

# ***AL TSA – Governor’s Opportunity for Supportive Housing Crisis Plan***

The Supportive Housing Provider will complete the crisis plan with the participant either just before move-in or on the day of move-in. The Supportive Housing Provider should ensure the Crisis Plan lists local emergency numbers, including 24/7 crisis hotline numbers, and educate participants on situations in which they should utilize these resources.

A copy of the plan should be provided to the participant and a copy must be submitted to the GOSH Program Manager to submit to the client’s DSHS electronic client record.

<b>Participant:</b>	<b>Version:</b>	<b>Date:</b>
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## **About Me**

<b>Name</b>	
<b>Date of Birth</b>	
<b>Address</b>	
<b>Health Insurance Number</b>	

## **Emergency/Medical Contacts**

Role	Name	Telephone Number
<b>Emergency</b>		
<b>Contact this person 1<sup>st</sup></b>		
<b>Contact this person 2<sup>nd</sup></b>		
<b>Supportive Housing Staff</b>		
<b>Other</b>		

**Depending on the situation, I may also use these community resources when in crisis:**

Name of Community Resource	Telephone Number

## **Understanding and Managing a Crisis**

My definition of a crisis is: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

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Things that cause me to go into crisis are: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The signs that I am about to go into crisis are: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The signs that I am in crisis are: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

If you notice I am doing and/or saying \_\_\_\_\_  
\_\_\_\_\_, then  
\_\_\_\_\_

In the past, to deal with a crisis effectively, I have: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What or who has helped support you during a crisis in the past?  
\_\_\_\_\_  
\_\_\_\_\_

If I am about to be in crisis or I am in crisis, these are the special arrangements or things I need to have taken care of for me: \_\_\_\_\_  
\_\_\_\_\_

**Participant**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**Supportive Housing Staff**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date