

State Plans Lessons Learned

Washington State
Alzheimer Plan Partners Meeting
September 4, 2014

Disclosures

Consulting Agreements as of 9/1/2014

- Alzheimer's Disease International
- Consumer Voice (aka NCCNHR)
- Eli Lilly
- Bayer A.G. (non-U.S.)
- Alzheimer's Association (US) Healthy Brain Initiative
- Elder Justice ACTION, Elder Justice ACTION SC
- Alzheimer's Association GA/GA Dept Aging
- Also: Splaine is CEO and principal member, Cognitive Solutions LLC

Conflict of Interest

- None of the views represented here are those of my clients nor have they had any control or input into this presentation.

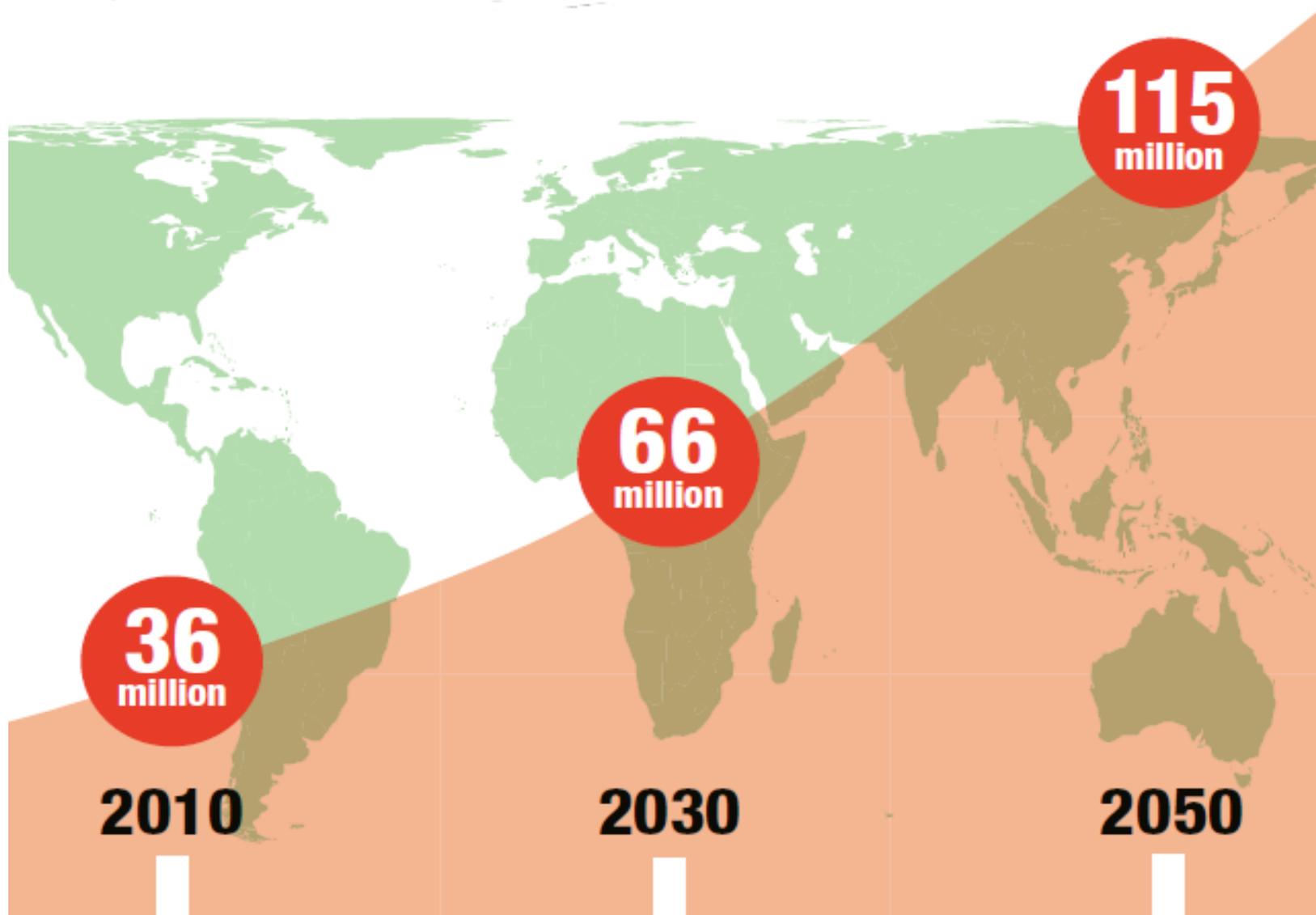
Overview

- Why plans?
- Highlights from implementation
- Follow the evidence: caregiver support in Alzheimer plans
- Questions and answers

Recognition, terms

- Special thanks to ADI for the use of their global data slides.
- The term Alzheimer's disease is intended to be inclusive of related irreversible dementias in and Alzheimer's detected at the time of cognitive symptoms are present.

Dementia worldwide





DEMENTIA

A PUBLIC HEALTH
PRIORITY

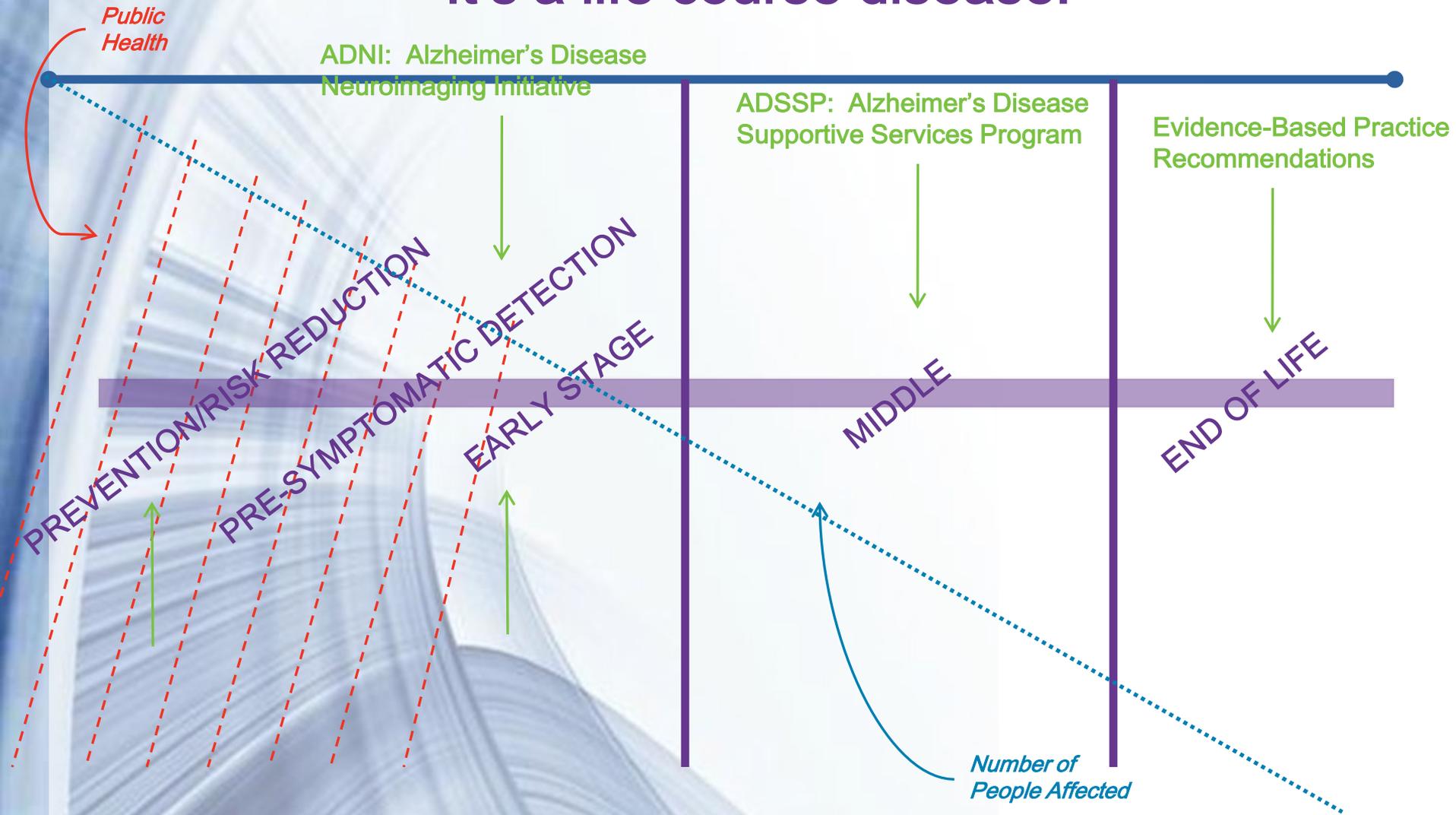


World Health
Organization

2007 Goals for state plans

- NOT Ageing, but health and public health
- Evergreen
- To the limit of the evidence available
- Inclusion of persons with the disease
- Not necessarily new spending, better spending

A Comprehensive Approach to Alzheimer's: It's a life course disease.



What makes ADRD Different?

- **Families are the caregivers.**
- **Gap between prevalence and diagnosis**
- Diagnosis late in disease process
- **Co-morbid chronic diseases**
- Lack of attention to population health/risk
Siloed budgets and systems
- Stigma, nihilism, ageism plus capacity
- Duration of disease process, care
- Special pops: complicated lives

Evidence: Impact on family caregivers

- Higher levels depressive symptoms
- Perceived burden increase as function declines
- High levels of stress and frustration
- Exhaustion, sleep problems
- Women fare worse in all of these elements
- Some evidence linking stress and abuse
- Social/economic development impact

Impact part 2

- About 1/10 report “harmed their health”
- Lower levels subjective well being and health
- Higher rates of dementia
- Increased risk heart disease, poor wound healing
- Physical strain of caregiving
- Lower levels of self care and preventive health behaviors

Relationship to national plan

- See Baumgart's Venn diagrams
- Dually eligible persons
- Quality care issues
- Solutions for financing ltss

Some process learnings

- Early stage persons
- Policy document
- It's not always spending money. (Vaud, Suisse)
- It might be about economics. (FR)
- Priority setting with transparency

What Alzheimer's do we plan for?

Charleston Stage Backstag... x +

charlestonstage.com/blog/?p=248

Most Visited Getting Started

Holmes: The Final Adventure"

Archives

- April 2014
- March 2014
- February 2014
- December 2013
- November 2013
- October 2013
- February 2013
- January 2013
- December 2012
- November 2012
- October 2012
- September 2012
- August 2012
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- November 2011
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- June 2011
- April 2011
- March 2011
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- January 2011
- December 2010
- November 2010
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- September 2010
- August 2010



(Randy Risher as Scrooge surrounded by the "Three Ghosts")

No Comments

No comments yet.

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Tactical Options from plan implementation (18)

- Excellent accurate public health sourced information
- Access to diagnosis
- Anti stigma campaigning (Scotland, UK)
- Telemedicine and telephone based support
- Alzheimer friendly communities (Belgium)
- Promotion of programs to meet unique needs (FR)
- Pathway of post diagnostic support
- Translating evidence based programs into mainstream and achieving scale

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