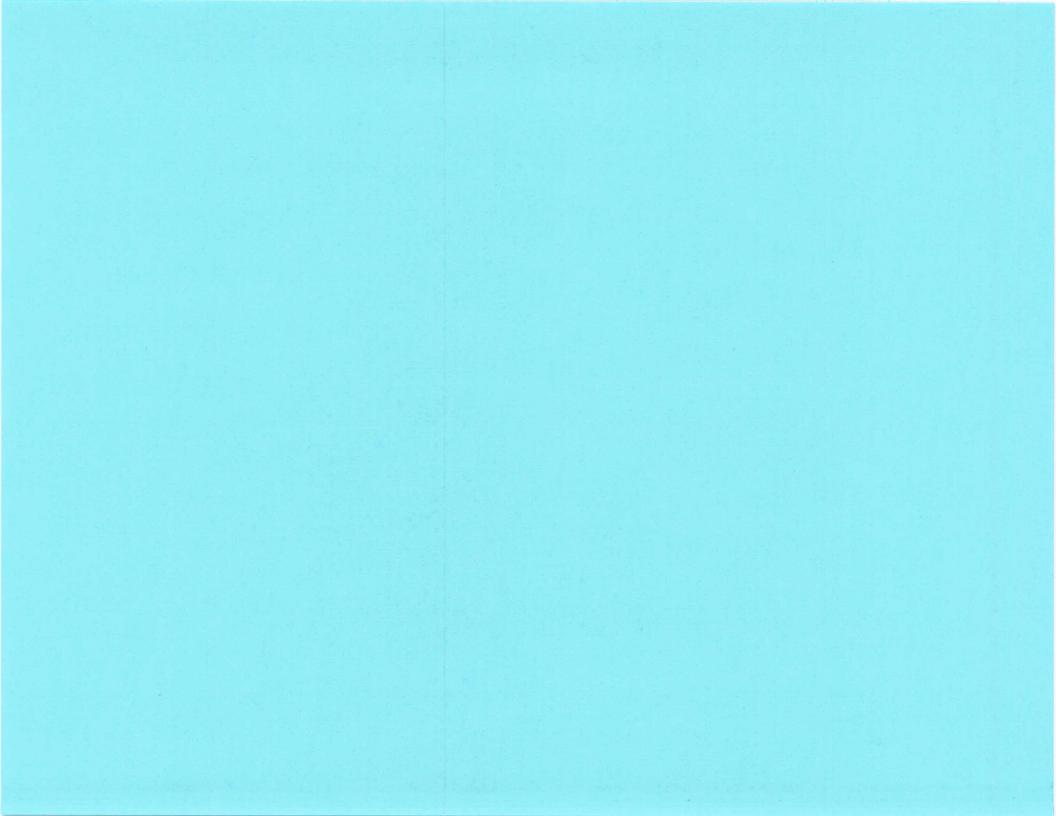
# DAC Subcommittee: Health/Medical

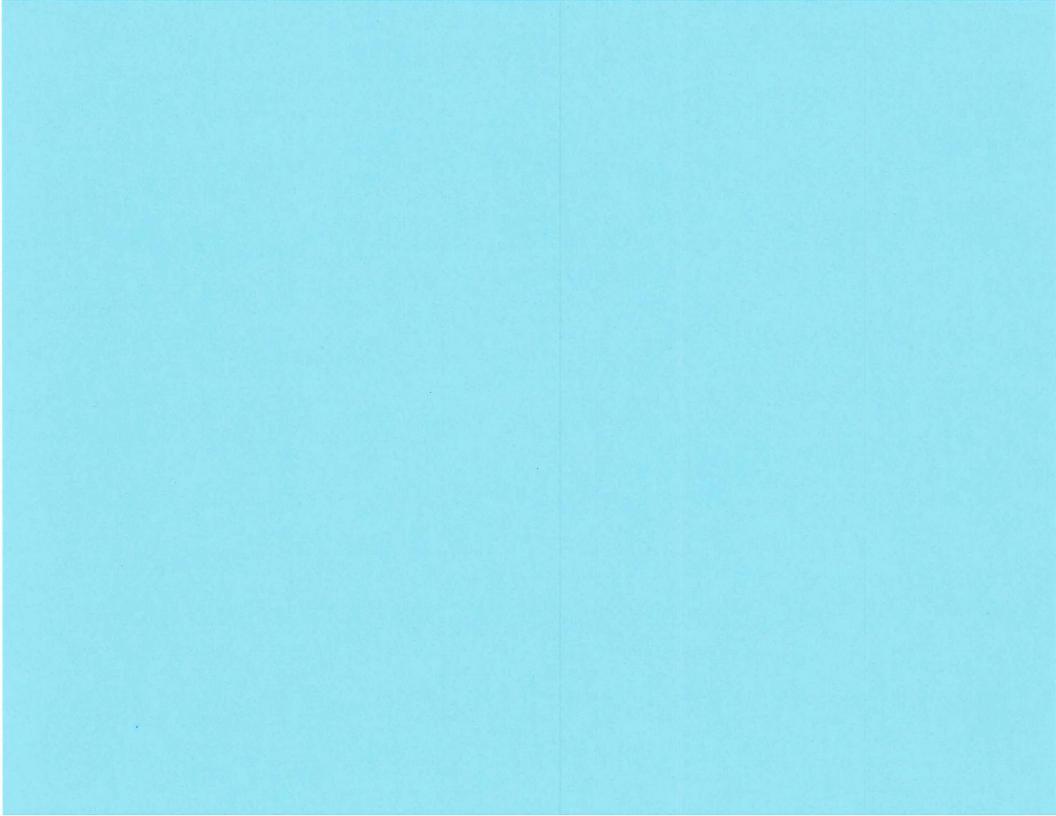
#### Subcommittee Chair: Kris Rhoads

**Recommendation #: 5A1** – Convene an expert panel to identify and endorse a set of evidence-based standards for diagnosis, treatment, supportive care and advance planning for people with dementia.

Project Team & Leader*	Key Partners	Anticipated "product" or "deliverable"	Any related Projects/efforts	High Level Action Plan/Steps (Initial)	Next Level Steps for each action at left & Who will do	Time frames, dates for: Start, Milestones & Completion
Amanda,	DAC members	Product for Dec.	<u>Alzheimer's</u>	Identify Expert panel	A1. Use DAC resources to	Preliminary
Sumie, Lynne,		31, 2016 will be a	Association	members to identify/endorse	identify panel members	list of experts
Christine	Bree	pathway to	<u>materials</u>	guidelines		by Aug 31
	Collaborative	convene the expert		A. Convene new panel	A2. Explore partner options –	
	D	panel group, and	American	OR	interns, researchers, partner	a a
	Bree	scope of work for it	Academy of	B. Robert Bree	with university	
	Implementation Team	(Bree vs. independent)	Neurology	Collaborative	OR	luna 24
	Team	independent)	AAFP	IN KELLUS POLISIA	B1. Develop a "pitch" for the why this topic	June 24
	UW ADRC	By 12/17, the	AALF	~	why this topic	
	OVV ADICE	product would be:		¥1	B2. Reach out to Bree members	
	WSMA	List of evidence-	1 e	r vijektopur av bu i i 155.2 kg	to share topic "pitch"	· ·
		based guidelines,		Comment sold place the	to share topic piten	
		standards			B3 Identify DAC	July 15
		2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		Walter & Translated	representatives to attend July	7347
	75	By 12/17 identify	w 0	ECCLORISM N	20 Bree Meeting	13
		funding sources	16	Cand, Time Circ Chica at the	10 (Dec. 40 (DEC. 10 (C. 10 C.	e
		(e.g., PCORI)		THE RESERVE OF STREET	B4 Agree upon talking points	July 15
	wev		u : ::::::::::::::::::::::::::::::::::		for Bree Meeting	
	2	. 9		8 ∞	dSurfact duties and of	
	,				B5 Identify members to attend	Sept 15,
	·	, a	-	(a)	Bree Meeting on Sept 21 to	2016
*** A				2 4	discuss dementia as topic	2
	p	2 ×	185	Identify example guidelines	1. Through medical/quality	July 30
			5	on dementia care already	associations	
					2. Through states	

				developed by associations, states, other	International     Consider from DAC	
			9700 (1)	on demental care absolute.	perspective, considering the following:  a) Credibility  b) Currentness  c) Ease of use	July 80
		A			c) Ease of use 5. Compile these as examples to inform discussion of content/format, etc	Sept 21
	2 1	Ser People		Determine scope of what we would like included in the standards	Project team to     review/discuss elements to     be included	July 30
, k	Minty	product would be Little addered Little addered Little addered Little addered Little addered		If Plan A (no Bree) Use DAC expertise and resources to inform and support expert panel	<ol> <li>Build on existing work</li> <li>Compile literature reviews and analysis including ROI</li> <li>Explore options such as Hays, MED, or ICER</li> </ol>	TBD
a.	instementation Trans	panelgroup, and support some york (else ut high rende og	ushingosk Gengua Kar Grunt End	If Plan A (no Bree) Hold meeting series to review and approve standards of care	Secure location, dates, times     Identify support staff for scheduling, meeting minutes, etc	TBD
	£ 1051 (CH166	Code of Carrier Pales Cont (1964)		W. Transfers study transfer	see referre barrier platters	





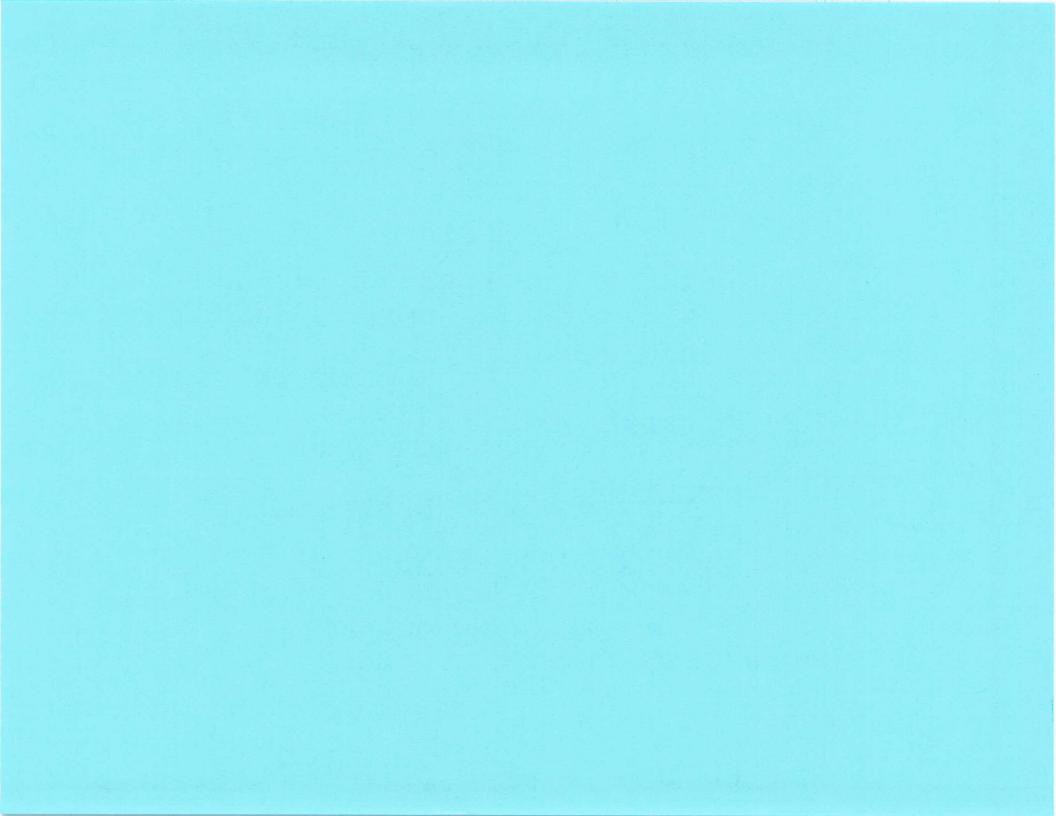
# Dementia Action Collaborative - Subcommittee Implementation Plans - KR; 8/29/16 - KR

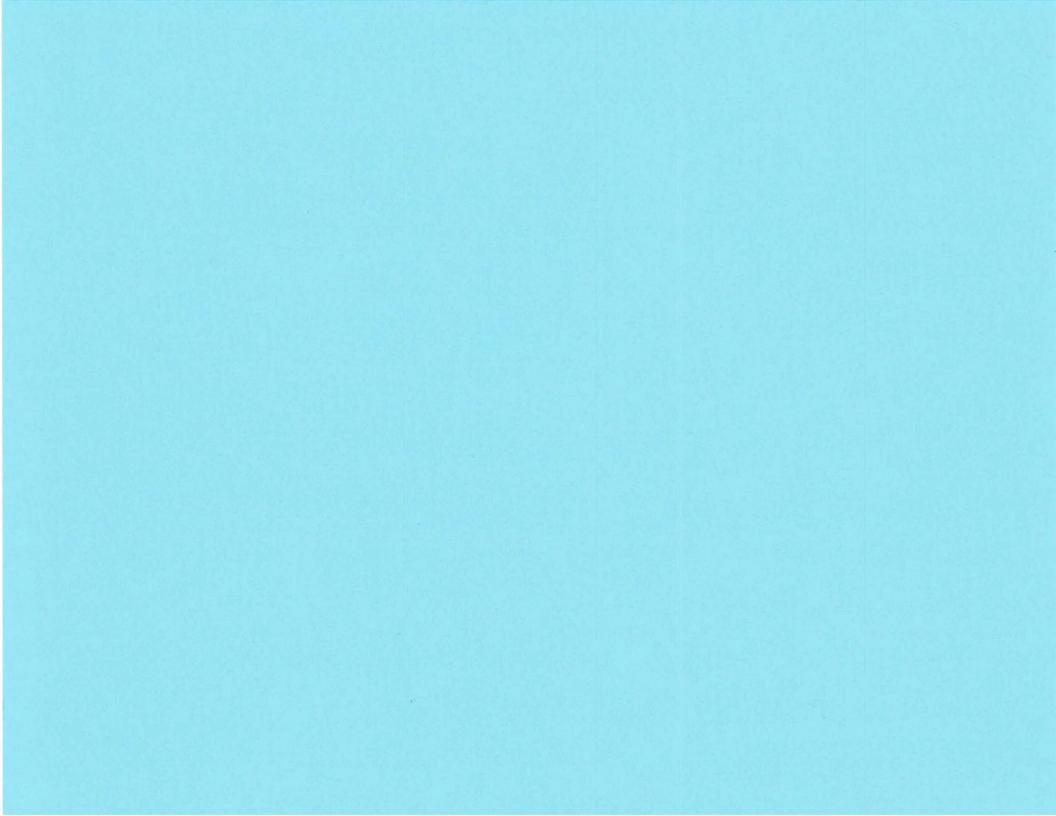
DAC Subcommittee: Health - Medical Subcommittee Chair: Kris Rhoads

Recommendation #: 5B2. Identify and recommend several validated, brief cognitive screening tools.

		II.						
Project Team & Leader*	Key Partners	Anticipated "product" or "deliverable"	Any related Projects/efforts	High Level Action Plan/Steps (Initial)	Next Level Steps for each action at left & Who will do	Time frames, dates for: Start, Milestones & Completion		
Kris Rhoads*, Lynne, Aimee	Other health	Report/Paper 1) Importance, including caregiver assessment 2) 3-4 measures	Medicare materials Alz Association	Literature review on available screening measures	Complete updated     literature review     UpToDate, Pubmed, etc –     KR	July 30		
	systems Alzheimer's Association	a) Length b) Operator c) Training 3) Toolkit/pathway for abnormal results	materials  Existing state plan toolkits		Search materials available from CMS or Alz     Association online – KR	July 30		
	AAN		Borson paper		er i sigré Mari e propi	812		
				Investigate practice parameters and recommendations from national and local medical organizations	<ol> <li>Review guidelines from AMA, AAN, AGS, CMS – KR</li> <li>Investigate any guidance from WA health/medical</li> </ol>	July 30 July 30		
	:	-			associations - KR			
				Investigate best practice models in other states/areas	<ol> <li>Investigate what other states are doing to promote cognitive screening- KR</li> <li>Determine how</li> </ol>	June 24 August 31		

			1770 7-11			screening into the EMR - KR	
ž.				Determine current/baseline use in local/state organizations	1.	Contact Virginia Mason, Providence, Group Health, Swedish to see what's occurring now re	August 31
						MAWV and inclusion of cognitive screening – KR	
	*			Company or Landscope in the Company of the Company	2.	Identify key stakeholders in regional health care organizations	August 31
					3.	Consider repeat provider survey focused on screening	October 31
			tions, androne				
	otrock	A COURT					





## Dementia Action Collaborative - Subcommittee Implementation Plans - LK 7/28/2016 8-29-KR

DAC Subcommittee: Health - Medical Subcommittee Chair: Kris Rhoads

Recommendation #: 5E1. Promote understanding and effective utilization of (a) Medicare Annual Wellness Visit which includes objective cognitive assessment/screening; [and (b) Complex care management (CCM) codes for care coordination services, and advance care planning codes for individuals at end of life. See Bree Collaborative End of Life Care Recommendations next step/2017]

Project Team & Leader*	Key Partners	Anticipated "product" or "deliverable"	Any related Projects/efforts	High Level Action Plan/Steps (Initial)	Next Level Steps for each action at left & Who will do	Time frames, dates for: Start, Milestones & Completion
Kris Rhoads*	WSMA	Report for	Medicare/CMS	Review supportive	<ol> <li>Search materials available</li> </ol>	June 24
Leslie Emerick		caregivers/families	materials	guidance/materials from CMS,	from CMS or Alz Association	-1 12 .
Charissa Fotinos	UW	& guidance about		Alzheimer's Association,	online – LK	=
Tatiana Sadak	1	use of the	Alz Association	medical associations and	" godfuggtsjooder ganger ja	0.00
Lynne Korte	HCA	Medicare Annual Wellness Visit	materials	others	Investigate any guidance from WA health/medical	July 30
	Other	(MAWV)	Note: This may		associations around MAWV	
	health		be best		and cognitive screening	- 11 - 1
	systems		coordinated		a Secretary	
		Provider specific	with timing of		3. Investigate what other states	Aug 30
	Billing code	report/guidance	5.B.2. as that		are doing to promote	10.11
	association	for use of MAWV	recommendatio		utilization of MAWV and	
			n focuses on cognitive tools	-	cognitive screening- LK	, c
		Potential webinars	which may be	paritus and in in a fermi	I SANGERBURG TENNIS	3.5
	H H	about use of the	used during the		placete Mesolv by	
	,	MAWV (and	visit		Linding of the second	
	_	cognitive			and the state of	18 Y 19
		screening within				8
		it?)	1		10 0 0 0 0 0 0 1 1 1 1 1 Y H	
		=			2000 T. S.	5

T		A	Long to	Investigate current practice;	Contact Virginia Mason,	Oct 30
×	at a			who is doing what in local areas re MAWV	Providence, Group Health, Swedish to see what's	301 30
					occurring now re MAWV and inclusion of cognitive screening - KR  2. Identify other providers/groups that we	Oct 30
		PROTECTION OF THE	Howa thinks It is		should contact - KR	٠,
*		entential a solicing	narch ac thi tollogramme monvezou	Determine current/baseline use of MAWV	See if Qualis has any data on use of the MAWV (numerator/denominator)* –	Done
-	Bising code	colonia special	erdumalijates entrice		Amie Ford  2. Seek other sources of data for this information if needed	July 30
	1937000 19370	( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( )	reconstruction		3. Determine if systems/organizations track this information – Sumie,	Aug 30
Zaczagowa za od	A A		ones.		Tatiana 4. Determine level of inclusion of "cognitive screen" within the MAWV	Dec 31
ente enterior	por form p	2.5		Compile/Develop guidance materials for the MAWV, to	Develop guidance materials content	Spring '17
(alique)	Krewers	or o	pro) garde	For clinicians -  written guidance potential training	<ul><li>2. Develop webinar presentation content</li><li>3. Determine what materials/format are best for dissemination</li></ul>	Spring '17
	month in a t			webinars or workshops	4. Have both (1) and (2) reviewed by H-M subcommittee and other interested DAC members	Summer '17
recommendation	one percent	a understeading and s copies incremension of service realisation	Stactics of linetics	For consumers –  • written information	5. After this, have reviewed by several practitioners outside DAC	Summer '17

			1 51 6	Dissemination of guidance	Consider potential	Fall '17
e e	1 0	- s		materials	contacts/avenues for first (trial	Tull 1/
			, ,	materials		
	,	豆	9	» =	round) of dissemination	
=				in.	2. H-M subcommittee to	
		-		·	narrow/prioritize to best	Fall '17
		a a	* 2		avenues to trial these	
		^			materials	
		E.			3. Arrange for either workshops	
			11%		or webinars with selected	Winter '17
-					entities	Willer 17
×		,	-		4. Conduct 3-4	Winter/
			, and the second		& .	5
× *	2		51		workshops/webinars	Spring '18
	v				5. Evaluate content, format,	The second second
8 b.					feedback	Spring '18
		The Control of the Co				
			1111,111	Investigate billing codes and	Get clear picture about what is	April 30
patrija i sa 1956 kaz	te usubraharan	usau od Pod akon	way eoramana ////	distinction between MAWV	happening around these billing	
word of makemin	eva i perioni		AND THE RESERVE AND THE PARTY OF THE PARTY O	and other wellness or complex	codes issues already – who are	
Str. 12 miles in				care management codes.	key players? What is the	
X X					status? What are their next	
	Α		**************************************		steps? – Leslie??	
Samuel College Design	stall a child		X HERE WILL E		2. Identify challenges and/or	
- F - 4 - 2 0 M PH -	errana a a é	A pursua la graca la busina.		estes . What he was to be also be a	barriers to use of these codes -	
State No. No. 3 to 10 May 1	(C) 1000 36 (2)				The second secon	
					The state of the s	
	muses in the an		1 2 E 2 E 2 E E	The second secon	3. Identify what more we need to	
					move forward and who can	
					help - ??	

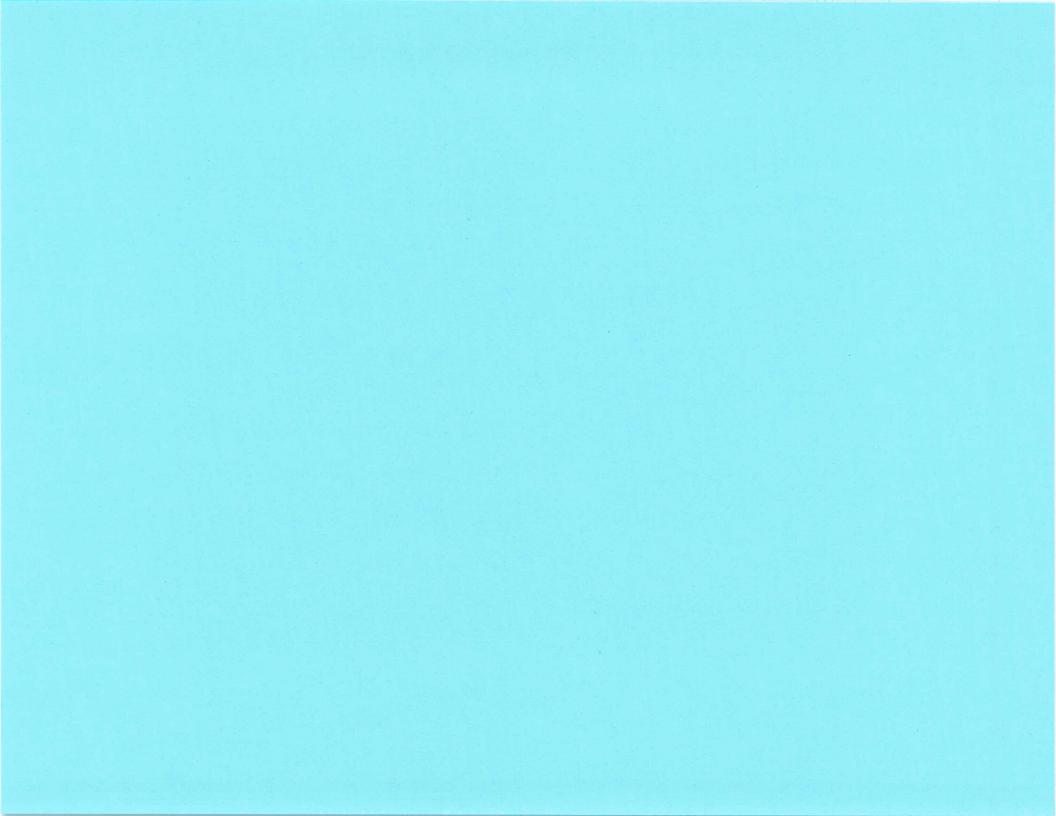
<sup>\*</sup>Utilization of Medicare Annual Wellness Visits in WA State: Qualis

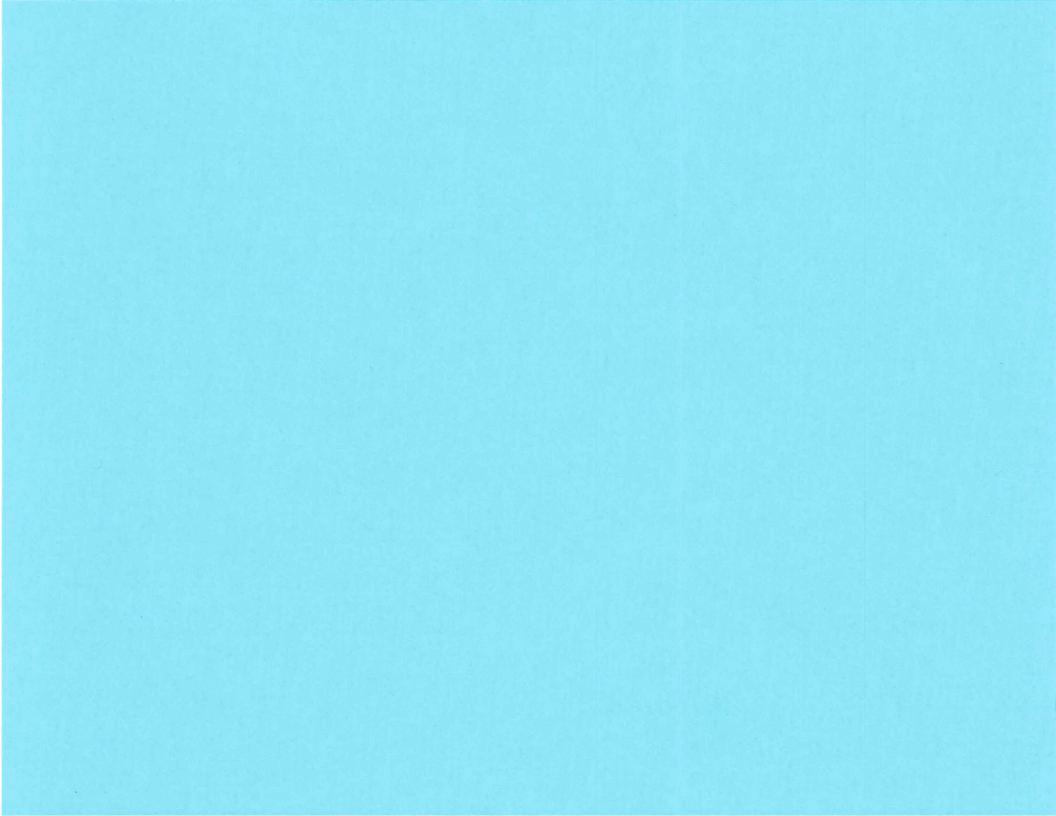
	G0402 (Welcome to Medicare)	G0438 (Initial Annual Wellness Visit)	G0439 (Subsequent Annual Wellness Visits)	Total Preventive (Total Annual Wellness Visits)	Total Benes	Percent with annual wellness visit or Welcome to Medicare visit
2013	6,674	23,173	54,462	84,309	781,794	10.78%
2014	6,928	17,490	69,802	94,220	804,026	11.72%
2015	7,014	17,497	81,998	106,509	832,268	12.80%

We are seeing increases in the annual wellness visits in WA, though uptake overall is still pretty low. The increases are coming from G0439—the subsequent annual wellness visits. I was surprised to see G0438 go down though, especially since there aren't corresponding increases in G0402. My guess is that people are billing G0439 even for a first wellness visit. It pays slightly less, but you also are less likely to be denied payment. (If someone has already received G0402 or G0438 in their lifetime from any provider, the claim would be denied.)

#### Note:

IDEA TO CONSIDER AT SOME POINT RE cog impairment? letter such as NYs – from health officer to medical professionals statewide – on importance of early detection/diagnosis. http://www.health.ny.gov/diseases/conditions/dementia/alzheimer/docs/dcl\_early\_detection.pdf





## **Dementia Action Collaborative – Subcommittee Implementation Plans**

### **DAC Subcommittee: Long Term Care and Services**

#### Subcommittee Chair: Bob LeRoy

#### Recommendation #: Goal 6.A.2

Identify and promote existing models of care coordination services for individuals living in the community and their family caregivers, such as Health Homes, geriatric care managers, and Alzheimer's Association Care Navigators.

Project Team & Leader*	Key Partners	Anticipated "product" or "deliverable"	Any related Projects/effo rts	High Level Action Plan/Steps (Initial)	Next Level Steps for each action at left & Who will do	Time frames, dates for: Start, Milestones & Completion
LeighBeth Merrick* Mary Lynn Pannen Maureen Linehan Mimi Pattison Jullie Gray John Ficker	Alz. Assoc. ALSTA DSHS HCA Hospitals/A COs Qualis Washington Home Care Association	<ol> <li>Grid detailing existing care coordination resources:         <ul> <li>What services are offered?</li> <li>Contact information?</li> <li>What is the eligibility for services?</li> <li>How are services financed?</li> <li>Is there a focus or interest in working with people with dementia and their caregivers?</li> <li>Length of program – existence as well as time of services offered</li> <li>Size of program</li> </ul> </li> <li>Summarize gaps or areas of opportunity for serving populations who may not have adequate access to care coordination through existing</li> </ol>	Family Caregiver Handbook - ALTSA  Dementia Friendly America  Care Management Research projects through CMS and Private Pay White papers	<ul> <li>Define care coordination</li> <li>How does this differ from service coordination?</li> <li>What do people with dementia or their caregivers need or want from care coordination?</li> <li>What evidence based practices are available for care coordination?</li> </ul>	Discuss at July meeting  Review surveys from phase 1 and town hall information, small sample of clients  Create grid (without information) for feedback from other DAC groups	Discuss at August Meeting  Aim for completion by mid- September  November

,		Control of the contro	. Tall 2 - August	<ul> <li>Inventory available care coordination resources through current systems</li> <li>Primary Care Doctors</li> <li>Health Care Institutions</li> <li>Medicaid</li> <li>Hospice/Palliative Care</li> <li>Housing</li> <li>Family Caregivers</li> <li>Private Pay Market (include financial institutions and</li> </ul>		September 2016 – May 2017
~ ,		and the second of the second o	Cataca Several Several Several Several Several Several Several Several Several Several Several Several	elder law)  Community Based Services  APS  VA  EAP Programs	(with our control or control of the control of the grounds	*
Mary Lynn Mary Lynn Mary Lynn Mannath Mannath Mannath Mari Mari Mari Mari	AS ASSOC FLESHA FLESHA GURLA G	E Chicartainne eachae che  anntheathar transmission  attache montheath  attache mann and  attache mann and  attache mann and  attache manne attache  attache man	Care Manufactor Manufa	Create grid detailing existing resources  What services are offered? Contact information? What is the eligibility for services? How are services financed? Is there a focus or interest in working with people with dementia and their caregivers?	Substitute of July a	September 2016 – May 2017
Project town	Farences	Anticpated "presenct" or "themselves"	Any policied Projects/cition	Identify gaps or areas of opportunity for serving populations who may not have adequate access to care coordination through existing models	Note the section of t	June 2017