**Community First Choice**

**Skills Acquisition Training Reference**

**Skills Acquisition Training:** Functional skills training to accomplish, maintain, or enhance ADL, IADL, or health related tasks. Services may be used in any setting and may complement therapy or nursing goals when coordinated through the support plan

**WAC**: 388-106-0270 (What services are available under CFC?)

**Services Provided by an Individual Provider or Home Care Agency Provider:**

* May provide skills acquisition training on only:
  + Cooking and meal preparation
  + Shopping
  + Housekeeping tasks
  + Laundry
  + Limited Personal Hygiene tasks including only:
    - Bathing (excludes any transfer activities)
    - Dressing
    - Application of deodorant
    - Washing hands and face
    - Washing, combing, styling hair
    - Application of make-up
    - Shaving with an electric razor
    - Brushing teeth or care of dentures
    - Menses care
* Clients may exchange personal care hours for skills acquisition training
* Provider is paid at their usual pay rate and the deduction amount listed in the LTC Manual is deducted from the annual limit

**Services provided by a Home Health Agency contracted through HCA:**

* May provide skills acquisition training on any task
* Provider is paid at their usual rate and that rate is the amount deducted from the annual limit (may NOT exchange hours)
* Requires evidence that full benefits available through Medicaid or private insurance have been accessed

**Examples of exclusions, limits, and uncovered items: (See LTC Manual for full list)**

* The annual limit may not be exceeded without a HQ approved ETR and items are subject to medical necessity requirements
* Training is for the sole benefit of the client receiving CFC services
* Annual limit includes purchases of Skills Acquisition Training in combination with Assistive Technology purchases

**Service Codes:**

T1019 – U3 – Monthly Hours exchanged for SAT by any provider

T1019 – U4 – Annual Limit used to purchase SAT by any provider