

Community First Choice Option Planning and Design Work Group

May 20, 2014

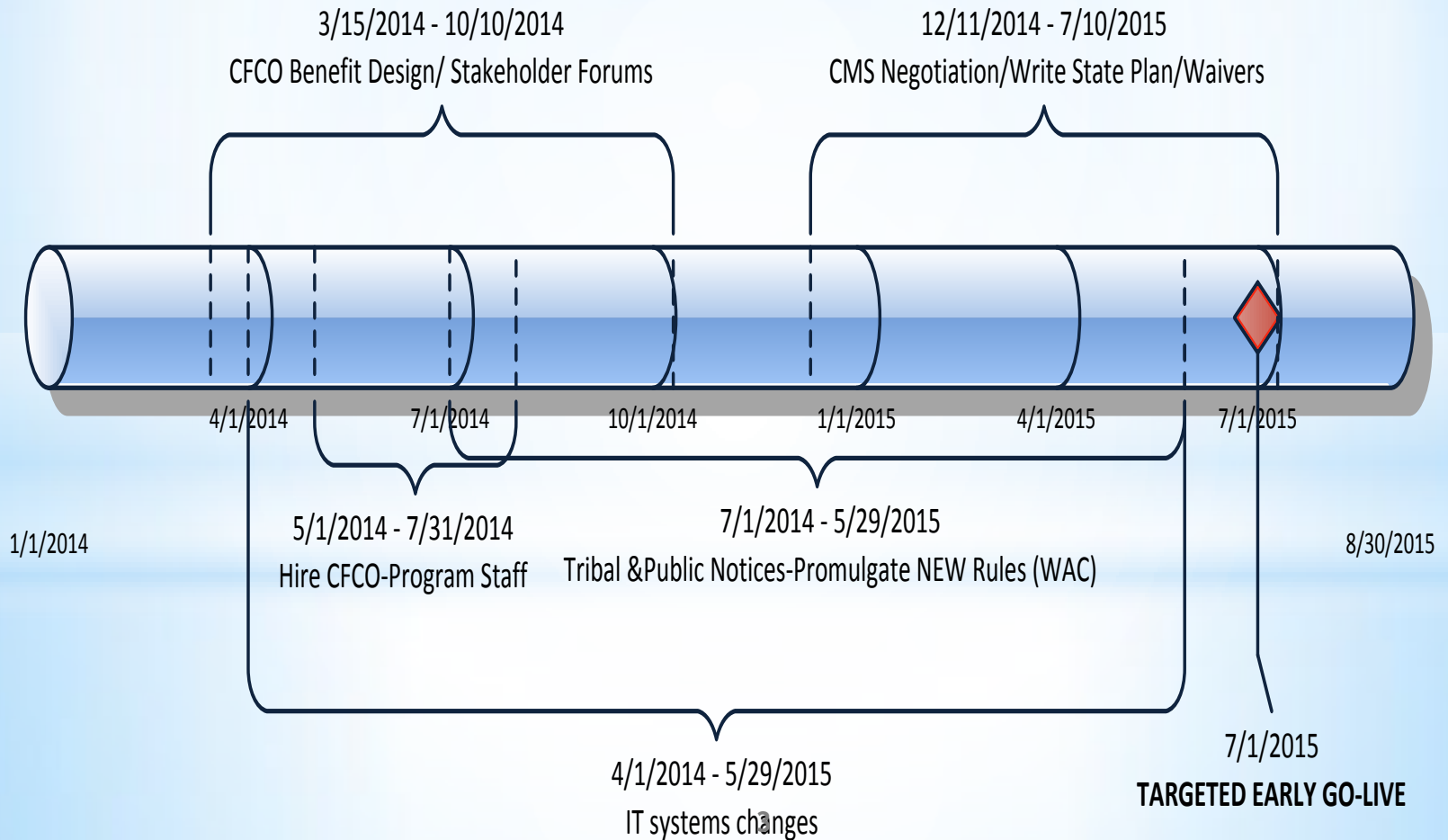
**These updates and new information were requested by the
Planning and Design Work Group at its April 16, 2014, meeting.**



Follow up from April 16th Workgroup Meeting

Task	Status
CFCO website	http://www.alsa.dshs.wa.gov/CFCO/
Samples of other states' CFCO state plan amendments	Provided to Work Group 5/20/14
Crosswalk of current waiver services	See handout: <i>DDA and ALTSA 1915(c) Waivers – Service Comparison Chart</i>
Template for use to describe system recommendations	<i>CFCO Possibilities</i> – the column titled “To Be Determined”
Quality measures from federal rule	See handout: <i>Community First Choice Option Quality Assurance CFR</i>
Conflict-of-interest	Reviewed with AAG
Update timeline	Provided to Work Group 5/20/14
\$ Amount of average per capita plus 3%	Provided to Work Group 5/20/14

COMMUNITY FIRST CHOICE OPTION TIMELINE FOR JULY 2015 IMPLEMENTATION



Conflict of Interest Requirements

AG opinion advises that the Design and Development workgroup is not subject to Conflict of Interest requirements.

Incorporating Stakeholder and Public Feedback

Stakeholder Engagement Strategy

- How does broader stakeholder work inform the work of the Design and Development workgroup

Participation at workgroup meetings by non members

- How to include public comments

California's CFCO Plan

- Assistance with Activities of Daily Living (ADLs), Instrumental Activities of Daily Living (IADLs) and health-related tasks through hands-on assistance, supervision, or cueing such as Domestic Services; Related Service; Personal Care Services; and Paramedical Services.
- Acquisition, maintenance, and enhancement of skills necessary for the individual to accomplish activities of daily living, instrumental activities of daily living, and health related tasks.
 - To a physically and mentally capable individual
 - In order to achieve greater independence by potentially performing the task for him or her.
 - Time-limited to three months
 - Reasonable expectation that the individual will acquire the skills necessary to perform the task at the end of the three months.
 - If the individual does not acquire such skills after three months, the services will be re-authorized as needed in the individual's person-centered plan.


California's CFCO Plan cont.

- Back-up systems or mechanisms to ensure continuity of services and supports.
 - Program Assessment
 - Referrals
 - Individualized Back-Up Plan
 - Disaster Preparedness
- Voluntary training on how to select, manage, and dismiss attendants. (*The State will not be claiming a service match for this activity.*)
 - Made available to participants by social workers during initial assessment and all reassessments as an administrative activity of the CFC program.
- Expenditures relating to a need identified in an individual's person-centered plan of services that substitute for human assistance, to the extent that expenditures would otherwise be made for human assistance.
 - Restaurant Meal Allowance: purchase of prepared meal services for individuals with an assessed need for meal preparation, meal clean-up and shopping for food.

Maryland's CFCO Plan

CFCO	APD Waiver	DD Waiver
<ul style="list-style-type: none"> • Personal assistance services • Personal Emergency Response Systems • Technology • Environmental Assessments • Accessibility Adaptations • Consumer Training • Supports Planning • Transition Services • Nurse Monitoring • Home Delivered Meals 	<ul style="list-style-type: none"> • Assisted Living • Medical Day Care • Family Training • Case Management • Senior Center Plus • Dietitian and Nutritionist Services • Behavioral Consultation 	<ul style="list-style-type: none"> • Assistive Technology and Adaptive Equipment • Behavioral Supports • Community Learning Services • Community Residential Habilitation Services • Day Habilitation - Traditional • Employment Discovery and Customization • Environmental Accessibility Adaptations • Environmental Assessment • Family and Individual Support Services • Live-In Caregiver Rent • Medical Day Care • Personal Supports • Respite • Shared Living • Support Brokerage • Supported Employment • Transition Services • Transportation • Vehicle Modifications

CFCO Possibilities

DD Waiver	CFCO Fixed Benefit	CFCO To Be Determined <i>(per capita +3%)</i>	CFCO Flexible Benefit	HCS Waiver
	Participants may be authorized to receive a specific amount of available services when they have an identified unmet need for the service.		Participants select which of the included services best fits their needs within their defined benefit amount. <i>The May meeting will include a list of services provided in Oregon's CFCO.</i>	

Recommendations for the “other 3%”:

- To Legislature and Joint Legislative Executive Task Force on Aging and Disability
- HCBS re-investment of general-fund savings

CFCO Possibilities

Updated May 20, 2014

<p>DD Waivers</p> <p><i>(See details)</i></p>	<p>Fixed Benefit <i>(Oregon example)</i></p> <p>ADLs, IADLs, health-related tasks Attendant/personal care, chore services, community nursing services (includes nurse delegation)</p> <p>Skill acquisition, maintenance, enhancement Provided concurrently with performance of ADLs, IADLs, and health-related tasks (does not include therapy)</p> <p>Back-up systems Emergency response, electronic devices, assistive technology, relief care, positive behavior support</p> <p>Voluntary training (manage/dismiss attendants)</p> <p>Optional services Environmental modifications, specialized medical equipment, transportation, home-delivered meals, community transition</p>	<p>TBD</p> <p>?</p>	<p>Flexible Benefit</p>	<p>HCS Waivers</p> <p><i>(See details)</i></p>
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Recommendations:

- **To Legislature and Joint Legislative Executive Task Force on Aging and Disability**
- **HCBS re-investment of general-fund savings**

Note: 30-50% of the "other 3%"¹⁰ is obligated for DD services.

Oregon's CFCO Plan

Waivers	Community First Choice Option
<p>APD Waiver Services: Waiver Case Management</p> <p>DD Waivers Services:</p> <ul style="list-style-type: none">• Supported Employment• Prevocational Supports• Alternatives to Employment• Family Training• Physical Therapy• Speech, Hearing and Language Services• Community Living and Inclusion Supports• Family Training• Special Diets• Specialized Supports• Occupational Therapy• Waiver Case Management	<p>CFCO Services:</p> <ul style="list-style-type: none">• Assistive Devices• Assistive Technology• Attendant Care• Behavior Support• Chore Services• Community Nursing Services• Community Transportation• Emergency Response Systems• Environmental Modifications• Home Delivered Meals• Relief Care• Skill Training• Transition Services

Oregon Removed these Waiver Services when it Implemented CFCO

DD Waivers	Aging and Physically Disabled Waiver
<ul style="list-style-type: none">• Group Care Homes for Adults• Group Care Homes for Children• Comprehensive In- Home Support Services• Adult Foster Care• Children's Developmental Disability Foster Care• Respite• Supported Living• Non-Medical Transportation• Specialized Medical Equipment and Supplies• Crisis/Diversion Services• Environmental Accessibility Adaptations• Homemaker• Chore Services• Emergent Services,• Personal Emergency Response Systems	<ul style="list-style-type: none">• Adult Day Services• Adult Foster Homes (Relative and non-Relative)• Assisted Living Facilities• Behavioral Support• Community Transition• Home Delivered Meals• In-Home Services• Home Adaptations• Non-Medical Transportation• Residential Care Facilities• Specialized Living

What is the estimated impact of CFCO on the state budget? (HB 2746)

GF-S Only

Once fully implemented	Annual Estimate*
Reduced state costs due to higher federal match	(\$79 M)
New state costs to implement CFCO/meet requirements**	<u>+ \$43 M</u>
Net State Savings	(\$ 36 M)

*Reflects update to HB 2746 fiscal note. Note that forecast updates will change these figures somewhat three times per year.

**See separate slide for detail.

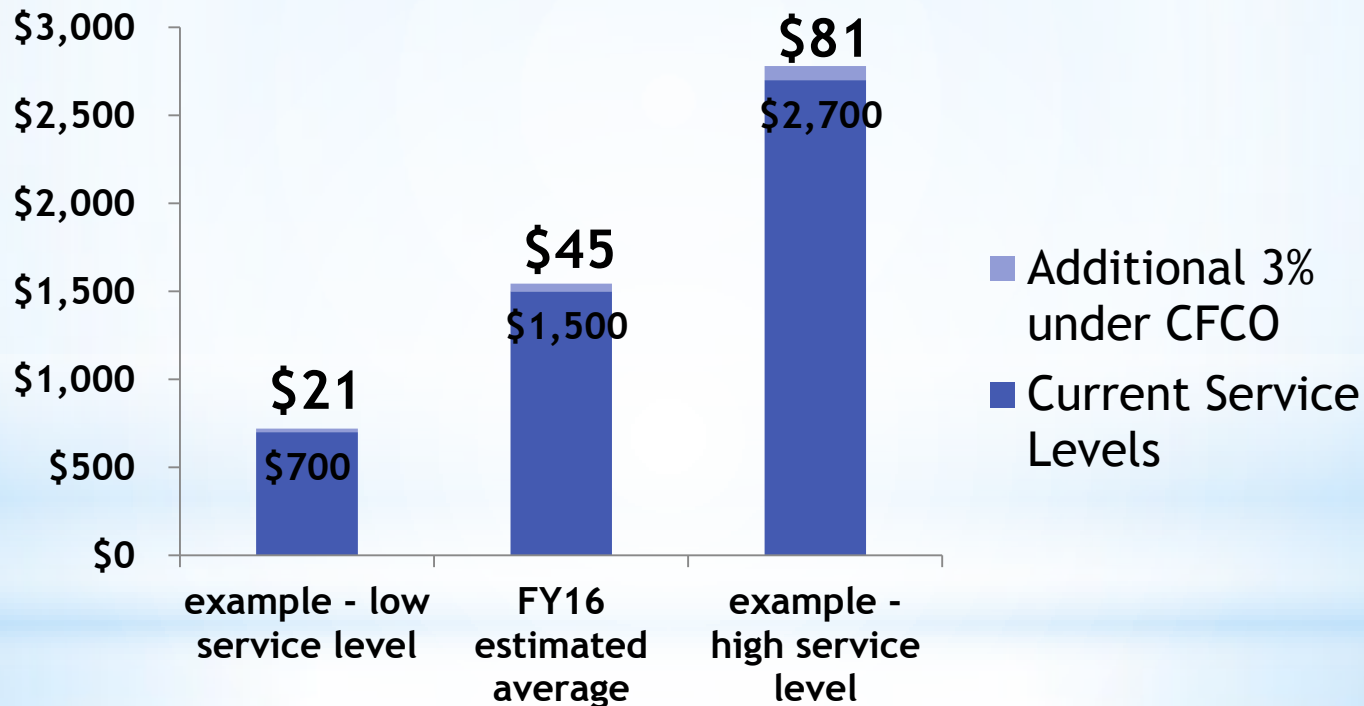
How much CFCO savings is left after we add new DD services under SB 6387?

GF-S Only

Once fully implemented	Annual Estimate*
Net savings from HB 2746 (CFCO)	(\$ 36 M)
Costs for new services in SB 6387	<u>+ \$18 M</u>
Net Savings for Additional Investments	(\$18 M)

*Reflects update to HB 2746 fiscal note. Note that forecast updates will change these figures somewhat three times per year.

For people at different service levels, what could 3% more look like each month?



Average costs shown by setting. FY16 estimate based on current forecast for FY15. In-home includes wage and related benefits costs per hour of personal care, but health benefits and training contributions are kept separate. Estimated range is \$15-\$160/month, with 97% of people at \$20-\$85/month.

CFCO Components - to be determined

Updated May 20, 2014

