

# Older Adult Food Security During COVID-19

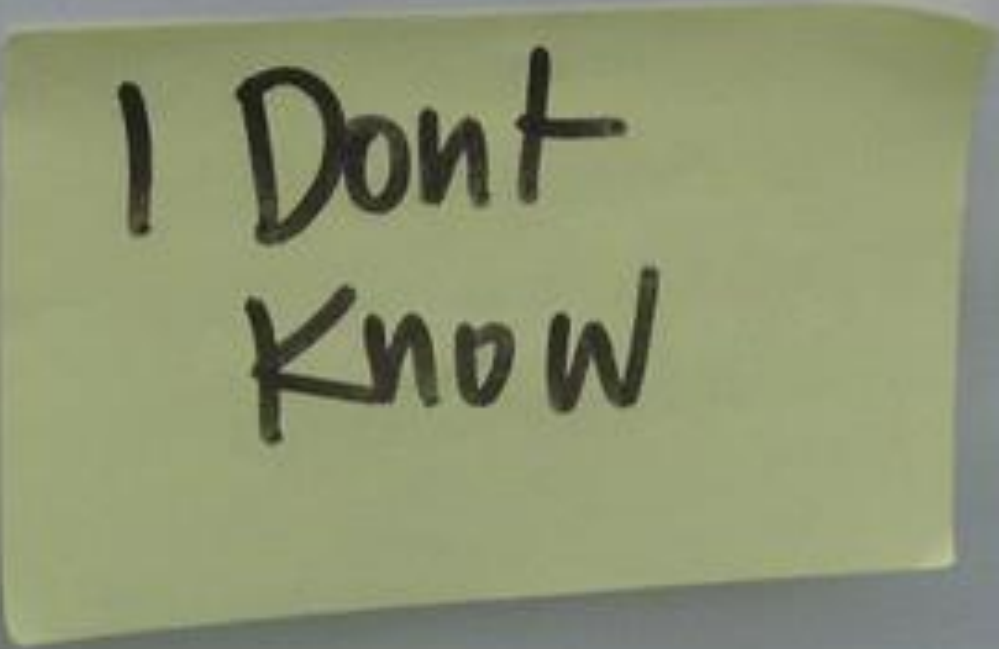
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# Food Security Before Pandemic

- 14.1% (7.2 million) adults, age 65+, lived at 100% FPL (\$11,756/year)
- 42% (21.4 million) adults, age 65+, lived at 200% FPL (\$23,512/year)
- 8.3% (2.9 million households) that had one senior member were food insecure
- 10 million households with one senior member spent more than 30% of their income on housing
- 60% of Black and Latinx/Hispanic women over age 65 lived at 200% below poverty in 2017, compared to 41.4% of white women (Supplemental Poverty Measure)



I Dont  
Know

## Food Security During the Pandemic

- No new data is available yet.
- UW/WSU WA Food Survey: 2/3 of respondents were employed before the spring shutdown. Research leads may look into demographics more.



## Food Insecurity Challenges for Seniors

- Fixed incomes
- Mobility and transportation
- Special dietary needs
- SNAP- minimum benefit
- Kinship care placement of children

# Changes and Challenges

- Target investments and new community partnerships
- Increased investments from Congress in OAA programs
- Increased home delivery- food banks and senior centers
- Drive thru service at food banks
- Emergency SNAP allotments
- Sustainability plan
- Continued stalemate in Congress over a new relief package
- Often dependent on unstable resources such as underused paratransit and volunteers
- Need car or someone to pick up
- Safety concerns about shopping; limited online purchasing options

A pair of hands is shown from the bottom, holding a large yellow-orange fruit (possibly a grapefruit or orange) on the left and a large red apple on the right. The background is dark, and the lighting highlights the texture of the fruit and the skin of the hands. The text is overlaid on the upper portion of the image.

# Options to Maximize Access

- COVID relief priorities: rental assistance, state and local government funding, boost SNAP
- Promote online SNAP shopping offered in WA: Amazon, Walmart, Safeway click and collect
- SNAP match programs
- Apply for food and other assistance programs for children living in the home: WIC, school meals (P-EBT), TANF
- Community partnerships to shop or pick up food/meals