



Washington State Council on Aging

Meeting Title: April 2019 Washington State Council on Aging Meeting-SeaTac WA

Date: 04/23/19

√	Members Present	Appointment	√	Members Present	Appointment
√	Barry Lamont	At-Large East	√	Patricia McIntyre	Pierce County Connections Advisory Council
√	Cheryl Townsend Winter	At-Large West	√	Peggi Moxley	Aging & Adult Care of Central WA
√	Beth Anderson	AAAD Southwest WA Advisory Council		Vacant	Yakama AAA Golden Eagles Advisory Council TA representative
	Rep. Nicole Macri	WA House of Reps	√	Art Swannack	Association of Counties
	Sharon Curley	At-Large West		Joe Sharkey	O3A Advisory Council
√	Georgiann Dustin	NWRC Advisory Council	√	Ron Vivion	Snohomish County AAA
√	Aruna Bhuta	At-Large East	√	Karol Stevens	Kitsap AAA Advisory Council
√	Lynn Ford	Lewis Mason Thurston AAA Advisory Council	√	Sue Cameron	At-Large West
√	Ava Frisinger	ADS King County Advisory Council		Guests Present	
√	Marty Johnston	Aging and Long Term Care Eastern Washington Advisory Council	√	Stacey Smith	w4a
	Sen Karen Keiser	WA State Senate	√	Walt Bowen	Senior Lobby
√	Phillip Lemley	Association of Cities	√	Cathy Maccaul	AARP
√	Kathy Medford	Southeast WA Aging and Long Term Care	√	Jamie Tong	ALTSA
	Rep. Andrew Barkis	WA House of Reps	√	Bea Rector	ALTSA



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AGENDA

Minutes

Topic	Key Points and/or Decisions Made
<ul style="list-style-type: none"> • Welcome • Review agenda • Review/approve minutes • Review of current action items • Member updates • Other business 	<p>Member Introductions</p> <p>Agenda reviewed –added Older American Reauthorization to agenda</p> <p>March meeting minutes reviewed and approved.</p> <p>Action Items reviewed-all items completed- The Council advisement follow up letter in support of funding for the Dementia Action Collaborative was written and sent to Jason McGill. The Older Americans Month related media contact list was sent to members.</p> <p>Member Organization Updates</p> <p>Ava Frisinger provided a report on the 'Baby Boomer Boot Camp' she facilitated at the end of March. Forty-eight people attended. About five were in their sixties. The rest of the attendees were older. Topics included housing stability, financial stability, and legal matters like establishing a Durable Power of Attorney and other end of life planning and what factors help people to age in place.</p> <p>Phillip Lemley shared that David Brown provided a presentation about dementia with focus on exercise and diet.</p> <p>Art Swannack reported on a luncheon that County Commissioner held with Congresswoman Cathy McMorris Rodgers. The Older Americans Reauthorization was one</p>



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	<p>of the topics discussed. Art also discussed how useful the 'Dementia Roadmap' is and shared the link to access the document.</p> <p>Lynn Ford shared that Lewis Mason Thurston AAA Advisory Council has been focusing on outreach to increase awareness of services and supports that are available. They are working on libraries as one information distribution point.</p> <p>Aruna Bhuta discussed her recent visit to Japan. Because of demographic factors, there is a high demand for immigrants to provide elder care. She also shared information about an Alzheimer's Association presentation focused on lifestyle changes that can delay onset of dementia. There is a project that will focus on three sites in San Francisco, Chicago and one more to be determined. It will focus on prevention and what can be done-with emphasis on diet and exercise.</p> <p>Pat Mcyintre shared that Vicki Lowe, Executive Director of the American Indian Health Commission is going to presenting at next Pierce County meeting.</p> <p>Peggi Moxley reported that the recent Guardianship Forum in Wenatchee went very well. She also discussed recent reporting on suicide among elderly and an associated program developed to address.</p> <p>Karol Stevens discussed work in Kitsap County. They've developed a bathroom poster targeting caregivers. Content includes how caregiver functions are not always understood and how people who are caregiving don't always identify it as such. Kitsap AAA and Council is continuing to work on the planning process for the Area Plan Survey. For Older Americans Month they are collaborating with Senior Centers- including Tribal centers, The</p>



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	<p>Senior Centers have been very interested in collaborating on projects. Some include dancing to promote brain health, a slip and fall prevention clinic at YMCA in Silverdale, participating in a resource fair and in another doing a healthy aging topic. They are spending funding on local advertisements and also earned media and use of existing websites. Community awareness has been focused on making community aware of service and supports. The Council has developed a strategic focus on this outreach.</p> <p>Georgian Dustin discussed work on a speakers bureau template that is used by Northwest Regional Council Advisory Council members in local communities to educate others</p> <p>Kathy Medford discussed Southeast WA Long Term Care's four year planning process that is underway. There is significant community engagement this year. She discussed some of the ways they are approaching outreach to let people know that information and assistance is available including use of post it notes and use of facebook.</p> <p>Kathy also share that caregiver training includes training on financial exploitation and the importance of relationships with law enforcement and knowing how to make early identification of financial exploitation.</p> <p>Southeast LTC is facilitating the start of a falls prevention class-SAIL.</p> <p>Phil discussed work with Spokane on dementia friendly cities and wants to work on determining if there is interest in doing similar in the Tri-Cities area.</p> <p>Marty Johnston shared information about a healthy aging forum held at a local casino that was well advertised and well attended.</p>



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	<p>Beth Anderson discussed Southwest Aging and Disabilities AAA work on a resource network to connect local health care providers. She also shared information about the Kinship Navigator Program. Currently 39% of grandparents in Clark County are taking care of grandchildren.</p> <p>She also shared information on a recent panel on death and dying. The panel represented diverse faiths and perspectives. The longest day June 21st is an event for senior networking and support for Alzheimer's services. Beth also informed Council members of 'Sing Here Now' an early stage dementia choir program. It's held from 10 AM to 12:30 PM. Participants are highly engaged. Beth is currently director of this program.</p>
<p>Partner Updates</p> <p>Senior Lobby</p>	<p>Walt thanked Council members for their member organization updates indicating they were very helpful</p> <p>Legislative session is targeted to end on April 28th. They are working on finalizing the budget. The House budget is larger at this point. They are working on resolving differences.</p> <p>The Operating, Capital and Transportation budget all look like they will be passing on time.</p> <p>Currently the hearings remaining are focused on reconciling bills.</p> <p>The Long Term Care Trust Act passed.</p> <p>The Telecoil and Bluetooth Consumer Education legislation passed and is on the way to be signed by Governor Inslee.</p>



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<p>Washington Association of Area Agencies on Aging (w4a)</p>	<p>This year there was proposal for 5.4 million in funding for projects associated with implementation of Alzheimer’s State Plan. That proposal has not moved forward. There are smaller amounts of funding proposed in the house budget for some outreach activities and advanced planning,</p> <p>Legislation has advanced on legalizing the composting of human remains</p> <p>The JLEC on Aging and Disabilities will be reconstituted 90 days after session.</p> <p>On federal level, this week there was a report on the solvency of Medicare and social security. The Trump Administration said there would be no cuts but the budget proposed does have cuts.</p> <p>w4a- Stacey Smith, Administrator Kitsap County Division Aging & Long Term Care</p> <p>Stacey announced that Jon’ Rudicil first year is completed. This is the first time w4a has had a Director with a policy focus.</p> <p>The Governor’s budget came out with funding to support AAA work related to mental health transformation related to working people with more acute support needs.</p> <p>On behalf of our Medicaid long term care case management program we asked that case management be indexed to inflation but that isn’t being funded. There has only been a net funding increase of 6% over 15 years which isn't keeping pace with increased cost.</p>



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AARP	<p>We've been advocating that the Personal Needs Allowance (PNA) be increased to keep up with cost of living. The legislature has agreed to increase the PNA to \$1200 and that's a step in right direction.</p> <p>The Dementia Action Collaborative funding is not what we wanted but they did provide some funding.</p> <p>As mentioned earlier the Long Term Care Trust Act passed.</p> <p>Once session ends we will start strategizing about the supplemental budget.</p> <p>AAA continuing their extensive work on MAC and TSOA. This is the third year of implementation.</p> <p>AARP Update- Cathy Maccaul</p> <p>Long Term Care Trust Act is presently in concurrence (the House is addressing Senate amendments)</p> <p>The budget is still in the works.</p> <p>Discussed senior property tax exemption legislation- worked out a bill that indexes income to county- there are additional provisions including addressing electronic application process and in person application process.</p> <p>AARP is involved in a lot of consumer fraud/protection work.</p>



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	<p>Discussed surprise billing legislation through the Office of the Insurance Commissioner. The focus is fixing the hospital process on front end.</p> <p>Discussed a bill that would require a corporation/company/business to report out within 30 days if there has been a data breach.</p> <p>There are about 40 other bill that are being tracked.</p> <p>We are addressing the reconciliation process to still advocate budget issues (e.g. bill not passed but funding is needed).</p> <p>Ron discussed AARP position a year ago and decision to pull out of support for the LTC Trust Act legislation at that time and how now a hallmark of current bill is family caregiver supports- in the end collaboration deepened and succeeded.</p> <p>Members engaged in discussion about the Act and some of the amendments, e.g. if you have long term care insurance program you don't have to pay into the trust</p> <p>Aruna- thought intent of the surprise billing legislation was to have more clarification about the billing process-Cathy responded that they are looking at transactional side and the OIC will be writing the rules and regulations for implementing.</p> <p>Cathy shared information about as consumer campaign scheduled this summer. It's focused on big data and identity theft. She will forward dates and locations to members. They are also mobilizing volunteers in smaller markets to provide similar presentation.</p>



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Health Innovation Leadership Network	<p>Ron discussed the status of the Health Innovation Leadership Network (HILN). The HILN is focused on leadership related to the integration of medical and behavioral health. More information may be found here: Link to HILN</p>
Older Americans Month	<p>The letter template and the media contact list was distributed.</p> <p>For letters to the editors about Older Americans Month, please reference the approved template and be sure to individualize your letter to increase chance of being published</p> <p>Older Americans Month is topic for the Senior Lobby meeting May 20th- Ron and Ava agreed to present on this topic</p> <p>The Governors Proclamation on Older Americans Month will be shared when issued</p>
New Freedom Waiver Renewal	<p>New Freedom Medicaid Waiver renewal-Jamie Tong, AL TSA</p> <p>Jamie passed out a document providing information about how the New Freedom waiver is implemented, the services provided under this waiver and the intended flexibility provided by this budget based model.</p> <p>New Freedom is the smallest waiver and currently operates in King and Pierce counties.</p> <p>It is due for renewal and scheduled to be reapproved for January 1st 2020</p> <p>Jamie and Council members engaged in discussion about the components of the waiver.</p>



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	<p>Members requested more information about how come New Freedom is not offered to people in more counties.</p>
Meeting Presentations	<p>Members discussed upcoming presentations for the May and June meetings. At the May meeting presentations will be provided by the Hearing Loss Association of America and the Office of Public Guardian. For June staff from the Department of Commerce will present on Homelessness and staff from Snohomish County will present on the coordinated entry process that focuses on data collection for homelessness at the county level and also discuss trends for older adults and homelessness.</p> <p>Barry Lamont discussed how data does not capture total number of older adults as many have intermittent stays with friends or family. Not all rural county systems talk to each other.</p> <p>Members discussed plans for possible presentation about prescription drugs for the November meeting.</p>
Legislative Session Update	<p>Legislative Session Update-Ava Frisinger</p> <p>In addition to update already provided by partners, 5160 concerning property tax exemption has all core content of the various bills and an implementation date of 2022. It includes county based thresholds of 50%, 60 % or 70% of median income.</p> <p>Members discussed details of legislation and property tax exemption applications in general, for example estimate that 30% of eligible seniors do not apply for exemption</p>



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	<p>Also discussed additional legislation including bill passages allowing Adult Family Homes to increase the number of residents to eight under certain conditions.</p>
<p>Council Focus Areas</p> <p>Federal</p> <p>Dementia Action Collaborative</p> <p>Senior Housing and Homelessness</p> <p>Elder Abuse Prevention</p> <p>Guardianship</p>	<p>Federal</p> <p>Ron Vivion reported on federal legislation concerning Medicare Observation Status. Senator Sherrod Brown is sponsoring S753 'Improving Medicare Coverage Act of 2019'.</p> <p>Phil and Council members discussed the Trump Administration's proposed budget includes cuts to Community Development Block Grant and the Social Services Block Grant</p> <p>Dementia Action Collaborative-Cheryl Townsend Winter</p> <p>Ron Vivion will take Cheryl's place as Council Representative. Cheryl will continue with the DAC and continue to Chair the Public Awareness Committee.</p> <p>The DAC is meeting tomorrow and all members will vote on priorities,</p> <p>Outreach continues to encourage legislators to provide more funding for DAC initiatives. They are engaged in a final push hoping to secure funding for Initiatives 1 through 3.</p> <p>Guardianship- no update. Members asked about status of Uniform Guardianship Act as discussed in previous meetings. There are no changes.</p> <p>Senior Housing and Homelessness- There is legislation concerning mobile/manufactured homes that extends eviction notice requirements from 3 to 15 days.</p>



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Committee Reports	<p data-bbox="653 423 903 459"><u>Public Awareness</u></p> <p data-bbox="653 508 1837 630">Lynn Ford previously distributed the Council Public Speaking Packet prior to today's meeting. She requested a motion to post this content to the Council webpage. A motion was proposed and approved. on to website</p> <p data-bbox="653 678 957 714"><u>Legislative Committee</u></p> <p data-bbox="653 763 1850 841">By next month we'll know what's passed and things that didn't make it and if we want to continue to support. The goal is to have legislative priorities drafted by the June meeting.</p> <p data-bbox="653 889 1812 1011">Members discussed and agreed to reorganize the agenda order for the June meeting, including requesting the AL TSA update in the morning to allow for planning around legislative priorities later in the meeting.</p> <p data-bbox="653 1060 1820 1182">Ron discussed funding for Snohomish behavioral health prevention services for older adults There are eight major funding areas, treatment, prevention. It currently totals 16 million</p> <p data-bbox="653 1230 1787 1352">Stacey Smith shared that in Kitsap County they have proposed using some of these dollars for focusing on how do you care for someone with dementia who also has challenging behaviors.</p> <p data-bbox="653 1401 1850 1523">Cathy Maccaul shared that Congresswoman Suzan DelBene is working on telehealth for mental health legislation and is holding a meeting at the University of Washington. Members discussed possible participation in the meeting.</p>



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Older Americans Act Reauthorization	<p>Members discussed the outreach from Senator Patty Murray's staff about providing input about the reauthorization of the Older Americans Act schedule for this fall. Council members will review related briefings and send any comments to Rosemary by Friday. Chairperson Art Swannack will write a letter conveying the position of the Council.</p>
ALTSA Update	<p>ALTSA Update- Bea Rector</p> <p>Bea provided an update on Consumer Directed Employment</p> <p>Described process for requesting bids for statewide or geographic part of state (divided into 2 comparable parts).</p> <p>There is a meeting scheduled for April 27th for an in person update with each bidder.</p> <p>Discussed funding for CDE project management and procurement- planning to hit by July 2020, and bidder implementation timelines. There may be start by July 2020 but at minimum in time for July 2021.</p> <p>The Adult Family Home egress bill passed.</p> <p>The Medicaid facility rate bill is waiting concurrence -this bill exempts tribal facilities from rate methodology.</p> <p>5127 passed. It concerns the Traumatic Brain Injury (TBI) Fund and increases fee on infractions increase from \$2.00 to \$5.00.</p>



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	<p>A bill passed requiring TBI screening for foster children.</p> <p>Discussed broader screening requirements for children in foster care.</p> <p>Discussed legislation related to the role of Office of the Public Guardian, supported decision making, protective payee. (Note: the Council previously scheduled OPG presentation for the May meeting to receive an update, including this topic)</p> <p>House Bill 1175 concerning Health Care Decisions passed. It expands the order of people that can assist you in decision making if you are incapacitated, this adds aunts uncles, grand children or non-relative to demonstrate through attestation process what a person's health care directives/preferences are.</p> <p>5672 is still alive- It creates a stakeholdering process for DDA and ALTSA for two specialty contracts for serving people with developmental disability and/or dementia in adult family homes.</p> <p>Legislation passed allowing Adult Family Home's to serve eight people in one home under certain conditions.</p> <p>The Long Term Care Trust Act passed through concurrence. There are amendments on Senate floor. The amendments are not changing fundamentals, e.g. you can opt out if you have long term care insurance. The Act creates a new responsibility for the state actuarial office to advise on fund solvency. It also creates a council to make recommendations about increasing the value of the benefit over time. Distributed related</p>



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	<p>stakeholder document. The first task is working with governor's office to proceed with appointments to the Commission- the work of the Commission is scheduled to beginning in January 2020.</p> <p>Legislative budget reconciliation is underway.</p> <p>AL TSA is already working on 2020 including an APS legislation reboot and looking at statute for Enhanced Services Facilities to more accurately reflect who is being serviced in those settings. AL TSA may also work on interpretation of parity statute.</p> <p>Workforce capacity continues to be an increasing area of concern. There is a consortium of groups that meet every 60 days. There are local summits on workforce issues being held in May. They consider focus on local level</p> <p>The Training Partnership also focused in this area as well as worker retention. The National Core Indicators for developmental disabilities has a workforce specific module-- asking them to look at the same for long term support workers.</p> <p>Members discussed workforce advancement opportunities, wage issues and other workforce development concerns.</p> <p>Aruna discussed the importance of training for caregivers to increase their role in the client caregiver team. Bea discussed importance on balance with respecting the client being in the driver seat and workers being well trained in client center approaches.</p> <p>Ron addressed the challenge of having a living wage.</p>



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<ul style="list-style-type: none"> • Other updates and member comments • New business • Public comments 	<p>No public comment</p> <p>The meeting was adjourned at 1:53 PM</p>

Action ITEMS

ACTIONS	Assignee	Due Date
OAA Reauthorization Briefing distribution/Letter to Senator Murray	Art Swannack/R.Biggins	4/26/18