Long Term Services and Supports: Part 1
Health Home Care Coordinators and Allied Staff Training
July 13, 2017

Today’s Presenters

• Jacqueline Echols, M.Ed.
  • Home and Community Services
  • Community First Choice Program Manager

• Jamie Tong
  • Home and Community Services
  • Waiver Program Manager
Training Objective

Introduce DSHS Home and Community Services programs for disabled and older adults

Home and Community Services

Programs, services and benefits
Waivers Comparison Chart

What Is a State Plan?

• Describes
  ✓ Who is eligible
  ✓ What is offered (amount, duration, scope)
  ✓ What are the provider qualifications
  ✓ How the state sets payment rates and makes payment
Additional Information

• A State Plan
  ✓ Includes services required of every state
  ✓ Includes optional services offered by the state
  ✓ Must offer services statewide
  ✓ Cannot use capacity limits
  ✓ Contains the state’s priority programs
    • Must be used before using waiver services

Community First Choice (CFC)

WAC 388-106- 0270 through 0295
Community First Choice (CFC) (cont.)

• 1915(k) State Plan Option program
• Priority Program
• Higher Medicaid match at 56%
• Community based care is cornerstone of program

Who is Eligible for CFC?

A client who meets:
• Nursing Facility Level of Care (NFLOC)
• Categorically Needy (CN) or Alternative Benefit Plan (ABP) financial eligibility
CFC Services

• Personal Care

• Skills Acquisition Training (SAT)

• Backup Systems
  • Personal Emergency Response Systems (PERS)
  • Relief Care

• Caregiver Management Training

CFC Services (cont.)

• Assistive Technology (AT)

• Community Transition Services
CFC Services (cont.)

Annual Limit:

- May be used for SAT and/or AT purchases
- For 2015-2016, it is $550 per fiscal year
  - Fiscal year = July 1 through June 30
  - May not be carried over or saved up between years
  - New $550 is not given at significant change or annual assessments, only every July 1
  - Is not pro-rated

A Closer Look

CFC Monthly Services:

- Clients may allocate CARE* generated hours toward:
  - Personal Care,
  - Skills Acquisition or
  - Relief care
- They can change the allocation any time
  - The authorization will need to be updated when changes are made
  - A new Planned Action Notice is not required when changes are made

*Comprehensive Assessment Report and Evaluation assessment
Skills Acquisition Training:

- Individual Providers, Agency Providers, and SL providers are limited and may only provide SAT for the following:
  - Cooking and preparing meals
  - Shopping
  - Housekeeping and laundry
  - Limited personal hygiene tasks:
    - Dressing, applying deodorant, applying make up, brushing teeth/dentures, shaving with an electric razor, brushing/styling hair, menses care
    - Washing hands, face, hair, bathing (except transfer)

Skills Acquisition Training:

- Home Health Agencies
  - Any Activity of Daily Living
  - Any Independent Activity of Daily Living
  - Any health related task
- May not trade CARE hours, must use annual limit
- Charged to the annual limit at the provider’s actual paid amount
- All other payer sources must be exhausted first
A Closer Look (cont.)

Assistive Technology:
- Requires recommendation from a health care professional
- Technology items that increase independence or substitute for human assistance
  - Braille watch
  - Motion sensing equipment
  - PERS add-ons

A Closer Look (cont.)

Assistive Technology:
- Covered Items List
- SES/AT Vendors List
A Closer Look (cont.)

Community Transition Services:
- Roads to Community Living is always the priority program
- Client must be discharging from a nursing facility or a state hospital (i.e. ESH/WSH)
- Limit: $850/discharge

Medicaid Personal Care (MPC)

WAC 388-106-0200 through 0235
Who Is Eligible For MPC?

A client who:

• Does not meet NFLOC
• Has been determined functionally eligible per CARE
• Categorically Needy (CN) scope of care OR
• Alternative Benefit Plan (ABP) scope of care

What Services Are Available In MPC?

• Personal Care is the primary service

• Nurse Delegation on an as needed basis
  • Nurse Delegation allows RNs to delegate certain tasks to certain types of paid caregivers under the instruction and supervision on an RN
What Is a Waiver?

A federal program allowing states to waive state plan Medicaid rules in order to provide services outside an institutional setting:

- Income and Resources (financial eligibility)
- Comparability (targeting a specific population)
- Statewideness (targeting a specific geographic area)

Community Options Program Entry System (COPES)

WAC 388-106- 0300 through 0335
Who Is Eligible For COPES Services?

A client who:

- Is age 18 or older & blind or has a disability; or
- Is age 65 or older;
- Meets Nursing Facility Level Of Care as determined by CARE;
- Has needs that exceed the scope of CFC and MPC; and
- Is financially eligible.

*Functional and financial eligibility is completed concurrently to ensure timely access to services!*

What Services Are Available?

- Home Delivered Meals
- Skilled Nursing
- Transportation
- Client Support Training/Wellness Education
- Environmental Modifications
- Specialized Medical Equipment
- Adult Day Care & Adult Day Health
Where Can Services Be Received?

- Own home
- Adult Family Home - AFH
- Adult Residential Center - ARC
- Enhanced Adult Residential Center - EARC
- Assisted Living – AL

What Services Are Not Allowed?

- Child Care
- Services provided over the phone
- Services to other household members
- Community living skill development
- Skilled Nursing Care
- Pet Care
- Managing Finances
- Respite
- Yard Care
Contact Information

Region 1 (Spokane)
509-329-2900

Region 2 (Seattle)
206-568-5700

Region 3 (Tacoma)
253-404-5500

For complete contact information, please see:
https://www.dshs.wa.gov/DDA/dda/find-an-office#

Who to Contact to Find Local Services

https://www.dshs.wa.gov/altsa/home-and-community-services/who-contact-find-local-services
Assessing for Functional Eligibility

Katz ADL:
- Bathing
- Dressing
- Toileting
- Transferring
- Continence
- Feeding

July is Adult Abuse Awareness Month

- In 2016 Adult Protective Services completed 35,000 referrals
  - Top four types: financial exploitation, self-neglect, mental abuse, and neglect
- Link to Tips for Preventing Abuse:
- Link to PowerPoint for the webinar on Mandatory Reporting:
July is Adult Abuse Awareness Month (cont.)

- **6 Tips on what you can do to help prevent abuse of a vulnerable adult**
  - Keep a watchful eye out for family, friends, and neighbors who may be vulnerable.
  - Understand that abuse can happen to anyone and know what to look for.
  - Speak up if you have concerns. Trust your instincts!
  - Find ways to limit the person's isolation if that is an issue. Discuss options with him/her or encourage him/her to contact someone who can.
  - **Report** any suspicions you have of abuse.
  - Spread the word. Share what you’ve learned.

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**Certificate of Completion**

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presented by Jacquiene Echols and Jamie Tong
Department of Social and Health Services – Aging and Long Term Support Administration
Lacey, Washington

*Webinar aired on: July 13, 2017 in Lacey, Washington for Health Home Care Coordinators and Allied Staff*

*Training Credit of 1 Hour*

Please sign and date to attest that you reviewed this PowerPoint

__________________________________________                 _____________________
Your Signature                                           Date

__________________________________________                 _____________________
Supervisor’s Signature                                    Date
Post Webinar Discussion

1. Do you have clients on your caseload who receive Long Term Services and Supports (LTSS) either through DDA or HCS?

2. Have you held care conferences with case managers, social workers, case resource managers or nurses from DSHS or your local Area On Aging?

3. Have any clients reported receiving their individualized Wellness Education newsletter?

4. Have you considered reviewing the newsletter to provide health promotion and education, one of the six Health Home services?

5. Do you have any clients who are taking advantage of some of the additional CFC benefits such as the Skills Acquisition Training?