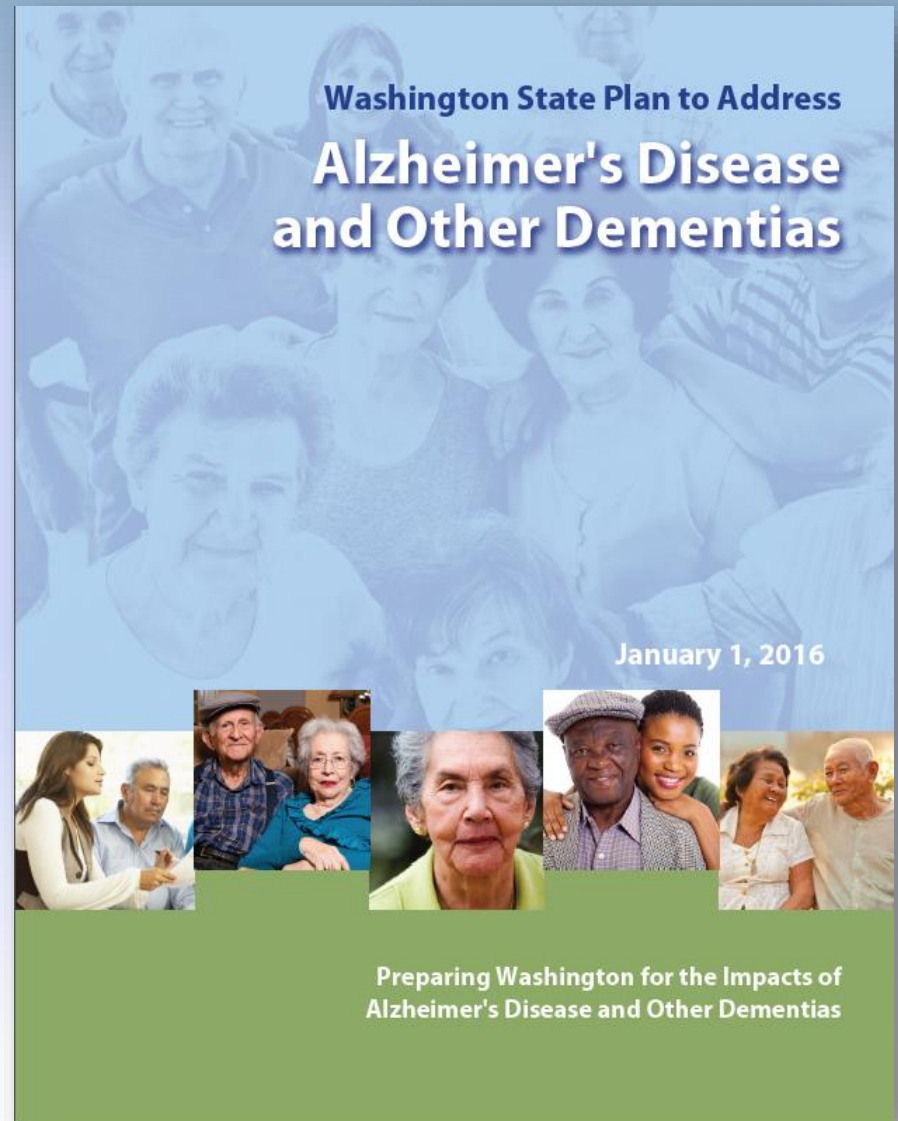


Washington State Dementia Action Collaborative

Bill Moss, Chair

Aging and Long Term Services Administration
September 7, 2016



Today's Meeting Goals

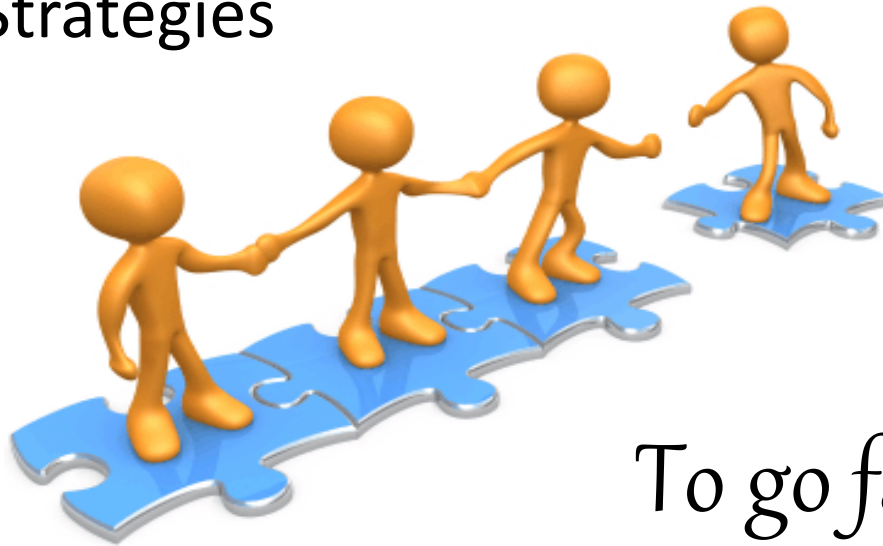
- Review recommendations in motion, share suggestions to implement effectively
- Agree and improve upon processes for internal and external communications
- Determine common message(s) and action steps moving into 2017

Agenda Overview

9:30 – 10:00 a.m.	Welcome – Introduce self and organization
10:00 – 10:30 a.m.	The Messiness and Joys of Collaborative Work
10:30 – 12:00 p.m.	Progress on Recommendations in Motion
12:00 – 12:30 p.m.	Working Lunch – Updates, announcements, DAC logo feedback
12:30 – 1:45 p.m.	Progress on Recommendations in Motion
1:45 – 2:30 p.m.	DAC Communications Planning & Think Tank
2:30 – 2:40 p.m.	Advocacy Plans
2:40 – 3:00 p.m.	Subcommittee Meet Up
3:00 – 3:15 p.m.	Public Comment
3:15 – 3:30 p.m.	Wrap Up and Next Steps

The Messiness & Joys of Collaboration

- Porsche Everson,
Relevant Strategies



*To go fast, go alone.
To go far, go together.*

~ African Proverb

Collaboration takes more than well-meaning people with good intentions coming together to determine a set of outcomes. Successful collaboration requires solid process design and skillful facilitation. The process itself is what catalyzes the critical shift from believing that the right answers and expertise are held by a few to an understanding that it is the collective wisdom of the group that determines right action and greater impact.

-Marianne Hughes, Interaction Institute for Social Change

A constant invitation to stay connected

Personal relationships are key

Meet people where they are at

Support courageous conversations





Progress on Recs in Motion 2016

- DAC awareness of recs being worked on & opportunity for feedback, input, suggestions
 - *What it is, why it's important*
 - *High level steps*
 - *What will be completed this year? Ultimately?*
 - *Challenges/struggles you've had with this so far*
 - *Any question for full group*

Public Awareness-Community Readiness

- 1.A.1. – Establish a workgroup to develop a single web-based “point of access” portal linking to an array of credible and validated information, resources and supports.

Public Awareness-Community Readiness

- 1.F.1. – Inform & educate the public about healthy aging, including links between brain health and nutrition, exercise, stress management and oral health/periodontal disease.

Public Awareness-Community Readiness

- 2.C.1. – Review emerging models/movements of livable, age-friendly and dementia-friendly communities, and determine elements most critical to developing dementia-friendly communities in WA state.

Public Awareness-Community Readiness

- 3.B.1. – Compile and make accessible educational materials about ways to improve safety for people with dementia. Information may address falls prevention, wandering, disaster preparedness, and home safety assessments.

Long Term Services & Supports

- 4.A.1. – Create a Washington State-specific “Road Map” for family caregivers providing information about what to expect over time to help plan for the future.

Long Term Services & Supports

- 4.C.2. – Expand and promote implementation of early stage memory loss groups for people with cognitive impairment/dementia and their care partners.

Working Lunch

- Updates, announcements
- DAC logo feedback

[Our Time Has Come](#)



Long Term Services & Supports

- 4.F.1. – Identify and engage leaders and organizations of diverse populations to explore needs for education and support.
- 4.G.1. – Engage tribal representatives to explore the needs of tribal families caring for people with dementia to develop culturally relevant supports and services.

Health-Medical

- 5.A.1. – Convene an expert panel to identify and endorse a set of evidence-based standards for diagnosis, treatment, supportive care and advance planning for people with dementia.

Health-Medical

- 5.B.2. – Identify and recommend several validated, brief cognitive screening tools.

Health-Medical

- 5.E.1. – Promote understanding and effective use of Medicare Annual Wellness Visit

Long Term Services & Supports

- 6.A.2. – Identify and promote existing models of care coordination services for individuals living in the community and their family caregivers, such as Health Homes, geriatric care managers, and Alzheimer’s Association Care Navigators.

Communications Planning

- Internal communications
- External communications
- DAC branding
- Communications team recruits

What is our DAC Message?



Advocacy Plans

- Bob LeRoy & Jerry Reilly



Subcommittee Meet Up

- Share immediate thoughts from the day
- Discuss best 'next' meeting times and next steps



Public Comment



[Our Time Has Come](#)

Next Steps, Action Items, Wrap Up



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