



# Washington State Council on Aging

Meeting Title: 2017 May Washington State Council on Aging Meeting Minutes  
 Location: Olympia, WA

Date: 05/23/2017

## ATTENDEES

√	Members Present	Appointment	√		Appointment
	Barry Lamont	At-Large East	√	Patricia McIntyre	Pierce County Connections Advisory Council and PSA
√	Cheryl Townsend Winter	At-Large West		Peggi Moxley	Aging & Adult Care of Central WA AAA Advisory Council and PSA
√	Suzanne Holmes	AAAD Southwest WA Advisory Council and PSA	√	Joe Sharkey	Olympia Area Agency on Aging Advisory Council
√	Rep. Sherry Appleton	WA House of Reps	√	Helen Spencer	Yakama AAA Golden Eagles Advisory Council
√	Carl Bender	NWRC Advisory Council	√	Art Swannack	Association of Counties
√	Aruna Bhuta	At-Large East	√	Ron Vivion	Snohomish County AAA Advisory Council and PSA
	Lynn Ford	Lewis Mason Thurston AAA Advisory Council and PSA	√	Susan Welsh	Kitsap County AAA Advisory Council and PSA
√	Ava Frisinger	ADS King County Advisory Council	√	<b>Guests Present</b>	
√	Marty Johnston	Aging and Long Term Care Eastern Washington Advisory Council and PSA	√	Cathy Knight	w4a
	Sen Karen Keiser	WA State Senate	√	Walt Bowen	Senior Lobby
√	Phillip Lemley	Association of Cities	√	Cathy MacCaul	AARP
√	Paul Malinski	Southeast WA Aging and Long Term Care Advisory Council and PSA	√	Susan Engels & Lynne Korte	ALTSA
				Vacancies	Colville Indian AAA Advisory Council/ PSA At Large West (2)



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## AGENDA

## Minutes

Topic	Key Points and/or Decisions Made
<ul style="list-style-type: none"> <li>• Welcome</li> <li>• Review/approve agenda</li> <li>• Review/approve minutes</li> <li>• Review of current action items</li> <li>• Member updates</li> <li>• Other business</li> </ul>	<p><b>Key Points</b></p> <ul style="list-style-type: none"> <li>• Members welcomed</li> <li>• Agenda reviewed</li> <li>• Minutes reviewed and approved with one date correction</li> <li>• Action items reviewed with items completed</li> </ul> <p>Member Organizations Update</p> <ul style="list-style-type: none"> <li>• Marty Johnston inquired about status of letter of support for a related grant. She will follow up with the AAA.</li> <li>• Carl Bender expressed concern about the AAA workload impact associated with implementing the Medicaid Transformation Demonstration (MTD).</li> <li>• Ron Vivion shared there was a fall prevention presentation at last week's Senior Lobby meeting and also agreed that there is significant workload impact associated with MTD.</li> <li>• Cathy Knight- part of challenge is that it's a culture shift at HCS level because they are having to look at family caregiver angle and for AAA's with family caregiver shift (some) to Medicaid there are different requirements-until we have a state budget we can't have a contract- or authority to spend money.</li> <li>• Aging Mastery program update per the Chairperson's request-conducting some inter-generational meetings and participants are sharing commonalities in life experience -elders that went through WW II and kids today confronting terrorism- other examples- younger people sharing knowledge about technology with elders, kids performing life story of elders.</li> <li>• Cheryl shared how young people were surprised in the similarities in life experience.</li> <li>• Ron notes some senior center based examples, administering a pre-test about attitudes among young people/seniors about each other and post-test after activities, that showed demonstrated attitudinal change.</li> <li>• Joe Sharkey inquired about evidence based approaches in Aging Mastery grant and also sought information about notice for related webinars.</li> </ul>



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	<ul style="list-style-type: none"> <li>• There is a research article in process that is looking at shift from 'evidence informed' to evidence based.</li> <li>• One of the issues is we have licensed sites through the grant funded by the National Council on Aging (NCOA). There is a requirement at end of year that we do a grant sustainability round- NCOA will not provide materials for free.</li> <li>• W4A has stepped up to help with some funding.</li> <li>• Classes can be continued to be offered-really looking at ways to keep them going.</li> <li>• Clarified that there are monthly call with sites and NCOA- not really is webinar.</li> <li>• Paul Malinski shared an article about cultivating wisdom from the 'Rotarian'.</li> <li>• Aruna Bhuta recommends that someone representing the Aging Mastery Grant provide a presentation at a Council meeting. She also described what is happening in the Pullman rural area where high school students are having lunch with seniors.</li> </ul>
<p>Legislative Committee Update –Ron Vivion</p>	<ul style="list-style-type: none"> <li>• It's challenging to create new priorities because the state budget has not been agreed to and finalized.</li> <li>• Reviewed legislation that has passed that coincides with the Council's legislative priorities.</li> <li>• Cheryl discussed some potential asks for the work of the Dementia Action Collaborative (DAC)-some of the 2018 recommendations that are being looked at will require additional resources.</li> <li>• Cathy Maccual shared discussion with Bea Rector about DAC and future resource needs. Cathy advised the need for discussion with legislators.</li> <li>• AARP is looking at consumer protections /student loan debt.</li> <li>• Ron discussed the Presidents proposed budgets and the draconian cuts to the social safety net, for example reductions for SNAP -29% Medicaid -12%, CHIP - 19%, Unemployment Insurance- 12%.</li> <li>• Aruna discussed how extreme the proposal is and posed question-what can Council do?</li> <li>• Joe suggested a two track focus-- federal level and also at state level- state will absorb implementation impact.</li> </ul>



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	<ul style="list-style-type: none"> <li>Ron- discussed house version of the amended AHCA and question if Senate will even consider-they seem to be working on own version.</li> <li>Representative Sherry Appleton recommended working on Medicare for all</li> <li>Ron shared during working lunch we'll have additional time to discuss - if you have topic please let us know.</li> </ul>
Partner Updates	Senior Lobby
Senior Lobby-Walt Bowen	<ul style="list-style-type: none"> <li>Walt and others met with Congressman Denny Heck- Senior Lobby is proposing Single Payer system. Walt reports the Congressman doesn't think it covers enough-also had discussion about the Meals On Wheels program and oral health for older adults- Congressman Heck and a staff volunteered to serve meals at a South Sound meal site.</li> <li>The Office of Insurance Commissioner is presenting his legislative health care briefing today.</li> <li>Discussed legislation on health care billing.</li> <li>Thinks legislature has done very well addressing senior issues this session.</li> <li>Senior Lobby is in planning stages for the Fall Conference scheduled for October 19<sup>th</sup> at the Hotel Murano in Tacoma.</li> <li>Discussed both federal and state budget development status.</li> <li>Ron discussed recent news on hearing aids and the over the counter proposal.</li> <li>Walt needs to know about awards in advance and when plan to presentation.</li> <li>Ron did presentation for Older Americans month- Senior Lobby will have presentation from head of Veterans' Affairs about benefits available to veterans.</li> </ul>
W4A-Cathy Knight	W4A Update
	<ul style="list-style-type: none"> <li>Shared the news that she is going to be the Director of Aging and Disability Services (ADS) the AAA for King County starting May 30<sup>th</sup>.</li> <li>A representative from w4a will attend the June 27<sup>th</sup> meeting.</li> <li>The Joint Council-AAA Advisory Council Conference is scheduled for October 18<sup>th</sup> and will be held at the Tacoma History Museum- will likely start out with plenary session- want to be sure get Council input for how event should be</li> </ul>



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AARP- Cathy Maccual	<p>organized. After the meeting is over attendees will go to the hotel for check in. There will also be a reception with members of the legislature in the evening.</p> <ul style="list-style-type: none"> <li>• A lot of the conference is going to be focusing on federal and state budget.</li> <li>• Discussed the <a href="#">Op-ed</a> signed on by fifty-six aging, children, disability rights and healthcare advocacy organizations published in Seattle Times May 22<sup>nd</sup></li> <li>• The Op-ed was written in response to Representative McMorris Rodgers Washington Post <a href="#">Op-ed</a> that was published after the House of Representatives passed the amended ACHA.</li> </ul> <p>AARP Update</p> <ul style="list-style-type: none"> <li>• We have a Washington D.C. lobby day scheduled for June 7<sup>th</sup> and will be meeting with most members of the state's congressional delegation including Rep.McMorris Rodgers.</li> <li>• Overall message is to scrap the AHCA and start from scratch to fix the ACA.</li> <li>• Shared information about national focus on caregivers through the RAISE ACT (recognize, assist, include support and engage) -how we can support caregivers and also include grandparents taking care of grandchildren-will forward additional information to members.</li> <li>• Discussed AARP focus on consumer protections, for example 'Unmasking the Fraudster'- done in conjunction with the State Attorney General's office and consumer protection seminars that provide the latest information on fraud and scams.</li> <li>• Mentioned recent personal experience where she received a fake IRS call and how it's a very sophisticated scam.</li> <li>• Also working on legislative priorities for next session.</li> <li>• Continuing tax reform discussion also remains priority.</li> </ul>
Older Americans Month	<ul style="list-style-type: none"> <li>• Suzanne shared information about her letter to the editor (LTE) published in Wahkiakum County Eagle that included a reference to a recent Forbes article by Bob Blancato.</li> <li>• Cheryl reported that the Seattle Times published her LTE.</li> </ul>



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	<ul style="list-style-type: none"> <li>• Ron reported that the Everett Herald published his LTE as did the Mill Creek Reporter. Another print publication also printed the LTE (assuming it was taken from the Herald).</li> <li>• Ava shared that she submitted LTE's to the Issaquah Reporter and the Sammamish equivalent.</li> <li>• Other members reported submission, e.g. to the News Tribune, and will notify members if they are published.</li> </ul>
Committee Reports	<ul style="list-style-type: none"> <li>• Legislative: Ava added to earlier discussion indicating that legislative priorities that were not met will be carried forward to next session.</li> <li>• Public Awareness and Education: Irene Stewart will present on use of social media at the September meeting. Work on the 'sunset' document continues.</li> <li>• Plan for further discussion about Council media work including preparation for LTE's.</li> </ul>
Veterans Assistance Fund Presentation-Ron Vivion	<p>Presented an overview of the Veterans Assistance Fund</p> <ul style="list-style-type: none"> <li>• RCW requires percentage of property tax be used to fund <a href="#">Chapter 73.08 RCW</a></li> <li>• Information and description can be found here: <a href="#">Veterans' Assistance Fund</a></li> <li>• To be eligible you must be a veteran, or the widow/widower, spouse or domestic partner, or dependent children of an eligible veteran. The criteria for eligibility are:             <ul style="list-style-type: none"> <li>• You are indigent (in financial need) AND</li> <li>• The veteran received an honorable discharge, or a medical or general discharge under honorable conditions AND</li> <li>• The veteran served in at least <b>one</b> of the following capacities:                 <ol style="list-style-type: none"> <li>a. As a member in any branch of the armed forces of the U.S., including the national guard and armed forces reserves, and has fulfilled his/her initial military service obligation;</li> <li>b. As a member of the women's air forces service pilots;</li> </ol> </li> </ul> </li> </ul>



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	<p>c. As a member of the armed forces reserves, National Guard, or Coast Guard, and has been called into federal service by a presidential select reserve call up for at least 180 days;</p> <p>d. As a civil services crewmember with service aboard a U.S. army transport service or U.S. Naval transportation service vessel in oceangoing service from December 7, 1941 through December 31, 1946;</p> <p>e. As a member of the Philippine armed forces/scouts during the period of armed conflict from December 7, 1941 through August 15, 1945;</p> <p>f. As a U.S. documented merchant mariner with service aboard an oceangoing vessel operated by the Department of Defense, or its agents, from both June 25, 1950, through July 27, 1953, in Korean territorial waters and from August 5, 1964, through May 7, 1975, in Vietnam territorial waters, and who received a military commendation.</p> <p>*State law no longer requires you to live in Washington for one year before you can get veterans' assistance. Your county may have set its own minimum state and county residency requirements.</p> <p>Dependent family members of a current member of the National Guard or armed forces reserves deployed to serve in an armed conflict may qualify for assistance if you meet the eligibility criteria.</p> <ul style="list-style-type: none"> <li>• Ron described the use of tax levy and the variability of percent of property tax used. For example, if the levy is one hundredth of one percent and you have a \$400,000 house, the cost to the tax payer is \$4.00 per year.</li> <li>• Currently Skamania has the highest rate and Adams the lowest.</li> <li>• Members discussed various aspects of the fund and how staffed, operated and outreach conducted in various counties.</li> <li>• King County has passed voter approved 4 cents per thousand for Veterans and Seniors that sunsets this year-so proposal to increase to 12 cents per thousand</li> <li>• Ron is working with Snohomish County officials to explore potential for Snohomish County to also increase.</li> </ul>



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Nominating Committee	<ul style="list-style-type: none"> <li>Cheryl conveyed request that 3 members volunteer to form a nominating committee for Council Chairperson, Vice Chairperson and Secretary.</li> <li>Cheryl does not want to be considered for second year term due to other commitments, primarily the DAC.</li> <li>Cheryl appointed Barry Lamont, Peggi Moxley and Patricia McIntyre to the nominating committee.</li> </ul>
Excellence in Action Award	<ul style="list-style-type: none"> <li>Paul provided an overview/history of the award.</li> <li>AAA's and organizations are encouraged to submit nominations.</li> <li>Last year an award name was changed to honor Dennis Mahar</li> <li>There is an individual and organization award.</li> <li>Cheryl requested volunteers to serve on ad hoc committee to review nominations and present recommendations to Council.</li> <li>Ron, Marty and Suzanne will serve on this committee.</li> </ul>
Council Focus Areas	<p><u>Federal Issues – Council Members</u></p> <ul style="list-style-type: none"> <li>Rep. Appleton reported the most vulnerable populations of the most vulnerable in proposed health care legislation and in the Presidents proposed budget.</li> <li>Proposed cuts to Medicaid will be devastating.</li> <li>Proposed cuts to environmental, food and drug administration any many other programs devastating.</li> <li>Ron reported on <a href="#">Improving Access to Medicare Coverage Act of 2017</a>. Rep. DelBene, Rep. Heck and Rep. Kilmer are among sponsors. The house bill is 1421 and S 568 on senate side-currently there are 18 cosponsors on senate side no Senators from Washington yet.</li> <li>Aruna shared perspective that main driver for cuts to health care in ACHA and in the federal budget is to provide tax cuts.</li> <li>Walt opined the ACHA very much about providing a large tax cut to wealthy-and the related details are available.</li> </ul> <p><u>Dementia Action Collaborative- Cheryl Townsend Winter</u></p> <ul style="list-style-type: none"> <li>Cheryl deferred to presentation on the DAC scheduled later in meeting.</li> </ul>





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	<p data-bbox="646 302 953 331"><u>Guardianship/WINGS</u></p> <ul data-bbox="695 342 1860 634" style="list-style-type: none"> <li>• Cathy conveyed that Shirley Bonden attended the Wenatchee Guardianship Conference and thought it was very good.</li> <li>• She appreciated focus on alternatives to guardianship, and the emphasis of the importance of advanced end of life planning.</li> <li>• Remains concerned about access to information about guardianship.</li> <li>• Shirley wants organizations to put related resource links on their websites.</li> <li>• Cheryl referenced DAC resources being put together on end of life resources and how they should coordinate with Shirley.</li> </ul> <p data-bbox="646 678 1404 708"><u>Senior Housing and Homelessness-Suzanne Holmes</u></p> <ul data-bbox="695 719 1875 971" style="list-style-type: none"> <li>• Suzanne provided a brief overview of the pros and cons of reverse mortgages and applicability to issue of affordable housing.</li> <li>• Members engaged in related discussion about the requirement to get counseling as part of the application process and that you can get that counseling from an independent entity if you choose to not use the financial institutions counseling.</li> <li>• There have been abused of this model and people have lost their homes; it has also proven to be a viable option for others.</li> </ul>
<p data-bbox="216 1013 533 1081">ALTSA Update-Susan Engels</p>	<ul data-bbox="695 1019 1881 1419" style="list-style-type: none"> <li>• Reviewed DSHS/ALTSA staffing changes: Bill Moss to Acting DSHS Secretary, Bea Rector to Acting ALTSA Assistant Secretary and Kathy Morgan to Acting HCS Director.</li> <li>• The next revenue forecast due June 20<sup>th</sup> and anticipate budget will be completed at that time.</li> <li>• So now engaged in contingency planning-Medicaid program would continue so won't need to send notice to those.</li> <li>• USDA and OAA funds- we don't have ability to fund those without legislative authorization.</li> <li>• AAA's to focus on critical services.</li> <li>• State employees will be laid off until budget passes except for essential services.</li> </ul>



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	<ul style="list-style-type: none"> <li>• MTD LTSS TSOA and MAC-Training staff, tomorrow is last one day training- have conducted statewide training that has included AAA Family Caregiver Support staff and HCS intake and case management staff.</li> <li>• There will be an additional half day training for I/A, Community Connection type staff-video available before training.</li> <li>• Finalizing warm handoff protocol.</li> <li>• Late budget process is impacting the contracting process, we did get approval for the state federal AAA contract-For MTD contract, we can move ahead.</li> <li>• One of the things for LTSS component is working on outreach materials/strategies.</li> <li>• Statewide outreach media campaign, to degree based on what Minnesota developed for their state program.</li> <li>• Distributed state caregiver outreach campaign feedback request document - members will send feedback to Cheryl.</li> <li>• Shared news that electronic visit verification will be required for all Medicaid funded workers-in addition to time in and out it will include more specific detail about tasks performed. Scheduled for January 2019 implementation.</li> <li>• Shared news on starting of the Service Experience Team- comprised of mostly consumers and there are some others that would provide feedback to ALTSA. The first meeting is scheduled for September.</li> </ul>
<p>Dementia Action Collaborative Update- Lynne Korte</p>	<p>Dementia Action Collaborative</p> <ul style="list-style-type: none"> <li>• Branded as above because focus on all forms dementia, focus has been on action and is collaborative approach.</li> <li>• Thanks to all involved to date.</li> <li>• Distributed fact sheets that provide information on the State Plan, and additional information. The link to handouts: <a href="https://www.dshs.wa.gov/altsa/dementia-action-collaborative">:https://www.dshs.wa.gov/altsa/dementia-action-collaborative</a> and the <a href="#">Dementia Road Map</a></li> <li>• Discussed how it's still remarkable the number of people who don't get a diagnosis.</li> <li>• There is still need for physician/health care providers' education.</li> </ul>



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	<ul style="list-style-type: none"><li>• Still significant number of people who do not access existing supports and resource.</li><li>• And still significant need to reduce stigma.</li><li>• The DAC Health Committee worked on evidenced based best practices connecting with Bree Collaborative.</li><li>• In process of developing curriculum for health care providers.</li><li>• UW, UW Medical Center and Virginia Mason are at table along with Alzheimer's Association.</li><li>• Position paper on what tools to use and accompanying guidelines (that Bree will reference).</li><li>• Initial Emphasis is being placed on importance of early detection and diagnosis</li><li>• Later there will be other curriculum developed, e.g. how to address late stage dementia.</li><li>• Distribution to Bree Collaborative Alzheimer's workgroup.</li><li>• Aruna shared information about work that is going on at Providence Hospital</li><li>• Finalizing document that provides roadmap to caregivers and will share with Council-will request content feedback and also distribution information</li><li>• We know that at different stages different things must be done,</li><li>• Members discussed challenge of encouraging caregivers to ask for help-in some situations-reluctance to seek help.</li><li>• Members discussed there are some providers that are reluctant to take on patients.</li><li>• People with dementia are key resources, important to give them a voice</li><li>• The Public Awareness Committee developed the safety information kit and welcome input about how to distribute-some suggestions first responders, mail carriers, Association of Counties, Association of Cities.</li><li>• Committee is also doing the dementia friendly communities, working on linking to age friendly communities.</li></ul>



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Topic	Key Points and/or Decisions Made
<ul style="list-style-type: none"> <li>• Other updates and member comments</li> <li>• New business</li> <li>• Public comments</li> </ul>	<p><u>Other Updates/Member Comments</u></p> <ul style="list-style-type: none"> <li>• Suzanne discussed putting together an eat, play, read program for kids during summer that also includes seniors, with shared activities that all can participate in- gardening, recreational activities and reading.</li> <li>• Cheryl recommended mentioning above to Daniel for the Aging Mastery program.</li> </ul> <p><u>New Business</u></p> <ul style="list-style-type: none"> <li>• The AARP LTSS Scorecard comes out June 14<sup>th</sup>-Senator Cantwell and Rep. Buehter-Herrara will join AARP at the press conference.</li> <li>• Washingtonians for Responsible Future related legislation will be reintroduced next session. They are going out into select communities and the coalition is seeking help in identifying connections.</li> <li>• Cathy reminded everyone of the MTD stakeholder meeting June 1.</li> <li>• Cheryl requested to add discussion of LTE's and dessert to June meeting agenda.</li> </ul> <p>No Public Comment</p> <p>Meeting adjourned at 2:30 PM</p>



## Washington State Council on Aging

### ACTION ITEMS

<b>ACTIONS</b>	<b>Assignee</b>	<b>Due Date</b>
Provide feedback to ALISA on MTD LTSS Outreach Material	Cheryl Townsend Winter and Members	6/1/17
Forward information internet content form to Patricia McIntyre	Rosemary Biggins	Next meeting
Send AARP Scorecard Information when announced	Rosemary Biggins	Next meeting
Forward documents related to Excellence in Action Award process	Rosemary Biggins	Next meeting
Share LTSS related DAC document, obtain feedback	Lynne Korte	TBD
Send meeting notice for workforce development presentation (Nov)	Rosemary Biggins	Next meeting
Finalized document/content sunset process for internet site	Public Education/Awareness	Next meeting

***Next Meeting: June 27th at Radisson SeaTac***