



Washington State Council on Aging

Meeting Title: June 2018 Washington State Council on Aging Meeting

Date: 9/25//18

√	Members Present	Appointment	√	Appointment
	Barry Lamont	At-Large East	√	Patricia McIntyre Pierce County Connections Advisory Council
√	Cheryl Townsend Winter	At-Large West		Peggi Moxley Aging & Adult Care of Central WA
√	Beth Anderson	AAAD Southwest WA Advisory Council	√	Edward Arlen Washines Yakama AAA Golden Eagles Advisory Council TA representative
	Rep. Nicole Macri	WA House of Reps	√	Art Swannack Association of Counties
	Sharon Curley	At-Large West	√	Joe Sharkey O3A Advisory Council
	Georgiann Dustin	NWRC Advisory Council	√	Ron Vivion Snohomish County AAA
√	Aruna Bhuta	At-Large East	√	Susan Welsh Kitsap AAA Advisory Council
√	Lynn Ford	Lewis Mason Thurston AAA Advisory Council	√	Sue Cameron At-Large West
√	Ava Frisinger	ADS King County Advisory Council		Senator Joe Fain WA State Senate
			√	Frazier Willman, LA
√	Marty Johnston	Aging and Long Term Care Eastern Washington Advisory Council		Guests Present
	Sen Karen Keiser	WA State Senate	√	Walt Bowen Senior Lobby
√	Phillip Lemley	Association of Cities	√	Cathy Mccaul AARP
√	Kathy Medford	Southeast WA Aging and Long Term Care	√	Jon Rudicil w4a
√	Rep. Andrew Barkis	WA House of Reps	√	Jan Howard Snohomish AAA Advisory Council
			√	Kristy Dunn Sheri McConnaughey Washington Association of Senior Centers

ATTENDEES



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AGENDA

Minutes

Topic	Key Points and/or Decisions Made
<ul style="list-style-type: none"> • Welcome • Review/approve agenda • Review/approve minutes • Review of current action items • Member updates • Other business 	<p>Cheryl Townsend Winter welcomed Beth Anderson and Edward Arlen Washines to the meeting. Beth has been appointed to the AAAD Southwest WA Advisory Council position representing planning service area 7 that covers Clark Cowlitz, Klickitat Skamania and Wahkiakum counties. Edward is temporarily representing the appointment from the Golden Eagles Advisory Council, Yakama Nation AAA. He is currently Deputy Director of Yakama Nation Health and Human Services</p> <p>The agenda was reviewed and approved.</p> <p>The minutes were reviewed and approved with deletion of 'Colville' on the attendance list.</p> <p>Member organization updates</p> <p>Lynn Ford will be inviting Nicole Kiddo, Executive Director of Lewis Mason Thurston AAA to the November meeting</p> <p>Lynn shared that \$38,000 has been raised through the Thrift Store for the Lewis County Senior Center. There is a goal of \$50,000 for the year. The senior center from Belfair donated a bingo machine and they are looking into license for bingo for fundraising. A 'Night of Magic' fundraiser is scheduled for next month,</p> <p>Aruna Bhuta announced they have an Age Wave Forum coming up. In October they are also having an Age Friendly Forum with the Spokane community.</p> <p>Marty Johnston met with another member of her advisory council and a Washington State University professor about assistive technology that assists people with cognitive disability.</p>



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	<p>They reviewed parameters of research. They want to explore further use of assistive technology (AT) for people on Medicaid waivers that have access to AT as potential service.</p> <p>Ava Frisinger shared that the ADS Advisory Council has held one legislative forum and have another scheduled. At the first one there was a presentation on aging issues for Asian communities. Legislative candidates also had opportunity to speak.</p> <p>Kathy Medford announced that the Consumer Directed Employment RFP would be live October 1. The goal is to complete process by January 1 2019.</p> <p>Cheryl Townsend Winter recently attended a forum and asked Dow Constantine, Executive Director King County, about what they are doing about homelessness and seniors. Constantine shared information on the King County Veterans, seniors and Human Services Levy. More information is available at this link: https://www.kingcounty.gov/depts/community-human-services/initiatives/levy.aspx</p> <p>Ron Vivion shared that Snohomish County is beginning implementation of replacing old tax with new one passed by voters that has significantly increased levy amount.</p> <p>Pat McIntyre shared that tonight 9/25 Seattle Generations Aging is doing a presentation on housing and LBGTQ</p>
<p>Partner Updates- Senior Lobby w4a AARP</p>	<p>Partner Updates</p> <p><i>Senior Lobby- Walt Bowen</i></p> <p>October 11 Fall Conference Hotel Murano</p>



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	<p>Expecting about 325 people- the main hotel is full</p> <p>Invited the HHS Region 10 director to speak but they are unable to make it</p> <p>The conference will start out with review of legislative accomplishments from past session and then discuss upcoming session.</p> <p>The President of the Senior Lobby of Colorado is presenting and he will share what Colorado is doing</p> <p>DSHS Research, Data and Analysis division will provide a presentation on demographics in state of WA.</p> <p>There will be a discussion of the state budget forecast from OFM perspective</p> <p>Andy Nicholas will provide a presentation from Washington Budget and Policy Center</p> <p>Senior Games President will present awards to senior athletes</p> <p>State Council on Aging will present Excellence in Action awards</p> <p>There will a presentation on financial scams, and a presentation about the Long Term Care Trust act</p> <p>Office of Insurance Commissioner Kriedler were present on the status of healthcare.</p>



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	<p>There will be a presentation about the federal budget .and a Social Security discussion</p> <p>Bob LeRoy will present on the work of the Dementia Action Collaborative</p> <p>There are currently Alzheimer’s forums going on in communities around the state</p> <p>The legislative breakfast has been scheduled for January 17.</p> <p>Senior Lobby Day has been scheduled for February 21.</p> <p>AARP has been co-sponsoring age wave forums and also sponsoring debates for US Senate and House candidates</p> <p>Senator Murray recently met with the Bellevue aging network about the high cost of prescription drugs.</p> <p><i>w4a Update Jon Rudicil-</i></p> <p>The Conference is scheduled for 10/10 and registration starts at 9:30AM.</p> <p>Stacey Smith, Kitsap County Division of Aging and Long Term Care, is now leading w4a</p> <p>David Ishida Regional Director from HHS/ ACL has be asked to present.</p> <p>Chris Rhodes from the University of Washington Medical School will discuss dementia.</p> <p>There will be four different breakout sessions</p>



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	<ul style="list-style-type: none">• Advocacy 101-ADS• Tweeting and use of social media for• Promoting dementia friendly communities-DAC• Long Term Care Trust act- stakeholders <p>The final session will focus on legislative issues</p> <p>Council members discussed potential follow up on the Long Term Care Trust act and will possibly schedule more discussion at the November meeting.</p> <p>Cheryl thanked Walt and Jon for support for the Dementia Action Collaborative Walt discussed emergency planning and the recent disaster events in North and South Carolina</p> <p>Lynn shared two experiences with emergency disaster (flooding) as a Nursing Home Administrator and the importance of coordination & pre-planning.</p> <p><i>Cathy McCaul-AARP</i> Working on legislative priorities and property tax exemption legislation. Met with the Washington Association of Counties on September 24.</p> <p>Important to meet the needs of rural and urban areas.</p>



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	<p>Currently looking at a by county median income approach, looking at residency requirement and adjusting home value requirements. There is a lot of interest to find a fix</p> <p>Long Term Care Trust Act- stakeholders are making a lot of progress. Changes to the bill- include being able to use \$100 a day benefit for variety of services, e.g. Meals on Wheels, building a ramp, transportation and personal care. Overall working toward a broader use of benefit. The third Milliman study has been completed. Currently looking at ways to minimize the payroll tax amount.</p> <p>Working on discharge process and planning with the state hospital association. It is focused on people receiving acute care- people 'stuck' in beds because there are not other community-based options available.</p> <p>Looking at assisted living facilities and discharge rights of patients and also looking at (in formative phase) how to address when people are sent to emergency room (ER) and not provided opportunity to return from ER to where they live.</p> <p>Working on Age Wave forums</p> <p>The eighth congressional district debate is scheduled for October 17 at Central Washington University 7p to 8pm.</p> <p>AARP is facilitating a 'tele' town hall with Rep. McMorris Rodgers and candidate Lisa Brown.</p> <p>Waiting to see what will be scheduled for Senator Maria Cantwell and Susan Hutchison debates.</p>



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	<p>Discussed the CARE Act and five hours of safety and orientation training.</p> <p>Members engaged in discussion about the use of benefit provided by LTC Trust act. Kathy Medford discussed idea of providing intake/counseling about other benefits available.</p>
<p>Excellence in Action Awards (EiA)</p>	<p>Marty Johnston</p> <p>Reviewed scoring and proposed related awardees. A motion was made and passed to support decisions of EiA committee</p>
<p>Legislative Priorities-Ava Frisinger and Council Members</p>	<p>Ava Frisinger and Council Members</p> <p>Ava presented content for the Council's 2019 legislative priorities. Members engaged in discussion. Priorities will focus on:</p> <ul style="list-style-type: none"> Dementia Action Collaborative legislative requests Support for AL TSA legislative requests Senior Housing and Homelessness Elder Justice, including Long Term Care Ombudsman Program funding Guardianship/Supportive Decision Making Support Support for exploration of long-term care funding options



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<p>Washington State Association of Senior Centers (WSASC)</p>	<p>Washington State Association of Senior Centers (WSASC) Presentation-)-Kristy Dunn & Sheri McConnaughey.</p> <p>The mission of WAASC is to enhance, educate and support professionals working with the aging populations.</p> <p>Senior centers and senior programs are a community focal point where older adults come together for services and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence and encourage their involvement in and with the community.</p> <p>From the WSASC website: The purpose for which the Association is organized includes:</p> <ol style="list-style-type: none"> 1 Encouraging growth and development of the senior center concept. 2 Providing growth and networking opportunities for senior center personnel. 3 Advocating improved services for senior citizens. <p style="text-align: center;">Membership Services & Benefits</p> <ul style="list-style-type: none"> ■ Annual training conferences for professionals and students ■ Opportunity for involvement in the organization's growth ■ Networking with professional peers ■ Information and assistance with new and developing programs ■ Involvement in legislative issues affecting senior centers and older adults ■ Legislative phone, email and fax tree ■ Washington State Senior Center Directory (updated biannually) ■ Washington Recreation & Park Association affiliation and discount and discount on dues



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	<ul style="list-style-type: none">■ Group Travel opportunities■ Organizational website: www.wsasc.org <p>In some centers participant age is 50+ and others are 55+. Young and older elderly and different interests.</p> <p>WSASC has board of 10 people including one member of the state legislature. Currently 44 senior centers have membership representing about 22% centers in the state. Continually encourage other centers to join.</p> <p>Currently about 65% of senior centers are in urban areas. About 65% of senior centers are under auspices of local government, other are not for profit entities.</p> <p>The association has a list serve that allows centers to ask question, get suggestions, provides of exchange of ideas</p> <p>Once a year WSASC holds an annual conference to network-there are 300 senior centers in the state ranging from one room to entire facilities. The next annual association conference is scheduled for June 4th -6th at the West Coast Convention Center in Wenatchee.</p> <p>The levels of funding and facility resource are very diverse. Funding has been very challenging for senior centers.</p> <p>The association raises money for centers to attend conferences and also fund interns to attend.</p>



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	<p>Extended travel programs are operated by some senior centers</p> <p>Council members engaged in exchange with the presenters and discussed:</p> <p>Senior Center services provided by tribes</p> <p>Age integrated community center versus senior centers</p> <p>Senior centers do not have state regulations.</p> <p>More sustainable funding built in to senior centers on the east coast.</p> <p>Many Senior Centers are operated under parks and recreation divisions.</p> <p>Use of membership and other fees and how to encourage contributions.</p> <p>Nutrition programs operated in some senior centers and challenges with having enough funding to meet community needs.</p> <p>Discussed different participant interests in senior centers and importance of making a nice blend of activities to meet the varied interest of participants, e.g. hiking clubs.</p> <p>Where you can get information about how to start of senior center.</p> <p>Concern about succession for staff getting ready to retire.</p>



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	Getting the word out about senior center services-some cities put out recreation guides and senior centers are marketed that way. Many use social media. The city of Tukwila puts announcements related to services on city utility bills.
Council Focus Areas <ul style="list-style-type: none"> • Dementia Action Collaborative (DAC) 	Dementia Action Collaborative- will have more details in near future about legislative session. Distributed URL promote and publicize flyer. Requested that members distribute to their networks
ALTSA Update	Budget Request Maintenance Level ALTSA Residential Care Division (RCS) - funding to continuer Western State Hospital abuse investigations. Consumer Directed Employment- funding to continue work Mental Health Transformation- funding to continue work Policy Level Work on vulnerable adult abuse registry for a petition process to be removed from the registry under specific conditions, Currently 12,000 people are on the registry and registry status is permanent regardless of severity.



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<p>ALTSA Update</p>	<p>Person would be able to petition to be removed from the registry. This would require statute change and have staffing level impact.</p> <p>Personal Needs Allowance (PNA) - it has been at 100% poverty level. Would like to raise it to 120%. The purpose behind this change is that we are seeing people not being able to remain at home due to increase cost of living (this is for people in own home-not facilities).</p> <p>Electronic Visit Verification (EVV) - This is a federal requirement. Currently home care agencies use EVV but will need to upgrade equipment to be in compliance by January 2020. Individual Providers will also need to use EVV and this is being built into the Consumer Directed Employment process.</p> <p>Provider Rates- A couple of rates have lagged behind that would affect Assisted Living providers - Medicaid currently funds only 26% of residents.</p> <p>Also asking for Nursing Home rate increase to address the need for increase to quality incentive component. Will send CMS measure to Council members. The measures include things like prevention of pressure ulcers, staffing rations and use of psychiatric medication.</p> <p>The indexes related to cost rebasing need to be updated.</p> <p>A third proposed rate increase is directed at skilled nursing.</p> <p>The Health Care Authority is asking for increases for private duty nursing and nurse delegation.</p> <p>RCS is asking for increases related to Supported Living residential inspections.</p>



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<p>ALTSA Update</p>	<p>The governor's budget will be released December</p> <p>Other legislation</p> <p>The Adult Protective Services Decision Package includes changes to the registry, definition changes, quality assurance and exceptions to public disclosure that would include a change to 74.34 statute that would allow for disclosing to certain parties, that an investigation is going on(to provide reassurance in limited fashion to certain interested parties.</p> <p>Changes to safe egress requirements for Adult Family Homes to address where a person residing in an AFH may be on second floor that has exit.</p> <p>Address needs related to Supported Living investigations.</p> <p>Long Term Care Trust Act- This would create an employee tax to defer LTC costs. During last legislative session directed to get another study from Milman and to work with stakeholders on actuarial projections. Just received final report yesterday</p> <p>In meantime, stakeholders have been working hard since last session to work on legislative language. Many policy levels have impact of either adding to a tax or subtracting from a tax. How long you work to vest, what is deduction, when can you access. Weighing from political perspective what could pass. From a funding perspective, we all know how expensive LTC is. The LTC Insurance market has not been stable. People paying out of pocket often end up spending down to poverty and Medicaid</p>



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<p>ALTSA Update</p>	<p>eligibility. In long run trying to offset Medicaid cost. Currently 7% of Washington residents have LTC insurance.</p> <p>Kathy Medford discussed spousal impoverishment that allows a spouse to hold on to a maximum amount.</p> <p>Dementia Act-</p> <p>Quite a lot of work by the subcommittees of the DAC to develop this Decision Package.</p> <p>w4a is working with DAC to develop statutory language that provides for intent language</p> <p>Funding to improve services and supports, best practice in primary care, advanced planning,</p> <p>This has been phenomenal work that stakeholders have done</p> <p>Consumer Directed Employer (CDE)</p> <p>The stakeholder group is doing a lot of work. The RFP will be ready beginning of October and available for public viewing.</p> <p>CDE will be providing background checks, ensure all training requirements are adhered to, tax reporting, working with clients on finding IPs, and other employer tasks</p> <p>This will allow case managers to focus on case management, housing, chronic conditions, falls assessment, mental health support needs and other client specific needs.</p>



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<p>ALTSA Update</p>	<p>Recent data on mental health needs is available and ALTSA will share with Council</p> <p>1115 work- Medicaid Transformation Demonstration</p> <p>Community services for long-term services and supports including</p> <p>Option for unpaid caregivers to receive services and supports.</p> <p>Addressing Medicaid spend down risk by delaying spend down and providing supports to be able to stay in home.</p> <p>Two thousand two hundred people have been served to date with an average of about 1300 people per month.</p> <p>Experienced a rocky start but implementation is going well. Some of the challenges involve information technology systems, some are related to developing provider network, and some are HCS and AAA working together on non-Medicaid funded service provision.</p> <p>MTD allowed for presumptive eligibility component. To date 97% of time, presumptive eligibility has been accurate.</p> <p>Supportive Housing-there are some provider network limitations</p> <p>Joe Sharkey expressed concern that role of nutrition is not getting enough of focus in proactive manner.</p>



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<p>Update on Homelessness/Housing</p>	<p>Representative Barkis discussed legislators work focused on homelessness, including working with Representative Macri.</p> <p>After much negotiation and bipartisan work a good majority of funding piece for counties has been worked on.</p> <p>The next focus is on the supply side-there is tremendous housing shortage. Discussed Lewis Mason & Thurston County. Continuing to work on the Housing Trust Fund, public and private partnership.</p> <p>Considering regulatory impact. Looking forward to next session. Stakeholder work has been productive. We will be looking at further changes to landlord tenant law and are taking a proactive stance.</p> <p>Discussed use of vouchers. Ron discussed Snohomish County and challenges using vouchers,</p> <p>There are challenges for property owners about cost and severe lack of supply from low to higher cost housing.</p> <p>There are good ideas within the Housing Trust- Fund including the ability to create other approaches.</p>
<p>Committee Reports</p>	<p>Public Awareness and Education</p> <p>Lynn discussed updating the Council brochure</p>



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	<p>November is Family Caregiver month. Lynn distributed the general letter to editor template for people to reference when writing letters to the editor.</p> <p>Lynn also distributed a proclamation template for members to use with your local municipalities.</p> <p>She also discussed having table/booth at w4a and senior lobby and requested that members volunteer for a half hour at the table.</p> <p>A motion was passed to approve the brochure, letter and proclamation template</p> <p>Rosemary will update Council tri-fold display and request any additions new members want to make to content.</p>
Nomination of Officers	<p>Phillip Lemley presented slate of candidates:</p> <p>Art Swannack, Chairperson Lynn Ford, Vice Chairperson Barry Lamont, Secretary</p> <p>A motion was made and passed to accept & approve the entire slate.</p>



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Topic	Key Points and/or Decisions Made
<ul style="list-style-type: none">• Other updates and member comments• New business• Public comments	<p>Art will not be able to attend October meeting, Lynn Ford will do the welcome on Wednesday 10/10 and participate in the EiA awards presentation on 10/11 at the Senior Lobby Conference.</p> <p>Members also decided on who would present the specific awards.</p> <p>Meeting adjourned.</p>

Action ITEMS



Washington State Council on Aging

ACTIONS	Assignee	Due Date
Family Caregiver Month draft letter send to members	Lynn Ford	Pending release of theme materials
Update Council brochure for October conferences	Lynn Ford	ASAP
Update Council Trifold, order awards, contact awardees, related logistics.	Rosemary Biggins	