



Washington State Council on Aging

Meeting Title: November 15 Washington State Council on Aging Meeting
 Location: Radisson SeaTac

Date: 11/15/16
 Time: 8:30-2:30

ATTENDEES

√	Members Present	Appointment	√		Appointment
	Barry Lamont	At-Large East	√	Paul Malinski	Southeast WA Aging and Long Term Care
√	Cheryl Townsend Winter	At-Large West	√	Patricia McIntyre	Pierce County Connections Advisory Council
√	Suzanne Holmes	AAAD Southwest WA Advisory Council	√	Peggi Moxley	Aging & Adult Care of Central WA
√	Rep. Sherry Appleton	WA House of Reps	√	Helen Spencer	Yakama AAA Golden Eagles Advisory Council
√	Carl Bender	NWRC Advisory Council	√	Art Swannack	Association of Counties
√	Aruna Bhuta	At-Large East	√	Ron Vivion	Snohomish County AAA
	Javier Figueroa	At Large West		Vacant	Kitsap AAA Advisory Council Colville Tribes AAA Advisory Council
√	Lynn Ford	Lewis Mason Thurston AAA Advisory Council	√	Guests Present	
	Ava Frisinger	ADS King County Advisory Council	√	Walt Bowen	Senior Lobby
√	Marty Johnston	Aging and Long Term Care Eastern Washington Advisory Council	√	Cathy MacCaul	AARP
√	Sen Karen Keiser (Jennifer Minich on behalf of)	WA State Senate	√	Cathy Knight	w4a
√	Rep. Linda Kochmar	WA House of Reps			
√	Marti Anthony	Olympic AAA Advisory Council			
√	Phillip Lemley	Association of Cities			



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AGENDA

Minutes

Topic	Key Points and/or Decisions Made
<ul style="list-style-type: none">• Welcome• Review/approve agenda• Review/approve minutes• Review of current action items• Review 2017 draft meeting schedule• Member updates• Other business	<p>Key Points</p> <ul style="list-style-type: none">• Members welcomed• Agenda reviewed/approved with note to ensure future discussion on advisory role• Minutes reviewed and approved• Action items reviewed with items completed with exception to Archive WASCOA member published media on website• Reviewed and approved meeting schedule for 2017 <p>Member Updates</p> <ul style="list-style-type: none">• Lynn Ford will present the Excellence in Action award for Dennis Mahar to Lewis Mason Thurston AAA staff at a gathering next month• Art Swannack recently contacted Rep McMorris Rodgers staff about status of federal budget process.• The Chair, Cheryl Townsend Winter offered a special thank you to Cathy Knight, Suzanne Holmes and Ron Vivion for their great work at the October Joint conference. <p>Decisions Made</p> <ul style="list-style-type: none">• Ron will serve as parliamentarian at Council meetings



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Topic	Key Points and/or Decisions Made
Letter to Editor Updates	<ul style="list-style-type: none">• The following members provided updates on LTE submissions: Art, Suzanne, Phillip, Cheryl, Ron Lynn, Marti Anthony, Paul & Helen.• Cheryl thanked members for their efforts
Partner Updates Cathy MacCaul AARP	Key Points <ul style="list-style-type: none">• Cathy MacCaul, AARP provided an update on the CARE Act- passed last session- hospital assigns caregiver, provides training, e.g. could include complex medical treatments, administer medication• Continuing to talk with the WA Hospital Association, increasing public awareness so consumers are aware that the CARE Act exists.• AARP sent mailing to 75,000 households about resources you can access, includes stories- also has a card to send in for more information• AARP has a national report coming out on the cost of caregiving and also has a robust social media strategy going on (<i>careversations</i>) to share challenges and tips• Suzanne Holmes offered to liaison with her AAA• Art inquired about cost to hospitals to implement the CARE Act-AARP is having conversation on national level about outreach to rural areas• Want the focus of the CARE Act to be non-bureaucratic approach-training the caregiver, looking at embedding the minimum as standard hospital practice• Discussed WA Association of Hospitals attending a WASCOA meeting• Potential for WASCOA members to conduct outreach at local hospitals• Suzanne offered to have a discussion with PeaceHealth• Ron will write to HILN/Dorothy Teeter about incorporating public awareness of the CARE Act. Cathy M. suggested also sending a letter to Cassie Sauer at WA Hospital Association



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Topic	Key Points and/or Decisions Made
W4A-Cathy Knight	<p>Key Points</p> <ul style="list-style-type: none"> • Distributed National Association of Area Agencies on Aging (n4a) legislative priorities • Currently w4a is working on Medicaid 1115 waiver policy • Thanked Council members for their great effort to make the conference a success; for the most part the conference evaluation results were rated excellent to good. • Aging Mastery Program (AMP) https://www.ncoa.org/healthy-aging/aging-mastery-program/aging-mastery-program-faqs/ information was distributed. • Members discussed possible ways to expand the program. Look at taking someone who is already trained to expand to other sites. Need to come up with a strategy.
Senior Lobby- Walt Bowen	<ul style="list-style-type: none"> • The Fall Senior Lobby conference went well. TVW covered- it's currently running if you want to view it. • The next Senior Lobby meeting is on November 21. It will include some analysis of recent races. • In process of organizing January 11th briefing on aging issues for new members of the legislature • We have new lobbyists that are knowledgeable about the legislative systems and will need to deepen their expertise on aging and related system issues • Discussed how Council will liaison with Senior Lobby about monitoring bills this coming session • JLEC is working on their final report due in December. Next meeting is 12/14 • Ron testified at last JLEC meeting that the Council supports continuation of the JLEC • There was a Memorial event for Senator Andy Hill in the Senate on November 14th.



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<p>Leader Document & Uses Paul Malinski</p>	<p>Paul presented on the purpose for developing the document</p> <ul style="list-style-type: none"> • Developed to assist council members to identify leaders in community, if we want to expand influence we need to identify these leaders, not all leaders are elected officials • This is a tool to develop collaborative relationships • Think about your own communities, e.g. small communities recycle leaders a lot In various positions in government and community organizations • Small community analysis- look in local newspaper- e.g. consider spheres of influence-some people write several LTE's and are ignored, some write a few that are attended to by the community. <p>Decision Made :</p> <ul style="list-style-type: none"> • Public Awareness and Education Committee will be doing additional work on how to do analysis
<p>Council Committee Assignments 2017</p>	<p>Cheryl reviewed Council Committees and requested members to sign the Committee member list to reflect current assignment or preference to change assignment</p> <ul style="list-style-type: none"> • <u>Legislative Committee:</u> The legislative Committee focuses on determining & organizing the legislative priorities of WASCOA, as related to our established concerns and priorities for the years, and seeks opportunities for our priorities to be received and understood. The Committee Keep the Council informed regarding the legislative climate • <u>Public Awareness & Education Committee:</u> The PA&E Committee works to create awareness in our statewide communities on issues related to or affecting seniors with special emphasis on the identified concerns and priorities of the Council. It further focuses on identifying, planning and implementing ways to create public understanding of the special needs and potentialities of our older citizens with the goals of helping citizens understand how they can effectively advocate for the needs of the community and themselves



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<p>Council Bylaws Draft Changes</p>	<p>Ron reviewed the proposed changes to the bylaws</p> <ul style="list-style-type: none"> • <i>III Membership; Section I. Appointments</i> Added a clarifying comment that it is for replacing a former member. Also, in this section the sub-paragraph alphabet had lower case but with a parenthesis after: a), b). Other sections don't have the parenthesis. So we changed all of them to be without, throughout the document. • <i>III Membership; Section II. Age</i> The term "majority" in these types of documents is normally used in lieu of the percentage reference. Removed "over 50%". • <i>III Membership; Section 3. Duties</i> The original language doesn't describe duties per-se. Added generic duties as a lead-in to the next section, which describes what happens when one fails to fulfill the duties of membership. • <i>III Membership; Section 4. Cause for recommending replacement on the State Council</i> We need our members to be present, and if one is not, we don't have the advantage of their wisdom. In this change the Chairperson has the authority to look into what is going on, and decide if further action is needed. • <i>IV Officers; Section 3. Duties</i> The Officers have a laundry list of duties, and we broke them out into specific lines. Under Vice-Chairperson we added, "assist the Chairperson, as needed." • <i>VI. Committees; Section 1. Nominating Committee</i> The old bylaws required that a 3 person nominating committee be elected (not appointed). We don't see that an election is necessary, and don't believe three people are needed to complete this task. We changed it giving the Chairperson the authority to appoint the committee member(s).



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	<ul style="list-style-type: none"> • <i>VI. Committees; Section 2. Other Committees</i> <p>The original of this section had the Chairperson creating the committees without approval of the full Council. To align this section with the duties of the Chairperson, approval of the Council is required to originally set up (or change/eliminate) a committee. The Chairperson has the authority to name Committee Chairs.</p> <p>Decision Made</p> <ul style="list-style-type: none"> • Members reviewed and motion to approve the changes passed.
<p>State Long Term Care Ombuds Legislative Priorities- Patricia Hunter</p>	<ul style="list-style-type: none"> • Provided an overview of the purpose of the State Long Term Care Ombudsman Program • Described operational components of program implementation and federal requirements • Provided context for program funding request (A 32% cut in federal funding in 2011) Subsequently have sought incremental restoration of funding • Distributed handout describing program capacity and correlation with funding • Request Council support for program funding needs <p>Decision Made</p> <ul style="list-style-type: none"> • Council will take under advisement and discuss during legislative priorities discussion scheduled for the afternoon
<p>Reappointing Legislative members discussion</p>	<ul style="list-style-type: none"> • In 2017 Legislative reappointments and appointments for vacancies need to be made • RCW requires the president of senate and speaker of the house to make the appointments • Council needs to contact leadership to request the appointments be made • Jennifer suggested the Council may also want to send an introductory letter to newly elected members in January; Art suggestion if that is agreed to the letters should focus on bi-partisan policy approaches <p>Decisions Made</p> <ul style="list-style-type: none"> • Ron will draft formal letters to the appropriate legislative leadership to request the appointments be made



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	<ul style="list-style-type: none"> • The Chair will send final letters • Introductory letter discussion moved to January meeting
<p>Updates and discussion on WASCOA focus areas</p> <ul style="list-style-type: none"> • Guardianship/WINGS • Elder Justice • Dementia Action Collaborative • Senior Housing and Homelessness 	<p>Guardianship/WINGS</p> <ul style="list-style-type: none"> • Peggi provided an update on WINGS. • There are challenges to advance concept that handling things through guardianship can result in savings in other areas of the system and it's hard to quantify • Discussed guardianship (low frequency) in Central AAA PSA and how it doesn't afford judges the opportunity to learn about guardianship issues, • There are also more efficient ways to address some areas through alternatives to guardianship • Art shared he was just discussing the guardianship program with the County Clerk. They're looking at more routine parts that can be delegated to administrative staff, and allow the County Clerk to focus on more complex aspect, and also looking at use of volunteers. <p>Senior Housing/Homelessness</p> <ul style="list-style-type: none"> • Suzanne Holmes will take the lead • Utah has housing first approach and have had significant reduction, prioritizing the chronically ill homeless first, for every 1 dollar sent 7 dollars saved. That is also a model for 1115 waiver <p>Dementia Action Collaborative (DAC)- Cheryl</p> <ul style="list-style-type: none"> • DAC progress reports for committed and broader project are due in December • Info Safety tool kits have been developed and will be disseminated in 2017 • Critical Elements of Dementia Friendly Community documents (2 versions, one long one short) have been developed • a website will be developed by end of 2017



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<p>ALTSA Update- Bea Rector</p>	<p>Key Points</p> <p>Bea provided a written report on the following</p> <p>Overtime</p> <ul style="list-style-type: none"> • Implementation of overtime payments to Individual Providers (IPs) continues. • We began contract actions in October for IPs who worked over their work week limit without approval to do so. • The statute passed in the 2016 session dictates that the spending for overtime not exceed 8.7% of overall expenditures for IP services. In the first quarter (April-June) we were over that at 9.49%. That quarter was a period that began prior to the OT statute (1725) passing the legislature and also was a period of implementation planning and beginning of implementation of controls on the hours of work. • The second quarter (July-Sept) we were at 7.4%. Although this is good news, there is still a lot of unknowns and we are still in the process of full implementation. We anticipate that the next quarter we will have better data in terms of expenditures, the need for approvals over established work week limits and the reasons those approvals are needed. • This has been a huge change for clients, IPs and our case management system. They have all done a lot of work to make the necessary adjustments. <p>1115 Medicaid Waiver</p> <ul style="list-style-type: none"> • We received an agreement of principle from CMS for our 1115 waiver application. • This is not the final approval. The final approval is based upon negotiation and agreement of Special Terms and Conditions (STCs) • We will be completing those STCs prior to the end of the year • Implementation planning efforts for all of the initiatives under the waiver are underway



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	<ul style="list-style-type: none">• We continue to have been work diligently with CMS and with the National Governor's Association to attain agreement before the end of the year. <p>Low acuity groups in nursing homes</p> <ul style="list-style-type: none">• We are still working on the budget proviso passed in the last legislative session to meet within individuals in low acuity groups in nursing homes to discuss their interest in exploring home and community based options• In March there were about 900 individuals in the PA and PB RUGs groups (low ADL, without significant clinical complexity or cognitive impairment)• As of November we have assisted a total of 220 individuals (out of 2,130) this is PA/PB and PC-1 groups to relocate.• To meet the budget target of \$6.2 million it is estimated we would have to assist 215 interested individuals to move.• These individuals are eligible to receive nursing home care; we are only assisting individuals who have a desire to move to a community setting.• We have begun to meet with a group of stakeholders to discuss workforce development activities to address the growing demand for LTC workers. The groups participating include: labor, disability advocates, self-advocates. If the Council would like to participate there is always a seat at the table and Lorrie Mahar can be contacted for more information. (Marty Johnston will contact Lorrie Mahar)• The Governor's budget it scheduled to be released in mid-December.• Bea covered in the last meeting Council; meeting and the fall conference the items that have been put forward by DSHS



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	<ul style="list-style-type: none"> • We are anticipating a tight budget with difficult decisions to be made about what can be funded within available revenue • It will be very important for stakeholders and advocates to be engaged and present during the legislative session to push for items they see as important
Finalize Legislative Priorities	<ul style="list-style-type: none"> • Members reviewed final draft of the 2017 legislative priorities • Members engaged in discussion about how to order the list of priorities <p>Decisions Made</p> <ul style="list-style-type: none"> • Members agreed to add LTCO funding • Consensus reached on order of priorities • An updated version reflecting the agreed upon order will be developed and distributed to members
<ul style="list-style-type: none"> • Other updates and member comments • New business • Public comments 	<ul style="list-style-type: none"> • Public comments :none <p>Meeting adjourned</p>

ACTION ITEMS



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ACTIONS	Assignee	Due Date
Finalize and distribute legislative priorities	Ron Vivion Rosemary Biggins	ASAP
Draft and send letters to WA Legislative leadership about Council Legislative member appointments	Ron Vivion Cheryl Townsend Winter Rosemary Biggins	December
Send letter to HILN/Dorothy Teeter about incorporating public awareness of the CARE Act	Ron Vivion	TBD
Engage PeaceHealth in conversation about the CARE Act	Suzanne Holmes	TBD
Update State Council brochure	Lynn Ford Patricia McIntyre Rosemary Biggins	Early January
Work on how to do community analysis.	Public Awareness and Education Committee	TBD
Facilitate member participation in workforce development activities	Rosemary Biggins	December
Finalize document and distribute updated bylaws	Rosemary Biggins	December
Archive WASCOA member published media on website	Rosemary Biggins	TBD
Distribute Boards and Commission Handbook	Rosemary Biggins	TBD

Next Meeting: January 24 at Radisson SeaTac