



Washington State Council on Aging

Meeting Title: September 2017 Washington State Council on Aging Meeting
 Location: SeaTac, WA

Date: 09/26/2017

ATTENDEES

√	Members Present	Appointment	√		Appointment
√	Barry Lamont	At-Large East	√	Patricia McIntyre	Pierce County Connections Advisory Council
√	Cheryl Townsend Winter	At-Large West		Peggi Moxley	Aging & Adult Care of Central WA
√	Suzanne Holmes	AAAD Southwest WA Advisory Council	√	Helen Spencer	Yakama AAA Golden Eagles Advisory Council
√	Rep. Nicole Macri	WA House of Reps		Art Swannack	Association of Counties
√	Carl Bender	NWRC Advisory Council	√	Joe Sharkey	O3A Advisory Council
√	Georgiann Dustin	NWRC Advisory Council	√	Ron Vivion	Snohomish County AAA
√	Aruna Bhuta	At-Large East	√	Susan Welsh	Kitsap AAA Advisory Council
√	Lynn Ford	Lewis Mason Thurston AAA Advisory Council			Colville Tribes AAA Advisory Council At Large West (2)
√	Ava Frisinger	ADS King County Advisory Council	√	Guests Present	
√	Marty Johnston	Aging and Long Term Care Eastern Washington Advisory Council	√	Aime Fink Cathy Knight	Snohomish County AAA w4a
√	Sen Karen Keiser	WA State Senate	√	Walt Bowen	Senior Lobby
	Phillip Lemley	Association of Cities	√	Cathy Mccaul	AARP
√	Paul Malinski Kathy Medford	Southeast WA Aging and Long Term Care	√	Bill Moss Nichole Ossa	AL TSA



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AGENDA

Minutes

Topic	Key Points and/or Decisions Made
<ul style="list-style-type: none"> • Welcome • Review/approve agenda • Review/approve minutes • Review of current action items • Member updates • Other business 	<p>Key Points</p> <ul style="list-style-type: none"> • New Members welcomed The Chairperson, Cheryl Townsend Winter welcomed new members Kathy Medford representing Southeast WA Aging and Long Term Care Advisory Council and Planning Service Area and Representative Nicole Macri. Rep. Macri represents the 43rd district. She currently is Vice Chair of the Health and Wellness Committee and the Community Development, Housing and Tribal Affairs Committee and also serves on the Capital Budget Committee. • Agenda reviewed/approved • Minutes reviewed and approved with correction to attendance • Action items status reviewed –completed and APS data in process <p>Senator Keiser reviewed timelines for the Joint Legislature Executive Committee on Aging and Disability. (JLEC ADS)</p> <p>Lynn Ford provided an updated on the status of senior centers defunded by Lewis County. She also reviewed status of the senior nutrition program request for proposals.</p> <p>Senator Keiser asked about how many centers are losing funding. Lynn confirmed that all six centers in the county are losing county funding.</p> <p>Paul Malinski discussed dementia friendly communities training underway in his Planning Service Area (PSA). The AAA is working in collaboration with the Alzheimer’s Association. They are working on organizing communities around what you need to do to become dementia friendly. They are including information from the Dementia Action Collaborative (DAC)</p>



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	<p>Marty Johnston shared that the AAA in her PSA has started implementing the Medicaid Transformation Demonstration project. They have found case managers have needed additional training on what services and supports to refer people to.</p> <p>Helen Spencer announced that the Yakama Nation is organizing their third Senior Information Conference. The conference will include a focus on long term care and end of life issues.</p> <p>Joe Sharkey shared that at their last meeting they focused on death with dignity and increasing awareness at local hospitals and pharmacies. He also announced that the Shipley Center in Clallam County is adding a commercial kitchen. They will collaborate with Western State University Extension and Sequim Food bank on providing nutrition education and related supports.</p> <p>Pat McIntyre shared that her AAA is working on dementia education.</p> <p>Cheryl announced that she's representing the Council on the APS registry working group. The group is looking at the potential for some categories of 'offense' to not result on permanent placement on the registry.</p>
<p>Legislative Committee Update –Ron Vivion & Ava Frisinger</p>	<p>Ava Frisinger reviewed the AL TSA proposed request legislation. She also reviewed the Health Care Authority (HCA) request legislation on guardianship fees. In 2011 DSHS transferred Medicaid agency authority to HCA. The legislation requests that HCA replace DSHS regarding guardianship fees.</p> <p>Barry Lamont moved that the Council support the legislation. The Council approved.</p>



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	<p>Ron Vivion acknowledged Helen's effort around federal legislation for Medicare Observation Status. There re is now a new bill. Helen shared that she has been working with local hospitals on importance of supporting-and also focused on Indian Country and the important role they can play – also got letter in Yakama Nation Review.</p> <p>Senator Karen Keiser provided an update on passing paid family medical leave legislation: SB 5975-2017-18. This means that and adult child could take paid leave to care for an elderly parent. The premium is reasonably low and considerations have been made for small business. You can read more about the detail here: Article on SB 5975</p>
<p>Partner Updates</p> <p>Senior Lobby</p>	<p>Senior Lobby- Walt Bowen</p> <p>Shared that Senior Lobby now has 37 organization members. Started with ten in 1977. The newest member is Homage Senior Services, formerly Senior Services of Snohomish County.</p> <p>Discussed JLEC ADS reauthorization- Can't start for 90 days after session ends and session ended late. The caucus has to assign members, set meeting times, set agendas and related tasks.</p> <p>Senator Keiser has been asked to be reappointed-unlikely JLEC will be able to meet before legislative session starts</p> <p>Walt discussed Senior Lobby Conference scheduled for October 19th. The focus is on how come Washington State got #1 on the AARP scorecard. Also looking at what Medicaid is involved in; a demographic report for the state as relates to long term supports and services: AAA's panel on health homes; the DAC will provide an update; a lunchtime presentation on scams. Also will spend time on emergency preparedness for</p>



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November Family Caregiver Month Letters to Editor	<p>people who are not mobile or have other risk factors. David Schumacher will present on state budget. There will be a reception at 5 PM.</p> <p>Lynn shared thoughts on using the reference letters she developed and she will send a reminder to members in October</p>
Social Media Advocacy- Irene Stewart, Project Manager, Age Friendly Seattle Aging and Disability Services	<p>In addition to an overview of the use of Social Media for issue advocacy, Irene provided an extensive how to about how to use Twitter, from specific mechanics of using the platform to effective messaging with 140 characters. She covered social media basics, social media campaigns, personal advocacy and how to leverage content across multiple communication and social media channels. If you have additional questions. She may be contacted at Irene Stewart irene.stewart@seattle.gov</p> <p><u>Additional resources on this topic can be found here:</u> http://www.aauw.org/resource/how-to-use-social-media-for-advocacy/</p>
Wellness Education Program- Nicole Ossa ALTSA	<p>Nicole provided an overview of the ALTSA Wellness Education Program. Please refer to the handout distributed at the meeting.</p> <p>Key purpose of the program is to promote health literacy while supporting positive health behavior change.</p> <p>Wellness Education goals are focused on increasing health literacy, empowering independence and self-management.</p>



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	<p>Currently there are 35,000 participants. Each person receives a customized monthly newsletter targeted to each individual.</p> <p>Targeting is based on data from the CARE assessment-client data profiles-ultra high performance decision systems. There is a dynamic indicator list (currently 95). Also will identify risks, i.e. if they are a smoker, if they are vulnerable to falls, they are experiencing grief, etc.</p> <p>Newsletter articles standards are:</p> <ul style="list-style-type: none">• brief• simplified• focused• action oriented- we want readers to be able to take action after reading• positive and solution oriented <p>Goal is that content is 3-6th grade accessible simple language-we want to embrace wide levels of literacy. We also translate into multiple languages.</p> <p>Participants don't receive same information repeatedly, they may receive on same topic, e.g. diabetes-but it's different related information.</p> <p>In surveys to date participants have responded favorably. Survey responses:</p> <ul style="list-style-type: none">• Are the articles easy to understand? 94% yes• Does newsletter help you-75% yes• Have you made any changes in your life because of what you read in newsletter? 46% yes <p>Nicole also shared recorded specific (anonymous) person responses with the Council</p>



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	<p>Nicole and Council members engaged in additional discussion about targeting behavioral change, addressing people in their environment and who is currently eligible to participate. Please refer to the PowerPoint handout for more detailed information.</p>
<p>State Council on Aging Focus Areas</p>	<p><u>Dementia Action Collaborative (DAC)</u>-Cheryl Townsend Winter</p> <p>The Dementia Roadmap: A Guide for Family and Care Partners is available</p> <p>Walt shared that will be part of the DAC presentation at Senior Lobby</p> <p>There are a series of town hall meetings that DAC members will be participating in.</p> <p>AARP is working on sharing information via newsletter</p> <p><u>Federal Issues- Ron Vivion</u> Senator McConnell just announced there will not be a vote on the Graham-Cassidy health care bill</p>
<p>Joint Conference Planning- Cathy Knight</p>	<p>Cathy thanked Ron, Art and Phil for their assistance in planning the agenda.</p> <p>The theme of the conference will be celebrate, educate, advocate.</p> <p>It will be beneficial for the entire network to really understand the role of Medicaid.</p> <p>Cathy reviewed the draft agenda.</p>



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<p>AARP Update –Cathy Mccaull</p>	<p>Cathy distributed draft legislative priorities via email.</p> <p>It will be a short session and priorities are focusing on things AARP has already been working on:</p> <ul style="list-style-type: none"> • Personal Needs Allowance- AARP has done survey on allowance amount in other states- Washington’s is fairly low--average is \$80 and WA is \$62 - so making a budget request • Senior property tax exemption • Restoration of hearing aids under Medicaid (budget request) • LTSS- Long term Care Trust Act • DAC funding <p>Please refer to the AARP Legislative Priorities draft distributed by email 9/26/17.</p>
<p>ALTSA Update Bill Moss, ALTSA</p>	<p>Bill Moss introduced himself, shared his background and discussed the Governor’s appointment of Cheryl Strange to DSHS Secretary</p> <p>Shared information about the transition of the Children’s Administration (CA) to the new Department of Children, Youth and Families (DCYF) Family and Youth Services. The transition involves 3000 employees and the associated infrastructure. Significant planning is underway.</p> <p>Ron asked about how large the CA is and what type of impact?</p>



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	<p>CA is one of the larger Administrations so does have large impact and we're looking at budget.</p> <p>Rep. Macri shared that the legislature did pass some legislation to address transition issues and related funding</p> <p>Aruna asked if current CA staff move to the new agency.</p> <p>That is currently being worked out-there are some positions that have functions related to more than one administration.</p> <p>There are 6 workgroups currently working on plans for seamless transition</p> <p>In addition to Juvenile Rehabilitation moving (pending legislature decision) we also have the Behavioral Health Administration potential to move to HCA depending on legislative decision.</p> <p>Happy to report that the Medicaid Transformation Demonstration has started with enrollment effective September 11th. It's a 5 year demonstration. At the three year mark the plan is to present data findings to the Legislature and Governor and to have discussion about what post demonstration plans should be.</p> <p>Looking at revenue and demographic trends is critical for the upcoming legislation session.</p> <p>ALTSA is asking for: Six Residential Care Services positions for quality assurance functions (currently funded by Money Follows the Person).</p>



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	<p>Request for electronic timekeeping verification to meet federal requirements-this involves some related FTE request</p> <p>APS registry- looking at certain disqualifying crimes that may not result in permanent placement on registry -where people can petition for removal- we don't want to put anyone in harm's way-so significant work remains to be done to determine outcome Cheryl represents the Council in this workgroup</p> <p>Want to move CARE tool to a web based model- so need investment in related infrastructure- would result in more timely assessment.</p> <p>Exploring move from current Individual Provider (IP) system to not have DSHS act as joint employer and to move to an Agency of Choice model- so that agency would facilitate payroll tasks, credentialing background checks and other related tasks. DSHS core business is working with clients to assess and help develop care planes and to provide ongoing case management</p> <p>Currently a lot of time is focused on the employment management tasks</p> <p>A contract would include language to address quality assurance for employers</p> <p>Aruna asked where funds would come from to pay for this model.</p> <p>We'd expect cost offsets around non case management duties.</p> <p>Ron asked if he anticipates any blow back on the investment already made in the IP One system</p> <p>A fair criticism, we're in a dynamic system, IP One expense (some) relates to need to interface with Medicaid Management Information System</p>



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	<p>Kathy Medford asked is assumption it will reduce liability for state? How are you going to ensure client issues are shared with case manager/appropriate parties?</p> <p>We want to continue to know about client issues-agency of choice as liaison-need to ensure communication is clear with clients about contacting Case Manager</p> <p>Rep. Marcri asked when you would see this being implemented.</p> <p>Planning for 2019</p>
Excellence in Action Awards	<p>Marty, Ron, and Suzanne served on the ad-hoc committee.</p> <p>Marty spent time developing scoring process, will be doing further work on it.</p> <p>This year the committee decided on 2 awards Ron described nominee organizations and proposed the Senior Legal Advice Clinic Attorney Panel for the organization award and the Dennis Mahar Excellence in Action Award for an Individual be awarded to Pam Almeida, Executive Director of Greater Spokane County Meals on Wheels.</p> <p>The Council approved the proposal</p>
Nominating Committee and Nominations for Officers	<p>Barry Lamont presented the following slate:</p> <p>Suzanne Holmes-Chairperson Cheryl Townsend Winter- Vice Chair Phil Lemley-Secretary (with recommendation for Ron Vivion as interim until Phil completes his reappointment process)</p>



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	<p>Barry asked for any nominations from floor and hearing none closed the nominations</p> <p>Motion made and seconded to approved those nominated to office</p>
<ul style="list-style-type: none"> • Other updates and member comments • New business • Public comments 	<p>Patricia Announced the Fabulous Aging Conference and will forward additional information for Rosemary to send to members.</p> <p>Ron shared that funding for veterans is increasing in Snohomish County and an RFP process had been completed and an announcement for a supported housing program will be made this coming Friday</p> <p>Cheryl shared one last action as Chairperson, today was the last meeting for Carl and Paul –they have each served six years on the Council and she thanked them for their dedication and service.</p> <p>Members thanked Cheryl for her dedication in service as Chairperson.</p> <p>Meeting Adjourned</p>



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Action ITEMS

ACTIONS	Assignee	Due Date
Update Council trifold for outreach at Conference and Senior Lobby	Suzanne Holmes	October Conference
Finalize tabling schedule for State Council outreach	Lynn Ford	October Conference
Print brochures for October meeting	Rosemary Biggins	October Conference
Finalize EiA's and presentations	Rosemary Biggins	October Conference
EiA Flyer and notice seeking nominations with August 15 th due date	Ron Vivion Rosemary Biggins	1 st week of July
Forward information about the Fabulous Aging Conference	Pat McIntyre	September 30th
Provide data on APS investigation outcomes	Rosemary Biggins	November meeting

Next Meeting: November 14th at Radisson SeaTac