"My Supportive Housing Provider was of great help. She helped me get around and establish myself back into the community. She checks in with me once a week and we discuss any matter I might like assistance with.

With help, I've become a strong independent woman able to get back to work and slowly become successful again. The service has helped me get organized and set goals."

~ Mary

Supportive Housing Participant

How can I get more information about Supportive Housing?

Please email:
SupportiveHousing@dshs.wa.gov

or call toll free:
1-844-704-6786

Washington State Department of Social & Health Services
Transforming lives
DSHS 22-1762 (3/18)

Supportive Housing

Supports to help you live successfully in your own home.

Aging and Long-Term Support Administration

Supportive Housing

- Helps you find an affordable apartment where you want to live.
- Helps you move into your own apartment.
- Helps you keep housing by:
  - Supporting your goals.
  - Helping you build skills for success.
  - Connecting you to community resources related to your goals.
- Provides access to specialized support staff.
- Is an optional service: you choose to participate.

What is Supportive Housing?

Housing Choice: You choose your own neighborhood and the apartment you'd like to live in based on availability.

Identify Barriers: Support is available to help you build skills that assist you to maintain your housing. Participation is not linked to clinical treatment, sobriety, or abstinence.

Service Choice: We'll work with you to arrange services and supports that address your needs and preferences.

Social Integration: We'll help you learn more about and participate in your community, whether it's activities, employment, worship – you decide!

Staff Support: You will have access to staff who can help problem solve and provide supports for success.

Setbacks: The service recognizes that setbacks happen and we will support you through them if and when they occur.

Am I Eligible for ALTSA Supportive Housing Services?

Supportive Housing may be helpful to you if you are eligible for services from Aging and Long-Term Support Administration (ALTSA) and if any of the following are true for you:

- You are living in an institutional setting, waiting for a psychiatric hospital bed, or are homeless.
- You want to live on your own, but need some support.
- Residential settings (like adult family homes) haven't always worked for you.
- You have a difficult time keeping a consistent caregiver.

ALTSA Eligibility is determined by:

- Financial criteria (your income and resources), and
- Functional criteria (the amount of assistance you need for your daily activities).