

Serving Older Adults and  
Individuals of All Ages with  
Cognitive & Physical Disabilities,  
Families, Friends, and Providers



## **Help with Choices for Long Term Support**

- ◆ Identify strengths, needs, situations and preferences
- ◆ Develop good plans and ways to achieve them
- ◆ Help make informed decisions
- ◆ Serve caregivers and people needing care

## **Guidance for Assistance and Benefits**

- ◆ Provide information and assistance
- ◆ Evaluate potential eligibility
- ◆ Respond to both immediate and long-range needs
- ◆ Identify public and private benefits

## **Referral to Other Programs and Services**

- ◆ Develop options to stay in the community
- ◆ Balance needs, wants, and resources
- ◆ Refer to local, state and federal programs / benefits
- ◆ Assist with contacts, application and documentation

## **Plan for the Future**

- ◆ Find best options for individual needs and settings
- ◆ Plan for long term needs
- ◆ Evaluate potential sources of assistance
- ◆ Assess costs, services and providers

3580 Pacific Avenue  
Tacoma, WA 98418-7915  
(253) 798-4600 or (800) 562-0332

[ADRC@co.pierce.wa.us](mailto:ADRC@co.pierce.wa.us)  
[www.PierceADRC.org](http://www.PierceADRC.org)  
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### **Long-term Support Options Counseling:**

The ADRC helps people make informed decisions. We help Pierce County residents and their families understand how their strengths, needs, preferences, and unique situations translate into possible strategies and plans based on options available in the community.

### **Benefits Counseling:**

Our information & assistance service is designed to help people learn about and, if desired, apply for public and private benefits to which they are entitled. We can also help people navigate the various application processes and save time.

### **Employment Options Counseling:**

The ADRC assists people who are interested in, or may be interested in, pursuing their options for employment. We coordinate with other sources that provide employment counseling. Our goal is to ensure access to appropriate employment options.

### **Referral to Other Programs:**

The ADRC refers individuals to other programs & benefits to help them remain in their community. These are programs specific to Pierce County as well as state and federal programs.

### **Crisis Intervention:**

The ADRC can help individuals respond to situation of immediate jeopardy to their health or welfare. We can direct people to effective local resources with the primary goal of protecting a person's safety.

### **Planning for the Future:**

The ADRC helps people plan for their future long term support needs. We help individuals identify their needs and wants and balance them with available personal and community resources.

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