



Washington State Council on Aging

Meeting Title: November 2017 Washington State Council on Aging Meeting
 Location: SeaTac, WA

Date: 11/14/2017

ATTENDEES

√	Members Present	Appointment	√		Appointment
√	Barry Lamont	At-Large East	√	Patricia McIntyre	Pierce County Connections Advisory Council
√	Cheryl Townsend Winter	At-Large West	√	Peggi Moxley	Aging & Adult Care of Central WA
√	Suzanne Holmes	AAAD Southwest WA Advisory Council	√	Helen Spencer	Yakama AAA Golden Eagles Advisory Council
	Rep. Nicole Macri	WA House of Reps	√	Art Swannack	Association of Counties
			√	Joe Sharkey	O3A Advisory Council
√	Georgiann Dustin	NWRC Advisory Council		Ron Vivion	Snohomish County AAA
√	Aruna Bhuta	At-Large East	√	Susan Welsh	Kitsap AAA Advisory Council
√	Lynn Ford	Lewis Mason Thurston AAA Advisory Council			Colville Tribes AAA Advisory Council At Large West (2)
√	Ava Frisinger	ADS King County Advisory Council	√	Guests Present	
√	Marty Johnston	Aging and Long Term Care Eastern Washington Advisory Council		TBD	w4a
	Sen Karen Keiser	WA State Senate		Walt Bowen	Senior Lobby
√	Phillip Lemley	Association of Cities		Cathy Mccauley	AARP
√	Kathy Medford	Southeast WA Aging and Long Term Care	√	Lorrie Mahar Britta Echtle	ALTSA



Washington State Council on Aging

AGENDA

Minutes

Topic	Key Points and/or Decisions Made
<ul style="list-style-type: none"> • Welcome • Review/approve agenda • Review/approve minutes • Review of current action items • Member updates • Other business 	<p>Key Points</p> <ul style="list-style-type: none"> • Members welcomed • Agenda reviewed/approved • Minutes reviewed and approved • Action items status reviewed –completed and APS data in process <p>Lynn Ford provided an updated on the status of senior centers defunded by Lewis County. She also reviewed status of the senior nutrition program request for proposals. Lynn reminded members about the November Family Caregiver month reference letters distributed early October. She will resend to members.</p> <p>Suzanne Holmes provided an update on the transportation grant that multiple groups are participating in southwest part of the state.</p> <p>Art Swannack reported on his efforts to arrange for distribution of the Dementia Roadmap in county health departments across the state.</p> <p>Barry shared information about the road usage tax discussion that is currently underway. Here is the link he provided with additional information: https://waroadusagecharge.org/</p>
<p>Legislative Committee Update –Ava Frisinger</p>	<p>Ava Frisinger reviewed the proposed Council legislative priorities and presented a draft based on discussions at previous meetings and committee review. Council members engaged in extensive discussion about each priority and order of the priorities. As an outcome of discussion members decided on the following:</p> <ul style="list-style-type: none"> • <i>Support on-going information and assistance efforts of the State’s Dementia Action Collaborative to: Address the under-diagnosis off, and quality of care for</i>



Washington State Council on Aging

Topic	Key Points and/or Decisions Made
	<p><i>people with dementia by disseminating the evidence-based recommendations developed by the Bree Collaborative. Promote dementia-friendly communities through expanding and promoting early stage efforts. Fund positions that coordinate DAC volunteer activity to keep certain efforts moving forward- such as creating a plan for maintaining and broadening versions of the Dementia Road Map and plans to dissemination of new Bree collaborative guidelines for early detection and dementia care.</i></p> <ul style="list-style-type: none"> • <i>Support reinstatement of Medicaid coverage for adult hearing and vision hardware/services as both reduce social isolation, a major contributor to dementia and to misdiagnosis of dementia.</i> • <i>Continue to support the expansion of the Health Homes Initiative and adequate rates to ensure continued success and provision service State-wide.</i> • <i>Continue to monitor and support activities of the Joint Legislative Executive Committee on Aging and Disability Issues and advocate for the continuation of the JLEC beyond its current mandate and for a permanent funding source for the JLEC.</i> • <i>Support future phases/initiatives of the Medicaid Demonstration Project, Medicaid Alternative Care for unpaid family caregivers and Tailored Supports for Older Adults.</i> • <i>Support improvements in the State's guardianship programs. Work to support keeping family members engaged with and aware of the status of incapacitated persons. Support broadening the decision-making services offered by the Office of Public Guardianship to allow the Office to provide a more comprehensive range of assistance such as agents for power of attorney, representative payees, and trustees.</i> • <i>Monitor and support AAA Case Management's staff as they work to decrease client case ratios and better manage increasingly complex clients.</i> • <i>Support the continuation of the Long Term Care Ombudsman volunteer program in its prevention of harm to vulnerable adults.</i>



Washington State Council on Aging

Topic	Key Points and/or Decisions Made
	<ul style="list-style-type: none"> • <i>As homelessness solutions are sought, advocate for the needs of seniors and those with special needs.</i> • <i>Advocate for adequate transportation options for Seniors, in particular those that live outside the scope of existing transportation networks.</i> • <i>Support AL TSA request legislation for 2018.</i> <p>Discussion on federal legislative priorities was deferred until the January meeting. Ava will finalize the state priorities document for distribution to members</p>
2018 Meeting Topics	<p>Members engaged in discussion about ideas for meeting presentations during 2018. The following suggestions were made:</p> <p>Health Homes and metrics for measuring outcomes</p> <p>Hearing Loss</p> <p>Transportation Issues that addresses rural transit issues and the needs of seniors in general. Will explore possible presentations from the Department of Transportation and Sound Transit</p> <p>Age Friendly Communities-AARP</p> <p>Medicaid Demonstration Project (as the project progresses)</p> <p>Dental Needs of Older Adults</p> <p>Substance abuse among seniors/opioids, alcohol, dual addiction, and related issues. Possibly a presenter from the Department of Health or a Behavioral Health Organization</p>



Washington State Council on Aging

Topic	Key Points and/or Decisions Made
	<p>Update on Aging Mastery Program</p> <p>Presentation on successful methods of communication with public officials and media outlets</p>
<p>Long Term Care Trust Act- Washingtonians for a Responsible Future- Courtney Neubauer</p>	<p>Courtney provided a presentation on the Long-Term Care Trust Act. The challenges, proposed solution and related infographics can be linked to here: http://responsiblefuture.org/facts/ and information about related legislation may be found here: http://responsiblefuture.org/hb-1636/</p>
<p>State Council on Aging Focus Areas</p>	<p><u>Dementia Action Collaborative (DAC)</u>-Cheryl Townsend Winter Is in process of pursuing the incorporation of DAC related goals and objectives into state plans in a variety of state agencies Free cognitive screening project is being worked on. Members a subcommittees are working with other subcommittees-this will enhance the work of the DAC.</p> <p><u>Federal Issues-</u></p> <p>Suzanne will ask Ron Vivion to work on this focus area.</p> <p><u>Elder Justice</u></p> <p>Helen will continue to present on this focus area with tribal focus. Helen also reported that the Goldeneagle Advisory Council recently sponsored a legal issue information fair and they are developing short on topic videos for use with other tribes.</p> <p><u>Guardianship</u> Peggi Moxely will continue to report on this focus area</p>



Washington State Council on Aging

Topic	Key Points and/or Decisions Made
	<p><u>Medicaid Transformation Demonstration</u> This focus area will not continue. AL TSA provides routine updates.</p>
Committee Reports	<p><u>Public Awareness and Education</u> The family caregiver letter will be resent to members.</p> <p>A new legislator welcome letter will be sent to new members of the state legislature</p> <p>The Council webpage repository review will take place in January</p> <p>The committee is working on locating a LTBTQ presenter for next year</p> <p>Susan Welsh will follow up with Results.org about providing a presentation at the January meeting.</p> <p>The committee will also focus on ensuring that Council presentations are scheduled that reflect diversity of population of the state.</p>
Long-Term Care Workforce Development- Britta Echtele, AL TSA	<p>AL TSA Long-Term Care Workforce Efforts</p> <ul style="list-style-type: none"> • <u>Workforce Training & Education Coordinating Board: Current/on-going</u> <ul style="list-style-type: none"> ▪ In collaboration with Workforce Board Director, offered presentations to representatives from the 12 Washington Workforce Development Councils in West and East to inform of need of Home Care Aide workforce support ▪ Plan to implement professional development at Workforce Development Councils and Work Source centers state-wide: presentations; instructional videos; webinar; desk aids to inform staff of Home Care Aide role, responsibilities, training/certification requirements



Washington State Council on Aging

Topic	Key Points and/or Decisions Made
	<ul style="list-style-type: none"> ▪ Serve as member of subcommittee, Integrated Service Delivery --- creating navigator toolkits to offer resources for job seekers ▪ Serve as member of Barriers & Access Solutions Committee – targeting specific populations with barriers and offering resources to find work • <u>Office of the Superintendent of Public Instruction: Current/on-going</u> <ul style="list-style-type: none"> ▪ Developing Home Care Aide programming in traditional high schools and skills centers state-wide --- students will receive Career & Technical Education or Occupational credit for graduation. If the district has a local equivalency, they may receive Science or Health credit. ▪ 90 credit hours with a practicum included for skills training in a facility under the supervision of an experienced caregiver; students pass exam then can begin serving clients at 18 years old. ▪ Focusing on developing pilot programs: Toppenish High School, just south of Yakima; tribal high schools – Yakima Nation Tribal School & Lummi Nation Schools, Bellingham; Sammamish High School – Nursing Assistant program with students who are struggling > Home Care Aide program ▪ Establishing more opportunities for Home Care Aides to move through the bridge program to become Certified Nursing Assistants in skills centers. • <u>Area Health Education Centers (AHECs): Current/on-going</u> <ul style="list-style-type: none"> ▪ Mission--improve supply and distribution of healthcare professionals via academic programs, communities, and professional organizations, particularly for underserved and at-risk populations. Collaborated with both AHEC directors from eastern and western WA (Whatcom CC & Eastern WA U) to disseminate information and reach learners who want to begin careers in health care.



Washington State Council on Aging

Topic	Key Points and/or Decisions Made
	<ul style="list-style-type: none"> • Health Occupations Student Association (HOSA) <ul style="list-style-type: none"> ▪ Scheduled to lead a workshop at the HOSA State Leadership Conference in March. Topics will include person-centered caregiving, training requirements, and career pathways. • <u>State Board of Community & Technical Colleges: Current/On-going</u> <ul style="list-style-type: none"> ▪ Expansion of Integrated Basic Education and Skills Training (I-BEST) program where content-area (Health Care) instructors team teach with Adult Basic Education Instructors; piloting I-BEST at Work programming where Adult Basic Education instructors offer support to students in the workplace. ▪ Expanding Home Care Aide programming for learners with language & academic barriers; recognizing the need for pre-course work for those with Limited English Proficiency (South Seattle College --- ESL 4 Healthcare). ▪ Creating bridge programs from Home Care Aides to Certified Nursing Assistants in community and technical colleges. • <u>Marketing campaign: Current/On-going</u> <ul style="list-style-type: none"> ▪ Creating DSHS/ALISA website page offering benefits of HCA positions (flexible hours, career pathways into health care positions, rewards of serving others); presenting a self-assessment pre-screening tool; informing of training/certification requirements; sharing videos of interviews with providers and clients in different work settings; listing links to LTC provider entities --- Home Care Agencies, Carina & Home Care Referral registries, AFH and AL, associations, Workforce Development Centers, Work Source centers, high schools, skills centers, technical & community colleges link to DSHS website. ▪ Print materials (brochures, flyers, counter cards) for distribution to stakeholder entities --- rack cards for staff (workforce centers, career counselors) have been printed and are being distributed; adding marketing rack cards for specific populations of job seekers; such as, youth entering the workforce and mature individuals returning to the workforce or wanting to switch careers.



Washington State Council on Aging

Topic	Key Points and/or Decisions Made
	<ul style="list-style-type: none"> • Upskill-Backfill Workforce Board grant with Pacific Mountain Workforce Development Council and partners: Current/Grant program deadline Dec. 2018 <ul style="list-style-type: none"> ▪ Partner with PacMtn WDC (Thurston, Lewis, Grays Harbor, Mason, and Pacific counties), home care/health care facilities (Heritage House ALF, Morton Hospital, Providence Mother Joseph Care Center ALF, high schools and colleges (Centralia College East, Morton; SPSCC) to provide training for incumbent workers (Upskill) and recruitment for job seekers to enroll in HCA programs to build the workforce (Backfill). This model could serve as a guide for the other eleven Workforce Development Councils. <p>NOTE: Changes in testing</p> <ul style="list-style-type: none"> ➤ Modified Home Care Aide exam through Prometric to accommodate broader audience; eliminated multiple choice; present T/F in addition to animations. ➤ Written Test scores have increased due to the modification in English and Non-English languages. <p>Following the presentation, members engaged in additional discussion about livable wages, emotional compatibility with this type of work, anticipating future demand and turnover.</p>
<p>ALTSA Update Lorrie Mahar, ALTSA</p>	<p>Lorrie Mahar introduced herself. She also thanked Council members for creating the Dennis Mahar Excellence in Action Award.</p> <p><u>Request Legislation</u> Presented information on the ALTSA request legislation that members reviewed during the legislative committee priorities discussion. A related document was distributed to members.</p>



Washington State Council on Aging

Topic	Key Points and/or Decisions Made
	<p data-bbox="646 488 1121 516"><u>Behavioral Health Transformation</u></p> <ul data-bbox="695 526 1871 1433" style="list-style-type: none"> <li data-bbox="695 526 1871 630">• Residential Care Services (RCS) and Home and Community Services are still in the process of hiring new staff. Jacqueline Cobbs is the project lead for HCS and Amy Abbott is the lead for RCS. <li data-bbox="695 639 1871 922">• Goals are: <ul data-bbox="789 675 1839 922" style="list-style-type: none"> <li data-bbox="789 675 1839 743">○ Assist in transitioning 138 individuals from state hospitals to community services between July 2017- June 2019 <li data-bbox="789 753 1839 857">○ Provide technical assistance and policy support for LTSS providers to successfully serve individuals transitioning and diverting from state hospitals <li data-bbox="789 867 1839 922">○ Develop additional providers and existing provider capacity and skills to serve individuals transitioning from state hospitals <li data-bbox="695 932 1871 1133">• 3 years ago we were completing an average of 3.5 assessments a month with clients at Western State Hospital (WSH), and are now completing an average of 11.5 a month. We are currently completing approximately 25 assessments at WSH/Eastern State Hospital a month with the goal once fully staffed up to complete 63 assessments a month <li data-bbox="695 1143 1871 1286">• HCS is working with state hospitals to develop a process for earlier engagement with patients/clients in order to begin discharge planning. Earlier planning will provide us more time to identify settings and services, and to develop more tailored individual plans when needed. <li data-bbox="695 1295 1871 1399">• HCS is seeking residential and Skilled Nursing Facility provider interest through a Request for Information (RFI), expected to go out in December, for ideas and proposals to serve individuals with behavioral support needs. <li data-bbox="695 1409 1871 1433">• HCS is growing the Supportive Housing provider network



Washington State Council on Aging

Topic	Key Points and/or Decisions Made
	<p><u>Initiative 3 (Medicaid Transformation Demonstration) Update</u></p> <ul style="list-style-type: none"> • FCS is the supportive housing and supported employment benefits under the demonstration. • The protocol has gone through a couple of rounds of review and is currently with the Office of General Counsel at CMS. • Third Party Administrator is contracted by the Health Care Authority (HCA) to build the provider network and authorize services. • Engaging in readiness review activities with the Third Party Administrator in preparation for implementation. This is a collaborative effort between HCA, ALTSA and the Behavioral Health Administration • Amerigroup has begun some initial outreach to providers who identified themselves as interested in providing these services. • ALTSA Supportive Housing and Supported Employment program managers have been providing local outreach and education, to the greatest extent possible, considering we still do not CMS final approval, nor process protocols in place with Amerigroup. We are working to keep HCS and AAA excited and engaged with these new services, but also limiting information that might create confusion or frustration, since we still don't have all the answers. It is a fine balance. We appreciate everyone's patience and look forward to implementation. <p>(Note: due to time constraints-written update material was added to the meeting minutes.)</p>
<ul style="list-style-type: none"> • Other updates and member comments • New business • Public comments 	<p>The meeting was adjourned at 2:20 PM</p>



Washington State Council on Aging

Action ITEMS

ACTIONS	Assignee	Due Date
Update Council trifold for outreach at Conference and Senior Lobby	Suzanne Holmes	October Conference
Resend Family Caregiver Month Letter to members	Lynn Ford	November
Send link on road usage tax	Barry Lamont	November
Review repository contents	PA and E Committee	January

Next Meeting: January 23, 2018 at Radisson SeaTac