



# Washington State Council on Aging

Meeting Title: January 24 Washington State Council on Aging Meeting  
 Location: Radisson SeaTac

Date: 01/24/2017

## ATTENDEES

| √ | Members Present        | Appointment                                                  | √ |                       | Appointment                                                         |
|---|------------------------|--------------------------------------------------------------|---|-----------------------|---------------------------------------------------------------------|
| √ | Barry Lamont           | At-Large East                                                |   | Paul Malinski         | Southeast WA Aging and Long Term Care                               |
| √ | Cheryl Townsend Winter | At-Large West                                                | √ | Patricia McIntyre     | Pierce County Connections Advisory Council                          |
| √ | Suzanne Holmes         | AAAD Southwest WA Advisory Council                           |   | Peggi Moxley          | Aging & Adult Care of Central WA                                    |
|   | Rep. Sherry Appleton   | WA House of Reps                                             | √ | Helen Spencer         | Yakama AAA Golden Eagles Advisory Council                           |
| √ | Carl Bender            | NWRC Advisory Council                                        | √ | Art Swannack          | Association of Counties                                             |
| √ | Aruna Bhuta            | At-Large East                                                | √ | Ron Vivion            | Snohomish County AAA                                                |
| √ | Lynn Ford              | Lewis Mason Thurston AAA Advisory Council                    |   | Vacant                | Kitsap AAA Advisory Council<br>Colville Tribes AAA Advisory Council |
| √ | Ava Frisinger          | ADS King County Advisory Council                             | √ | <b>Guests Present</b> |                                                                     |
| √ | Marty Johnston         | Aging and Long Term Care Eastern Washington Advisory Council | √ | Walt Bowen            | Senior Lobby                                                        |
|   | Sen Karen Keiser       | WA State Senate                                              |   | Cathy MacCaul         | AARP                                                                |
|   | Marti Anthony          | Olympic AAA Advisory Council                                 | √ | Cathy Knight          | w4a                                                                 |
| √ | Phillip Lemley         | Association of Cities                                        |   |                       |                                                                     |
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# Washington State Council on Aging

## AGENDA

## Minutes

| Topic                                                                                                                                                                                                                        | Key Points and/or Decisions Made                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
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| <ul style="list-style-type: none"> <li>• Welcome</li> <li>• Review/approve agenda</li> <li>• Review/approve minutes</li> <li>• Review of current action items</li> <li>• Member updates</li> <li>• Other business</li> </ul> | <p><b>Key Points</b></p> <ul style="list-style-type: none"> <li>• Members welcomed</li> <li>• Agenda reviewed/approved with note to ensure future discussion on advisory role</li> <li>• Minutes reviewed and approved</li> <li>• Action items reviewed with items completed</li> <li>• Reviewed and approved meeting schedule for 2017</li> </ul> <p>Member Updates</p> <ul style="list-style-type: none"> <li>• Suzanne sent a letter about the CARE program to PeaceHealth. She is also going to be part of a community initiative related to accessible transportation</li> <li>• Lynn Ford provided an update on the Lewis County and the proposed defunding of senior centers. There are discussions about transitioning to not for profit status (vs. county run) and the challenges of finding alternative funding sources. Ron Vivion shared experience in Snohomish County and leveraging funds to build sustainability for successful transition to a 'center for healthy living'</li> </ul> |
| <p>Legislative Breakfast</p>                                                                                                                                                                                                 | <ul style="list-style-type: none"> <li>• Ron and Lynn attended-shared State Council legislative priorities-there was an impressive turnout</li> <li>• Legislators discussed the Joint Legislative Executive Committee on Aging &amp; Disability.</li> <li>• Discussed how priorities of JLEC priorities are very similar to priorities of WASCOA and Aging Coalition</li> <li>• Representative Chase discussed revenue challenges</li> <li>• Legislators also received a packet of information</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |





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| Topic                                                          | Key Points and/or Decisions Made                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
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| Senior Lobby- Walt Bowen                                       | <p>Senior Lobby</p> <ul style="list-style-type: none"> <li>• In place of Gerry Reilly now have multiple lobbyists</li> <li>• At next Senior Lobby meeting we will analyze bills and send out information to interested parties to make comments</li> <li>• Feb 23rd is the next Senior Lobby Day</li> <li>• March is Older Americans Month- want to do press</li> <li>• Discussed concerns about press being decimated (economic) e.g. the Seattle Times is laying off reporters, Issaquah Press closing</li> <li>• Walt will send statewide analysis of impact of health care system changes to Rosemary to distribute-impact re changes (cuts) to Medicaid Medicare, etc.</li> </ul>                                                                                                                                                       |
| Travel & Travel Reimbursement Policy<br>Melanie McGuire, ALSTA | <ul style="list-style-type: none"> <li>• Melanie McGuire provided a detailed presentation on travel policy and procedure and the reimbursement policy for travel.</li> <li>• Topics covered included overview of policy and procedure</li> <li>• TEMS Process</li> <li>• Mileage Reimbursement</li> <li>• Per Diem</li> <li>• Meal Reimbursement and rules</li> <li>• Please refer to the handouts distributed at the meeting/attached to this email</li> </ul>                                                                                                                                                                                                                                                                                                                                                                              |
| ALSTA Update<br>Bea Rector                                     | <p><b>Key Points</b></p> <ul style="list-style-type: none"> <li>• <b>1115 waiver</b>- received final CMS agreement and it's posted on the Health Care Authority website- working on correcting some details and sending back to CMS</li> <li>• Statement of Special Conditions can be found here:<br/><a href="http://www.hca.wa.gov/about-hca/healthier-washington/medicaid-transformation">http://www.hca.wa.gov/about-hca/healthier-washington/medicaid-transformation</a></li> <li>• Need to have approved specific multiple protocols, e.g., tribes, evaluation, funding -latter needed for draw down of funds</li> <li>• Continuing to work with AAA on planning and implementation</li> <li>• MAC and TSOA-there were just a couple of adjustments needed in the waiver. One was related to financial eligibility for TSOA</li> </ul> |



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| Topic | Key Points and/or Decisions Made                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
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|       | <ul style="list-style-type: none"> <li>• Other issue is around presumptive eligibility- when client is in critical need of services we want be able to provide assistance as soon as possible and. presumptive eligibility allows us to ask presumptive questions which allow us to provide services- CMS said yes to presumptive.</li> <li>• Also not requiring to screen for citizenship status. Special terms and conditions are always renegotiable- from federal and state side- so if CMS said no to current aspect it would take about 6 months to change because of appeal process</li> <li>• July 1 is implementation date- AAA's are also very busy preparing</li> <li>• 1115 has listening sessions coming up-intent is to go over terms and get some public feedback and provide opportunity for Q/A</li> <li>• Are conducting 9 of them -most are in evenings and couple are on weekends</li> <li>• Scheduling a stakeholder webinar in February that will be deeper dive- there are legal advocates and other that are interested in knowing what information people are getting to access this option</li> </ul> <p><b>Overtime Policy Implementation</b></p> <ul style="list-style-type: none"> <li>• continue to work on implementation of OT,</li> <li>• The number of contract actions we've needed to take are much higher than we'd like to see- multiple thousands per month. Workers first get a warning then 2nd warning ( get a written and phone warning)</li> <li>• 3rd action is termination of contract for 90 days (which is worrisome)</li> <li>• We are doing this work at Headquarters to remove workload impact from the field.</li> <li>• There is legislation that proposes to not have work week limits for parents with adult children with disabilities and changing limit of work week hours.</li> <li>• We need to assess impact on budget and the ability to live within the budget cap prescribed for overtime</li> <li>• Very tough policy to implement; requires ongoing mitigation of multiple impacts</li> <li>• Implementation has required that clients change longstanding practice and is very challenging</li> <li>• Aruna asked about workers in rural areas</li> </ul> |



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| Topic | Key Points and/or Decisions Made                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
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|       | <ul style="list-style-type: none"> <li>• The concern is determining that clients have done due diligence to find another worker, but difficult where you have client who says no one else that can do it the way the person I have has done work; not seeing this as rural /urban issue</li> <li>• Really have to look at client situation and do due diligence before we can say that an exception can be made</li> <li>• Client has been determining work hours for years so transition to state control is significant adjustment</li> <li>• Art asked if there is an assessment of what worker is doing during allocated hours</li> <li>• Typically the high need of client is verifiable(through detailed assessment process) The concern is more about the safety of worker and client</li> <li>• We are doing analysis of coverage- discerning if there are patterns of purposeful action to not abide new overtime requirements.</li> </ul> <p><b>LTSS Actuarial Study and next steps</b></p> <ul style="list-style-type: none"> <li>• Milliman has completed their report</li> <li>• It's in final review with OFM and then will go to legislature</li> <li>• ALTSA has included a report on LTSS, demographics, diversity of services needed in order to provide more context to the actuarial report</li> <li>• Report was asked to look at two options               <ol style="list-style-type: none"> <li>1) a public long-term care benefit for workers, funded through a payroll deduction that would provide a time-limited long-term care insurance benefit; and</li> <li>2) a public-private reinsurance or risk-sharing model, with the purpose of providing a stable and ongoing source of reimbursement to insurers for a portion of their catastrophic long term services and supports losses in order to provide additional insurance capacity for the state</li> </ol> </li> <li>• As soon as report is public will distribute to Council members</li> </ul> <p><b>Federal update</b></p> <ul style="list-style-type: none"> <li>• On federal level there are a lot of potential changes</li> <li>• Currently there is a 90% match on federal level</li> </ul> |



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| Topic                                                                                                                                                                                                                                   | Key Points and/or Decisions Made                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
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|                                                                                                                                                                                                                                         | <ul style="list-style-type: none"> <li>• Expansion is a question</li> <li>• CFCO is the way most LTSS are delivered and includes enhanced +6% match is part of the Affordable Care Act as are Health Homes and the CMS Innovation programs</li> <li>• A paper addressing implications of changes to ACA has been provided to OFM to share with the state's congressional delegation</li> <li>• Discussed how block grants work –will forward some additional analysis</li> <li>• Concern with block grants is that state is given a lump sum and that may not keep up with expanding population</li> <li>• Another approach being worked on based on per capita caps</li> <li>• Intent is to save federal expenditures in healthcare and LTSS</li> <li>• Will forward relevant policy papers</li> </ul>                                                                                |
| <p>Updates and discussion on WASCOA focus areas</p> <ul style="list-style-type: none"> <li>• Guardianship/WINGS</li> <li>• Elder Justice</li> <li>• Dementia Action Collaborative</li> <li>• Senior Housing and Homelessness</li> </ul> | <p>Senior Housing/Homelessness - Suzanne Holmes</p> <ul style="list-style-type: none"> <li>• Reviewed key points and issues identified in the update that was distributed to all members by email</li> <li>• Shrinking inventory</li> <li>• Increase in the number of eligible low income housing applicants</li> <li>• Please refer to the update distributed for detailed information</li> </ul> <p>Dementia Action Collaborative (DAC)- Cheryl</p> <ul style="list-style-type: none"> <li>• DAC subcommittees have produced the following               <ul style="list-style-type: none"> <li>✓ Dementia Safety Info Kit</li> <li>✓ Dementia Friendly Communities WA – Expanded Version</li> <li>✓ Dementia Friendly Communities WA – Short Version</li> </ul> </li> <li>• Discussed collaboration on integration aging friendly communities and dementia support needs</li> </ul> |



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| Topic                                                                                                                                                                                  | Key Points and/or Decisions Made                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
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| <p>2017 State Legislative Session Discussion-Ron Vivion</p>                                                                                                                            | <ul style="list-style-type: none"> <li>• Members engaged in discussion about adding federal issues to focus area</li> <li>• Consider n4a priorities as reference for ACA talking points</li> <li>• Discussed prioritization of legislative priorities and how it lines up with Council focus areas</li> <li>• Cheryl suggested to think about it as focus areas are conversation areas that are complimentary to legislative priorities</li> <li>• There are a couple bills advancing funding for hearing aides</li> <li>• Reviewed final legislative priorities in context of bills introduced to date as well a budget process as it unfolds</li> <li>• Discussed imperative to have credible and confirmed information</li> <li>• JLEC in report did not include extending JLEC</li> <li>• Walt is part of a monthly conference call with Senator Murray and Senator Cantwell's staff and can convey as well share information with members.</li> </ul> <p><b>Decisions Made</b></p> <p>Federal Policy and Legislative Issues will be added as a Focus Area</p> |
| <ul style="list-style-type: none"> <li>• Review February Meeting</li> <li>• Other updates and member comments</li> <li>• New business</li> <li>• Public comments</li> <li>•</li> </ul> | <ul style="list-style-type: none"> <li>• February meeting starts at 1:00 PM and will be in Olympia at the DSHS Office Building</li> <li>• Carl will make final changes to the tracking process for WASCOA products</li> <li>• Carl shared that Barry would develop a one to two pager to explain the transportation matrix</li> <li>• Patricia and Melanie will explore feasibility of logo</li> <li>• Patricia and Melanie will finalize current brochure</li> <li>• Walt reminded members to sit together toward front of venue on Senior lobby day for schedule photo-op front of church for photo op</li> <li>• Public comments :none</li> </ul> <p>Meeting adjourned</p>                                                                                                                                                                                                                                                                                                                                                                                      |





# Washington State Council on Aging

## ACTION ITEMS

| ACTIONS                                                        | Assignee                                                 | Due Date               |
|----------------------------------------------------------------|----------------------------------------------------------|------------------------|
| Finalize and send intro letter to new legislators              | Ron Vivion<br>Cheryl Townsend Winter<br>Rosemary Biggins | ASAP                   |
| Forward information about Medicaid Block Granting              | Rosemary Biggins                                         | ASAP                   |
| Forward information about the LTSS Financing (Actuarial) Study | Rosemary Biggins                                         | When Public            |
| Finalize State Council brochure                                | Melanie McGuire<br>Patricia McIntyre<br>Rosemary Biggins | First week of February |
| Letter of Recommendation Phillip Lemley                        | Rosemary Biggins<br>Cheryl Townsend Winter               | ASAP                   |
| Explore feasibility of Council Logo                            | Patricia McIntyre<br>Melanie McGuire                     | December               |
| Archive WASCOA member published media on website               | Rosemary Biggins                                         | TBD                    |

***Next Meeting: February 22 at DSHS OB-2***