



# Washington State Council on Aging

Meeting Title: February Washington State Council on Aging Meeting  
 Location: SeaTac, WA

Date: 02/27/19

## ATTENDEES

√	Members Present	Appointment	√		Appointment
	Barry Lamont	At-Large East	√	Patricia McIntyre	Pierce County Connections Advisory Council
√	Cheryl Townsend Winter	At-Large West	√	Peggi Moxley	Aging & Adult Care of Central WA
√	Beth Anderson	AAAD Southwest WA Advisory Council		Vacant	Yakama AAA Golden Eagles Advisory Council TA representative
	Rep. Nicole Macri	WA House of Reps	√	Art Swannack	Association of Counties
	Sharon Curley	At-Large West		Joe Sharkey	O3A Advisory Council
	Georgiann Dustin	NWRC Advisory Council	√	Ron Vivion	Snohomish County AAA
√	Aruna Bhuta	At-Large East	√	Karol Stevens	Kitsap AAA Advisory Council
√	Lynn Ford	Lewis Mason Thurston AAA Advisory Council	√	Sue Cameron	At-Large West
√	Ava Frisinger	ADS King County Advisory Council			
	Marty Johnston	Aging and Long Term Care Eastern Washington Advisory Council		<b>Guests Present</b>	
	Sen Karen Keiser	WA State Senate		Walt Bowen	Senior Lobby
√	Phillip Lemley	Association of Cities		Cathy Mccaul	AARP
	Kathy Medford	Southeast WA Aging and Long Term Care	√	Jon Rudicil	w4a
	Rep. Andrew Barkis	WA House of Reps			



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## AGENDA

## Minutes

Topic	Key Points and/or Decisions Made
<ul style="list-style-type: none"><li>• Welcome</li><li>• Review agenda</li><li>• Review/approve minutes</li><li>• Review of current action items</li><li>• Member updates</li><li>• Other business</li></ul>	<p>Member Introductions</p> <p>Agenda reviewed</p> <p>January meeting minutes reviewed and approved</p> <p>Actions items reviewed- <u>Advisement letter of support</u> for the Dementia Action Collaborative funding request. The original request has been modified with some of the original components dropped. As soon as final decision is made about remaining components and after conferring with DAC members a letter will be drafted.</p> <p>Members engaged in discussion about various components of the DAC funding request and the importance of providing funding to promote early detection, increase public awareness, promote early legal and advanced health planning and developing community alternatives.</p> <p><u>Welcome letters to new legislators-</u> The letter, drafted by the Public Awareness and Information Committee was sent to all new Senators and Representatives. The Legislative Priorities document was not included and will be forwarded to new members by email. Additionally, Council members will send a copy of the priorities to their district legislators.</p>



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	<p><u>Member/Organization updates</u></p> <p>Peggi Moxley announced that a forum on Guardianship will take place in Wenatchee at the Red Lion on March 22<sup>nd</sup>. The agenda lists the scheduled presentation topics and panel discussions and was emailed to Council members earlier today.</p> <p>Lynn Ford shared that LMT AAA is doing strategic planning, shifting focus to advocacy and what things advisory council members can do in local communities. Members are wearing official name tags as part of outreach and working on developing tagline framed around where you can go to find out about services for free.</p>
w4a – Jon Rudicil	<p>Jon reported on w4a lobby day.</p> <p>He shared that the Long Term Care Trust Act senate bill was heard in policy committee- was not voted out of Ways and Means and sent to Rules Committee</p> <p>w4a is requesting support for a couple of budget provisos related to indexing case load and cost of living.</p> <p>Jon reported briefly on the status of the Consumer Directed Employment (CDE) project and funding available.</p> <p>Ron provided an overview of CDE. Kathy Medford represents the Council for the CDE project.</p>
Legislative Session and additional member discussion	<p>Members and partners engaged in discussion about challenges to the state revenue situation and potential impact on final budget.</p>



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	<p>Jon shared information about some of the components of the transportation package</p> <p>Ava Frisinger shared that ADS Advisory members met with eleven legislators on January 30th. They discussed DAC funding, property tax exemption, the Long Term Care Trust Act and the need for funding for case management for people with behavioral health support needs. Community residential placement is increasing for people formerly living at Western State Hospital. It's estimated that about a quarter of people leaving WSH are moving to King County</p> <p>Karol Stevens reported that the Kitsap AAA contingent met with legislators earlier in session and also requested support for w4a legislative priorities. They also held a retreat for Advisory Council members. Members are working on establishing areas of interest and also focused on how behavioral health funding can be used (including for some dementia related supports).</p> <p>Peggi Moxley reported that Central Advisory Council was not able to go to w4a lobby day due to weather, but some are planning next week March 6th</p> <p>Beth Anderson and Sue Cameron demonstrated the presentation that Southwest AAA used during their meetings with legislators yesterday. They used a baseball theme to convey appreciation for legislators work and presented laminated placements listing accomplishments-they also presented each member with an individualized baseball card. They also used baseball symbols, e.g. home plate, first, second and third base to associate with legislative requests to increase case management funds for people with complex medical and/or behavioral support needs, increase the Personal Needs Allowance and provide 5.4 million to continue implementation of the State Alzheimer's Plan.</p> <p>Aruna shared that during her contact with legislators she is including aging and disability issues and is especially focused on dementia. She also conveyed the need for Medicare to cover palliative care. It would save money and also reduce the number</p>



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	<p>of times people are going in and out of the hospital. Also discussed need for funding for dental care.</p> <p>Phillip Lemley discussed his meetings with legislators and shared that Southeast Washington Aging and Long Term Care is working with the Alzheimer's Association on training/education for case managers. He also shared information about a local Meals on Wheels program that is working with the service industry about how to serve people with dementia and also discussed how EMT's when in persons home, are increasingly looking for signs that may be indicate need for dementia/other support needs.</p> <p>Peggi shared an article from the Wenatchee newspaper about the use of improv and working with people with dementia.</p> <p>Ron discussed use of music/research demonstrating effective use with people with dementia.</p> <p>Beth discussed starting a choir for people with dementia, making the point that singing has positive impact in increasing clarity of singer and can stimulate memory</p> <p>Ron provided an update on Snohomish County related advocacy</p> <p>Ron has become chair of the Snohomish County Chemical Dependency Committee He also discussed how various tax mechanisms are used for funding work in this area.</p> <p>Members discussed general use of levy, various funding and the issue of supplantation.</p> <p>Art discussed the on-going challenge of counties increasingly being required to provide certain services but not receiving funding to provide them.</p>



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	<p>Ron provided a brief overview of Healthier Washington. He continues to participate in the Health Innovation Leadership Network (HILN)</p> <p>Discussed Medicaid Transformation Demonstration and transition to value based payment for results and the Integration of medical and behavioral health.</p> <p>Discussed the monthly newsletter and that members may be interested in receiving it. Ron will share information about how to subscribe.</p> <p>Sue Cameron discussed the loss of existing contractors through this process, and larger companies/providers taking their place and the concern that in Cathlamet, residents may no longer have access in their communities and will need to travel long distances to receive supports and services.</p> <p>Members discussed Chelan Douglass and how more service integration has occurred to date.</p> <p>Members are requesting a 45 minutes presentation from the Health Care Authority that provides an overview of Accountable Communities of Health, considers the effect of care at the rural level and the anticipated outcomes for people with dementia.</p> <p><u>Meetings with Legislators</u></p> <p>Ava and ADS Council members met with King County legislators. They focused on property tax exemption legislation (5 of 8 legislators visited are sponsors); telecoil and bluetooth connectivity- also discussed with a legislator with hearing loss that was not aware of this technology legislation; spoke about case management support needs for in home care and the request for 2.7 million for match for inflation and indexing case management to cost of living. Also discussed the need for funding for implementing components of the State Alzheimer's Plan-overall legislators were</p>



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	<p>supportive but uncertain where revenue will come from. Also engaged in discussion about focus on capital gains tax for additional revenue.</p> <p>Ron visited with Rep. Jerry Mead a new member and two others, Rep. Lovick and Senator Hobbs. He discussed implementation of the State Alzheimer's Plan and specific funding request; maintaining adequate funding for the Long Term Care Ombudsman program and the JLEC.</p> <p>Aruna met with six legislators. They discussed in home services and case management services and need to decrease case manager to client ratio. They also discussed the role of the Area Agencies on Aging.</p> <p>Beth, Sue and other SW Advisory Council members spoke with a total of eighteen legislators. They focused on personal impact on people with dementia and their families as well as case management needs.</p> <p>In Art's meetings with legislators and/or aides he shared information about the work of the Dementia Action Collaborative and the State Alzheimer's Plan. He also showed how to access the Dementia Roadmap on line. Additionally discussed the hearing loss related legislation.</p> <p>Lynn and other LMT Advisory Council member visit legislators in the 19<sup>th</sup> and 20<sup>th</sup> districts and dropped off legislative packets. During Lynn's meeting with Rep. Debolt he shared he would like to see an Ombuds for people with Traumatic Brain Injury.</p> <p>Karol stated that Kitsap Advisory Council members met with legislators last month.</p> <p>Members discussed the role of the Lieutenant Governor and Rules Committee.</p> <p>Members also discussed status of APS related legislation.</p>



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Focus Areas	<p><u>Guardianship-Peggi Moxley</u>  Peggi discussed the Uniform Guardianship Act (UGA) and the opposition to using it because Washington State has existing laws that are more thorough, She also discussed what the implications would be if UGA was implemented including impact on the courts and at county level.</p> <p>Currently not recommended to support UGA at this time</p> <p>Ron reminded members that the Council took the position that the Office of Public Guardianship needs more resources. Members reviewed current guardianship related legislation in current session. Also discussed some elements of training for lay guardians and on line courses.</p> <p>Art recommends the Council consider drafting a letter about concerns about Uniform Guardianship Act if warranted.</p> <p><u>Dementia Action Collaborative-Cheryl Townsend Winter</u></p> <p>Cheryl discussed the recent Dementia Art Exhibit at the State Capitol. The exhibit, on part was to promote what people with dementia what others to hear and to also demonstrate existing community resources.</p> <p>Cheryl is meeting with Maureen Linehan today. Maureen is a member of the DAC LTSS subcommittee and they will be discussion how they can further integrate their work. The next full meeting is scheduled for April 24<sup>th</sup>. Next week Subcommittee Chairs are presenting on a panel.</p> <p>Ron commended Cheryl for her work on behalf of the DAC.</p> <p>Cheryl discussed the biological perspective and implications for dementia.</p>





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New Business	<p>Council members discussed sending an advisement letter about DAC funding to legislators. Subsequent to obtaining needed additional information a draft letter will be developed for Council Executive Committee review.</p>
ALTSA Update-Bea Rector	<ul style="list-style-type: none"> <li>• Consumer Director Employment (CDE)</li> <li>• Legislative Update</li> <li>• Behavioral Health Supports</li> </ul> <p>The CDE Procurement was canceled. The project continues to move forward-will focus on having additional clarifying conversations about the process for next steps.</p> <p>Staff and systems readiness work is moving forward and there is confidence we'll be able to achieve CDE. Estimate currently about a 6 month delay in implementation.</p> <p>Art asked what if the costs proposed continue to be higher than available funds. If that happens than DSHS will go back to legislature to request additional funds.</p> <p>Aruna asked about cost effectiveness and CDE vs DSHS keeping those functions. It's not fundamentally about cost- it's about enhancing the capacity of case managers and to also address liability issues faced by state.</p> <p><u>Legislative update</u></p> <p>Policy committee cut off was last Friday.</p> <p>74.34 legislation (APS related) is out of appropriations in the House- currently in hearing in the Senate.</p>



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	<p>Art asked about the fiscal note) associated with the legislation. It relates to need to correct a previous change to language about who is responsible for investigations conducted by the Department of Health. If the change doesn't happen then the money will be needed. There are also fiscal impacts based on Office of the Court/Administrative hearings for people petitioning to be removed from the registry. Investigations for licensing for behavioral facilities transitioned from DSHS to DOH</p> <p>There has been a significant increase in bills to be analyzed this year.</p> <p>Discussed current bills, status and purpose.</p> <p>Changes to definition of abuse- working on resolution of language that addresses interest in protecting vulnerable adults and other interest concerned with best ways to address substantiation and accidental harm without unintentionally creating a loophole.</p> <p>Discussed the registry component of the bill.</p> <p>Discussed bill addressing egress requirements in Adult Family Homes.</p> <p>Discussed nursing home bill- Colville tribe wants to be exempt from rate methodology- be eligible for tribal encounter rate-brings 100% federal funding.</p> <p>Discussed status of the Long Term Trust Act legislation. It passed the House and is current in the Senate. This legislation isn't intended to address all issues, its one part of helping people to avoid the trend toward impoverishment and to be able to access services and supports.</p> <p>Currently the bill does not make a differentiation about the amount you pay in- actuarial models looked at lots of variations- the focus has been on keeping the tax low, that it would be viable for 75 years and provide meaningful benefit.</p>



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	<p>The legislation establishes a commission to oversee.</p> <p>Ron remarked that the reality is once its operational it's probable that adjustments will need to be made.</p> <p>Millman recommended doing actuarial update on an annual basis during first years of implementation.</p> <p>Members also discussed portability of benefit and that perhaps in the future more states would adopt the same model and increase potential for broader portability.</p> <p>If passed 2022 is when it would start and there would be three years before the benefit available</p> <p>Art asked if there have been additional changes to the bill regarding the benefit. Originally envisioned to be personal care- however stakeholders wanted more flexibility, e.g. build a ramp so more flexibility has been added.</p> <p>Bea discussed the governor's priority to provide community supports/residence as people leave state hospitals.</p> <p>Discussed Enhanced Services Facilities (ESF) (16 bed) and how providers are really running into challenges getting city permits in some communities.</p> <p>There needs to be more education-understanding long term supports/24 hours</p> <p>Art suggested considering linking in with Department of Commerce planners.</p>



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	<p>Aruna asked about supports for people with dementia at Eastern State Hospital and accessing assisted living and the specialized dementia rate -assisted living. *The department is currently asking for 200 additional beds</p> <p>Aruna requested more information about ESF's. AL TSA will send ESF and specialized dementia rate information.</p> <p>Discussed workforce concerns, increasing demand and shortages of in home, nurse and broader health professionals.</p> <p>Discussed workforce committee work</p> <p>Members also discussed access for people who use english as a second language, They comprise at least 30% of the workforce.</p> <p>DSHS has developed a high school curriculum for in-home health care assistants.</p> <p>Beth shared information about a related high school curriculum being used in a high school in the Vancouver area.</p>
<ul style="list-style-type: none"> <li>• Other updates and member comments</li> <li>• New business</li> <li>• Public comments</li> </ul>	<p>No additional updates or comment.</p> <p>No public comment</p> <p>The meeting was adjourned at 2:05 PM</p>



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## Action ITEMS

ACTIONS	Assignee	Due Date
DAC funding draft letter	TBD	Pending additional developments
Send information about ESF's and the Specialized Dementia rate	Rosemary Biggins	ASAP