**Community First Choice Option - Program Design Framework**

**There are many ways to design the CFCO program. The following framework is one way of thinking about potential models.**

**Framework for Thinking about Options for Program Design**

Washington's Community First Choice (CFC) program can be designed to transform home and community based services by combining long term sustainability with the opportunity to leverage maximal state savings. One place to start in designing the CFC program is to determine how much choice and flexibility to include. The basic options presented below illustrate some differences between a more flexible option and something that looks more like our current personal care program. The specifics of each model will be advised by the Stakeholder Council. Both models must meet Legislative parameters related to costs.

Both options include the four required CFC services along with an optional service, Community Transition Services (CTS). Including CTS enables the state to receive federal match on allowable costs, up to the dollar limit, incurred to set up a household for individuals moving from an institutional setting back to a community home.

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| **Community First Choice Option: Two Basic Options*Either Must Meet Legislative Parameters and Federal Approval***  |
| **Fixed Benefit Option**  | **Flexible Benefit Option:*****Examples Possible Choices for Clients***  |
| **Personal Care *(CFCO required service)***  |
| Personal Care Nurse Delegation  | Personal Care  |
| Nurse Delegation  |
| Yard hazards and heavy cleaning  |
| Mileage Reimbursement/community participation (once weekly trip)  |
| **Acquisition, Maintenance and Enhancement of Skills Necessary for the Individual to Accomplish ADL's, IADL's and Health Related Tasks*(CFCO required service)***  |
| Client skills training  | Client skills training  |
| **Backup Systems and Supports *(CFCO required service)***  |
| Emergency response/med dispensers/fall alerts/ GPS etc.  | Emergency response/med dispensers/fall alerts/ GPS etc.  |
| Caregiver respite (limited)  |
| Challenging Behavior training, education & consultation  |
| **Voluntary training on how to select, manage and dismiss attendants *(CFCO required service)***  |
| Individual Provider management training  | Individual Provider management training  |
| **Services that increase an individual's independence or substitutes for human assistance, to the extent that expenditures would otherwise be made for the human assistance *(CFCO optional service)***  |
|  | Home Delivered Meals  |
| Pharmacy/Grocery delivery services  |
| Assistive devices  |
| Specialized Durable Equipment  |
| Evidence Based programs  |
| **Expenditures for Transition Costs to move from an institutional setting to a private home *(CFCO optional service)**provided as a Fixed Benefit in both models***  |
| Expenses to set up a household (limited)  | Expenses to set up a household (limited)  |

The first option is a *fixed benefit*, operating similarly to the state's current MPC program. On top of existing personal care services, this option adds in required CFC services and could add the optional Community Transition Service (CTS). In this option, needed services are authorized by the case worker to participants who meet program and service eligibility. Participants may receive up to the service maximum for their eligibility group. However, the service maximums available for these new CFC services would be fairly limited due to the Legislative parameters on total costs per person.

The second option, a *flexible benefit*, could include both required and additional optional services permitted under the CFC state plan option that meet federal approval. In this option, the participant chooses what services on a menu best fit their needs, within a defined benefit amount. A participant could still choose to spend all of their dollars on personal care or they could choose a mix of services including personal care and other items that might better fit their needs. All choices within the flexible benefit option are made within this defined benefit amount, with the exception of CTS which could be paid as a one-time fixed amount. This option allows more flexibility and choice to the client and their family so that services can be targeted directly to what might meet their individualized needs.

For both options, the total dollar amount available per person is the same. Details of both options must also meet Legislative parameters and federal approval.