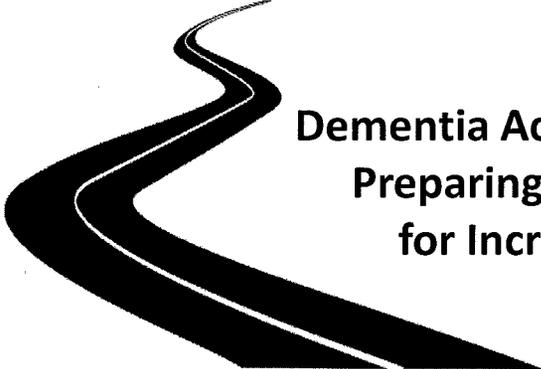


Washington State Department of Social and Health Services

Transforming Lives



Dementia Action Collaborative Preparing Washington State for Increases in Dementia Population

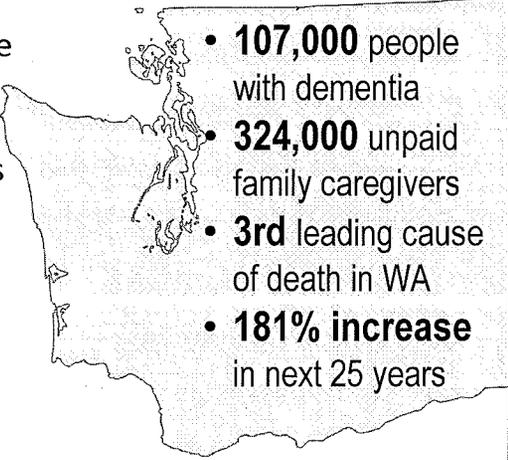
Joint Legislative Executive Committee on
Aging and Disabilities
June 20, 2016
PO Box 45050, Olympia, WA 98504 | www.dshs.wa.gov



Washington State Department of Social and Health Services

Dementia by the Numbers

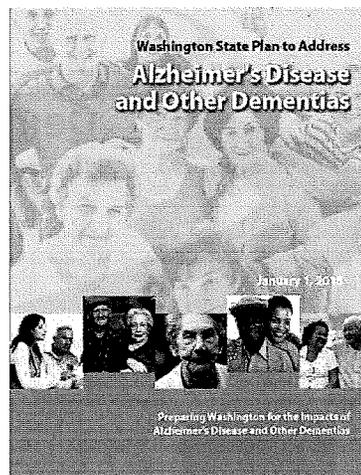
- Fewer than half of people with dementia have received a diagnosis
- Dementia population has more than 3X number of hospital stays annually
- Older African Americans are 2x as likely, and Latinos 1.5 x as likely to have dementia



- **107,000** people with dementia
- **324,000** unpaid family caregivers
- **3rd** leading cause of death in WA
- **181% increase** in next 25 years

7 Aspirational Goals

1. Increase public awareness
2. Prepare communities
3. Ensure well-being and safety
4. Ensure family caregiver supports
5. Identify dementia early and provide dementia-capable evidence-based health care
6. Ensure dementia-capable long-term services and supports
7. Promote innovation & research



Dementia Action Collaborative

- Next generation group formed
 - Dementia Action Collaborative (DAC)
 - Public-private partnership
- Full DAC meetings
 - April 14, 2016
 - Sept 7, 2016
- Three subcommittees convened

DAC Subcommittees at Work

Plans for 2016

- Be realistic
- Be focused on what we can do
 - Through heightened collaboration
 - Within existing resources
- Sustain momentum and awareness

Recommendations In Motion 2016

Public Awareness-Community Readiness

- Develop a website “point of access” portal (1A1)
- Compile educational materials about safety (3B1)
- Identify elements of dementia-friendly communities (2C1)
- Inform & educate about healthy aging and brain health (1F1)
- Implement BRFS cognitive and caregiver modules at least once every three years (2A2)

Recommendations in Motion 2016

Long Term Supports and Services

- Develop a WA-specific road map for family caregivers (4A1)
- Expand and promote early-stage groups (4C2)
- Identify and engage leaders of diverse/tribal populations to explore needs (4F1/4G1)
- Identify and promote existing models of care coordination (6A2)

Recommendations in Motion 2016

Health and Medical

- Convene expert panel to identify and endorse evidence-based standards for dx, treatment, supportive care and advance planning (5A1)
- Identify/recommend validated cognitive screening tools (5B2)
- Promote understanding and effective use of Medicare Annual Wellness Visit (5E1)

What's Needed?

- **Effective public-private partnership**
 - Sustained engagement of private partners (Alzheimer's Association, etc.) and from state leadership (Governor's office, DSHS, DOH, HCA, State VA)
- **Support with policy and budget requests over time**
 - Enhance dementia capability and public awareness
 - Workforce and resource development
- **Infrastructure for Dementia Action Collaborative**
 - To sustain momentum and progress in all sectors
 - Currently provided by DSHS

More Information on the Dementia Action Collaborative

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[Washington State Alzheimer's Plan](#)
or
<https://www.dshs.wa.gov/altsa/stakeholders/alzheimers-state-plan>

