

## Documentation and Quality Assurance

May 10, 2018



Washington State Health Care Authority

#### Today's Presenter

- Cathy McAvoy, MPA
  - · Health Home Training and Quality Assurance Program Manager
    - Department of Social and Health Services
      - Aging and Long Term Support Administration (ALTSA)

#### Kathryn Pittelkau

- Contracts Manager
  - Health Care Authority
    - Medicaid Program Design and Implementation

#### Brendy Visintainer, MSW

- Health Home Quality Assurance and Outreach Specialist
  - Department of Social and Health Services
    - Aging and Long Term Support Administration (ALTSA)

#### **Training Objectives**

- Present the Documentation Guide updated in November 2017
- Provide guidance on documenting Health Home (HH) activities
- Share key elements for quality assurance
- Provide program updates and resources

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## Documentation

Health Home Documentation Guide General Principles

#### Documentation Guide

Health Home Activities	Activities	Documentation
General guidelines Outreach and Engagement	Documents all activities related to the provision of Health Home services     Completes required activities for due diligence: O Telephone contacts O Letters	Document in the client's record periodic contacts: <ul> <li>The type of contact: telephone call, secure email message, written correspondence, face-to-face visits, multidiscipilinary care team meetings, and attendance at appointments or other meetings.</li> <li>Anampted or completed contacts:</li> <li>Namented or completed contacts:</li> <li>Highlights from the conversation</li> <li>Outcome of the contact</li> <li>Outcome of the contact</li> <li>Outcome of the contact</li> <li>Outcome of the contact</li> <li>Location of the visit and names and relationship of collaterals (e.g. family members, guardians, agency staff, caregivers, or others) present</li> <li>Name of staff person completing the activity (include the writer's title for the first entry)</li> </ul> <li>Document in the client if a new address is home or collateral who may be able to deliver the letter to be client to an at end to be client to be client to be client clients that are homeless</li> <li>Date telephone contact attempted and outcome of the call:</li> <li>Date telephone contact attempted and outcome (e.g., phone disconnected, wrong number, etc.)</li>
Workers, peer counselors, client under the direction an	wellness or health coaches or other non-clinica	<ul> <li>Date telephone contact attempted and outcome (e.g., phone disconnected, wrong number, etc.)</li> <li>ties by Care Coordinators and alled staff. Alled staff means Community Heal ip personnel who provide supportive services, outreach, and engagement to th instor. Please contact your Lead Organization for additional documentation</li> </ul>
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#### Documentation Guide (cont.)

- Organized by topics:
  - · General suggestions for effective documentation
  - The six core services
  - The Health Action Plan (HAP)
  - Transition planning when a client is leaving the program or transferring to another Care Coordination Organization or Lead Organization
  - The Advanced Home Care Aide Specialist Pilot
  - The Community Integration Program for Adult Family Home residents

#### Where to start

• Professional requirements for your licensure or credential

Health			Topics A-2	Español Search	c
You and Your Family	Community and Environment	Licenses, Permits and Certificates	Data and Statistical Reports	Emergencies	For Public Health and Healthcare Providers
Licenses, Permits and Certificates	> Nursing Commission	> Laws			
Nursing Commission	Nursin	g Commission			
Commission Information		CW) and Rules (V Code of Washingto			
Commission Meeting Schedul			gton (RCW) is written by th	e Washington State Legi	slature. Once legislation is
Commission Members	signed by th	ne governor, it becomes la	w.		
Contact Us			e database online . You r of any RCW, contact your li		government website ar. I
Discipline	+ The RCW t	hat relates to nursing care	is RCW Chapter 18.79 .		
Fingerprint Background Check	S Other rel	evant RCWs are:			
	RCW 18.13	Q@ Reg	ulation of Health Profession	ns/Uniform Disciplinary A	ct
Laws	RCW 26.44	.030 P Abu:	se of Children and Adult De	ependent Persons	
Links	RCW 34.05	C Adm	inistrative Procedures Act		
	RCW 42.56	C Publ	ic Disclosure		
Links for Caregivers	RCW 70.02		ical Records – Health Care	Information Access and	
			losure		

Nursing Standards: https://www.doh.wa.gov/LicensesPermits andCertificates/NursingCommission/Laws

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#### Where to start (cont.)

 National Association of Social Workers (NASW) Code of Ethics <u>https://www.socialwor</u> <u>kers.org/Practice/Practi</u> <u>ce-Standards-</u> <u>Guidelines</u>



#### Where to start (cont.)

- Your agency's requirements and standards
  - Supervisor and management expectations
- Your Lead's requirements
  - Contract
  - File checklist
  - Technical assistance
- HCA and DSHS expectations



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#### Health Home Contract Templates

Visit the Health Care Authority's website for Exhibit C for the MCOs and the Managed Fee-for-Service contract information

Weshington State Authority Health Care Authority Home > Billers and providers > Program Billers and provi		Providentina 0	
Health Home	Resources	Forms & publications News Contact Us	https://www.hca.wa.gov,
Resources Transportation services (ponemergency)	On this page	Information about the Health Home program Care coordinator gadies and instructions Clinical Eighbilty Tool Forms Health Action Flam Reports Enrollment materials Contracts and rails Weismation Care coordinator training	Ilers-providers/programs- and-services/resources-0

#### Why document?

- Serves as a record of your work
- Provides a record for others to access
  - Colleagues and other team members
  - Supervisors: coverage in your absence
  - Lead organizations
  - Quality assurance reviews by the Health Care Authority (HCA) and the Department of Social and Health Services (DSHS)
- Improved client service
- Liability and risk management

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#### **General Format for Documentation**

- Name and title of writer
- Date
- Type of contact
- Core service provided
- Highlights from the conversation: quotes
- Objective observations
- Use person first language
- Plan for next steps or conclusion
  - Specify due dates and who is responsible

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#### Timely and Legible

- Chart in the moment
- Carve out time to document
- Reduce typos and errors
  - Use spell check feature
  - Cut and paste from a document
    - Use with caution

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#### Acronyms: explain and limit

- HCA...Home Care Aide vs Home Care Agency
- ADA...Americans with Disabilities Act vs American Dental Association vs American Diabetes Association
- MI...Mental Illness vs Myocardial Infarction
- CP- Cerebral Palsy vs Care Plan

#### **Professional and Ethical**

- Don't alter a record: add another note amending the narrative containing the error
- Releasing information:
  - Ensure written consent has been provided

#### **Sharing Information**

- Do you have the proper permissions?
  - Client
  - Adolescent (age 13 and older)
  - Family/parent
  - Guardian or legal representative

Health Care Authority	ation Authorization and
	having Consent
Participation Authorization	namig consent
I,, agree to participate in t	the Health Home program with
Print, Fair Inc. Of Secretary	Print, Fairly, OF Printer Printer, San
Signature of beneficiary or beneficiary's legal representative	Date
signature of beneficiary or beneficiary silegal representative	Date
Information Sharing Consent	
Your health information is private and cannot be given to other per	ople unless you arree or applicable Washington State or fed
laws allow the information to be shared. The providers/partners th	
laws. This is true if your health information is on a computer system information, specific laws provide greater protection of information	
treatment, and substance use disorder.	reaced to sexually clarismicced diseases, mencal nearch
I agree that my Health Home can obtain all of my health informatic	to from the nexulface (eastness listed on this form to enordis
care. I also agree that the Health Home and the providers/partners	
other, and other providers/partners involved in managing my care.	
Participation Authorization and Information Sharing Consent forms	I may have signed before. I can change my mind and take b
Participation Authorization and Information Sharing Consent forms consent at any time by signing a <u>Health Home Participation - Opt-O</u>	I may have signed before. I can change my mind and take b but/Decline Services form and giving it to my Health Home.
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#### Participant ideas



What strategies or time management practices do you use to manage your workload and ensure that your documentation is completed in a timely manner?

Please enter your response in the Question Pane

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# **Quality Assurance**

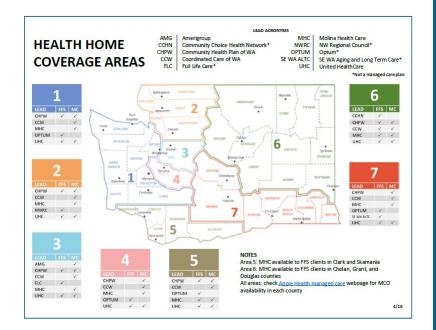
Annual reviews by HCA and DSHS

#### **Two Processes**

- TEAMonitor is completed by the HCA for the Apple Health Contract for managed care organizations
  - UnitedHealthcare, Amerigroup, Coordinated Care of Washington, Community Health Plan of Washington, and Molina
  - DSHS also participates for Health Home Services
- Fee-for-Service (FFS) monitoring is completed by HCA and DSHS
  - Community Choice, Northwest Regional Council, SE WA Aging and Long Term Care, Optum, Full Life Care, Molina, and UnitedHealthcare

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Do You Know Who Your Leads Are?



#### Quality Assurance (QA)

- · Leads complete their review of client records
  - Ask for their case file checklist
- HCA together with DSHS
  - Reviews 10-15 files each year
  - Proficiency rate is usually 90%
    - Nine out of ten records reviewed meet the requirement
- Leads often use the results of their internal quality reviews from HCA to develop training and provide technical assistance

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#### **Performance Periods for Reviews**

- TEAMonitor: previous calendar year starting January 1 through December 31<sup>st</sup>
- MFFS: previous year starting July 1<sup>st</sup> through June 30<sup>th</sup>
  - For example: 2018 review will look at client files beginning July 1, 2017 to June 30, 2018

What Are Reviewers Looking for in a Client File?

Note: requirements change with each update of the Lead's contract/s. QA elements and



focus may change.

#### **Core Services**

- Does the case narrative indicate core service/s provided during the month?
  - If a core service was provided by another entity note this and describe how the Care Coordinator is coordinating services with other providers
    - Care Coordinators do not duplicate services
  - Indicate services provided by allied staff
    - Allied staff may document their activities in the case narrative or provide information for the Care Coordinator to document services rendered., i.e. mailed health promotion materials

#### **Completion of Forms**

- Was the *Participation Authorization and Information Sharing Consent Form* completed, signed, and dated?
  - If not is there a note in the case narrative citing the reason the form was not completed and signed by the client, parent, or guardian?
  - Were additions and deletions dated and initialed by the client, parent, or client representative (POA, guardian)?
- Was the *Health Home Participation Opt-Out/Decline Service Form* completed, signed, and dated?
  - If the client does not complete the form is there a narrative documenting the client's verbal request to opt-out?
  - Was there a note that a copy of the completed form was mailed to the client or representative?

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#### **Required and Optional Screenings**

- Document the date required screenings were completed and the score (and level for the Patient Activation Measures<sup>®</sup>)
  - If the client, parent, or guardian decline to complete a screening document the date it was offered. Also include the reason if known
    - $\,$   $\,$  For example, a parent declined the PPAM  $^{\circledast}$  because the child was ill and needed the parent's care
    - If the client, parent, or guardian decline to complete the optional screening document the date it was offered and the reason if known
  - Optional screenings are required when applicable to the client's health needs
    - Example: client reports a recent fall so My Falls-Free Plan assessment should be offered
    - Example: a client creates a long term goal to improve management of pain so a pain assessment should be offered

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#### The Health Action Plan (HAP)

- Were all fields completed?
  - If not, is there an explanation?
- Were person-centered short and long term goals created?
- Action steps to achieve the client's prioritized short term goal and who is responsible to complete each step
- Was HAP information shared with the client, parent, family member, or guardian?
  - Formats vary depending on the Lead

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#### The Health Action Plan (HAP) (cont.)

#### • Review and updates to the HAP:

- · At a minimum every four month activity period
  - Complete new required screening scores, reassess client's progress toward meeting goals, addition of new goals, and changes in current goals
- Whenever there is a change in health status or needs
  - Example: Client transitions from inpatient status to home or other location
- · With client's permission, information may be shared with other individuals

#### **Key Considerations to Document**

- Periodic in-person and telephonic interactions with the client
- Initial and subsequent scores and levels for PAM<sup>®</sup>, CAM<sup>®</sup>, or PPAM<sup>®</sup> as appropriate
- Required screenings for the BMI, Katz ADL, PHQ-9 or PSC-17 scores or a reason the client declined the assessment or screening tool

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- In-person visit with the client to develop and finalize the HAP
- Completion of the HAP within **90 days** of enrollment with the Care Coordination Organization
- Case narrative supports the Tier that was billed
  - Documentation of work the Care Coordinator did to help meet client goals
    - Such as: arranging for Durable Medical Equipment delivery; arranging for Specialty Care or Behavioral Health; arranging for home improvements, etc.

#### Key Considerations to Document (cont.)

- Management of barriers to achieving goals
- Progress in meeting goals
- Opportunities to prevent avoidable emergency department, inpatient hospital, and institutional use
- Use of self-management, recovery, and resiliency principles that employ person-identified supports (such as family and caregivers)

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- Changes in the client's circumstances or conditions in a timely manner
- Inclusion of paid and unpaid caregivers in supporting the client to achieve health action goals and access to health care services – with permission
- Coordination, collaboration, and communication with health care, behavioral health, Home and Community Services, Area Agencies on Aging, and other supports

#### Key Considerations to Document (cont.)

- Provision of services in a **culturally competent** manner with equal access for clients with language and communication barriers
- Provision of interventions and services tailored to special needs such as functional impairment or environmental factors

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- Provide or oversee Health Home Services with cultural humility that addresses health disparities by:
  - Interacting directly with the client or their family in their **primary language** recognizing **cultural differences** when developing the HAP
  - Recognizing obstacles faced by persons with a developmental disabilities
  - Recognizing the dynamics of substance use

## Key Consideration to Document (cont.)

- Development and/or coordination of multidisciplinary teams to provide assistance as needed
  - May include local community providers, primary care providers, mental health professionals, chemical dependency treatment providers, Home and Community Services staff, Area Agency on Aging case managers and nurses, nutritionists/dieticians, direct care workers, pharmacists, peer specialists, home health providers, family members, and housing and employment specialists.
  - · This aids in documenting that Health Home services are not duplicative
  - It demonstrates cross-system care coordination

- · Opportunities to mentor and model communication with providers
- Participation in joint office visits
- Efforts to ensure client is accompanied to critical health and social service appointments
- · Coordination and mobilization of providers
  - Reduce confusion and duplication
  - Reinforce support of health action goals

## Key Considerations to Document (cont.)

- Foster communication and coordination between the client and their providers, and other support systems to address barriers and achieve health action goals
- Provision of individual and family support through care coordination and care transition activities
- Facilitate and enable access to transportation and interpreter services

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- Individual and family support:
  - To improve access to peer supports, support groups, and self-management programs to increase adherence to prescribed treatment
  - Recognize the role of family, informal supports, and paid caregivers including help provided to client
  - Educate and support the client, family, and caregivers to support health action goals
  - Provide support that considers language, activation level, literacy, and cultural preferences

# \*

## Key Considerations to Document (cont.)

- Referral to community and social support services:
  - Identification of resources
  - Assistance to obtain and maintain eligibility
  - Coordination of services between programs and providers
    - Governmental and community-based organizations

- Services may include:
  - Health care
  - Disability benefits
  - Housing
  - Employment
  - Personal needs
  - Legal services
    - tenant support
  - Social and recreational activities

39

- Use of appropriate coaching methodology to develop a teaching and support plan that includes:
  - Provision of wellness and prevention education
    - · Assessment of needs and facilitation of routine preventive care
  - Provision of educational materials that:
    - promote improved clinical outcomes
    - increase self-management skills and participation in their care
    - promote continuity of care
    - are appropriate to the level of activation
    - · are customized to reflect progress in self-management

## Key Considerations to Document (cont.)

- Connects to resources that support a health promoting lifestyle
  - Smoking prevention and cessation, nutritional counseling, or disease specific or chronic care management self-help resources
- Use of **peer supports** to increase the client's knowledge about their health conditions and adherence to treatment
- Use of community health workers and non-clinical staff to assist in the delivery of HH services

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- Discussion about advance care planning with the client, parent, or collateral
  - Within the first year that the client agrees to participate in the Health Home Program
  - If this was not completed by a previous Care Coordinator then document that a discussion was offered to the client, parent, family member, or guardian

\*

## Key Considerations to Document (cont.)

- Process for notification of the client's admission to or discharge from an emergency department or an inpatient setting
  - Because health home services do not duplicate services provided by another agency, such as the MCO providing care transitions, note this is the case narrative

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- Provision of care transition to prevent avoidable readmissions after discharge from an inpatient facility and ensure proper and timely follow-up care
- Participation by the Care Coordinator in all *appropriate* phases of **care transition** to include:
  - Discharge planning, hospital or nursing facility visits, home visits and telephone calls
  - Transition planning detailing medication reconciliation, timely follow-up care, and monitoring
  - Client education that supports discharge care needs

## Key Considerations to Document (cont.)

- Gaps in care:
  - Client's perception of gaps in care
  - Interventions in the HAP or progress notes
  - Client's response to interventions
  - Follow-up actions and who is responsible
- Support of goals to attain recovery, improve functional or health status, or prevent or slow declines in functioning

"Gaps in care" means: The identification, coordination, and processing of needed referrals to meet a client's medical, behavioral health, and social service needs.

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Participant ideas: Let's See What You Offered



What strategies or time management practices do you use to manage your workload and ensure that your documentation is completed in a timely manner?

# **Program Updates**

Participation Authorization and Information Sharing Consent form

Care Transitions

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Advanced Home Care Aide Specialist Pilot

#### Consent form was revised

- Health Home Participation Authorization and Information Sharing Consent form
- Form #: HCA 22-852 (12/17)
  - https://www.hca.wa.gov/billers-providers/forms-andpublications?combine=Information+Sharing+Consent+F orm&field topic\_tid=All&field\_billers\_document\_type value\_1=All&sort=filename+ASC



#### Consent form was revised (cont.)

#### Participation Authorization portion of the form must be signed

Washington State Health Care Authority	RATE Department of Socia & Health Services
Health Home Participation Authorization a	Transforming lives
Information Sharing Consent	
Participation Authorization	
I,, agree to participate in the Health Home program w	ith
Print name of beneficiary	Print name of Health Home Lead
Fine fame of perendary	
итиль папис от волитисан у	

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Consent form was revised (cont.)

Information Sharing Consent portion of the form must be signed in order to release information

Information Sharing Consent Your health information is private and cannot be given to other people laws allow the information to be shared. The providers/partners that ca- laws. This is true if your health information is on a computer system or information, specific laws provide greater protection of information reli treatment, and substance use disorder.	n get and see your health information must obey all these on paper. In addition to laws that apply to all types of health
lagree that my Health Home can obtain all of my health information from care. I also agree that the Health Home and the providers/partners list other, and other providers/partners involved in managing my care. Lun Participation Authorization and information Sharing Consent forms I mu consent at any time by signing a Health Home Participation - Out-Out/D Durburg and the second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second second secon	d on this form may share my health information with each derstand this form takes the place of any other Health Home y have signed before. I can change my mind and take back my
PLEASE NOTE: If your health records include any of the following information,	you must also complete this section to include these records.
I give my permission to disclose information about (please put initials ne	ext to all that apply):
Mental health HIV/AIDS and ST	D test results, diagnosis, or treatment
	, , ,
Note: To give consent for the release of confidential alcohol or drug treat <u>Information (ROI) for Substance Use Disorder (SUD) Services</u> form.	atment information you must complete a separate <u>Release of</u>
Please initial the appropriate choice below. This consent is valid: as long as my Health Home needs my reco	ords for this program; or
Uncil	date or event
I may revoke or withdraw this consent at any time in writing, but that A copy of this form provides my permission to share records.	will not affect any information already shared.
Print name of beneficiary	Beneficiary's date of birth
Signature of beneficiary or beneficiary's legal representative	Date
Print name of legal representative (if applicable)	Relationship of legal representative to beneficiary
List your providers/partners on page two.	
HCA 22-852 (12/17)	page 1 of 3

#### Consent form was revised (cont.)

Added information to identify the form as a release for the Health Home Program

List the name of participating providers/partners		Beneficiary Gives Consent		Beneficiary Withdraws Consent	
	Date	Initials	Co Date	nsent Initial	
Past Care Coordination Org. (CCO)/Lead	- Obie	THODAS			
Past CCO/Lead		-	-	-	
	_				
			-	-	
	-			-	
	-	_	-	-	
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		_	-	-	
	_	_	-	-	
			-	-	
			-	-	
				-	
				-	
This release of Information should include page 1 of the Health Home Participar form in order to provide the legal authority to release informati				riny Côfi	

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#### **Care Transitions**

- Former guideline in the two-day training to complete medication reconciliation within five days of discharge has been discontinued
- Timeframe has been removed
  - · Consult with your Lead on your contract requirements
  - Use your professional judgment
    - Example: client leave facility against medical advice cannot be given prescribed medications when they leave the facility

#### **Resources: contracts**

#### Websites:

- Apple Health Contract:
  - <u>https://www.hca.wa.gov/assets/billers-and-providers/model\_contract\_ahmc.pdf</u>
- MCO Health Home Exhibit C
   <u>https://www.hca.wa.gov/assets/billers-and-providers/MC\_ContractTemplate\_ExhibitC.PDF</u>
- MFFS Contract
  - https://www.hca.wa.gov/assets/billers-and-providers/FFScontract.pdf

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#### Alphabet Soup

Acronyms, Abbreviations, and Terminology: just a start on an exhaustive list of possibilities

ACRONYM/TERMINOLOGY	DEFINITION/MEANING		
5/50	Refers to 5% of the population that utilizes 50% of the		
	resources		
504 Plan	Plan to meet needs of students with disabilities in schools		
A/R	Applicant/Recipient		
A&0	Alert and Oriented (x3 = person, place time; x4 = person, place,		
	time and situation/event		
<del>8.5</del> .	Before meals		
AAA	Area Agencies on Aging		
AARP	American Association of Retired Persons		
ABD	Abdominal		
ABD	Aged, Blind & Disabled		
ABO	Antibiotic		
ABP	Alternate Benefit Plan		
ABX	Antibiotic Treatment		
ACA	Affordable Care Act		
ACES	Automated Client Eligibility System used to capture Medicaid		
	financial eligibility		
ACH	Accountable Communities of Health		
ACK	Acknowledgement		
ACP	Advance Care Planning		
AD	Advanced Directive		
ADA	Americans with Disabilities Act		
ADD	Attention Deficit Disorder		
ADHD	Attention Deficit/Hyperactivity Disorder		
ADH/ADC	Adult Day Health/Adult Day Care		
ADLs	Activities of Daily Living		
ADRC	Aging and Disability Resource Center		
ADT	Admit/Discharge/Transfer		
AFH	Adult Family Home		
AHAC	Apple Health Adult Coverage		
AHCAS	Advanced Home Care Aide Specialist Pilot		
Al/AN	American Indian/Alaska Native		
AIHC	American Indian Health Commission		
AKA	Above the Knee Amputation		
AKA	Also Known As		
ALF	Assisted Living Facility/Alternate Living Facility		
ALL	Administrative Law Judge		
ALS	Advanced Life Support		
ALS	Anyotrophic Lateral Sclerosis		
ALTSA	Aging and Long-Term Support Administration		

Health Home Proc

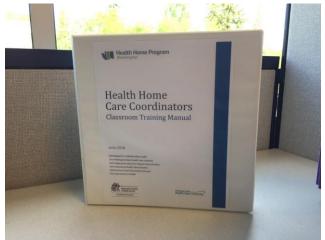


Updated Advanced Home Care Aide Specialist (AHCAS) Guide Sheet

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# Where Can I Find the Classroom Training Manual?

DSHS Health Home Website Core Training: <u>https://www.dshs.wa.gov/alt</u> sa/washington-health-homeprogram



#### Good news!



Adult clients who have Medicaid Fee-for-Service coverage may be eligible for hearing aids starting January 1, 2019

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#### Post webinar discussion questions

- What are your Lead Organizations?
- What quality assurance activities have your Leads completed?
  - Do you have a copy of their file checklist?
- How do you balance working with your clients and completing documentation of your activities?
- What time management and tracking strategies do you use to ensure you meet program requirements and complete the HAP and required screenings at least once during each fourmonth activity period?