

Washington State Department of Social and Health Services  
Advanced HCA Specialist Pilot

# Advanced Home Care Aide Specialist (AHCAS) Pilot

Webinar aired on January 12, 2017 in Lacey, Washington  
for the Washington State Health Home Program

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Washington State Department of Social and Health Services  
Advanced HCA Specialist Pilot

## Today's Presenter

Dawn Okrasinski

Outcome Improvement Specialist and AHCAS Lead for  
Home & Community Services

Aging and Long Term Support Administration

Washington State Dept. of Social & Health Services

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*AHCAS is an ADVANCED  
training initiative for Individual  
Providers caring for Service  
Recipients with Complex Needs*

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## Drilling Down to the “WHY”

- Our pilot is guided by HB 1340
- Collaborative Bargaining Agreement
- RDA data
- Desire to strengthen the relationship
- Increase Support through training and Behavior Support
- Investigate and Report

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## Pilot Goal Statement

*To improve health, reduce the frequency and intensity of challenging behaviors and empower people who receive personal care services to maintain and/or attain the highest quality of life as described by the person receiving support.*

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## Service Recipients Eligibility

- Receiving in-home care from an HCA
- Health Homes recipient or Behavior Point Score  $\geq 12$
- Have a Health Action Plan or agree to a Behavior Support Plan within 60 days of Pilot start date



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## Benefits to the Person Receiving Support

- Positive Behavior Support Plan of their design
- Enhanced Person Centered Practices
- Specialized Caregiver training
- Support to make informed and empowered choices around their own health care
- A sense of being heard and being in control of their own personal care
- Enhanced relationship with the Caregiver

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## Provider Benefits

- Career development
- Additional skills training
- Paid seat time
- 25-cent differential in addition to the current hourly wage

**Better Care  
of Service  
Recipients**

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## *Core Competencies of AHCAS Training*

- The Person Centered Approach
- Treatment and CARE Plans
- Health Literacy
- Client Activation
- Chronic Disease
- Mental Health
- Disabilities
- De-Escalation
- Client Self-Managed Calming Techniques
- AHCAS Self-Care
- Dementia

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## AHCAS Pilot Scope

- Funding to train 1051 client/ provider pairs through FY2017
- Appx 6000 eligible pairs exist statewide
- 4183 are DDA pairs
- 1806 are HCS pairs

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## AHCAS Pilot Roll out

- Soft roll out in Clark and Pierce happened in October
- Statewide roll out begins now
- Classes will be continuous from February to July
- Counties where classes will be held: King, Snohomish, Pierce, Clark, Benton, Spokane, Walla Walla, Grant and Chelan
- More sites may be added

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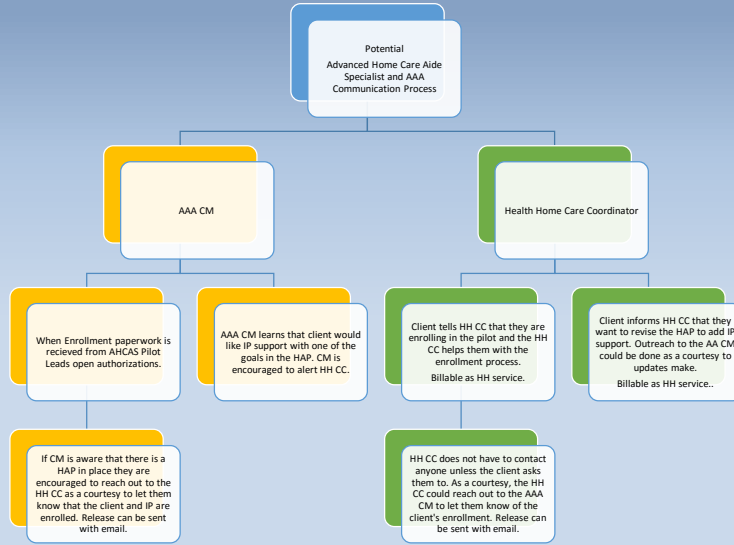
## *Touch Points of Communication*

- Person receiving service/IP
- Health Home Care Coordinator
- AAA Case Managers
- Release of Information
- Discussion guideline

*Point to remember: Send all inquires to the Pilot Leads.*

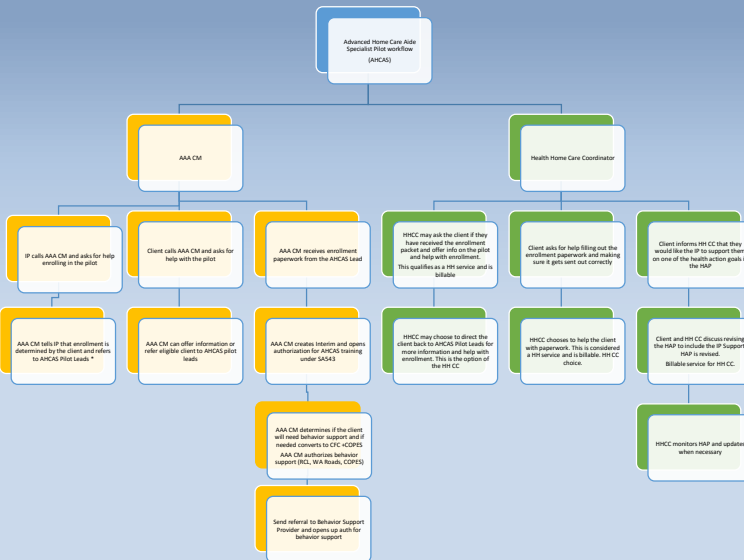
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## *Understanding the Enrollment Process*

- Outreach
- Enrollment paperwork and dissemination
- Training registration
- Training authorization
- Registration list
- Drop out list

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## Billable Contacts

### **Has a current HAP and is engaged**

- Describe activities: face-to-face visit, clients submits enrollment materials, CC, client, and IP revised HAP
- Tier 2 payment

### **Has an old HAP not currently participating**

- Face-to-face visits, clients agrees to resume HH services and participates in the pilot
- HAP is revised
- Tier 2 payment

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## Health Action Plan or Behavior Support

Determining client criteria

What does it mean regarding support services?

Collaborating with Health Home care coordinators and client support systems

Case managing and referral of behavior support

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## DDA/HCS Behavior Support

- ACHAS behavior support is offered to the client who does not have a Health Action Plan in place.
- Ten hours of behavior support during pilot enrollment offers:
  - *A functional assessment*
  - *Develop positive behavior support plans focusing on one goal or behavior determined by the client*
  - *A support team meeting with client and IP to discuss support by the IP*
  - *Quarterly monitoring by the behavior support provider*
- Each Administration has it's own behavior support contract.
- There may be differences on how to use the contracts so specific direction for both DDA and HCS will be provided.
- The service codes stay the same: H2019

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## *Client Disenrollment*

- They notify case manager that they no longer want to participate
- Client is admitted into an institution over 30 days

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## ACHAS Contacts



- Will Nichol for DDA 360-407-1510  
[nichowr@dshs.wa.gov](mailto:nichowr@dshs.wa.gov)
- Dawn Okrasinski for HCS/AAA 360-725-2503  
[okrasdm@dshs.wa.gov](mailto:okrasdm@dshs.wa.gov)

ACHAS website:

<https://www.dshs.wa.gov/altsa/training/advanced-home-care-aide-specialist-training-pilot>

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# Alguna Preguntas



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## Join Us

### Next webinar:

- Thursday, February 9, 2017
- 9:00 AM – 10:30 AM
- Topic: Medicaid 101

Make your reservation now at:

<https://attendeegotowebinar.com/register/2072474242067112450>

Send your questions to:

[cathy.mcavoy@dshs.wa.gov](mailto:cathy.mcavoy@dshs.wa.gov)





# Certificate of Completion

## The Advanced Home Care Aide Specialist Pilot

Presented by  
Dawn Okrasinski

Outcome and Improvement Specialist – AHCAS Pilot Lead for HCS  
Washington State Department of Social and Health Services  
Aging and Long Term Support Administration

*Webinar aired on: January 12, 2017 in Lacey, Washington  
for Health Home Care Coordinators and Allied Staff*

*Training Credit of One Hour*

Please sign and date to attest that you reviewed the PowerPoint handout

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Your Signature

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Date

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Supervisor's Signature

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Date