

SHDD Training Opportunities

SHDD Website: <https://www.dshs.wa.gov/altsa/residential-care-services/state-hospital-discharge-and-diversion-team-and-hospital-transition-support-unit>

May 2024

Audience: *ALTSA Contracted Providers*

To register, click on the link or follow the registration instructions associated with the training you would like to join.

Important Notes:

- Due to high demand, *please be sure to cancel registration if you are not able to attend*. This will allow for others to register.
- To obtain CEU credit(s), participants are required to attend and participate for the entire duration of the training. *This includes participating in all activities.
- To participate in virtual trainings, you will need to join by desktop or laptop computer. This is required to fully engage/interact in the virtual classroom setting.

To request ASL and/or CART interpreters, please email shddref@dshs.wa.gov 30 days before the scheduled training.

Training Description	Date/Time	Registration Link
<p><u>1 hour Webinar - <i>Psychogenic Polydipsia</i> - 1 CEU</u> In this training, learners will receive a general overview of Polydipsia. Polydipsia is a condition characterized by excessive fluid intake and is often seen in individuals with Mental Health conditions. Within this course, participants will learn ways to identify behaviors, symptoms, and interventions. Learners will be provided tools to effectively communicate with medical providers and assist with developing Care Plans.</p>	<p>Wednesday, May 1, 2024 @ 1:30 – 2:30</p>	<p>https://attendee.gotowebinar.com/register/6168909382107007835</p>
<p><u>2-hour Webinar - <i>Suicide and Non-Suicidal Self Harm Training</i> - 2 CEU's</u> This training focuses on helping providers recognize the differences between self-harm, suicidal ideations, and suicide attempts, including understanding the reasons why these behaviors occur. This training will improve provider skills to recognize and prevent self-harm behavior and decrease risk of harm to clients.</p>	<p>Friday, May 3, 2024 @ 9:00 – 12:00</p>	<p>https://attendee.gotowebinar.com/register/7288832343740991833</p>
<p><u>1.5-hour Webinar - <i>Explanation and Interventions for Diabetes Mellitus in Mental Healthcare Training</i> – 1.5 CEU's</u> The following training provides attendees in-depth knowledge concerning Diabetes Mellitus in the mental healthcare environment. Our training outlines an overview of diabetes, its diagnostic considerations, and psychosocial factors to consider in an individual's history. Furthermore, we work to teach key communication techniques when working with medical professionals, as it relates to the optimization of interventions strategies.</p>	<p>Wednesday, May 15, 2024 @ 1:30 – 3:00</p>	<p>https://attendee.gotowebinar.com/register/8415584372095608154</p>

1.5-hour Webinar - *Behaviorism Training: A Provider's Guide to Behavior Supports* – 1.5 CEU

This training provides an overview of the primary functions of behavior. Participants will gain tools and skills to assess behavior, identify person-centered interventions, and new techniques for documentation and tracking.

**Friday,
May 17,
2024 @
1:30 – 3:00**

<https://attendee.gotowebinar.com/register/2590382763254246234>

1 hour Webinar - *Dialectical Behavior Therapy (DBT): Simple Skills for Everyday* - 1 CEU

This training provides a general overview of Dialectical Behavior Therapy (DBT). Participants will learn DBT tools to use in everyday situations to enhance professional boundaries and communication skills.

**Tuesday,
May 21,
2024 @
1:30 – 2:30**

<https://attendee.gotowebinar.com/register/1040473789345875036>