

SHDD Training Opportunities

SHDD Website: <https://www.dshs.wa.gov/altsa/residential-care-services/state-hospital-discharge-and-diversion-team-and-hospital-transition-support-unit>

April 2024

Audience: *ALTSA Contracted Providers*

To register, click on the link or follow the registration instructions associated with the training you would like to join.

Important Notes:

- Due to high demand, *please be sure to cancel registration if you are not able to attend.* This will allow for others to register.
- To obtain CEU credit(s), participants are required to attend and participate for the entire duration of the training. *This includes participating in all activities.
- To participate in virtual trainings, you will need to join by desktop or laptop computer. This is required to fully engage/interact in the virtual classroom setting.

To request ASL and/or CART interpreters, please email shddref@dshs.wa.gov 30 days before the scheduled training.

Training Description	Date/Time	Registration Link
<p><u>1.5-hour Webinar - HTSU Mental Health Disorders: Developing Awareness of Signs, Symptoms, and Practical Interventions</u> – 1.5 CEU</p> <p>In this webinar, we will give participants the opportunity to increase their awareness of mental health diagnoses and the impact on providing care. Including helpful behavioral approaches and interventions for specific mental health disorders.</p>	<p>Wednesday, April 3, 2024 @ 1:30 – 3:00</p>	<p>https://attendee.gotowebinar.com/register/4181413471421436252</p>
<p><u>2-hour Webinar - CARE Training for Providers: Navigating the CARE Assessment</u> – 2 CEU's</p> <p>This course is intended to assist Care Providers to further develop skills and tools to create person-centered support plans, with a focus on supporting clients with complex mental health needs. The intention of this course is to help providers identify and gather necessary client information to support the client during the transition process, to stabilize, and maintain a successful placement, while promoting recovery and stability.</p>	<p>Tuesday, April 9, 2024 @ 1:30 – 3:30</p>	<p>https://attendee.gotowebinar.com/register/903414166765524319</p>
<p><u>2-hour Webinar - Suicide and Non-Suicidal Self Harm Training</u> - 2 CEU's</p> <p>This training focuses on helping providers recognize the differences between self-harm, suicidal ideations, and suicide attempts, including understanding the reasons why these behaviors occur. This training will improve provider skills to recognize and prevent self-harm behavior and decrease risk of harm to clients.</p>	<p>Wednesday, April 10, 2024 @ 9:30 – 11:30</p>	<p>https://attendee.gotowebinar.com/register/3581330811307052127</p>

<p><u>1 hour Webinar - <i>Psychogenic Polydipsia</i> - 1 CEU</u></p> <p>In this training, learners will receive a general overview of Polydipsia. Polydipsia is a condition characterized by excessive fluid intake and is often seen in individuals with Mental Health conditions. Within this course, participants will learn ways to identify behaviors, symptoms, and interventions. Learners will be provided tools to effectively communicate with medical providers and assist with developing Care Plans.</p>	<p>Wednesday, April 16, 2024 @ 10:00 – 11:00</p>	<p>https://attendee.gotowebinar.com/register/1742138129107603543</p>
<p><u>1 hour Webinar - <i>Managing Burnout: Professional Stress and Its Implications</i> - 1 CEU</u></p> <p>This training defines the term burnout and examines the impacts of stress, including how it relates to the Covid 19 pandemic. Participants will learn to identify the signs and symptoms of burnout in themselves and colleagues, as well as gain tools and skills to reduce burnout in the workplace.</p>	<p>Wednesday, April 17, 2024 @ 1:30 – 2:30</p>	<p>https://attendee.gotowebinar.com/register/6004551084725788256</p>
<p><u>2.5-hour Webinar - <i>Trauma Informed Care: Practice and Application</i> - 2.5 CEU's</u></p> <p>This Trauma-Informed Care training provides an overview of the types of trauma, the inter-relationship with co-occurring disorders and the impacts of Trauma on individuals. It focuses on evidence-based practices from national organizations. Participants will gain information and resources to assist with understanding and implementing Trauma-informed Practice.</p>	<p>Wednesday, April 24, 2024 @ 1:30 – 4:00</p>	<p>https://attendee.gotowebinar.com/register/8653812257330998363</p>