SHDD Training Opportunities

July 2021

Audience: ***ALTSA Contracted Providers***

To register, click on the link or follow the registration instructions associated with the training you would like to join.

Important Notes:

- **Due to high demand, *please be sure to cancel registration if you are not able to attend*. This will allow for others to register.**
- **To obtain CEU credit(s), participants are required to attend and participate for the entire duration of the training. *This includes participating in all activities.**
- **To participate in virtual trainings, you will need to join by desktop or laptop computer. This is required to fully engage/interact in the virtual classroom setting.**

2-hour Webinar - *Suicide and Non-Suicidal Self Harm Training* - 2 CEU's

This training focuses on helping providers recognize the differences between self-harm, suicidal ideations, and suicide attempts, including understanding the reasons why these behaviors occur. This training will improve provider skills to recognize and prevent self-harm behavior and decrease risk of harm to clients.

- ➢ **Wednesday, 7/7 @ 2:00 – 4:00**

  https://attendee.gotowebinar.com/register/5045487751498029067

1.5-hour webinar - *Mental Health Disorders: Developing Awareness of Signs, Symptoms, and Practical Interventions* – 1.5 CEU's

This training will give participants the opportunity to increase their awareness of mental health diagnoses and the impact on providing care. Including helpful behavioral approaches and interventions for specific mental health disorders.

- ➢ **Tuesday, 7/20 @ 10:00 – 11:30**

  https://attendee.gotowebinar.com/register/1731066024661102603

1-hour Webinar - *Psychogenic Polydipsia: Explanation and Interventions* - 1 CEU

In this webinar, learners will receive a general overview of Polydipsia. Polydipsia is a condition characterized by excessive fluid intake and is often seen in individuals with Mental Health conditions. Within this course, participants will learn ways to identify behaviors, symptoms and interventions. Learners will be provided tools to effectively communicate with medical providers and assist with developing Care Plans.

- ➢ **Thursday, 7/29 @ 11:00 – 12:00**

  https://attendee.gotowebinar.com/register/3320219867078544654

SHDD Training Opportunities

2-hour Webinar- *Care Training for Providers: Navigating the CARE Assessment* – 2 CEU's

This course is intended to assist Care Providers to further develop skills and tools to create person-centered support plans, with a focus on supporting clients with complex mental health needs. The intention of this course is to help providers identify and gather necessary client information to support the client during the transition process, to stabilize, and maintain a successful placement, while promoting recovery and stability.

➢ **Friday, 7/9 @ 9:00 - 11:00**
   https://attendee.gotowebinar.com/register/743070164688386830

1.5-hour Webinar - *Behaviorism Training: A Provider's Guide to Behavior Supports* - 1.5 CEU's

This training provides an overview of the primary functions of behavior. Participants will gain tools and skills to assess behavior, identify person-centered interventions, and new techniques for documentation and tracking.

➢ **Wednesday, 7/7 @ 9:30 - 11:00**
   https://attendee.gotowebinar.com/register/7262272517886009867

1-hour Webinar - *Dialectical Behavior Therapy (DBT): Simple Skills for Everyday Use* -1 CEU

This training provides a general overview of Dialectical Behavior Therapy (DBT). Participants with learn DBT tools to use in everyday situations to enhance professional boundaries and communication skills.

➢ **Friday, 7/30@ 10:00 – 11:00**
   https://attendee.gotowebinar.com/register/948576584500848398

1-hour Webinar - *Managing Burnout: Professional Stress and Its Implications* - 1 CEU

This training defines the term burnout and examines the impacts of stress, including how it relates to the current pandemic. Participants will learn to identify the signs and symptoms of burnout in themselves and colleagues, as well as gain tools and skills to reduce burnout in the workplace.

➢ **Friday, 7/23 @ 1:00 -2:00**
   https://attendee.gotowebinar.com/register/3889617356706707727